continuum

2008 dyad

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2008
Volume LII

YAD CONTINUUM

Lincoln-Sudbury Sudbury Regional High School
Sudbury, MA 01776
www.lsrhs.net
978-443-9961

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CONT

A continuum goes on forever. Even though Lincoln-Sudbury consists of different people with different backgrounds, everyone remains connected. Walking through the halls, there is a sense of unity, and it is evident that the aspects that divide us are nothing more than arbitrary divisions. We are and always will be connected.

Tradition is a significant part of our culture that stems from our history as a school focused on students. We all have options, freedoms, and responsibilities. These values will undoubtedly benefit us for years to come, as well as impact the lives of future students at L-S. In turn, the school continues to inspire students on their journeys.

No matter where you go, the values and lessons you have gained from your time at L-S will stay with you. As you look through this book, a tribute to the classes of students and the school, think of all the things that unite us; as a class, as a school, and as a generation.

ONUUM

08

What does L-S do to go green?

In the library, there is a large selection of books that helps to educate the students and community about the effects of global warming.

Recycling bottles and cans could not be any easier. There are tons of recycling containers located all over the school; it's easy to take part in the effort.

Bottles, cans, paper, cardboard, clay and all sorts of recyclables are collected around the school.

What the staff says:

"We need to help the environment; I want my son and my family to come to live in a good world. Trash just takes up too much space in it. You can contribute by recycling bottles, paper, cardboard, or any recyclables. Everything you do everyday is the key: it all counts. Take your actions away from the school too, do them at home."
-Coach Katalina

"We have programs in place that are really awesome, it involves different parts of the community in the school. I think it is one of the most important issues today. I am disappointed and I wish that the U.S. administration would take more of a leadership role in environmental issues."
-Ken Kimura

"I recycle for medicinal purposes. Recycling should be mandatory or at least a part of everyday life for everyone. At some point, you don't even know what will happen to the environment, with global warming and pollution so we must take action now before irrevocable damage is done."
-Shea Justice

Five things everyone can do to help the environment:

Avoid Fast Food.
Most fast food is overpackaged and most fast food companies are responsible for producing mountains of trash. By avoiding fast food whenever possible, you'll help reduce this needless waste.

Turn Off The Lights.
This is such a simple thing to do, but sometimes it's so hard to remember!

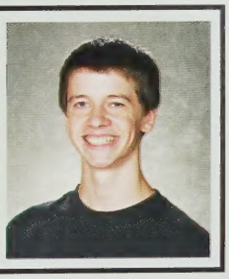
Yell At A Litterer.
Well, maybe you don't have to yell, but if you do see someone littering, you definitely should say something. Be polite, but state your case.

Eat Organic Produce.
Organic produce contains far fewer chemicals than other produce. That's probably better for your health, and it is definitely better for the environment. All those chemicals get washed off of farmers' fields into rivers and streams, where they pollute our water.

Cut Down On Packaging.
Keep in mind that about half of what we throw away is packaging. By buying products that have as little packaging as possible, you can help to reduce those mountains of trash.

What the students have to say:

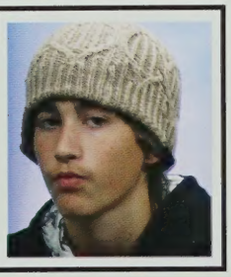
"If we each do our part, we can make this world a better place."
-David Lauer



"I recycle bottles, cans and keep a compost. Recycling is important because I don't want to be killing animals or polluting the world."
-Jessica Nickols

"I recycle plastics and paper at home and in school and help to recycle clay in the art department. Everyone should be more green to keep our atmosphere from being destroyed and to presserve the earth"
-Bridget Mahoney

"Global warming will eventually kill us all. By recycling we can conserve energy and help to prevent it.
-Will Jenkinson and Joey Collura



DODGE

Alec Barnes, Jimmy Tyrell, John Ellersick, Ben Cutting, Alex Linden, Jake Shoemaker

The winning team!

Often times the fate of the team rested on the shoulders of one member!

BALL

Overall, the tournament was nothing short of spectacular. Every team brought their A-game which really raised the level of play in the whole tournament. Despite the competition in the atmosphere, everyone was supportive whether they were winning or losing. Errbody in the club love dodgeball. It's so hot up in the club that I ain't got no shoes on.

-Olivia Gutowski

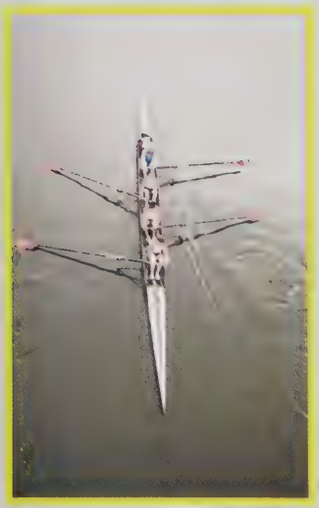
Coordinated outfits were all the rage!

The Cool Things We Do

Rock Climbing

Mike Foley

I've been climbing for the last five years. I started climbing after I went with an after school program to the Boston Rock Gym. At the end of the day one of the instructors asked if I wanted to be on a team.



Community Rowing, Inc, is a rowing program in Newton, MA on the Charles River. I have been rowing there for three years now. I first heard about the sport through a meeting held at school the spring of my freshman year, by Kate Woodard, 06, about CRIs summer program. While I decided not to row that summer, sophomore year I rowed both fall and spring as a novice and then moved up to Varsity the fall of my junior year. I also volunteered at the Head of the Charles every year, the fall's largest regatta. Crews from all over the world, as well as the U.S., come to race. Meeting coaches and watching teams from different countries and colleges has been the highlight of my fall seasons. I'm lucky to have been introduced to this sport; CRI has been a great opportunity to meet other students from nearby towns in Massachusetts, as well as a fun and challenging sport.

Crew

Chelsea Gilroy

I started riding my bike before I could walk, and ever since then everything has revolved around riding. My Dad was definitely a big influence because I would always ride with him and his friends on the weekends when I was really small. I started racing when I was 9. There is rarely a moment that goes by when I don't think about mountain biking. It's my life, and if I wasn't mountain biking then I would just be sitting at home. The amazing thing about biking is that any day, any condition could be your best ride ever. There have been many things in my life that come and go, but mountain biking is something that will be with me forever.

Mountain Biking

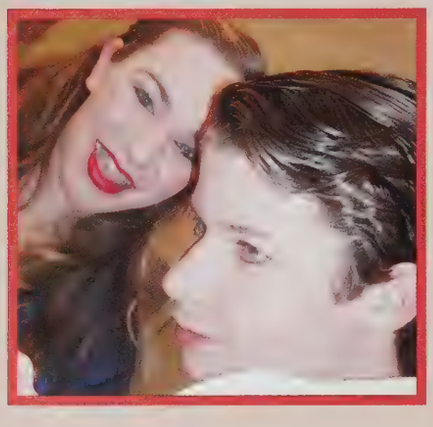
Freddy Charrette

Irish Dancing

Alex Siega

I started Irish dancing when I was 5. I saw it at an event that I went to with my parents and I told them that I wanted to do it. I've been dancing ever since. I've studied at various schools, and now I practice it at the Gray School in Connecticut. I go there once a week, but I have a studio in my house where I practice about an hour each day. In April 2007, I participated in the North American Irish Dancing Competition where I won first. It was amazing and such an incredible feeling. It took a couple of weeks to sink in. I've been competing since I was eight and it's just so amazing to win something this huge.

The Many



Why Do You Participate in the School Plays?

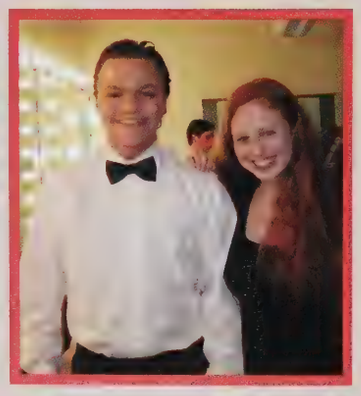
"Kiss Me Kate was my first show, and i really liked it because I love working with Carly and I got to become really good friends with people. Also, I have never been in a show with a huge orchestra like that"
-Luke Perkins (08)

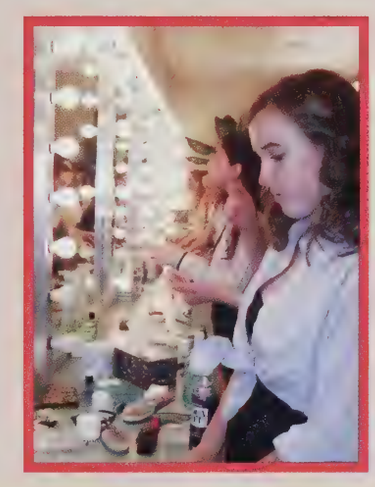
"Great people and they give us cake at the end."
-John Roach (09)

"I enjoy the excitement of actually being on stage, as well as the community surrounding the theater program."
-Ben Richmond (09)

"I just really enjoy the atmosphere of the theater. I have made a whole bunch of new friends and I really enjoy the thrill of putting on a show. "
-Pheobe Sexton (08)

Plays of L-S





"The atmosphere, the people, the music, the lights, the thrill, the experience in general is just awesome, and you learn so much about the theatre and even your self..."
-Jamie Faulkner (09)

"By doing the L-S plays I have gotten to know a lot of different people and I have made great friendships with people I would have never known otherwise. It is just a great way of meeting people who love to do the same things you do."
-Brooke Hatfield (09)

"I really liked how friendly and fun everything was. I made so many friends with people from uppergrades that I wouldn't have known if it wasn't for Kiss Me Kate. I have a feeling that by doing a lot of L-S plays I'm gonna make some of my greatest friends"
-Katie Roche (11)

"Kiss Me Kate was my first play, since I am only a freshman and everyone was so nice, and very understanding. "
-Molly Roach (11)

Intro to Wellness

How did the Wellness department start and when?

The L-S Wellness department has been ahead of the curve since the early 70s. The actual name change from P.E. to wellness took place around the time of L-S 21 (95?). LS21 was the school's 3-year study on how to make L-S better at preparing students for the 21st century. At that time, the plan was to emphasize a connection between the dimensions (physical, emotional/social, spiritual, intellectual, environmental, occupational/leisure) of wellness and all aspects of the curriculum.

How has the department changed over the years?

The curriculum better reflects the needs and interests of the students. A wide array of electives balance a solid core of required subjects. The new facilities are curricular driven (vs driven by athletics or traditional sports). The fitness center, originally designed in the 95/96 year is a perfect example of this. Yet, it is the staff that makes it work. With the exception of Susan Shields, the entire department has turned over since 1994. These folks all bring unique skills to the mix, and are passionate about their teaching. They understand the value of getting to know their students and meeting them where they are. Each attempts to guide students to "find their play," whatever it might be.

Where do you see it in the future?

The wellness department never rests on our laurels. We are constantly looking to "build the better mousetrap". As our society evolves and changes, we will look to address those needs and changes. Clearly, the health and well-being of our population is foremost in our minds. It would be fun to expand our fitness curriculum to include activities like spinning. As well, extreme sports are so popular that it would be nice to branch out in this direction. The department currently does little with dance and this is another exciting curricular area. Changes within lessons are constant and ongoing. This puts a different face on courses that have been in the school for quite some time. Nobody is tougher on the wellness program than the wellness department! -Nancy O'Neil

Nancy O'Neil:
"L-S Wellness is the perfect place to find your play!"

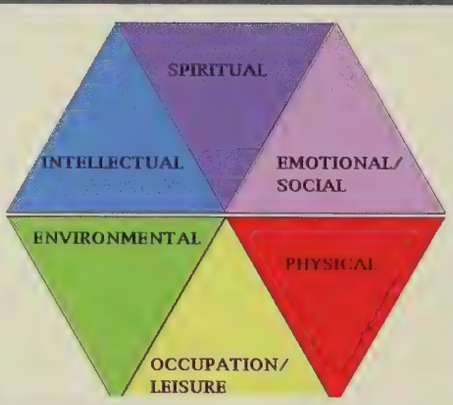
Sarah Greeley:
"Wellness is about getting in touch with/listening to the voice within you, so you can better hear what is sounding outside". Paraphrased from Dag Hammarskjold.

Mel Gonsalves:
"Question? How do you fully educate an entire person? Answer, It starts with wellness".

Chris Belmont:
"Wellness does not end when class is over".

Shawn Cramer:
"The meaning of life is that it is to be lived, and it is not to be traded and conceptualized and squeezed into a pattern of systems. Life itself is your teacher, and you are in a state of constant learning". -Bruce Lee

Kelly Mazza:
"Wellness is about being and becoming, not getting and having".



Vicky Caburian:
"Are you gettin' jiggy?"

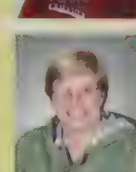
Susan Shields:
"Your well being is a journey not a destination. Become an expert on YOU!"

Greg Gammons:
"Be true and trust yourself. You know more than you think you do".

Marci Stoda:
"Excellence doesn't just happen. It's a decision you make every day".

Matt McCormick:
"I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor." -Henry David Thoreau

Judy Katalina:
"The concept of total wellness recognizes that our every thought, word, and behavior affects our greater health and well-being. And we, in turn, are affected not only emotionally but also physically and spiritually".



More than P.E.

What were your first impressions of the department when you started working here?

"When I got hired ... my first thought was THIS IS MY DREAM JOB. I was very impressed when Nancy O'Neil told me that the Fitness Center was curricular driven and NOT athletically driven. I loved that because we focus on ALL kids. It is a party everyday that I come to work. I truly look forward to each day in the Wellness Department. It's my family."

"I love the variety of classes that we offer. I wish I could take some classes in Wellness. Classes are always changing and improving. Actually I would love to take classes in other departments too. I love subbing classes because I get to see what other teachers are doing. FUN!"

-Vicky Caburian

Some history from Susan Shields....Arriving in 1993

"I was hired as the health coordinator as a result of the School Health Grants from the tobacco tax. When I arrived, all the housemasters were teaching the junior Health Issues class. The school had not long before institutued a condom policy and wanted to formalize this educational piece. At the time, the admin did not know what department I should be a part of so I was put into Phys Ed. (I was lucky since the department was very supportive and open to new ideas). At this same time, LS 21 intiative was happening and our department was looking at how to better serve the student population. As a result, our Fitness Center was born, various curricula changes, using the term Wellness started...A year after I arrived, Nancy O'Neil came on board and a few years later, when Barbara Athy retired we decided that we wanted to hire a "Wellnezs Coordinator" and make the department a wellness department. Nancy O'Neil and Jim Duesenbery recruited Leslie Belcher back from Needham. The department had been growing and changing ever since with new cutting edge curricula, a common language and wellness messages infused throughout each class. We are student centered with kids buying into what we teach and very little apathy from the student body. The fitness center is one of the hubs of the school and our department is highly regarded within the school and community".

What are some of your fondest memories?

"Starting of the Women's Self-Defense Program, school wide initiatives that started in our department. First Adventure, Senior Seminar, Wellness Day. My colleagues and how they are so passionate about what they do, they challenge me to continue to grow, we laugh so much in our department. I feel very lucky to have been part of something this incredible".

Rock climbing

Outdoor Pursuits

Badminton

Aerobics

Fencing

Fitness Center

Yoga

Required:
Intro to Wellness
Intro to Muscular Fitness
Outdoor Pursuits
Basic CPR/First Aid
Health Issues
Cardiovascular Fitness

Electives:
Group Exercise
Cross Training
Golf
Rocks & Ropes
Badminton
Fencing
Nutrition
Tennis
Conflict Resolution
Fitness Games
Personal Fitness
Territorial Games
Yoga
Game Dynamics
Self Defense (girls only)
Volleyball
Sport Psychology
So You Think You Can Dance
High Adventure

"It's an attitude thang!"

L-S CONTINUES

Baseball

Mark Robson

It was really exciting. I remember an 8am Saturday morning practice and we were like "we better win after all this". And when we did it was so amazing. All our hard work paid off!

Track

TO WIN

Girls Basketball

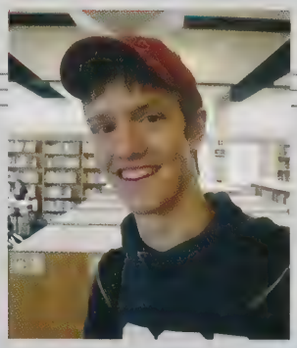
Winning four state championships has been such an incredible experience. It's something I will never forget. It felt so amazing to know all of our hard work paid off. My hope is that this is just the beginning of many more successful years. I've had so many great times and overall it was a great experience.

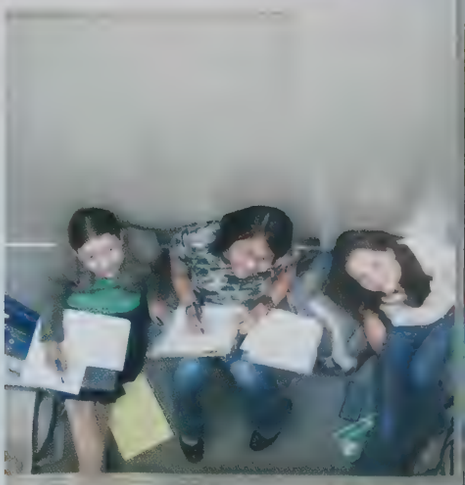
Emily Mepham

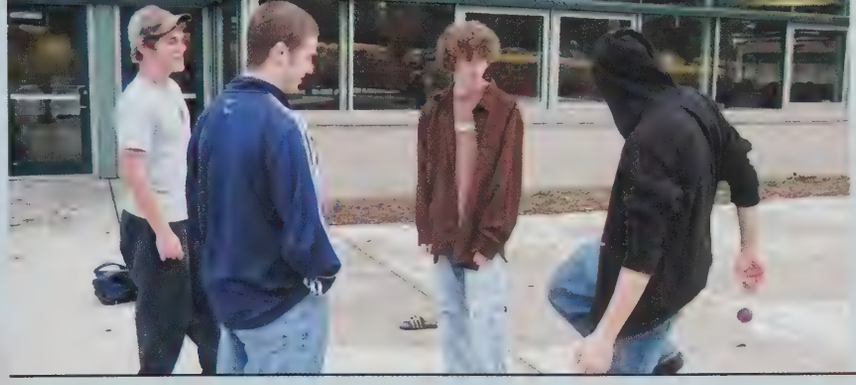
Allison Linke

It was probably one of the best feelings ever. It was so exciting to see the clock running out and realizing that we won, we're the state champs! It was so great knowing that all of our hard work paid off. The whole experience was just incredible. There was so much energy in the gym from not only students, but members of the Lincoln, Sudbury, and Boston communities. The coaches were so proud of us and our accomplishments. The whole experience was just amazing.

SUDBURY
LACROSSE







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EO SOX

Lincoln-Sudbury

Spain

The Spanish exchange program began in 2005 with a group of students from Burgos visiting L-S for three weeks in September. We hosted again in 2006. A group of L-S students went to Burgos in the Spring of 2007. Participants in the program live with a host family and attend classes with their host sibling. There are also many cultural excursions and a two day stay in Madrid. Another group of students from L-S will be going to Spain in April of 2008.

"My trip to Spain was an amazing experience. Not only did my understanding of Spanish improve, but I also had a lot of fun meeting all the people my age. I'm also going back for another visit this Summer."

-Taryn Beatty (09)

France

The French Exchange program has been reborn very successfully at L-S! We have established what we hope will be a lasting relationship with our sister school, the Lycée, Claude Monet in Le Havre, France. Last April Michael Clark and Michèle Lepiètre accompanied 18 L-S students to Le Havre and Paris. During the ten days staying with our host families, the group visited classes, participated in day excursions to Mont Saint Michel, the Normandy Invasion beaches, and Caen. After our stay in Le Havre, the group spent three days visiting some of the key monuments of Paris, spending the nights in our comfortable hotel located in the Latin Quarter, and enjoying our evening meals in the restaurants of Paris.

"When I visited France I realized a real difference between the pace of American life and European life. Everything here is so fast and "instant gratification"-like, while in France, they take their time to enjoy things like meals and leisure time. It was good to experience a different culture and see life from a different perspective. It really opens your mind."

-Callie Mackie (09)

Student Exchange

Germany

There has been an exchange with the Friedrich Harkort Schule in Herdecke, Germany for twenty-two years. In the odd numbered years, a group of around fifteen L-S students and two chaperones go to Herdecke for three weeks. They also spend a few days in Berlin, Germany's capitol. While in Herdecke, L-S students live with local host families and attend classes at our partner school. Here at L-S, the German kids do much the same, attending classes, taking field trips to places like Boston, Plymouth, etc., and longer excursions to New York City and Washington DC. There are usually approximately 20 kids who come from Germany.

"The trip was amazing. It was a once in a life time experience because unlike a normal trip to Europe you were a part of the culture. I thought it was really cool how all the people from Germany on the trip were so similar to people in America, yet their everyday life was so much different. I would recommend it to everyone, it seems scary at first, but it is so worth it. Frau Campbell is awesome too, so I highly recommend it to any kids taking German. I can't say enough about how great the trip was."

-Kurt Rogers (08)

Superfans

"It's an amazing feeling on Friday nights under the lights, surrounded by your closest friends, screaming your head off for L-S until you're hoarse for the rest of the weekend."
-Robby Gimbel

"It's crazy in there with all the fans screaming and cheering. Some of the students are even sweatier than the players, they're so intense!"
-Jeff Kaplan

"The Blue and White cheer is a must! The fans are so intense and there is so much energy in the crowd!"
-Kristie Dickinson

"It's so great! I love it. There's so much energy in the stands. When everyone is there cheering together there is no better feeling. It really feels like you're actually doing something to help the team."
-Jonny Rushfirth

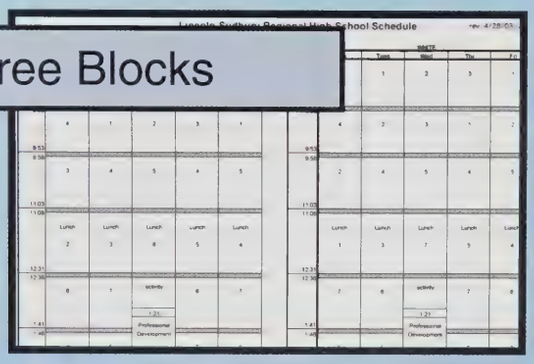
Photos by Nate Shron

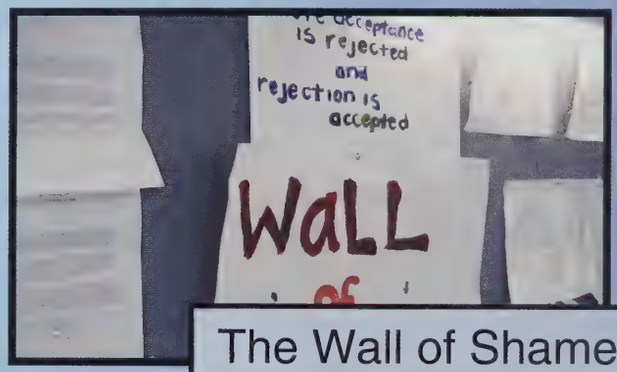
Some Things Just Never Change

Crazy L-S Traditions and More...

Looking back, there are some things that are just not questioned. There are many traditions at L-S; some cross the lines between old to new, and some have just begun. Regardless of all of the changes that the school has been through, some aspects still remain. Listed are some traditions of L-S that hopefully will never change.

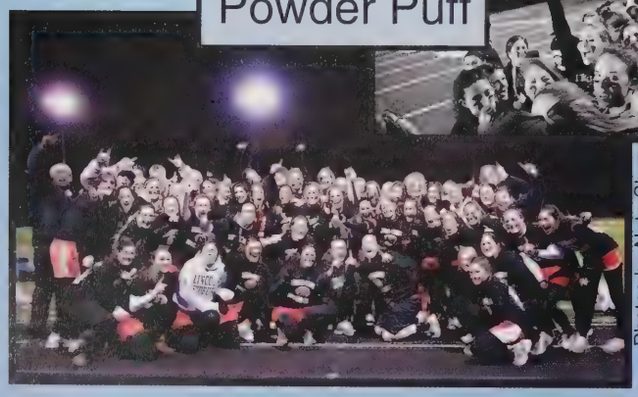
Free Blocks





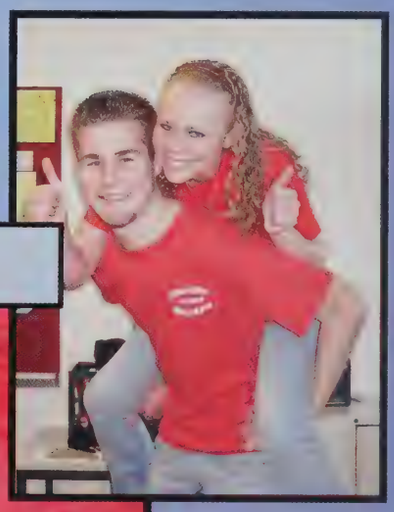
The Wall of Shame

Powder Puff

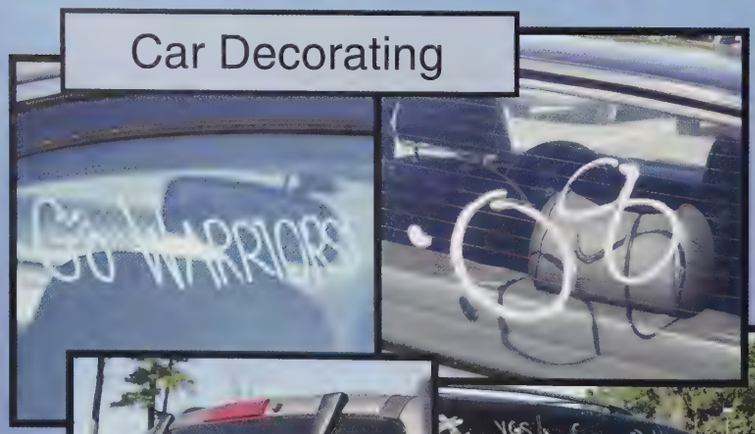


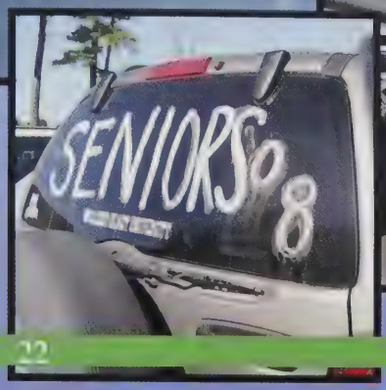
Photos by Nate Shron

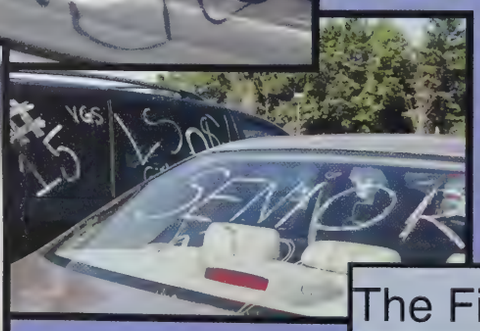
"Get in the Zone"



Car Decorating







The Final Countdown

Property of
Lincoln - Sudbury

Senior Dress up Day

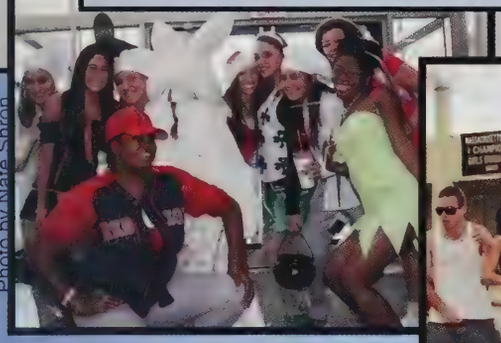
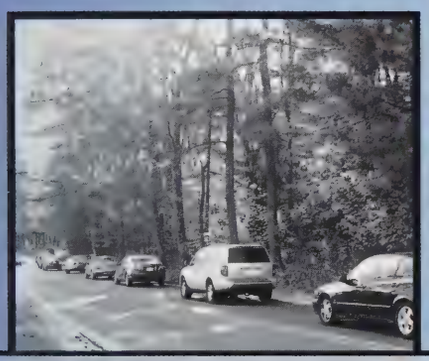


Photo by Nate Shron

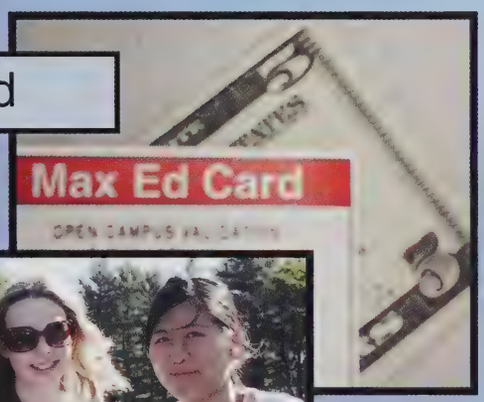
Wellness Dress Up



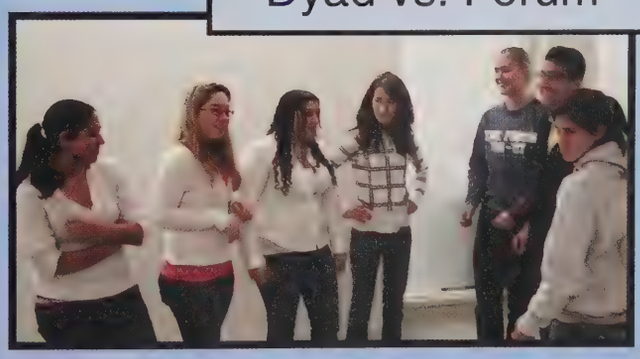
Morning Traffic

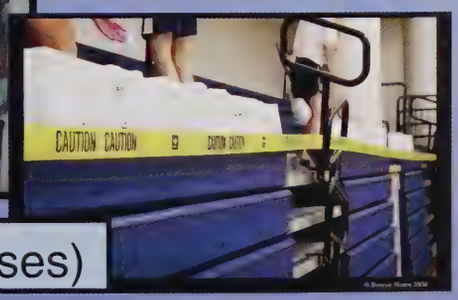
Senior Spot

Max-ed



Dyad vs. Forum





L-S Cares (Causes)

"Put the Food Away"

Martin Luther King Jr.

The Martin Luther King Jr. Action Project started 20 years ago in 1987 after the annual birthday commemoration of Martin Luther King Jr. Bill Schecter wanted to find a better way to remember Martin Luther King Jr. everyday instead of just one day a year. Joanna Crawford came into the school and created a service project to help less fortunate and disabled people.

The goals of this project are to connect L-S students and groups working for social justice and to help students realize the social and economical realities beyond our small community of Lincoln and Sudbury. The project provides opportunities which inspire students to reflect and evaluate their relationship to the greater social world and instills a sense of committed responsibility into students for helping the less advantaged.

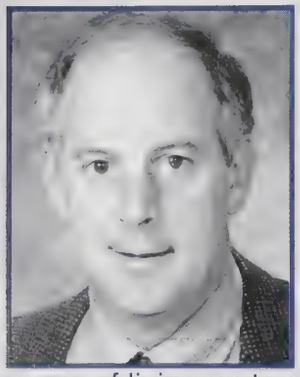
There are many different ways to get involved in the Martin Luther King Jr. Action Project. You can participate and help out many different agencies and organizations including: Greater Boston Food Bank, Haley House, Rosie's Place, Thanksgiving Dinner, Pine Street Inn, Adopt-A-Grandparent, Youth Outreach Weekends, Jimmy Mack March, Habitat for Humanity, Food Not Bombs, Bridge Over Troubled Waters, Heifer Project, Turning Point, City Year, Supporters of Sudanese, Samariteens, and so many more!

MARTIN LUTHER KING, JR.
1929-1968

Action Project

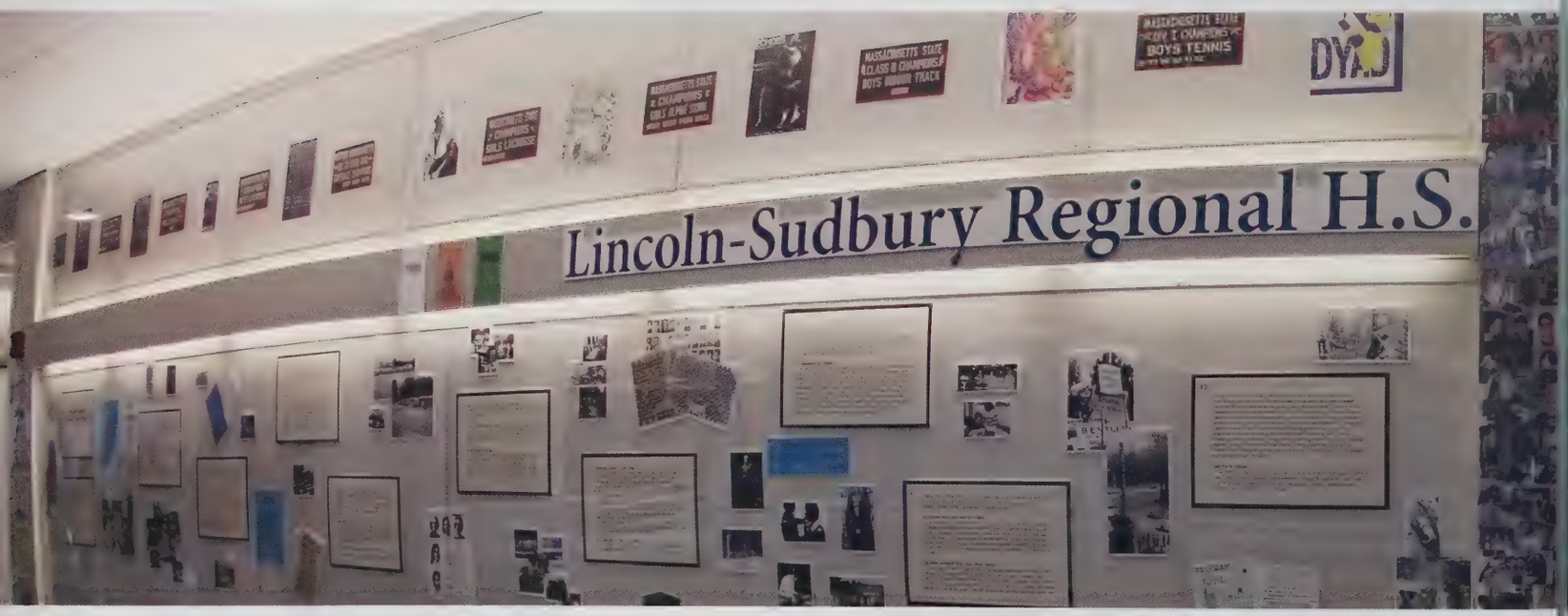
What Makes L-S a Continuum?

Has the school as a whole changed dramatically or does it still posses its traditional values? Has it transformed or does it remain a united "different kind of place"?



A sense of continuity is more characteristic of L-S than any other school I know, and more than most institutions of any kind I know. There is sense of history at L-S that is palpable, and it informs and guides us in almost every way. It manifests itself mainly in the feeling that no one wants to lose the precious and rare aspects of our culture, so everyone is aware of living up to standards and expectations. I remember a few years ago, when there were some problems with Senior Dress Up Day, being very impressed by the next year's seniors, and the way they handled change. When we imposed some restrictions and clearer guidelines, there was little resistance. Instead, students knew that they owed it to future classes to keep the Dress Up Day tradition by making sure it was fun, rather than problematic. This spirit is, I think, summed up in the school motto, "Think for yourself, but think of others". It is wonderful to work in a place where the sense of participation in a community that has a history and future is as great, or greater, than the sense of self.

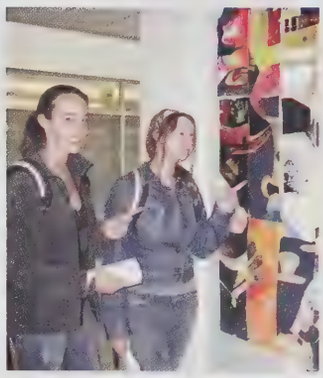
-Dr. John Ritchie



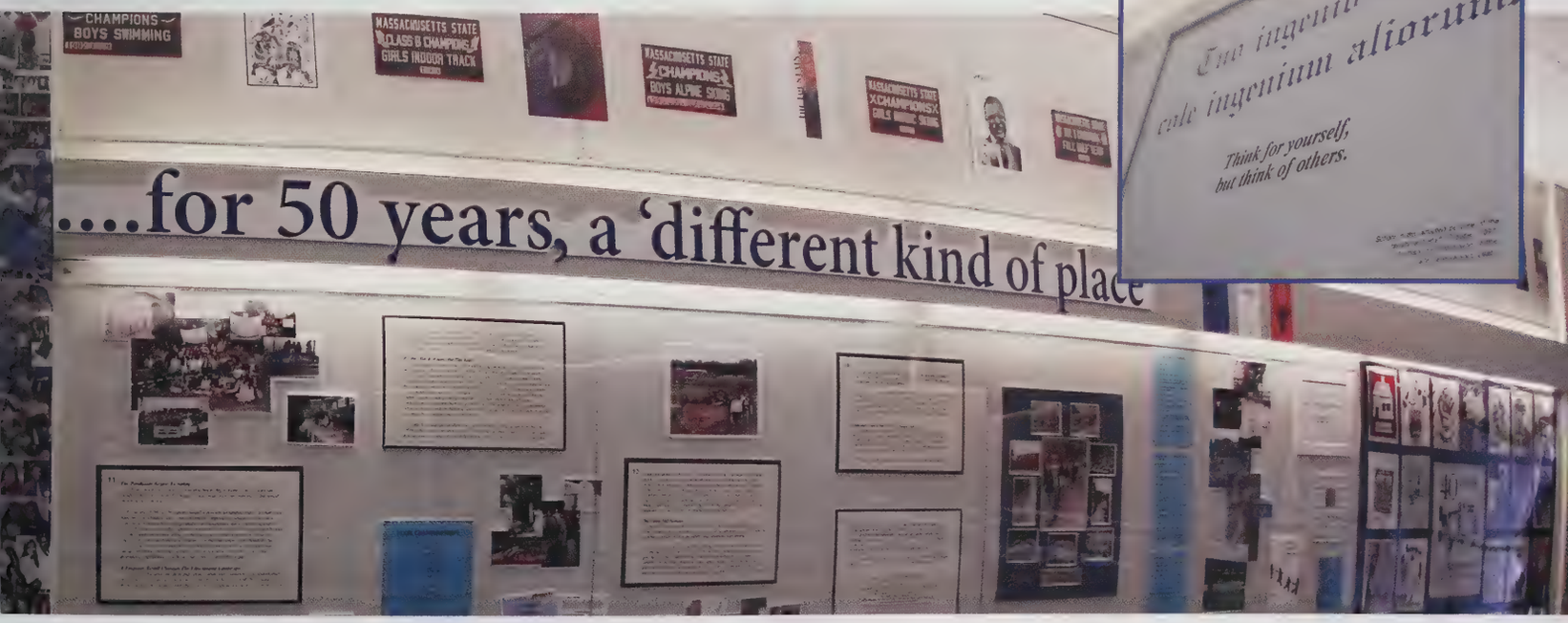
Well, to know who we are and where we may be going, we need to know where we've been, and L-S is a place that values that kind of perspective. A school, even one with a tradition, exists in a context, and the context is not the same as it was in 1969 when I first came to L-S. Just the same, I think we still value an authentic and direct approach to education--teachers making decisions about curriculum and about how to deal with students as individuals. We also need to be aware of the razor's edge between valuing our identity and considering the changing faculty and student body; we need to have ideals that represent a kind of constancy and, at the same time, we need to be flexible. That conflict is part of the dilemma we've had as long as I remember--and is its own kind of continuum.

-Judy Plott

L-S has come a long way from a small committee's idea to make a "public-private school". It was meant to be a small school with independent, bright teachers that fostered great bonds between the faculty and the students without the distractions of spirited football teams. Over time, the school grew so that in the 1960-80s a new superintendent transformed the school with free time, the ability to chose electives, an alternate high school (today known as central), girls sports, alternate semester and internships. The school did not track the students and the teacher to student relationship was very close. Then, in the 1980s the school experienced a move in the other direction as it was more competitive and rigid, a reflection of a larger cultural change. There were more requirements, less choice than before, less faculty decision making, GPAs, APs, the whole college admissions culture in full affect, bigger sports, less camping trips and other trips. However, through this transformation, the school still held its traditions of having more opportunities than others, it merely became more mainstreamed as the times changed and L-S still remains different from the rest.

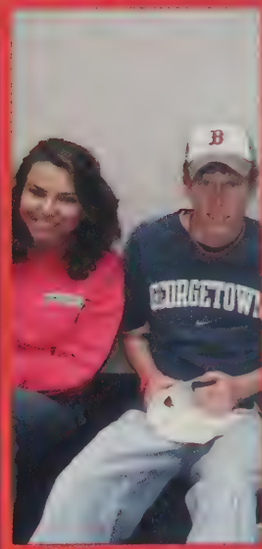


-Bill Schecter



2008

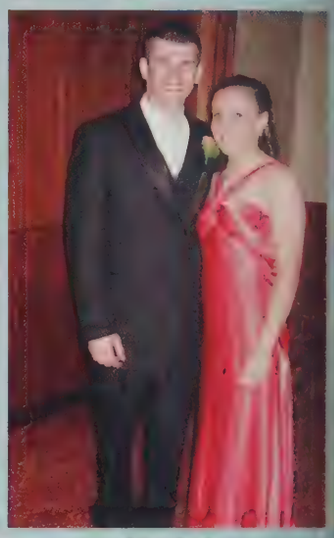
SENIOR

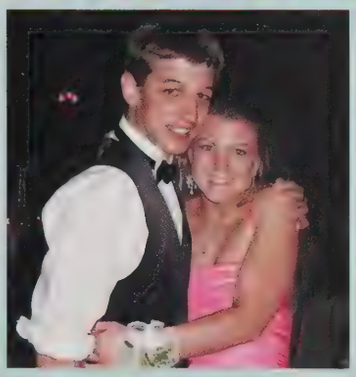


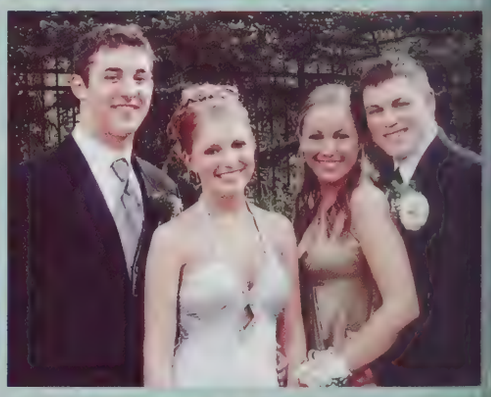
Senior year. Ever since we were freshmen, we looked up to the seniors and counted down the days until we would be the oldest in the school. Finally, that day is here. We enjoy our senior frees and many priveleges, yet we still need to remain responsible, especially while applying to college. Many of us can't wait to graduate, as

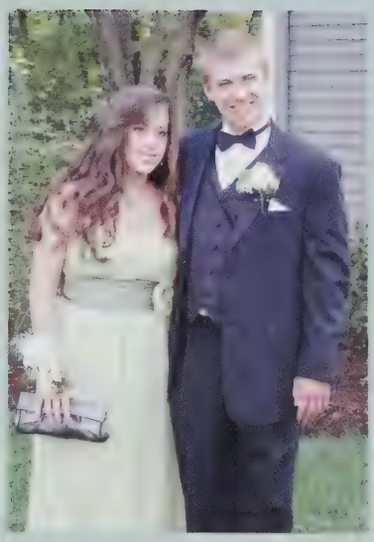
senioritis sets in. However, when we do eventually leave L-S and head our separate ways, we won't forget the many memories, both good and bad, that we've had in these past four years. L-S made an impact on all our lives, and we will never forget our times here. Good luck 08!

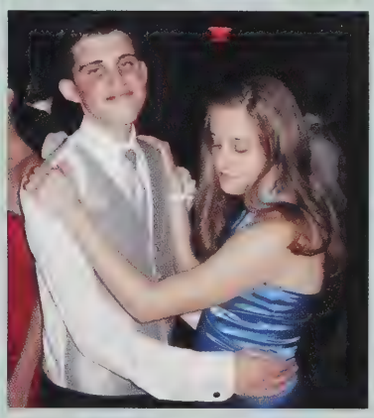
Junior Prom
Boston Marriott Copley Place
May 12, 2007





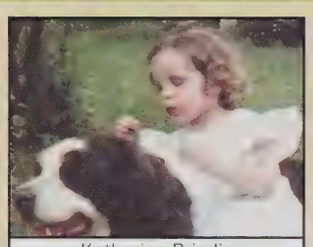






Our Younger Years

Leslie Bargman


Katherine Briedis

Alison Linke

Victoria Kittleson

Julie Bergstien

Alyssa Georgian

Stephanie Zeytoonian

Ryan Coolbagh

Chris McKinnon

Natalie Kerns

Lauren Manchester

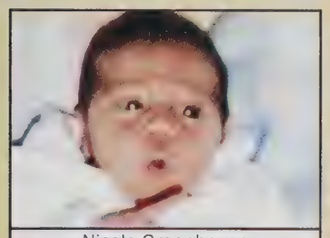
Makeda Davis

Laura Holzwasser

Erica Smith

Kathleen Davis

Liam Martins


Nicole Greenhouse

Jordan McCarthy

Katie Scarlata

Amanda McGavick

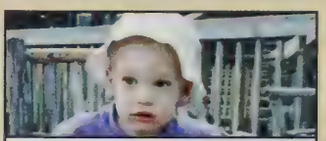
Luke Rathjens

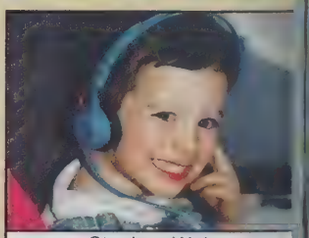
Lindsey and Patrick Ryan

Traci Kaplan

Danny Letizi

Grace McDermott


Alex Boyd


Stephen Weiss

Andrea Ravenelle

Ashley Kogutkiewicz

Tucker Krone

Lindsey and Patrick Ryan

Hannah Levy

Jennifer Bero

Jason Glickman

Andrew Parker

Catie and Liz Albanese

Marlie Wilson

Christina Maheras

Sharie Regesberger

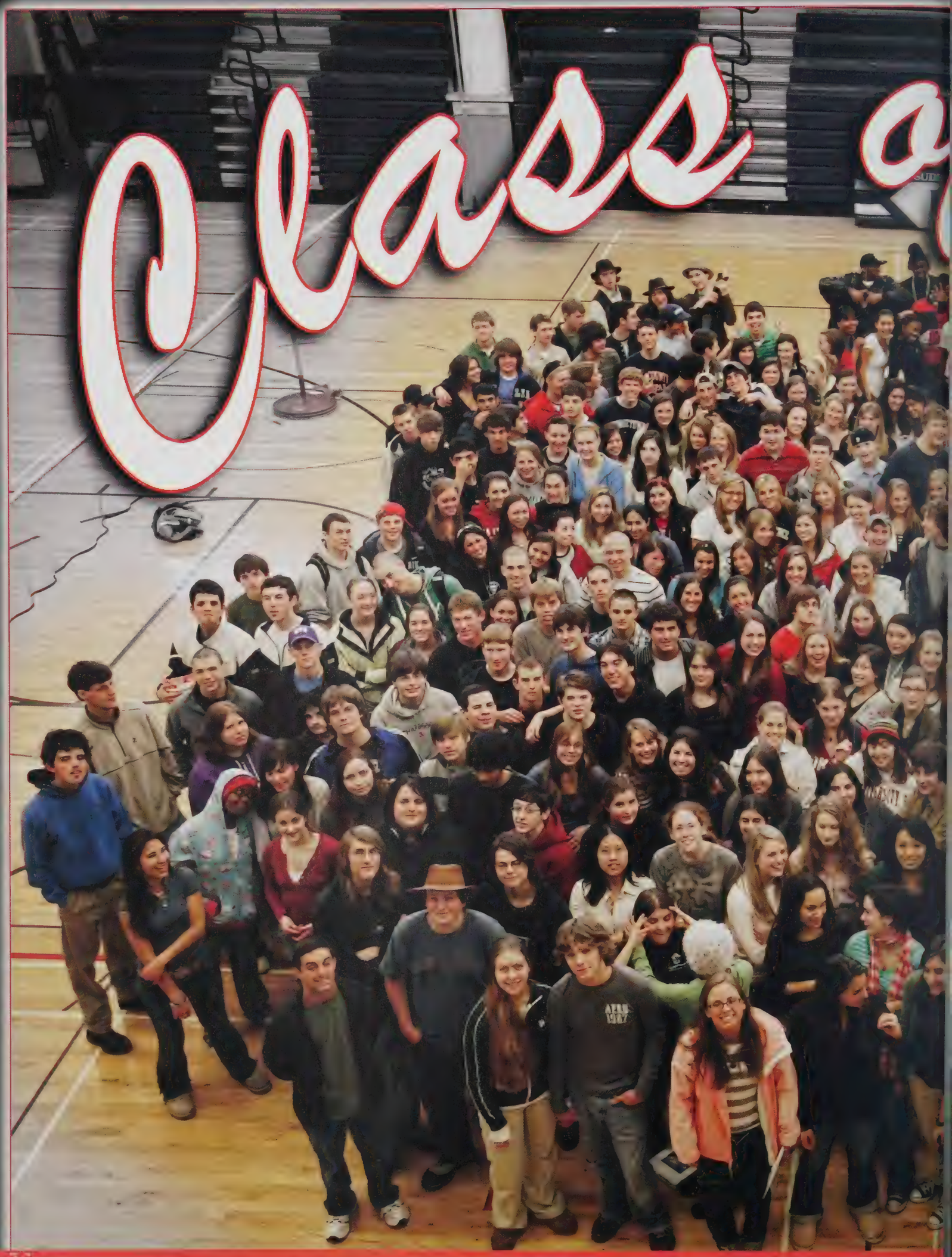
Happy

Senior Dress Up Day

RED SOX

EXIT

Class of



Class of 2008

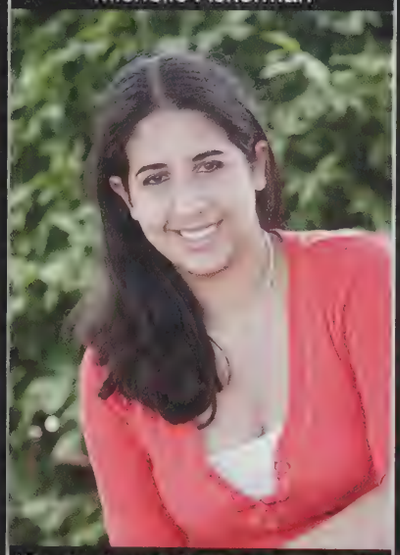
Jason Abend

NO ONE CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING.
THINK POSITIVELY

Special thanks to my family, especially to Mom, Dad, and my brothers, Kevin and Danny for always being there. Thanks to all my teachers for their help and support along the way.Thanks also to my friends for joining my fantasy sports league and telling me jokes.

Good Luck to the Class of 2008

Michelle Ackerman



"So don't wait for someone to tell you it's too late, cause these are the best days. There's always something tomorrow, so I say let's make the best of tonight. Here comes the rest of our lives"

Mom, Dad & Jeff, thanks for everything. You have always kept me laughing.
I love you so much.

My friends, thanks for all of the amazing times, it's been fun. I wish you all success and happiness.
Good Luck '08!

Janice Adams

Live life as a blank page and write on it day by day, once u have a
book you can never rewrite it but always publish it and start a new one.
I'd like to thank METCO for giving me an opportunity for a great future and those who have loved and supported my every step. Especially to my parents who brought me into this world.
AM SJ SA CP KD BT SM VJ VH JF EB KW SM DM QB SS NO MS

Nicholas Addeo

You miss 100% of the shots you never take.
Wayne Gretzky

Thank you so much Mom, Dad, and Meg for always being there.
There are certain people you just keep coming back to...
Sometimes the hardest thing
and
The right thing are the same.
BEL Love you
L-S Soccer #16
08 been a great 4 years
Good luck
Bs

Skyler Aikens-Kinney

"Success is not final, failure is not fatal: it is the courage to continue that counts."
Winston Churchill

Catherine Albanese

See you and me
Have a better time than most can dream
Have it better than the best
So we can pull on through
Whatever tears at us
Whatever holds us down
And if nothing can be done
We'll make the best of what's around -DMB

We are two of a kind you and I
<3 you Wizzie

You are my strength
-Mom, Dad & Jon

Elizabeth Albanese

The future belongs to those who believe in the beauty of their dreams.
Eleanor Roosevelt
Mom and Dad-Thank you for your guidance and continual support.
Catie-Thank you for showing me that it is ok to follow the gray areas in life.
Jon-Jon-Thank you for always being there to listen.
I love you all.

David Alderman

Many are stubborn in pursuit of the path they have chosen, few in pursuit of the goal.
-Friedrich Nietzsche

Nabeel Ali

Keep your nose out the sky,
Keep your heart with God,
Keep your face to the rising sun.

Thank you Mom, Dad, Azum, Sarah, Sonia and Salim for helping mold me into who I am today. I love you all.

Best of luck to '08. I hope you find success in any endeavors you may pursue.

Janelle Anderson

Don't gain the world and lose your soul, wisdom is better than silver or gold. -Bob Marley

Thanks to my friends and family, I've learned alot.

Kels- I'm always here, no matter what. lly

Good luck everyone!

Carolina Andrade

To my family thank you so much for all your love and support. To all my friends thanks for being there.

I wish the best of luck to the class of '08

Kathryn Andrews

Hope is like peace. It is not a gift from God. It is a gift only we can give one another.
-Elie Wiesel

To my family and friends-
Without you, I would be no where.
God Squad-We've been through so much together. I love you all so much.

Here comes the sun, here comes the sun.
And I say, it's alright

Paul Antion

Do not go where the path may lead. Go instead where there is no path and leave a trail.
-Ralph Waldo Emerson

Anyone can make simple complicated. Creativity is making the complicated simple.
-Charles Mingus

Mom, Dad, and Rachel, you will always be my true north

Ethan Arruda-Leuppert

To Mom, Dad, Nathaniel, Family, and Friends,
Thank you for all the love and support!
Love always,
Ethan

Change is the law of life. And those who look only to the past or present are certain to miss the future.
-John F. Kennedy

Hannah Atkins

"Then I went to down to town to my favorite merry-go-round to the place where magic horses fly" dispatch
Mom, Dad, Alex and Jess, love you always.

keb, ldr

"Do you believe in rock n roll,
Can music
save your mortal soul, and can you teach me to
dance real slow" american pie

I can't resist the day.

Trevor Atkinson

Don't aim for success if you want it; just do what you love and believe in, and it will come naturally. ~David Frost

Nicole Attale

"Don't Stand for Nothing,

Don't Fall for Anything,

Let Destiny Take charge

Live ya Life!"

Thanks to everyone who has supported me throughout the years and the new friends that I have made this year. It has been a rewarding & fantastic experience.
Love you Mom, Dad, Auntie Jenny, Uncle Bob, Susan & Krissy

Michelle Aucoin

"When the light turns green you go, when the light turns red, you stop, but what do you do if the light turns purple with lavender spots?"

To my family - Thanks for making me so crazy

Girls - I'll always love yaz

Andrew - You're the best, I love you!

Kelsey Azzolino

Elizabeth Bakacs

"What would you do if you knew you could not fail?"

Thank you to my friends for lifting me up and helping me grow.
Mom, Emily, Sara - Thank you for all your love and support. I couldn't have done it without you.
Coach - Thank you for always believing in me.

GOOD LUCK '08! It was the best of times.

Zachary Baldassini

Sometimes I imagine, God knows what, that everyone is laughing at me, the whole world.
-Kolya Krastokin

Andrew Baldwin

I don't like nostalgia unless it's mine.
Lou Reed
Thanks to the Fam: Mom, Dad, Luke and Cynthia
Thanks to all my friends and my good teachers
To the people I forgot, you weren't on my mind for some reason and you probably don't deserve any thanks anyway.
Eminem
LS FOOTBALL '08

Amanda Baranowsky

Thanks Mom and Dad for all your love and support. John, Paul, and Michael, everyone always asked how I managed three brothers, but I wouldn't have wanted it any other way. Everyone has a 'best friend' during each stage of life, only a precious few have the same one. L&B, tree houses to 5pm till forever. Good luck '08!

Leslie Bargmann

Mom, Dad, Jane and Sarah-
Thanks for always being there.
I love you

The memories I've held will never be erased, and the friends I've made will never be replaced

Girls-I couldnt have hoped for anything better.
-then now and forever-

Good Luck '08!

Brett Basarab

"Life is not a matter of holding good cards, but sometimes, playing a poor hand well."
-Oriental Delight Fortune Cookie

"A day without laughter is a day wasted."
-Charlie Chaplin

"If you wish to make an apple pie from scratch, you must first invent the universe."
-Carl Sagan

Jonathan Baum

Brandon Bazile

Julie Bergstein

Yes to dance beneath the diamond sky
With one hand waving free
Silhouetted by the sea
Circled by the circus sands
With all memory and fate
Driven deep beneath the waves
Let me forget about today until tomorrow

To my friends -
Always remember our adventures

Kelsey Berkowitz

The future belongs to those who believe in the beauty of their dreams. -- Eleanor Roosevelt

Thank you Mom, Dad, Jared, and Kyle, for your love and encouragement. To my friends, thanks for the memories and good times. Good luck 2008!

Kyle Berkowitz

Challenge, persevere, learn, then repeat.

You need strong winds to sail through life. Thank you so much Mom, Dad, Kelsey, Jared and Friends.

Zachary Bernstein

The voyage of discovery is not in seeking new landscapes but in having
new eyes. -Proust
Maw, Dad, Jerome, Thanks for puttin up with my bs. MP- you're amazing

Jennifer Bero

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you a hope and a future." - Jeremiah 29:11

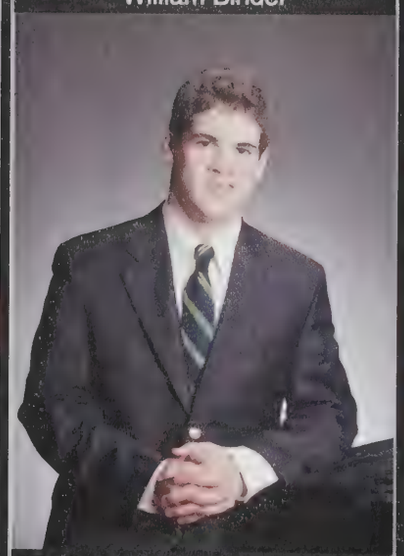
Mary Binder

"Don't Lose Your Grip on the Dreams of the Past, You Must Fight Just to Keep Them Alive"

4x8/4x4-i love you girls, miss you spiff. LSXC. dwai.

"Don't take life too seriously. You'll never escape it alive anyway."

William Binder



"Rolling stone gathers no moss, but leaves a trail of busted stuff." -David J. Matthews

Mom-- five for five, thank you. Family thank you for everything. B4L. Friends, you guys rule.

LS Wrestling

PEACE I'M OUTTA HERE!!!

Jessica Biren

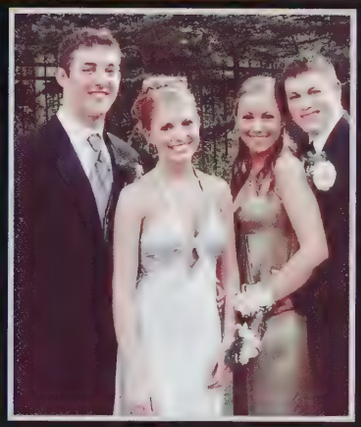
Mom, Dad & Josh- you mean the world to me, thank you for everything.

Sare-my very best friend.
kc- since '97
Girls- The best discovery true friends can make, is that they can grow separately without growing apart
Then, Now and Forever.

Good luck '08
It's been unforgettable!

Prescott Blackler

"Jazz washes away the dust of everyday life"~Art Blakey
"Step into the freezer"~Phish
"Fate is being kind to me. Fate doesn't want me to be too famous too young"~Duke Ellington
"I don't know half of you half as well as I should like; and I like less than half of you half as well as you deserve."~Bilbo



Julie Blouin

"Keep your face to the sunshine and you cannot see the shadow."
-Helen Keller

Thank you Mom, Dad, and Mike for all of your love and support. I couldn't have done it without you.

Lindsay Boegel

Raymond Bores

Mom, Dad, and Sam,
Thank you for everything you've done for me throughout the years.

You never fail until you stop trying.

Meghan Bowler

Trust that little voice in your head that says "Wouldn't it be interesting if" & then do it~DM
We gain strength & courage & confidence by each experience in which we really stop to look fear in the face~ER
M&D-Thank you for always being there for anything&everything.
Friends,C,M-I love you guys!
Good luck <3

Alexander Boyd

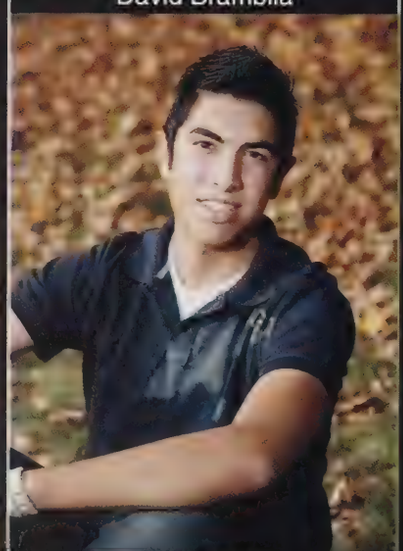
Mom & Dad, thanks for everything. You have been amazing throughout the years. Graham, I'll miss you next year bud. PR,SW,JI,JS,SE,AB, and Tuna its been a great time. Good luck! Abby, its been incredible. I love you.
LS SWIM:Love all of you guys. You've made last four years great. You pushed me and I thank you for that. EPIC.

Owen Boyle

Luck is where opportunity meets preparation.
-Denzel Washington

Thanks to Mom and Dad for all the sacrifices.
Thanks to Conor and Katy.
And Thank you Rick Berger

David Brambila



HELLOOO!
'08! '08! '08!

"Don't be pushed by your problems. Be led by your dreams."

P.S. Come and try Acapulcos amazing authentic dishes that will leave you satisfied with our friendly service, freshly prepared recipes, and enjoyable atmosphere =)

Take care everybody and be CHEVERE!

Rachel Braunstein

But the most important thing is even if we're apart, I'll always be with you- Pooh Bear
Mom Dad Dan- I owe it all to you, I love you more than you'll ever know
Ladies- Then Now and Forever, thanks for making it all worthwhile
Congrats 2008 I couldn't have asked for more

Kathrine Briedis

It's amazing where I'm standing,
There's a lot that we can give.
This is ours just for a moment
-Vega4

Thanks to my family who I love for always being there and to my friends who have been there through and through...you know who you are. And thanks to everyone who helped along the way LOVE YOU GUYS!!

Erica Brittle

Be who you are & let the world see you smile. Because a smile never lasts forever. . .

Mom: You are my heart, mind, & soul. I will always love you for eternity. I made it this far just for you. Nanew: you mean the world to me. You're the best G-ma everr! `08 Ladies: We did it ! Thanks for the best four years of high school. I love all of you all and hope for the best. .
BT,JA,SF,SM,SM,VJ,NA,SK,SS,
KW,VH,SB,
P&G for life [TT]

Sabrina Brittle

"Look at life through the windshield, break the rear-view mirror... It's time to pretend obstacles aren't there and reach for the destination"

Eric Brown

And in the end it's not the years in your life that
count. It's the life in your years.
-Abraham Lincoln
It's been a long road, with many ups and downs
Thanks to my family, for not giving up
'08 good times and good luck wherever the future takes you

Anna Brunner

"Of course it is happening inside your head, Harry, but why on earth should that mean it is not real?"

-Albus Percival Wulfric Brian Dumbledore

"The difference between fiction and reality? Fiction has to make sense."

-Tom Clancy

Benjamin Buchanan

Doreen Bukirwa

I'm glad I'm outta here!
Special thanx to da wonderful teachers, def taught me alot.
It's been a wonderful experience.
Thanx to Suzan, Love!
Best of luck '08

Stephanie Burger

"So just live. Make mistakes and have wonderful times but never ever second guess who you are, where you have been, and most importantly where you are going."

Thanks to my amazing family, best friends, and Alex for making these years so memorable. I love you all.

Hannah Burk

"One way to get the most out of life is to look upon it as an adventure" -William Feather

Christie Burke

"all of the moments that already past we'll try to go back and make them last"

mama daddyo thomas & jacky thanks for everything I love you so much.

girls the best in the world, thanks for everything

BETTY<3

Faraz Butte

Out beyond ideas of wrongdoing and right doing, there is a field. I will meet you there.
-Jalal ad-Din Rumi

Thanks to all my friends and teachers who have opened my eyes to the world and helped me grow. I'll never forget any of you.

Thank you Mom, Dad, Kiran and Shawn for always being there. I love you.

Jennifer Byrne

Thanks Mom, Dad, Kevin, Grandma and Grandpa for all your love and support throughout the years.
To my friends, thank you for all the unforgettable moments. Especially Julie and Ashley, I'd be lost without you guys!

Kelly Cakert

VGs - Ballers - Laxers
Love the game & it will love you back
Girls love you
Denpie Thanks for making me laugh
Mom&Dad I owe it all to you
Live the phrase "Sky's The Limit"

Adrienne Calandrella

Lise Ann Caldara

All I could want is silver and spinning
Out from your arms and into the pretty pit of your heart
So simply and softly we'd flow
Into you I will glow.

Katherine Carder

Enjoy the little things in life, for one day you may look back and realize they were the big things.
Mom and Dad- Thank you for everything, I love you.
Jen- couldn't ask for a better sister
JB- since '97
Girls- thanks for the good times
LS Swim Irreplaceable
Good Luck '08

Molly Case

Many places you would like to see are just off the map and many things you want to know are just out of sight or a little beyond your reach. But someday you'll reach them all, for what you learn today will help you discover all the wonderful secrets of tomorrow. the princess of sweet rhyme

Jessica Cavallaro

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Mom, I love you so much, you are truly my best friend. Dad, thanks for always supporting me, you know I will always be your little girl. Peter, thanks for making me tough, all of those bruises and bloody noses paid off! My friends, luv ya guys! God bless. <3

Leandra Charsky

The future belongs to those who believe in the beauty of their dreams.
- Eleanor Roosevelt

Andrew Cogan

Charlotte Cogan

Brandon Cohen

"You just have to keep trying to do good work, and hope that it leads to more good work. I want to look back on my career and be proud that I tried everything. Yes, I want to look back and know that I was terrible at a variety of things."
-Jon Stewart

"Success does not consist in never making blunders, but in never making the same one a second time."
-Josh Billings

Samantha Cole

Mom, Dad, Ad- miss you already. I love you
Doodle and Scoots. My best friend is the one who brings out the best in me. You'll always be my dowdins
To the girls- thanks for the all the laughs and memories

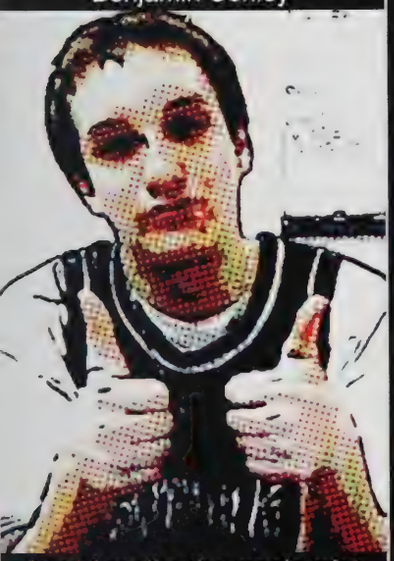
Good Luck '08

Megan Collins

The most wasted of all days is one without laughter.
- e.e. cummings

Mom & Dad -- Thank you so much, you've been amazing.
Mark and Stephen -You're the best brothers I could have asked for.
KK -I promise I listen to your stories, you're my best friend little girl.
Kc--I never had a better friend than you

Benjamin Conley



I can breathe the magic mist
And excel your every wish
Juggla jump from cloud to cloud
Ring them bells, ring them loud

Heaven holds the faithful
departed.

Ryan Coolbaugh

Live each and every day to its fullest, for tomorrow is guaranteed to no one. But first and foremost, do no harm.

Thank you to my friends, teachers and most of all, my family. All of you have had an enormous impact on me.

Andrew Corwin

"Memories of the past remains in the past but as you make new memories in the present and walk towards the future, the past is still simply, the best. Mark
Aaron A. Corrales. Friends, It has been fun and fast but we will always have each other. Mom and Dad you are my rock and I love you for that.

Clare Costello

"If you're going change something, I say change something that matters. Like the world."
- Little Pete, the Adventures of Pete and Pete

David Cotton

Instead of studying for finals, what about just going to the Bahamas and catching some rays? Maybe you'll flunk, but you might have flunked anyway; that's my point.
-Jack Handy

Samuel Cournyn

It's ok to live with your head in the clouds as long as you're down to earth about it.

Darren Cromwell Jr

Thanks to all my friends. Mom,Dad,Lauren, and Chanelle thanks for putting up with me and always being there for me. LS FOOTBALL 07 BLACK MAGIC. We made it amazing boys so many unforgettable times. Spaceship Glorious. L-Town forever We ride together we die together. LKK-7/17/04 Good luck '08

Michael Crosby

When there is no enemy within, the enemies outside cannot hurt.

Thanks to my family, teachers, and friends for helping me get through these 4 years. Lacer-thanks for everything #10 is a Stud 05 06 07 I love you Saidzymomma 08, thanks for all the great times, good luck to all. Make it Rain

Xiaoning (Amy) Cui

"This is the most exciting thing that's ever happened
to me! I wouldn't miss it for the world!"
-Pazu from Laputa

cherish every moment of your life

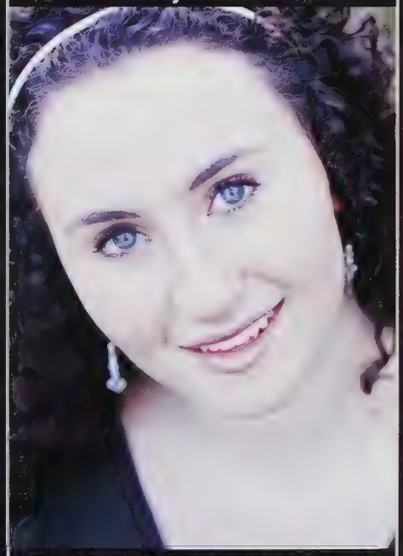
Lacey Cumming

Mom & Dad- I love you, Thanks for everything
Good Luck Seaney!
Behave Richi.
555 I love you Cait

Girls-Then Now and Forever
lsrhsvfh2k7.
Michael-Always and Forever

Good Luck '08!

Molly Cusano



Do things have beginnings, do you think? Or is a beginning only the first revelation of something thats always been waiting there to be found?
each one of you has inspired me and made me laugh.

live a life less ordinary. live a life extraordinary.
be kind to others. and to yourself.

NJZ

Benjamin Cutting

Action speaks louder than words but not nearly as often.
- Mark Twain
Love to Mom, Dad & Walker, you'll always be #1.
To all my friends, thanks for making the last 4 years so great.
LS Track & XC -you are my boys, its been a great run!

Timothy Da Silva

Matthew Dacey

To live, to err, to fall, to triumph, to vecreate life out of life!
-James Joyce

Thank you to my family and friends for helping me along the way as well as all of my mentors who have taught me so much.

Heather Daly

When we were children, we used to think that when we were grown-up we would no longer be vulnerable. But to grow up is to accept vulnerability... to be alive is to vulnerable.

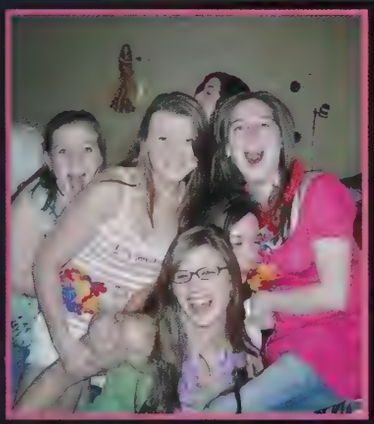
I love you Mom and Dad. No one could have asked for better parents.

Good Luck '08!

Benjamin DaSilva

Thank you to my family and friends who have truly helped me through these four years. I love you all.
Thank you Aliza, for being there for me through everything<3
T-Dub '08

If fingertips are relationships then I could barely carry your weight
If fingers are mistakes
Don't use this one to point the blame
Just sing
sing
-The Format



Morgan Davies

It is raining. I am tempted to write a poem. But I remember what it said on one rejection slip: After a heavy rainfall, poems titled RAIN pour in from across the nation.
--Sylvia Plath

"Anyway," said Finny, "then I knew there was a real war on."

"Yes, I guess its a real war all right. But I liked yours a lot better."
--John Knowles

Kathleen Davis

Cause these are the days worth living
These are the years we're given
And these are the moments
These are the times
Let's make the best out of our lives
-The Calling

M,D,J,E Thanks for everything. I love you so much.

Makeda Davis

Sometimes when Im bored...

I would like to thank all the people who kept me sane the past 4 years.

Caroline Dawson

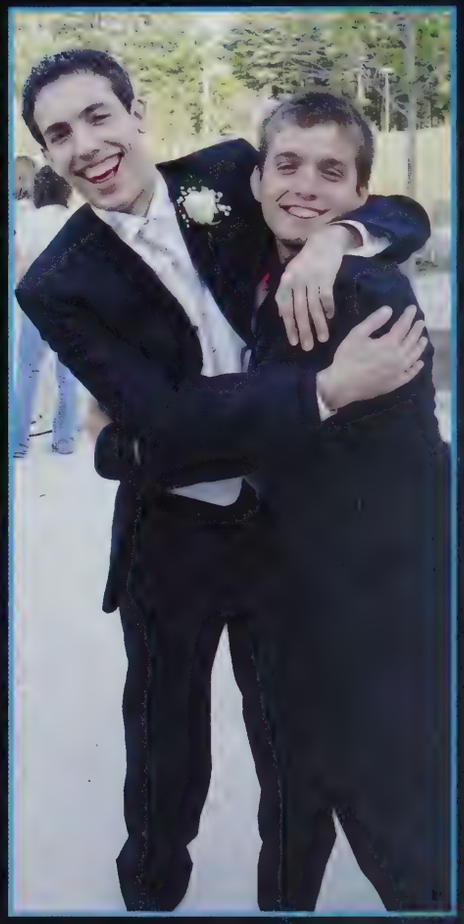
M,D,K-you've been so helpful with everything, I have no idea where I'd be without you guys! ilysm!

B- I'll miss you so much! You're the best.

LM.LW- It's been great

"Sometimes it's fun to do the impossible."
-Walt Disney

Good luck '08!



Stephen DeFilippo

"Life is one big road with lots of signs. So when you're riding through the ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts, put your vision to reality . Wake Up and Live!" If your gonna do it, do it big PP Yes indeed I'm a little off track track track track track

Jennifer DeMello

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind. "Dr. Seuss. Isabel you were born an original and I know you won't go out a copy! You are so beautiful inside and out, couldn't have asked for a better sister! I love you so much and I know you're going far Bumblebee! Now show this world how a real girl plays hockey!

Alexander Desrochers

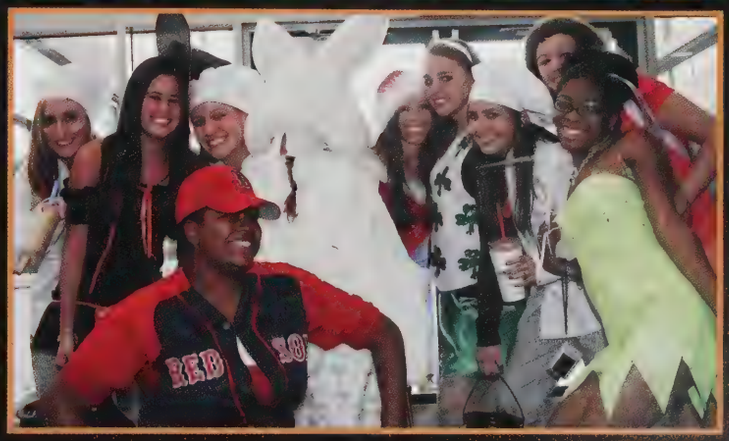
"As I look back from my senior year, all the friends I've met, I truly believe that my life and success at L-S can be described by one song, "I Don't Suck" by Kurt Angle"

Melissa DiStefano

Mom, Dad, Monica, Joey, Julia & Mark,
I don't know how I could have done this without you.
I love you so much.
Girls, thanks for the laughs and endless memories.

"Success is often achieved by those who don't know failure is inevitable"- Coco Chanel

Good Luck '08!



Kaniah Dixon-Dunn

No one gets to live their life backwards, look ahead thats where your future lies.
Being in this school was fun but now it's time 2 move on to new and better things.
Thanks 2 all that helped me. mommy I love you couldn't have done it without you. I promise I will make you proud. Freddy for life.

Marissa Dolan

Mom and Dad, Thanks for supporting me in everything I wanted to do, I love you.

Girls-We have all grown up together, but now we must go on our own to find the dreams we all dreamed of together.
Then, Now and Forever

Congratulations '08

Allison Dolin

"Once you are real you can't become unreal again. It lasts for always."
-The Velveteen Rabbit

Whitney Donaldson

I do not fear tomorrow, for I have seen yesterday, and I love today.

MDLKN - love you so much, thank you for everything. To all my friends, you made the time fly by, thanks for all the memories. Basketball and veegee love! Good luck '08!

collect the moments one by one.

Sarah Dowling

ToMyFriends:
YouGuysHaveMadeThesePast
FewYearsAmazingthank you :)
MomDad&Julia-
ThanksForStayingByMySide.I
DontKnowWhatIWouldDo
WithoutYouThree.ILoveYou.
"IWannaBeTheReasonYouSmile
AfterYouWipeYourTears
TheReasonYouHaveThe
CourageToConfrontYourFears~
50Cent
LSBballStateChamps 07
GoodLuckClassOf2008!

Mary Doyle

"Well some say life will beat you down
Break your heart, steal your crown
So I started out for God knows where
But I guess I'll know when I get there"-Tom Petty
Mom, Dad, K and J-Thanks for all the laughs.Ily.
Samm and Scoots-Bridesmaids? I think Yes.
Girls-You're the Best<3
Good Luck 08'!

Rebecca Earle

Mom Dad and Jake, thanks for your love and support
And my friends, thanks for everything

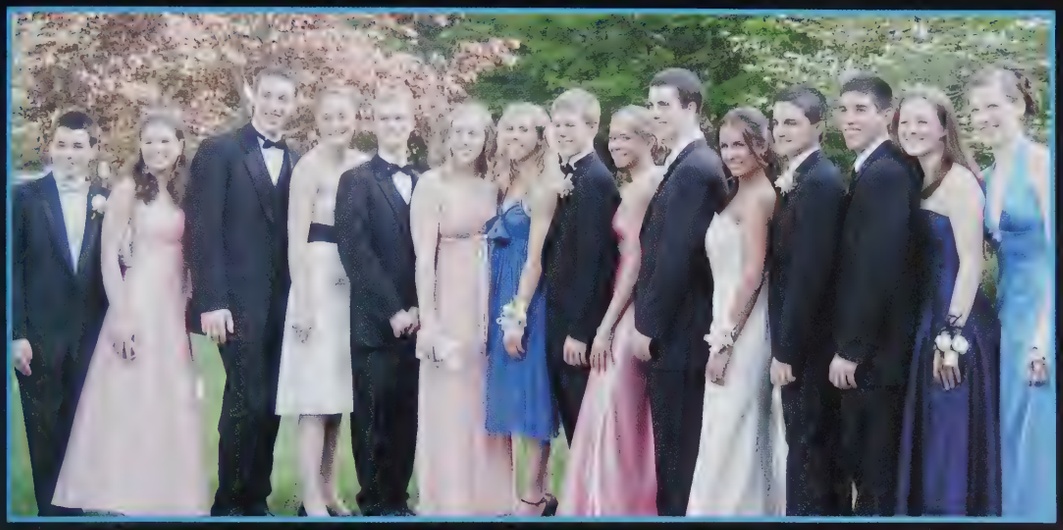
Good Luck '08!

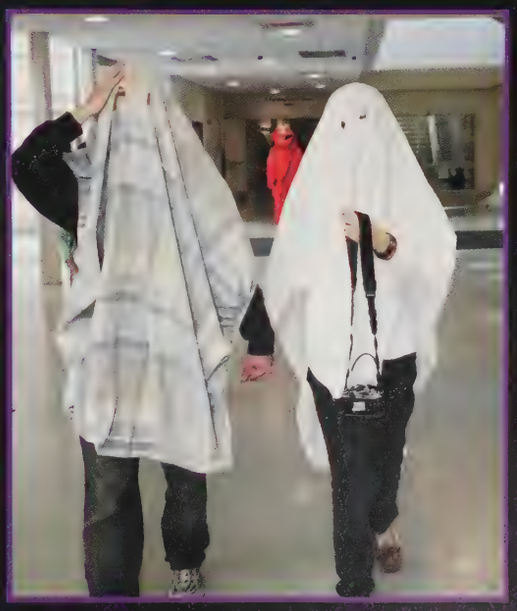
Sara Edwards

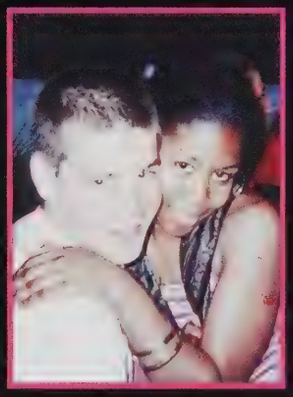
It's not what you look at that matters, its what you see.
-Thoreau

Mom, Dad, Maddie, Dave, Family and Friends- Thanks for your unconditional support and love. Life is not a rehearsal.

This is your life. Is it everything you dreamed that it would be, when the world was younger, and you had everything to lose?
GS- If only we could measure time in love and memories. Don't stop believing, hold on to that feeling.







Scott Ehrmann

William Elfast

Neurotics build castles in the air, psychotics live in them. My mother cleans them.
Rita Rudner

Cyrus Elias

"Don't let it happen, make it happen"- Tom Lopez. Thanks Mom and Dad for everything you've given me. Koby, you taught me everything I know. I'll never forget all the friends I've made. To my boys, love you guys, bad boys for life.

James Ellersick

**** Hey you can't say that! We are in a toystore!

thx to friends and family, wouldn't have gotten here without you.

Ian Engler

"We will go there leave this weakness you can't take this from me -Dispatch
Thanks mom, dad, and Gaelen - you have been amazing.
To my friends - so many great memories, you guys made it so much fun, good luck

Marlon Espinal

first and 4 most i want to thank my mom, me, and everyone who supported me in difficult times and all that junk take it ease.

6et 1n 7ouch!!

Ronald Evans

Conform and succeed

Gaelle FanFan

Through every dark night, there's a bright day after that.
-Tupac Shakur

I want to thank five people who helped me make it through these four interesting years of my life. My lord and savior Jesus Christ. My Mom, My Boyz, My Boo (Luv Ya), and of course myself. Luv ya so much. I made it yall, I walked up in here with my head high I'm leaving with my head higher. I won't be forgotten !!

R.I.P. dad (a.k.a. Papi)

Zhou Fang

Brianna Felici

Life moves pretty fast. If you don't stop and look around once in awhile, you might miss it.

Mom, Dad, Nick - thanks for everything.
Friends, where would i be without you?
I could not ask for more.

Good luck Seniors, Class of 2008

Moon and back...

Samuel Finn

Our greatest feat is not that we are inadequate,
but that we are powerful beyond measure.
Marianne Williamson

Thank you Mom, Dad, and Max for all the love and support you have given me.

Jessica Flavin

"We are born wet, naked, and hungry. Then things get worse. "
-anonymous
Thanks Mom, Dad, Steph and Christina for all your love and support. To my friends, thanks for the good times, I'll miss you.

Sara Forino

Life isn't about waiting for the storm to pass. It's about getting out there and dancing in the rain.
Mom and Dad thanks for all your love and support. Jason youre the best big brother I could ask for. Girls-thanks for all the memories.
SZ forever ilu. Throwers :)
Good Luck '08!

Sandy Fortin

Life is not about finding yourself, it's about creating who you are.
Thank U everyone who has been there for me.
Special thanks 2 Ms. Tate, Ms. Bolton, and Mrs. Notaro for ur support, EB, KDD, VJ, JA, DM, AV, Fea, TK and everyone in 08.
To my family, Mami, Papi, and ma bebe Jose
Love,
-Sandiela

Juvone Freeman

Ashley Frisoli

I'm never going back...
NEVER!
-Billy Madison

David Froot

"In heaven, all the interesting people are missing."
-Friedrich Nietzsche

Nicolas Fuchs

In the beginning the Universe was created. This has made a lot of people very angry and has been widely regarded as a bad move.

Douglas Adams

So long, and thanks for all the fish...

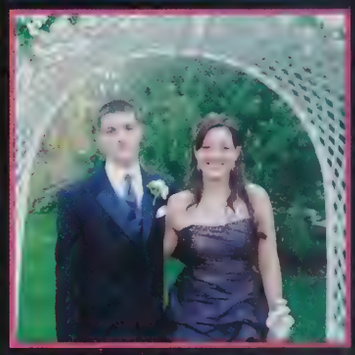
Alexander Galakatos

Do not follow where the path may lead. Go, instead, where there is no path and leave a trail.
- Ralph Waldo Emerson

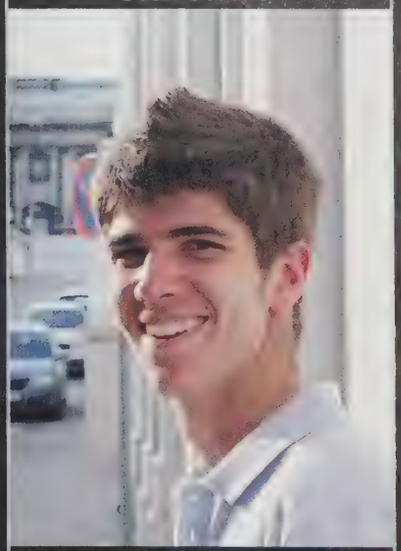
Thanks Mom, Dad, Andrew and friends

Sean Garabedian

O my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me.
I exceeded all expectations from which people thought I never could have done. I accomplished my goals.
Thanks Mom, Dad, Rachel for the support Love you guys. I'll never forget the memories that have been ghosted through the halls here at LS, They will never be forgotten.
Class of '08, Cheers



Scott Gardner



Sometimes I think the world has gone completely mad. And then I think, "Aw, who cares?" And then I think, "Hey, what's for supper?"
- Jack Handey

Thank you family, friends, and faculty for making a difference.

Good luck class of 2008, and go TW!

Emily Gazda

"The first man to compare the cheeks of a young woman to a rose was obviously a poet; the first to repeat it was possibly an idiot."- Salvador Dali

"De cuerdo y loco, todos tenemos un poco"
- Spanish proverb

Andrew Gentile

Class of O8,
I like you, but you're crazy
-Frank, Old School

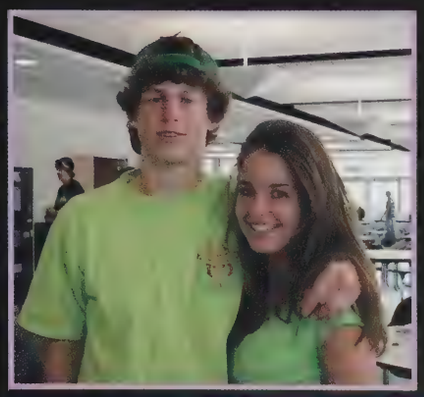
I couldn't have asked for better friends,
Thanks Mom, Dad, Sara for everything in-between

A wrestling match. You could describe life that way.
Which side wins? Love wins.
Love always wins.
-Morrie Schwartz

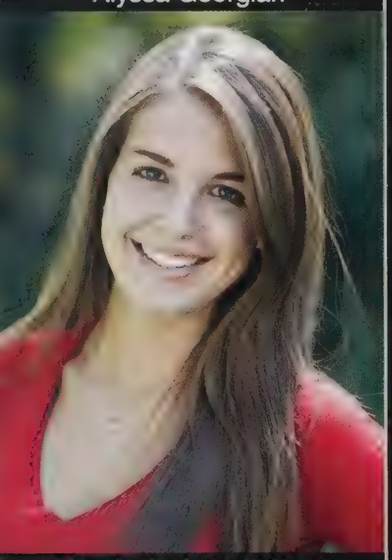
Keep the good times rolling '08

Alexandra Georges

Learn from yesterday, live for today, hope for tomorrow. Thanks Mom, Dad, Brendan, Alanna and Caeleigh for everything. Johnny always and forever<3 Girls I love you, you are the best, till the end.Good Luck '08!! We did it!!



Alyssa Georgian



How lucky I am to have something that makes saying goodbye so hard

Mom, Dad, Laura and Kristen - thanks for all of your love and support
Kels and Lex

Girls, you're unforgettable in everyway and forever more that's how you'll stay

Good Luck '08!

Michael Gigliotti

I firmly believe that any man's finest hour, the greatest fulfillment of all that he holds dear, is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle - victorious.

Vince Lombardi

Thanks everyone for all the help!
"Gigs", BLACK MAGIC #54

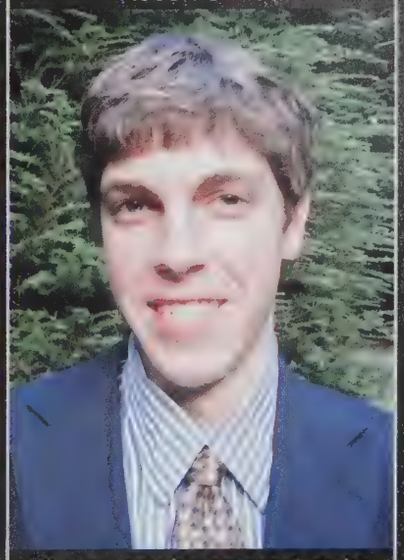
Chelsea Gilroy

"Twenty years from now you will be more disappointed by the things you
didn't do than by the ones you did do. So throw off the bowlines. Sail
away from the safe harbor. Catch the trade winds in your sails.
Explore. Dream. Discover."

Mark Twain

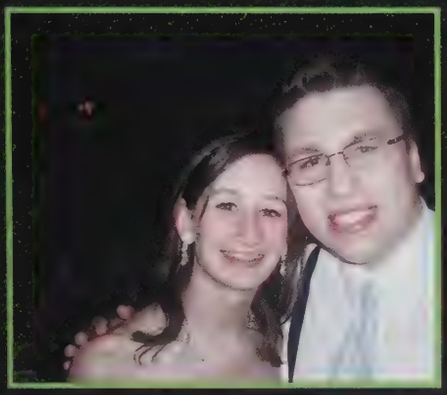
Thanks Mom, Dad, B,S,&C I love you.
Good Luck '08, thanks for the memories

Robert Gimbel



"A man can be as great as he wants. If you believe in yourself and have the courage, determination and dedication, and you are willing to sacrifice the little things and pay the price for the things that are worthwhile, it can be done."
-Vince Lombardi

Mom, thanks for your love and support.



Stephen Giorgetti

I have not failed. I've just found 10,000 ways that won't work.
-Thomas A. Edison
Thanks for all the support and love, Mom, Dad, Dan, Little Lisa, Snickers and Chip.
To my friends thanks for all the memories

Jacob Gitlin

It hurts to change. Anybody who tells you it doesn't is lying. Sometimes the more things change the more they stay the same. Sometimes change is nothing, sometimes change is everything.

Jason Glickman

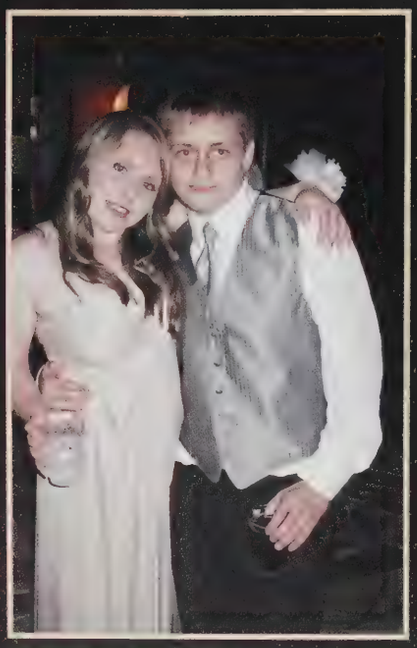
We do not stop playing because we grow old,
we grow old because we stop playing.
~Anonymous

If music be the food of love, play on.
~Shakespeare

To my family, I don't know where I would be without the love and support you have given me. To my friends, old and new, thanks for the memories.

Patrick Gogan

Over all, I think the main thing a musician would like to do is give a picture to the listener of the many wonderful things that he knows of and senses in the universe... Thats what I would like to do. I think thats one of the greatest things you can do in life and we all try to do it in some way. The musicians is through his music.
-John Coltrane



Nicole Golab

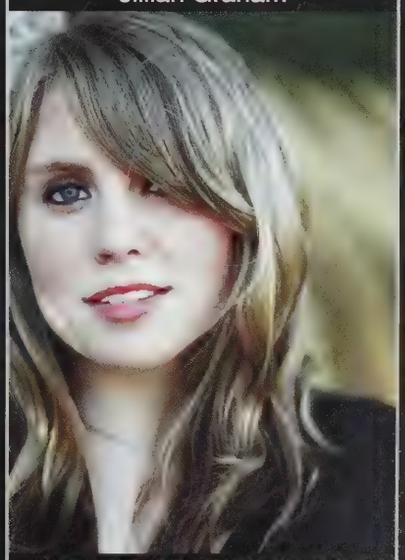
The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt

Mom, Dad, Zach, I love you.
Congrats '08!

Jared Goldstein

Once a man has made a commitment to a way of life, he puts the greatest strength in the world behind him.
-VL
M&D-I love you- you're my inspiration
Josh-You'll always be my little brother
Jaclyn-I'll be there for you sis
Guys-Thanks for the laughs & the good times
WWBD
GDLK08
All about the atmosphere

Jillian Graham



"It is not what you look at that matters it is what you see"

Thank you Mom and Lauren, I love you both and to my friends who were there for me through some rough times, I appreciate all the love and support"

"Good luck exploring the infinite abyss"

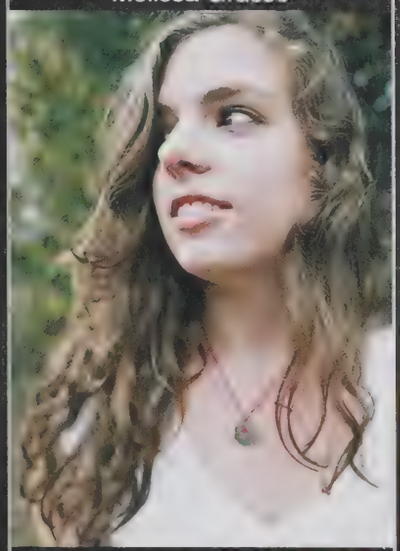
Spencer Grant

For every moment of triumph, for every instance of beauty, many souls must be trampled.
-Hunter S. Thompson

Love you Mom, Dad, Becca, Megs, Dante and Bella

Peace

Melissa Grasso



"One can know a man from his laugh, and if you like a man's laugh before you know anything of him, you may confidently say that he is a good man."
-Fyodor Dostoevsky

To my teacher who taught me to see what it is beautiful and good

Chelsea Grater-Cafiero

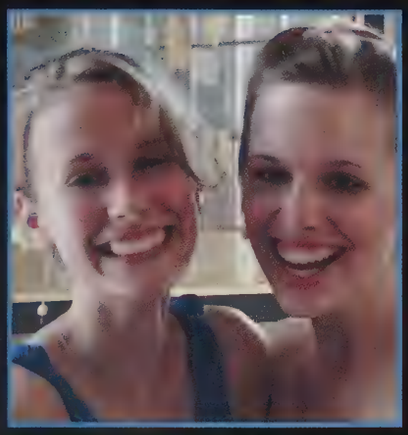
Nicole Greenhouse

"Don't dream it, be it."
-RHPS

Some things in life are bad,
They can really make you mad,
Other things just make you
swear and curse,
When you're chewing
on life's gristle,
Don't grumble,
Give a whistle.
And this'll help things
turn out for the best.
And...
Always look on the
bright side of life.
-Monty Pythons *Life of Brian*

Brian Griffin

Avoiding the phrase "I dont have time...", will soon help you to realize that you do have the time needed for just about anything you choose to accomplish in life.
Bo Bennett
Mom, Dad, and Tina, thank you for all of your love and support, you made everything possible.



Adrienne Grigorieff

Andrew Grunow

Grace Gunderson

Fam+friends thanks for everything-
My wish for you is that this life becomes all that you want it to your dreams stay big your worries stay small you never need to carry more than you can hold and while you're out there getting where youre getting to I hope you know somebody loves you.
- Rascal Flatts

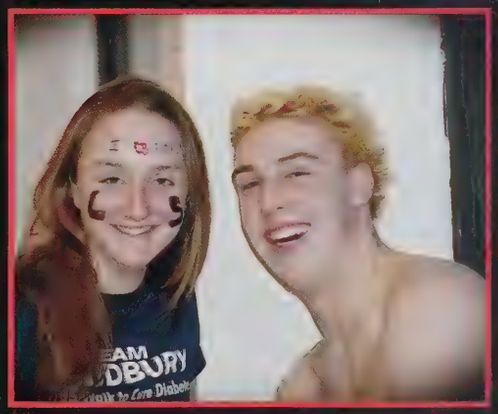
Emily Haartz

"The ultimate test of a relationship is to disagree, but still hold hands."
-Unknown

Thanks Mom, Dad, Nicole, Julia for always being there for me.

Friends: I couldn't have made it this far without you. Love you!

Ty: Through thick and thin...always and forever.
I LOVE YOU



Steven Halstead

"I love deadlines. I love the whooshing noise they make as they go by."
-Douglas Adams

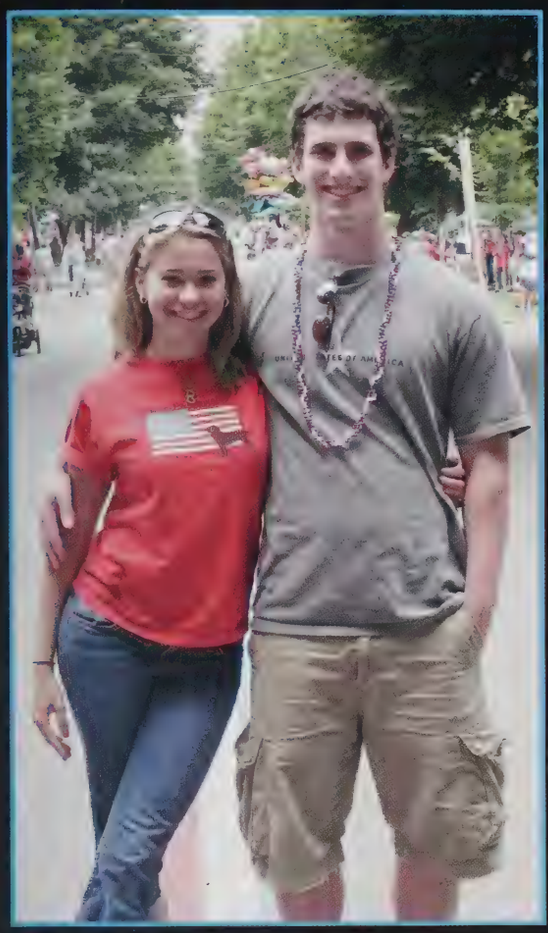
Makenzie Hamilton

Mark Hamilton

Life is about the constant struggles, the never ending battles between one's reach and reality. Hold true to the beliefs you hold self-evident and they will be known to others. Don't deny your right to free choice, and a voice among many. Above all, don't forget that living has no limits.

Abigail Hanson

"Lets take a breath,
Jump over the side,
How can you know,
If you dont even try?"
Mom, Dad, Julia, I love you. I couldn't have done it without you.
Teachers and coaches, you've been great. Friends-so many good times
CAJE- like sisters...AB-you mean the world. LS Swim-Irreplaceable
Good Luck '08!



Matthew Hardardt

Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision. Muhammad Ali

Mom + Dad thanks for everything
Lauren thanks for being a great older sister
To Rocky, my dog
And thanks to my friends, who made LS great for these four years

Anna Heffernan-Fagone

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." - Mark Twain
"Live to the point of tears."
- Albert Camus
Here's to it all; the bad, the good, the difficult, the easy, the laughs, the tears. Without them all, we wouldn't be where we are today.
Thanks for sharing all those times with me.

Kathleen Higgins

"Don't you know if you live life you become you are." - DMB
Thanks to my family and friends for giving me the best times of my life.
In the words of Billy Madison, "Peace, I'm outta here."

Mara Hileman

"Perhaps Margaret is right. Piracy is our only option."

Richelle Hinds

OMG...Ma I made iit!!
Everything comes & goes but the experience I had here I will never forget. With everyday that passes by it's less time to enjoy with the people you care about. Went through my ups and downs but at the end of the day this was the best ever.Never regret anything & and always be true to yourself.
CLASS OF 08` WE DID IT!!
I love you guys;;all of you!!
AS,CP,TK-Fam 4 life
JT,SB,ASM,BJ-imma miss yall
METCO-thank you
Big Head-iill see you. muah

Brianna Hodge

Ova the course of a average lifetime u meet a lot of people Some of them stick wit u through thick & thin Some weave their way through ur life & disappear 4eva But once in a while someone comes along who earns a permanent place in ur heart sex&the city
HL SEs 4eva, WH
Thanks 2 my Gma & central

Brittany Hodge

It seems now a days everyone wants to be the same. Heres to the peope who ran around like creeps with me an never regretted anything. BS SJ WH MF JG JC. I want to give a big thanks to the central staff for never giving up on me.
Woop Woop

Evan Hodges-LeClaire

"Always bear in mind that your own resolution to succeed is more important than any other one thing."

-Abraham Lincoln

Mark Hogan

"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed." MJ- Thanks mom dad wes dave and laura for always being there for me. WRTWDT boys it's been a great run. LS Football blackshirts. Good luck '08

Sarah Holbert

"A kiss for luck and we're on our way, we've only just begun."

Mom, Dad, Sam & Jamie - I love you with all my heart, I couldn't ask for a better family.
Jess - My very best friend, I love you always

Girls, Then Now and Forever. Thanks for the memories <3
Good luck '08 - Congrats!

Nicholas Holden

"Imagine a world without hypothetical situations."

Laura Holzwasser

How did it get so late so soon?
It's night before it's afternoon
December is here before
it's June
My goodness how the time
has flewn
Dr. Seuss

Mom, Dad, words cannot describe how grateful I am to have you as parents
Julia, Scott, cherish every moment because it all happens so fast
All my Love '08

A

David Hopland

It's kind of fun to do the (im)possible.

Kristen Houpt

Live in the moment, not for the future.

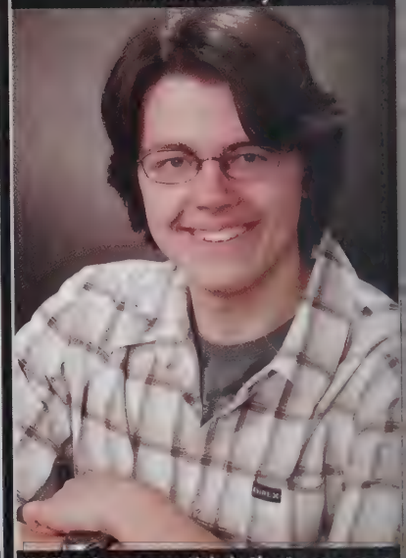
God Squad-Yerrr dumb! Couldn't have done it without you all! Stay strong! Love you guys more than life!

Mom, Dad, Billy, Laura & Tommy-Thank you for your love and support.

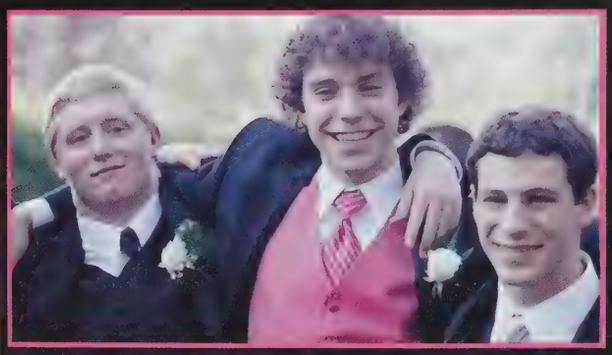
LDK-My guardian angel. Miss you everyday. Never forget, you are loved.

Viviana Howson

Michael Hoyt



"Whether you think that you can, or that you can't, you are usually right" -Henry Ford



Kenneth Hurd

The very basic core of a man's living spirit is his passion for adventure. The joy of life comes from our encounters with new experiences, and hence there is no greater joy than to have an endlessly changing horizon, for each day to have a new and different sun.
-Jon Krakauer

Edward Hutchinson

From what we get, we can make a living; what we give, however, makes a life
-Arthur Ashe

-Wingmen-

Cecilia Hylton

"The world is but a canvas to our imaginations"
-Henry David Thoreau

Sander Idelson

"Find some inspiration
it's down deep inside of you
amend your situation
your whole life is ahead of you."
- Boyd Tinsley

Thanks Mom, Dad and Shari, for all the support and love

Molly Irving

"You miss 100%of the shots you never take"
MomandDadRememberMeInRibbonsAndCulrsIStillloveUMoreThenAnythingInTheWorldLuvUr BabyGirl
GoobyThanks4EverythingThese Past18YrsUrTheBestIllAlwayBe UrLittleGoobalLuvU!
ToAllMyFriendsUGuysAre TheBest!
WarriorsHockey#9 FSU! VGs
Congrats Class of 2008
Live Laugh Love

Joseph Iskandar

A little knowledge that acts is worth infinitely more than much knowledge that is idle.
-Kahlil Gibran-
Mom, Dad, Danielle, Michelle, thank you for your support and love. To all of my friends, it's been a great journey, don't let it stop here.
Good Luck '08

Dana Jamieson

Top results are reached only through pain. But eventually you'll like this pain. You'll find the more difficulties you have on the way, the more you will enjoy your success.
Just the ending of the beginning.
Love you Mom, Mike, KC, MC, and PR
TRACKIE L<3VE

Julia Jennings

Abigail Jones

If you never did, you should. These things are fun, and fun is good.
-Dr. Seuss

I'll love you always Mom and Auntie.

To Gram: you mean more to me than you ever knew. RIP.

AL JA LR AF JB KH DL AK MA
I love you girls!!

'08!

Kaitlin Jones

"I aim to misbehave."
-Mal in "Serenity"

"42 is a nice number that you can take home and introduce to your family"
-Douglas Adams

"Before I go, I just wanna tell you: you were fantastic, absolutely fantastic. And you know what? So was I!"
-The Doctor in "The Parting of the Ways"

Valerie Joseph

As time goes by,we all will grow. In order to grow as people we all have to move on to bigger things and face new challenges that we'll have to overcome. I hope we will all meet again overcome these challenges, and all develop into quality individuals.
I wish you all good luck. May God bless us all.

Traci Kaplan

"Go confidently in the direction of your dreams. Live the life you have imagined."
-Henry David Thoreau

Mom and Dad- Thank you for everything, I would be nowhere without you! I love you.
Jeff- Good Luck with everything you do. I know you'll succeed.

To my friends-I don't know what I would ever do without you! Thanks for all the great times.

Good Luck '08!

Lindsay Katz

Mom, Dad, Keith & Kim- Thanks for everything. I love you.

Alexis- Youre the best! I love you so much.

LS '08- Good Luck!

Kimberly Katz

Thanks Mom, Dad, Keith, and Lindsay for everything. I love you. Thanks for always being there Alexis. You're the best. I love you. Good luck class of 2008!

Emily Kawachi

Finally, I has an educayshun! Thanks to my teachers, and thanks to my friends, who put up with my mom jokes all these years. I'll miss you guys. Or rather, I'll miss distracting you guys while you're trying to study. I hope I can meet more people like you!

Erik Kazior

"I got a belt on that's holding up my pants, and the pants have belt loops that hold up the belt. What's going on here? Who is the real hero?"
-Mitch Hedberg

Shatasia Kearse

Brielle Kelly

Turns out, not where, but who you're with that really matters.
-DMB
Mom, Dad, Chelsea and Brendan, thank you for always supporting me, I love you all. To my friends, thank you guys for always making me laugh. Beeb and Baro, I couldnt have made it this far without you.
Good Luck 2008

Kyle Kemp

Ian Kenley

Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end.
-Scott Adams

"A flute without holes, is not a flute. A donut without a hole, is a Danish."
-Chevy Chase

Natalie Kerns

"Today is your day! Your mountain is waiting. So...get on your way."
-Dr. Seuss
Mom, Dad & Amanda- I love you. Thanks for everything.
To my friends, these past 4 years have been amazing!
am.bffl.
Good Luck '08

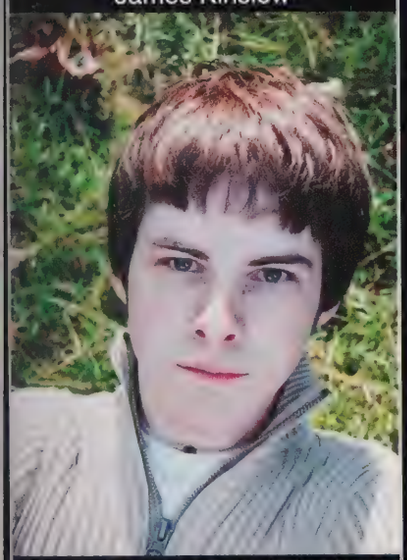
Shaunt Keshishian

Patrick Kimble

Diana Kindlon

"No matter where you go, there you are."

James Kinslow



Sam: Everyones a dork about something.
Me: Yeah, but especially us.

To my dorks: I love you intensely and will miss you doubly so. It's been a mad pimpin time and I still cant imagine being without you. I hope the Big World is good to you and that it'll bring us together again. Stay awesome. Peace out.

Victoria Kittelsen

"Don't let me hear you say life's taking you nowhere, angel... Look at that sky, lifes begun nights are warm and the days are young.
"Oh, look out you rock 'n rollers... pretty soon now, you're gonna get older."
-David Bowie

Colin Kleeman

Mom, Dad, Sean, Meg, thanks for all your love and support. Fishing! Anmol, Bryant, Adam, GiGs, good times!

Good Luck 08!

LS Track,
Brew Crew

Sean Kleeman

Thank you Mom, Dad, Megan, and Colin for all of your support. I will miss all of the good times we had.

LS- Track, LS Lax

"It's funny that pirates were always going around searching for treasure, and they never realized that the real treasure was the fond memories they were creating."-Jack Handy

Samuel Koekkoek

Test me, test me, Why don't you arrest me?

'Fear is just another word for ignorance'- Hunter S. Thompson

Thanks for the love and support of my friends and family.

Ashley Kogutkiewicz

Success is often achieved by those who don't know that failure is inevitable.
--Coco Chanel

Mom, Dad, Tony, Sophie thank you for being there for me when I needed you the most.

LE CREW words can't explain what you mean to me.

My girls I love you

Good Luck '08

Anna Konopacz

Be who you are and say what you feel because those who mind don't matter and those who matter don't mind.

Mom, Dad, Lauren and Clayton- I couldnt have done it with out you, thank you for all the support, I love you

Girls- the good things last forever, thank you for everything

Best of Luck '08

Lexy Koop

Life is not tried, It is merely survived,
If you're standing outside the fire.
-Garth Brooks
Mom, Dad, Kendra & Bryan- I love you more than words.
Girls-You mean the world to me, then now and forever.

DMC-7/17/04.
VeeGee Soccer. '08.

Alyssa Krentzel

Always dream and shoot higher than you know you can do. Don't bother just to be better than you contemporaries or predecessors. Try to be better than yourself.
-William Faulkner

James Tucker Krone

Thanks to my family, friends, teachers and mentors; you always gave me something to smile about.

Don't forget to stay happy. Don't forget to smile. -LDK

We will pass through LS, but it will remain. Always remember to leave a footprint behind.

James Lagarce

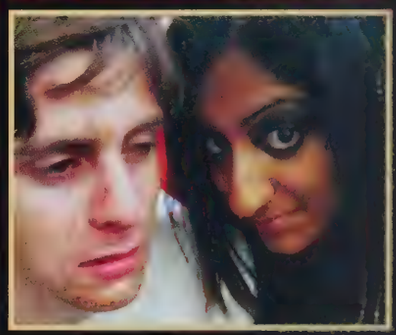
Mom Dad Tim & Danny-Thanks for always being there and helping me along the way. I love you
Friends-Thanks for the memories
WWBD
LSFB 14-13
We got our own roads to ride
and chances we gotta take
We stood side by side each one
fightin for the other
We said until we died we´d
always be blood brothers-Bruce

Seth Lampert

"I've got a theory that if you give 100 percent all of the time somehow things will work out in the end."
-Larry Bird

"It is what it is."
-Bill Belichick

Mom, Dad, Dana, and Josh-
I can't thank you enough!



Evan LeBlanc

Gather ye rose-buds while ye may,
Old Time is still a-flying;
And this same flower that smiles today,
Tomorrow will be dying.
- Robert Herrick

Samuel Lederman

Say what you want, say what you mean
question yourself, are you really what you seem?
-Dispatch

Mom, Dad, Emily, thanks for always being there
and supporting me. To my friends, thanks for the memories and making these four years amazing.

Don't let your dreams be dreams
-Jack Johnson

Keep It Real Guys

Jennifer Lee

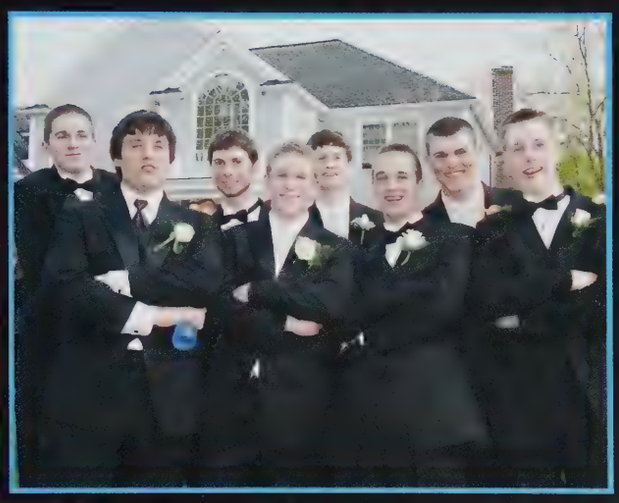
Our aspirations are our possibilities.
Success is how high you bounce when you hit the bottom.
Some people want it to happen, some wish it would happen, others make it happen.

Mom, Dad, and Chris: Thanks for supporting me day in and day out. Im so lucky to have such an awesome family.

Kristen Lee

The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles but to live in the present moment wisely and earnestly.
-Buddha

NS, LP, MO, AS, EA-L, ZR, KB, HA, SN, Dad, Mom & Chloe,
I couldnt have done it without you. I love you so much.



Edward Lee

"Wherever you go, go with all your heart."
-Confucious

To the class of 08, good luck in the future and accomplish great things.

Mom, Dad, Candice, and all my friends, thank you for supporting me through all the good and bad times these years.

Benjamin Lee

Ryan Lesko

"The dictionary is the only place that success comes before work. Hard work is the price we must pay for success. I think you can accomplish anything if you're willing to pay the price."
-Vince Lombardi
MomDadJimmyJustin - I could not have done it without you. Thank you for everything.
BLACK MAGIC #46

Daniel Letizi

"Knowing others is wisdom. Knowing oneself is enlightenment." Lao Tzu

"That makes sense to me, doesn't it?" George W. Bush

Matthew Levine

"He who is not courageous enough to take risks will accomplish nothing in life."
~Muhammad Ali.
Thanks Mom and Dad for everything, i have so much respect for you.
Ali keep it real down south girl, love you.
Jeff you my brother forever kid! So many good times RM SG.

Hannah Levy

"Had no excuses for the things that we'd done
We were brave, we were crazy, we were mostly young"

Dad, Mom,&Ben-Thank you for everything.Love you
Al-best friends forever
Bh-SEsForever
Central-Thanks for all the support

Carly Lieberman

"Before I die I want to be quoted in a highschool yearbook."
-Carly Lieberman

It's called making your own dreams come true.

Amy Lieblein

"Life is one big road with lots of signs. So when you're riding through the ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts, put your vision to reality. Wake Up and Live!"
-Bob Marley

Love you Mom, Dad & Alex
JA AJ LR KH AF JB MA AK - LOVE YOU GIRLS!

Alexander Linden

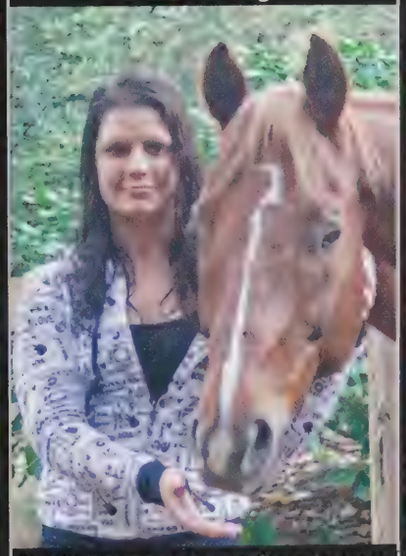
Make of your life a work of art: scrutinize, ponder, and work tirelessly to perfect all aspects of it.
Thanks to my family and friends for everything. M, D, B, M, N, and N I will always love you.
Good luck Class of 08 and LS Track/XC

Allison Linke

Im trying to tell you something bout my life
Maybe give me insight between black and white
And the best thing youve ever done for me
Is to help me take my life less seriously
Its only life after all
~Indigo Girls

Defy gravity.

Alissa Long



"I will never say goodbye to you, because if I say goodbye, then that's it. That's goodbye."-BMW
My friends, I love you. My family, I love you. This is never goodbye, it is only see you later.

Elizabeth Longo

"Life gives us brief moments but sometimes in those brief moments we get memories that last a lifetime"

Mom and Dad I love you both, thanks for everything!
Keeko I'm, so lucky to have you as a best friend
Patrick I'll always be here for you munchkin, love you!

"Life is short.Eat dessert first"

Alexander Loomis

"The likeness of man, once a high ideal, is in process of becoming a machine-made article. It is for madmen like us, perhaps, to ennoble it again"
-Herman Hesse

Dana Loucas

My choice is what I choose to do, And if I'm causin no harm it shouldn't bother you.
Your choice is who you choose to be, And if youre causin no harm then youre alright with me.
-Ben Harper-

Thanks Mom, Dad, and Greg for your love and support.
Brielley- 13 years and counting love you loser.

Joshua Love

Emily Lyons

My friends are the most amazing people in the world.
I love you all!

Christopher MacKinnon

"Winning is a great deodorant."-
John Madden
Thank you Mom, Dad, Lindsay, John, and Trevor for all of your love and support. I appreciate it very much.
Thanks to my friends that made high school the best experience of my life so far.
LS Wrestling
Congrats & Good Luck 2008!

Christina Maheras

Thank you to my family and friends for making my high school years ones to remember.

Good Luck '08!

Michael Mahony

"Those who stand for nothing fall for anything"
-Alexander Hamilton

"Cash Rules Everything Around Me C.R.E.A.M. get the money dolla dolla bill y'all"
-Wu Tang Clan

Thanks for everything Mom, Dad, Kerry

Pace, Kurt, Jon, Liam, James.
MOHNYS

Maimuna Majumder

My pencil puts words to our universal harmony:
The music within you is also within me.
And as I play my world by the tune of my piano, I see:
We must not speak alone, when together, we may sing.

Lauren Manchester

"It turns out, it's not where you are, but who you're with that truly matters"

Mom, Dad, & Adam thanks for all of your love, laughter, wisdom, and support
I love you

To my friends, you mean so much to me
You amp up my life

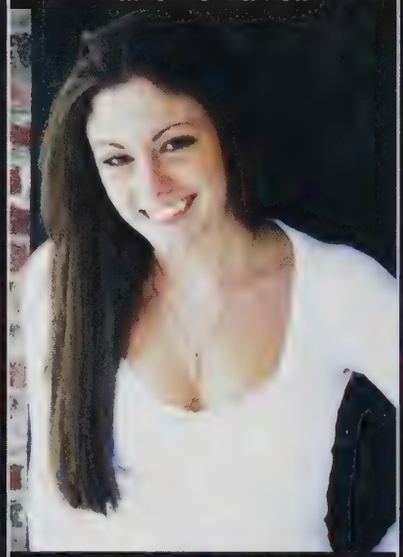
"I know something is coming, I don't know what it is but I know it's amazing"

Jason Mariasis

With determination, passion, high aspirations, and the ability to question authority when you know you're right, you can reshape the world.

Thanks to my teachers for truly inspiring me, to Mom, Dad, and Eric for all your love, help and support, and to all my friends who I will remember forever.

Katherine Marriott



Take what you can from your dreams, make them as real as anything. - DMB

Thank you Mom, Dad, Cristin, Rob & my little kitty
You've always been there for me
I hope I made you proud

Friends, I couldn't have asked for better.
Keep laughing & being absolutely ridiculous.
I love you guys so much

GREAT SUCCESS '08
Good Luck !

Jessica Marsh

Sometimes, if you stand on the bottom rail of a bridge and lean over to watch the river slipping slowly away beneath you, you will suddenly know everything there is to be known.-Winnie the Pooh
Mom & Dad, thanks for supporting me all these years. Andrew, keep it classy. Boys & Girls, only love.

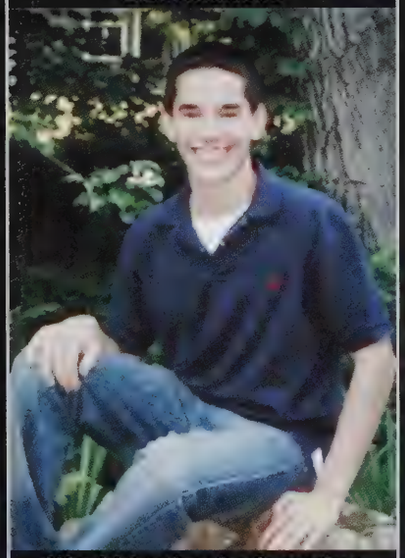
L

William Marshall

You've got to be very careful if you don't know where you're going, because you might not get there.
- Yogi Berra

TW'08

Liam Martens



Would I rather be feared or loved... umm easy both, I want people to be afraid of how much they love me.
-Michael Scott

To my family, thanks for supporting me through everything and to my friends who have provided endless laughs and great times.
LS hockey thanks for the memories

Jordan McCarthy

"I've always believed the greatest form of leadership is through example. You don't talk it, you walk it. You live it."
Bart Starr

Mom, Dad, Tyler, thanks for everything you've done for me. I am proud to have such a wonderful family.

Good Luck '08

Baseball State Champs '07

Grace McDermott

"We've come so far so fast. But somewhere back there in the dust, that same small town in each of us

M,D,B,T,J,S,R- for all that you are & all that I am. I love you fam.
J&S-que sera sera

Tate-Love you lady
XC ladies-always

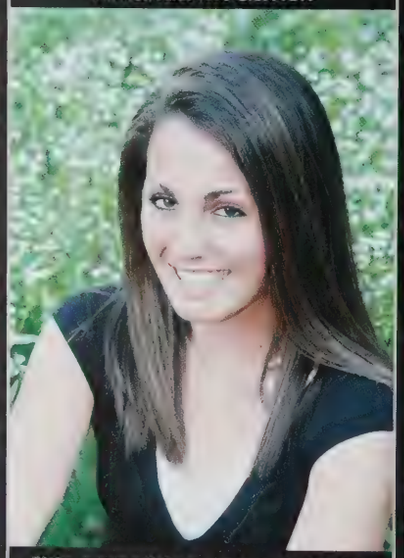
Guys&Girls-It's been amazing, thanks for the memories
-Then Now and Forever-
GDLK 'O8

Kyle McDonald

"I do believe
There's a dream for everyone"
-John Mellencamp

Thanks everyone.

Amanda McGavick



"It's something unpredictable, but in the end it's right.
I hope you had the time of your life."
Mom&Dad-Thank you for everything. Always be your baby.
Matt&Molly-Keep smiling and working hard-Love You.

NK-BFFL:)All my friends-Thanks for the support and memories. You've made the journey unforgettable.

Colleen McInnis

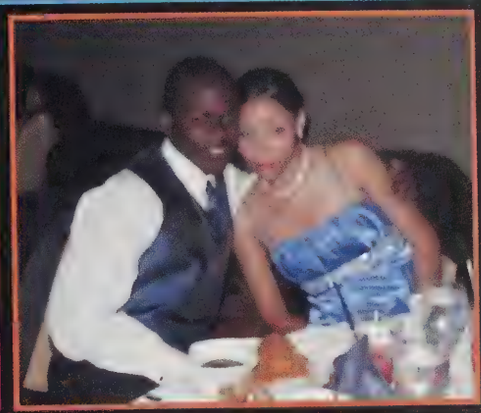
To Mom, Dad, John, Midget, and those closest to me- Thank you for everything. You all mean the world to me.

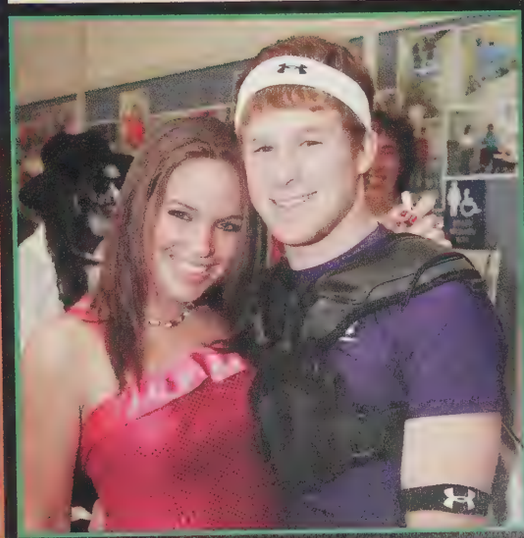
"To get the full value of joy you must have somebody to divide it with."- Mark Twain

John McInnis

"If opportunity doesn't knock, build a door." Milton Berle

Home is where the heart is, and my heart is with my family and my friends.





Jonathan McIvor

"Leaders aren't born, they are made. And they are made just like anything else, through hard work. And thats the price we'll have to pay to achieve that goal, or any goal"
Vince Lombardi

Mom, Dad, David, Noni- Thank you for all of your love and support. I could not have done it without you.

LS LAX

Jeffrey McKinnon

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." - Bob Dylan

" If it doesn't kill you, it will make you stronger. "
- Cael Sanderson

Mom, Dad, Jakey, Shayne, Cassia, and timbo I love you Matty your my brother 4life.
RM, SG
M.A. D <3

Ryan McManus

Mom, Dad, Sean and T.J., thanks
for everything over the years.

To my boys, Matty, Jeff and Spence.
Never forget.

"You know, I've finally found out the best thing
about high school, once you graduate you don't
have to come back."
-Zack, Saved by the Bell

Derek McMillan

"Well, all I'm saying is that I want to look back and say that I did the best I could while I was stuck in this place. Had as much fun as I could while I was stuck in this place. Played as hard as I could while I was stuck in this place..." IM OUT!!! SHOUT OUTS TO ME, JF, ME, TA, MW, BB, PK, FLEA, MELLO, NELZ, SMOOKIE, And CW, TIM, ROX, SEAN G, D-CHEEK

Michelle Meagher

"One way to get the most out of life is to look upon it as an adventure."~William Feather
Mom,Dad-couldn't have done it w/out all ur love and support
M,thanks for being the bestest friend and sister
To my friends-I love u guys, so many memories, u made it amazing.
Veegees,keep the tradition going girls
Good luck '08

Sophia Mei

No matter how your heart is grieving,if you keep on believing,the dream that you wish will come true
-Cinderella
Life moves pretty fast.If you don't stop and look around once in a while, you could miss it
-Ferris Bueller

i love my fambam x3 h.lee janadbebkdsfvhvjsmbtkwmw
You guys are my foundation

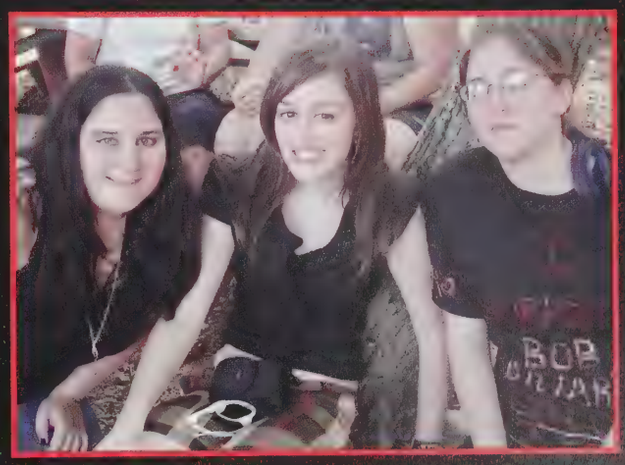
Sheila Mendes

"You will always have new friends, but true friends will stay forever, especially when you make new steps in your life."
Kisses to all my boo's.

Emily Mepham

"There is nothing like a dream to create the future"
-Victor Hugo

W



Lora Miller

Today like tomorrow and the day after is a new day. To start again, to become the people we always wanted to be. To take the first step to really live,to stick our necks out. To breathe out the shame,to eat our dessert first. To not give into our fears. Because every single day the sun shines on us!

Sarah Miller

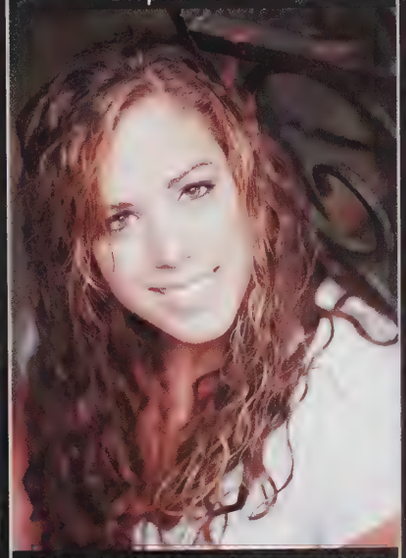
"Scars heal, Glory fades
all we're left with are the
memories made.
Pain hurts, but only for a minute
Life is short,
So go ahead and LIVE IT !!!"

Thanks Mom, Dad and Sam for all of your love and support.

And thanks to my friends for everything over the last four years.

Veegees '08

Stephanie Miner



"Now is the time for us to shine
the time when our dreams are in
reach and possibilities vast
Now is the time for us to become
the people we dreamed of being
The world is waiting"

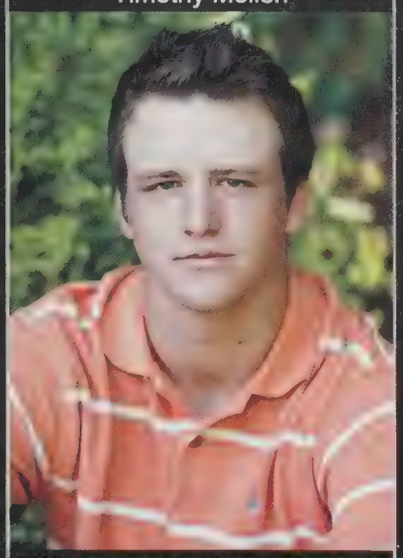
You may never know how much you all mean to me. I love you.

"Sometimes the only way is jumping, hope you're not afraid of heights"

Shima Mobtaker

You are very funny

Timothy Mollen



"When a man points a finger at someone else, he should remember that three of his fingers are pointing at himself"
Anonymous

Nicholas Mollica

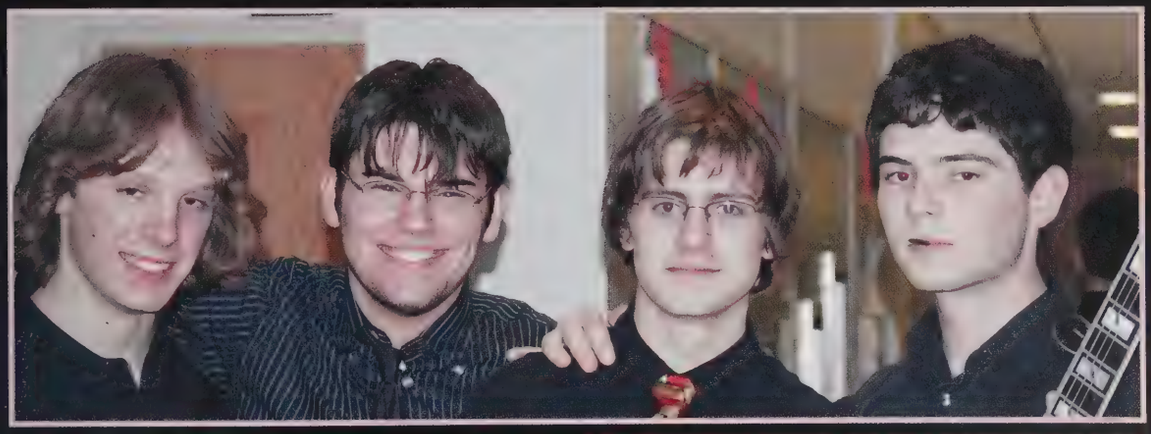
None but ourselves can free our minds.
-Bob Marley

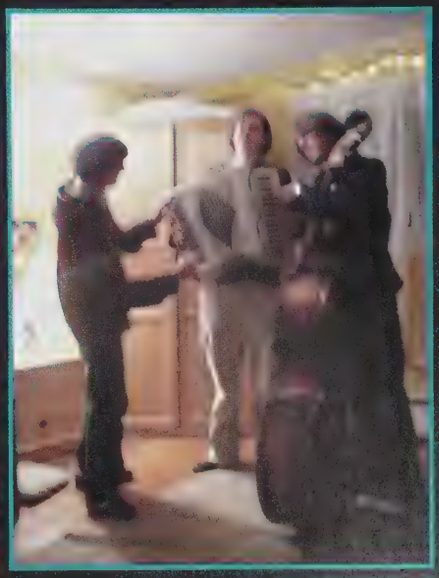
L-Town '08

Chandler Moore

"When speed gets in the blood, one must drive to live."
-Rudolf Caracciola

Jacob Morely





Matthew Morse

Joshua Mukendi

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do"

Ryan Mulvehill

"I wish I didn't know now what I didn't know then."
- Bob Seger

Thanks Mom, Dad, Sean & Kim!

Alexander Muri

If music be the food of life, then play on
-Shakespeare

Your love and beauty has inspired and strengthened me. This year would not have possible without you. Always remember; I love you, have loved you, and will love you.

Colin Murphy

"We have to do the impossible, but it is possible."
-Kevin Garnet

Tyler Murphy

"The time has come to go on to new things: yet the time will never come to forget the old."

Molly Nathanson

"My past is perilous
But each scar I bear sings
Monuments to where I have been
And melodies to where I am going.
-Incubus

David Neiterman

"The only place success comes before work is in the dictionary."

Mom, Dad and Daniel, thank you for supporting me through it all.
To my friends, good luck it's been fun.

WWBD

Sarah Neurath

Basically I believe in peace and bashing two bricks together.

--Mr. Gumby, Monty Pythons Flying Circus

Thank you so much to my friends, to my family, and to everyone who has been there along the way to make me smile.

Cheers, class of 08. Let's try and catch the wind.

Elizabeth Nichols

If the person you are talking to doesn't appear to be listening, be patient. It may simply be that he has a small piece of fluff in his ear.
-Winnie the Pooh

Roger Nix

Leaves are falling all around, It's time I was on my way.
Thanks to you, I'm much obliged for such a pleasant stay.
But now it's time for me to go.
The autumn moon lights my way.
Ramble On, And now's the time, the time is low, to sing my song.
-Led Zep

Thanks to everyone for all the memories

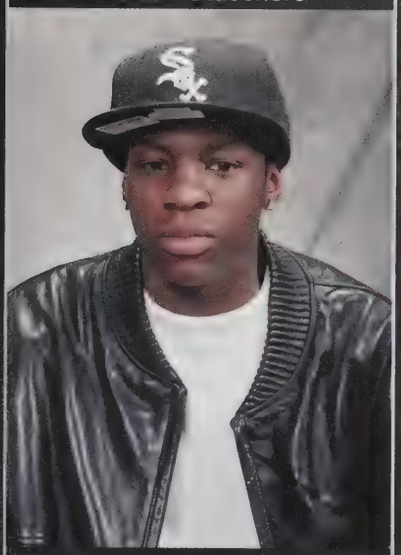
Madeleine O'Neill

A witty saying proves nothing.
-Voltaire

Thanks all, you've helped me more than you could possibly know.

Everybody knows
You only live a day
But its brilliant anyway
-Elliott Smith

Nelson Otuechere



Michael Pace

"Winning isn't everything, but wanting to win is"
Vince Lombardi

Mom, Dad, Marc, and Natalie thanks for all the good times. I love you
Guys.

Jon Kurt Liam Mohny James bros for life. MOHNYS.

LS Wrestling '08

Evan Pagano

Sit down, lose yourself in thought,
Then you might find out it's all we've got
Take a chance, the future's in your hands
Make it what you can before your time has reached the end.
-Third Eye Blind

M&D -
Thank you for encouraging me, challenging me,
and helping me grow.

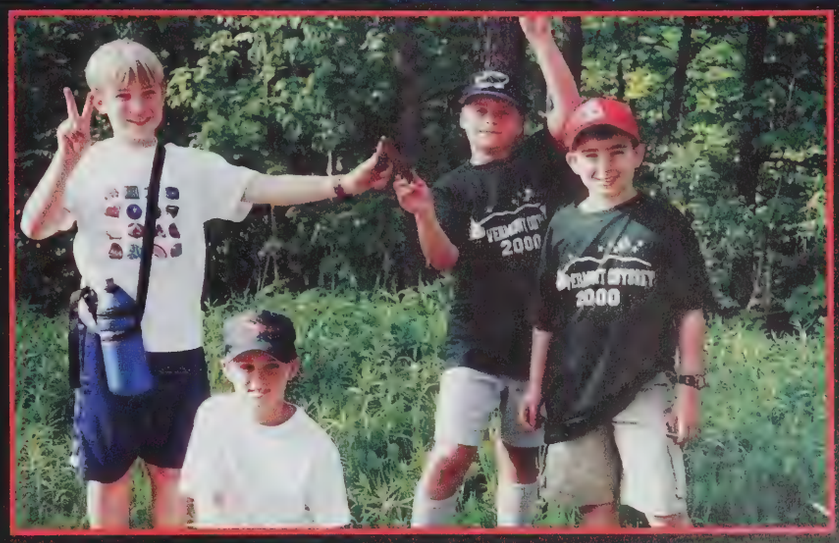
Jeffrey Palin

The world is more malleable than you think and it's waiting for you to hammer it into shape.
-Bono

You have two options in life, you can sit around and watch the cattle, or you can go and run in Saco, Japan
-Pat McMahon

Thanks to my whole family for endless love and support

And to my friends for making these years so great



Michelina Pallone

Thanks to all my friends for four great years!

Mary Panetta

"What is the feeling when you're driving away from people, and they recede on the plain till you see their specks dispersing? it's the too huge world vaulting us, and it's goodbye. But we lean forward to the next crazy venture beneath the skies."- Jack Kerouac, On the Road. ZB crazy times ahead!

Sarah Park

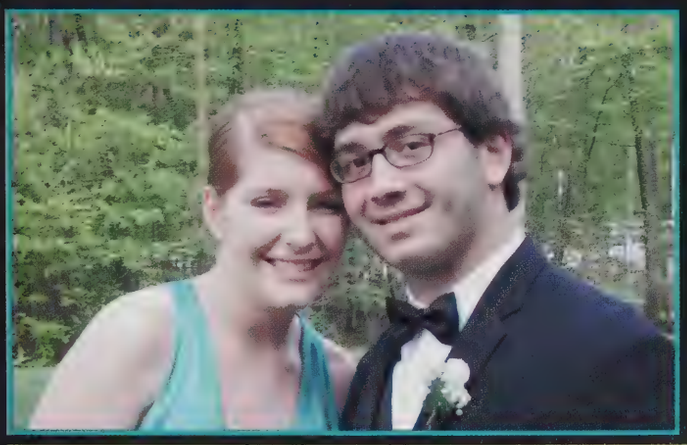
Thank you all for the amazing 2.5 years at LS!
TEACHERS! I can't thank you guys enough for what you bring to LS--and for compleettelly changing my perception on academics.
STUDENTS! Troggers and all others... you guys are one eclectic, insane, amazing group of people. Don't ever stop being weird. I wishprayhope the BEST for you guyss!~

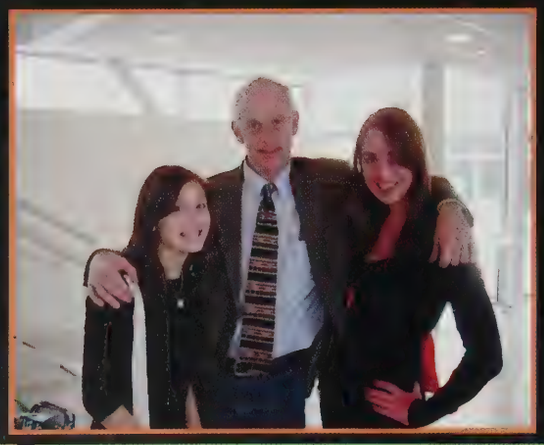
EEhhhh!! Guys we're done with highschool!!!! Godbless! luvluvluv.

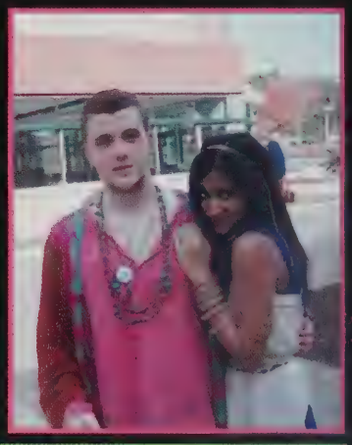
Andrew Parker

Living is easy with eyes closed
Misunderstanding all you see.
It's getting hard to be someone
But it all works out.

Thanks Maddog, Mom, Dad, and Everyone Else.







Andrew Parneros

"If life gives you lemons, make some kind of fruity juice."

"The real glory is being knocked to your knees and then coming back."
-Vince Lombardi

Thanks to my friends and family, I love you all.
Michelle, thanks for all the great times. I love you.

L-S Football DCL Champs #78
L-S Rugby

Larissa Parvinsmith

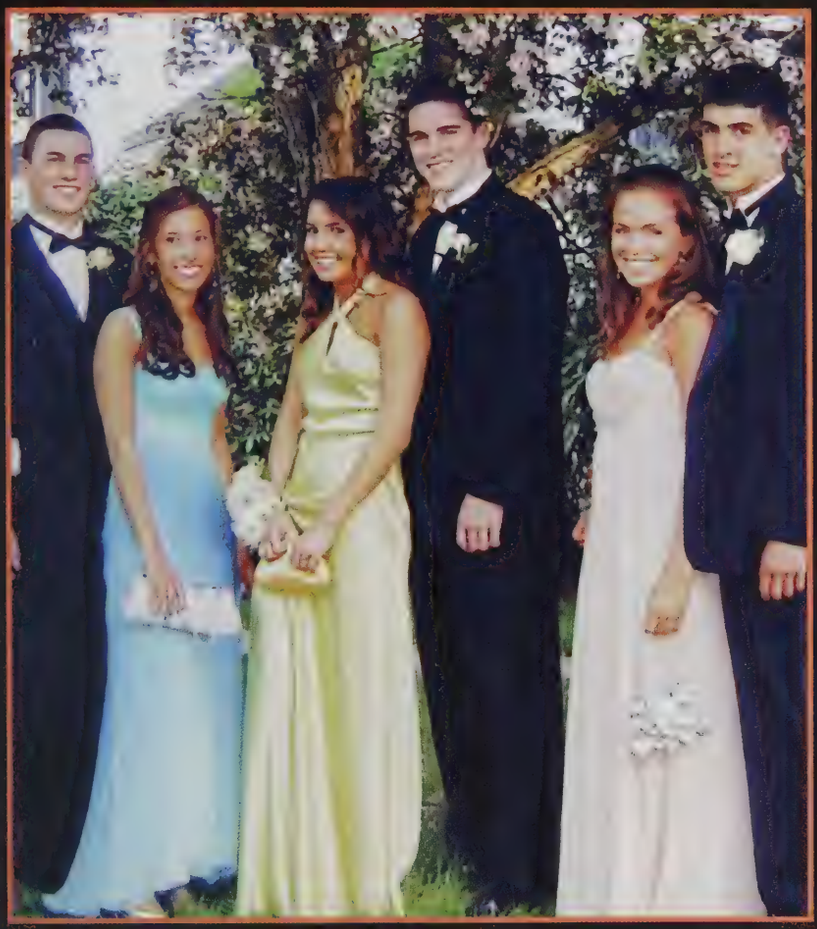
"The most wasted of all days is one without laughter."
--e.e. cummings

Tejas Pathak

There is nothing impossible to him who will try.
-Alexander the Great

Tristen Payne

High school is for learning, but more importantly it is for figuring out who you are. In the past four years I have learned who I am, and who I want to be. I have my parents to thank for that, for supporting me and pushing me to be all I can be. Thank you mom and dad, I love you. But I also have to thank Chelsea. You have been the most influential person in my life so far and I will never forget you for being there when I needed you. You have helped me become everything I am and everything I want to be. Thank you



Nicholas Pereira

"The truth is you don't know what is going to happen tomorrow. Life is a crazy ride and nothing is guaranteed."
-Eminem

Mom Dad Dan Jon-Thank you for everything.
My Boys-Unforgettable times every weekend, keep doin it big.

Good luck 08'

Peace

Gareth Perkins

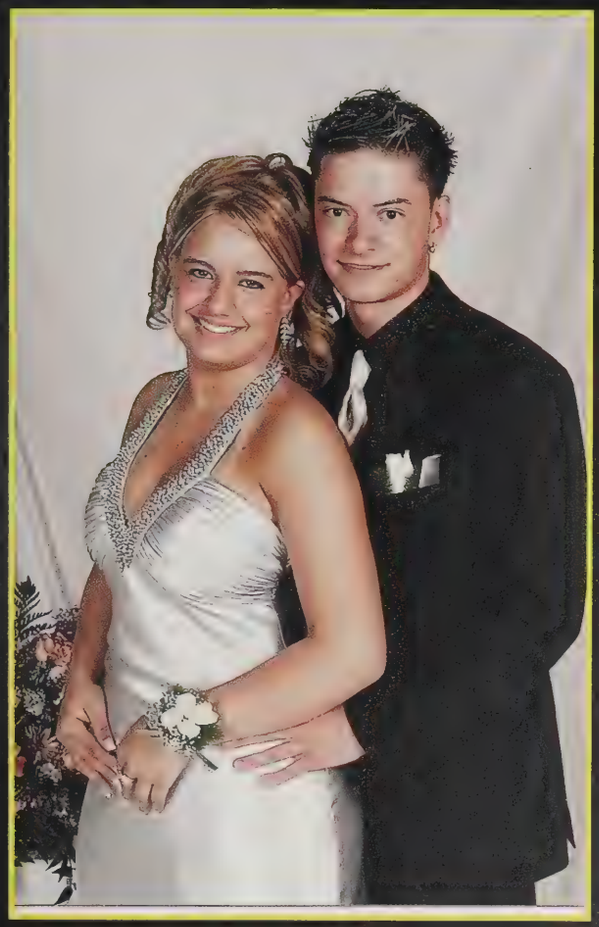
"Art is a Blast!"
-Deidara, Naruto Shippuuden

"When a country falls to chaos, patriotism is born."
-Tao Te Ching

Lukas Perkins

Susan Pickering

'Someday, look back and laugh.'
-Minor Threat



Tatiana Pimenta

"A essencia da vida e saber aceitar e compreender o que a vida nos proporciona, pois somos responsaveis pela colheita do que plantamos. Obrigada Senhor por mais uma conquista na minha vida!"

Brendon Piper

That was fun, can't wait to do it all over again

Matthew Pollock

Elizabeth Porter

Warren Porter

"There are two ways to live: you can live as if nothing is a miracle; or you can live as if everything is a miracle."
-Albert Einstein

Alexandra Post

Thank you to all of those who have guided me to where I am now. To my friends&family.

Could I push rewind the credits traverse signifying the end but I missed the best part could we please go back to start?
-Incubus

Shawn Prince

Marina Ramsay

I thank my family, friends, and a special someone
for always being there for me and giving me love and support.
Dance like nobody's watching.
Love like you've never been hurt.
Live like it's heaven on earth.
Enjoy your strawberries!
Shmeep.

Lucas Rathjens

"It's like a dream you try to remember but it's gone Then ya try to scream but it only comes out as a yawn"-BNL Thank you Mom & Dad. J, A, & K may the force be with you! NH, DL and the vball guys you've always been there for me and it's been a great run. HGA "Baby we were born to run"-Springsteen

Andrea Ravenelle

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
Jeremiah 29:10

Mom, Dad, Adam, you are my unfaltering support system I love you. My friends, you are the truest people I have ever met, you mean the world to me. Everyone who has made these years extraordinary, you will not be forgotten <3

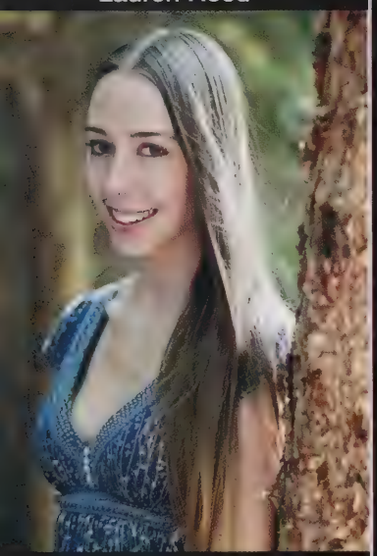
Michael Ravesi

'You must be the change you wish to see in the world.'
-Mahatma Gandhi

Lauren Rechel

"Life is the unrelenting sweetness of an orange, no matter how many times it squeezes our happiness, the future will always be there drawing us into its ardent flame burning with passion and new opportunities."

Lauren Reed



"No matter where you go, there you are."
-Dr. Seuss

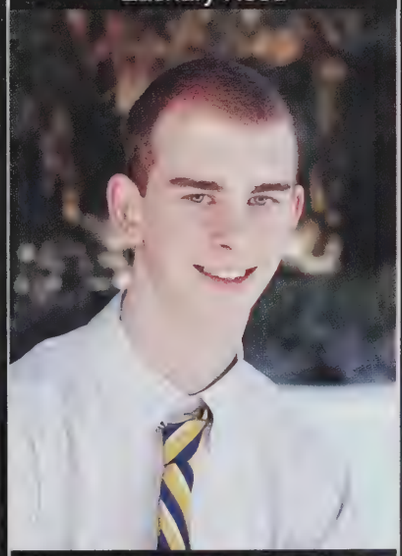
Olivia Reed

"Love the life you live,
Live the life you love."
-Bob Marley

Run Fast VB's

Y

Zachary Reed

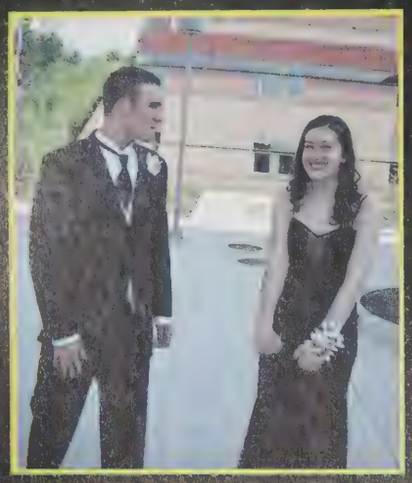


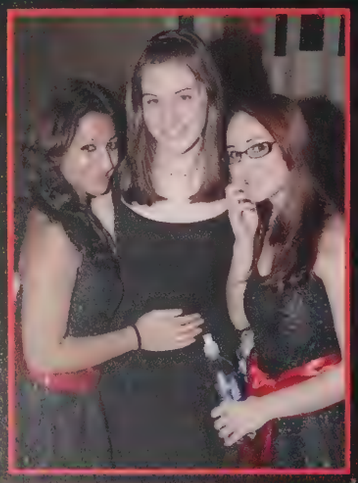
Remember not the sins of my youth, nor my transgressions: according to thy mercy remember thou me for thy goodness' sake.
Psalms 25:7

Sharie Regensburger

"Many people will walk and out of your life, but only true friends will leave footprints in your heart."
To all of my amazing friends, you have left so many footprints in my heart.

Mom, Dad and Debra - I love you. Thank you for all of your love and support.





Nyesha Reid

I'm outta here..it's been great thanks to those who helped me make it. you know who u r. shout out to my family and friends. The glass box crew you will be missed. SA,CA,KR and a Smiles. n the rest of yall.

Jennifer Reiner

Mom, Dad, and Erica- thanks for everything.
To my friends and teammates, thanks for all the laughs!

From there to here, from here to there, funny things are everywhere.
Dr Seuss

Good luck '08!

Jennifer Rhodes

"Love looks not with the eyes, but with the mind."
- William Shakespeare

Haley Riemer-Peltz

Who would ever think that so much went on in the soul of a young girl?
-Anne Frank

And the sun poured in like butterscotch and stuck to all my senses
Oh, won't you stay, we'll put on the day
And we'll talk in present tenses
-Joni Mitchell

to all pals and sages, thank you
i love you

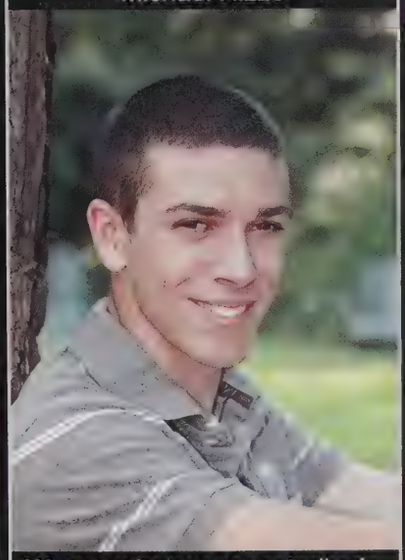
Benjamin Rifkin

Only when the last tree is cut; only when the last river is polluted; only when the last fish is caught; only then will they realize that you cannot eat money. -Cree Proverb

I'm not superstitious, but I am a little stitious. -The Office

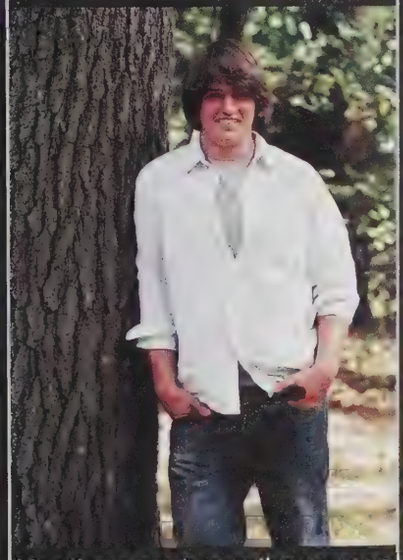
Play Ultimate!

Michael Rizzo



We are what we repeatedly do. Excellence, therefore, is not an act but a habit.
- Aristotle

Alexander Robershotte

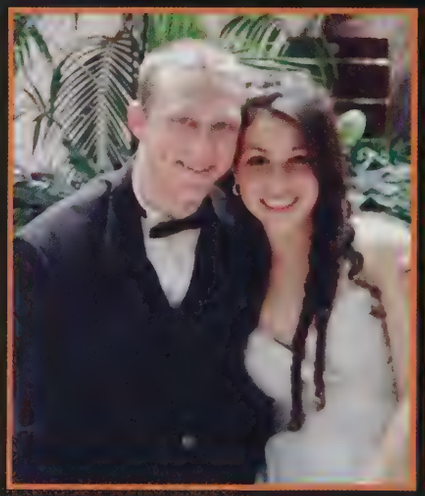


Yes there are two paths you can go by, but in the long run, there's still time to change the road your on."
Thanks to everyone, my teachers, family, friends, steph, I will never forget the help you gave me and all the good times we had.

Mark Robson

You can become an instrument of peace in any given moment of your life by deciding that you are not going to use your mind for anything other than peaceful thoughts.
Wayne Dyer

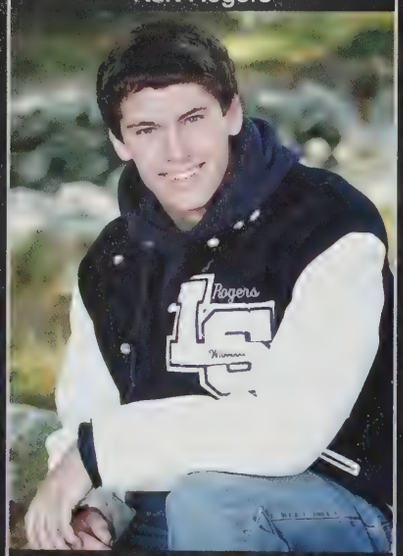
Thanks to everyone who has supported me during high school, especially - Mom, Dad, Jeremy, Aunt Mary and Uncle Vic. I love you guys.



David Rocklage

It doesn't matter how long you live, but how you live, and what you leave behind
LS Football 14 AB 13
We ride together we die together
bad boys for life
Black Magic
Keegan...Hold it down brother,Good luck

Kurt Rogers



There has to be more to life than being really, really, ridiculously good looking
-DZ
Mom Dad Tom Thank you for everything I love you. Audrey you're the best love you sis
Pace Mohny Liam Jon James bros for life. MOHNYS

I Love You Stephanie

LS Blackshirts '07

Adam Roose

Mom & Dad, thanks for the support. My bros, Dan & Nick, you two taught me so much about everything. Thanks to all of my friends for the amazing memories and good times.

We few, we happy few, we band of brothers
For he today that sheds his blood with me
Shall be my brother

LS Football '07
LS Rugby '08

Nicol Rosen

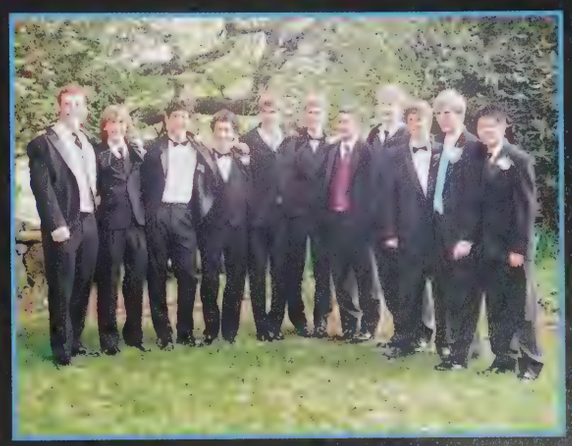
"Significant problems cannot be solved on the same level of consciousness that created them." Einstein;

To Steven, Alex, Tina, Marjorie, Chris K: I love you all, thank you.

"What doesn't kill you can only make you stronger."

That's what she said...

"Scene, not seen." -Tech



Jason Roth

"I don't want to be a product of my environment, I want my environment to be a product of me"
"No one gives it to you, you have to take it"
-Jack Nicholson
"The Departed"

W LS 14 - AB 13 (OT)
WRTWDT
LS BASEBALL 2007 STATE CHAMPS

Thanks Mom, Dad, Connor, and Brendon for putting up with me all these years.

David Roussel

You know we've got a good thing goin and I don't wanna see it end-RBF

Thank you all my friends and everyone else who has made me who I am. Most of all thanks Mom and Dad, you've helped more then you could have ever imagined.

David Rowe

Katherine Rudolf

"Dnt wait 4 someone to tell u its too late cuz these r the best days theres always something tmrw so I say lets make the best of tonight, here comes the rest of our lives." - g.c.

dana + megan - love you guys forever!

<3 my girls...SC, TB, AD, KC (A:F6), EW, KS + mom dad john lee dave - love u all so much!

Good luck '08!!

Carolyn Ruffolo

Memory is a way of holding on to the things you love, the things you are, and the things you never want to lose. - Kevin Arnold

Mom & Dad- Thanks for always being there, I owe it all to you. David & Kathryn- God made us siblings, but we chose to be best friends.

My Pod- This would have been unbearable without you two. Always and Forever. LSRHSVFH2K7

Jonathan Rushfirth

I ain't gonna work on Maggie's farm no more.
No, I ain't gonna work on Maggie's farm no more.
Well, I try my best
To be just like I am,
But everyone wants you
To be just like them.
They sing while you slave and I just got bored.
I ain't gonna work on Maggie's farm no more.

Lindsey Ryan

Life's battles don't always go to the strongest or fastest man, but sooner or later the man who wins is the fellow who thinks he can.

-Pre
LS Track triple crown
put that in your pipe and smoke it-

Mom, Dad(3), Patrick <3

'08

Patrick Ryan

If you can't laugh at yourself, then who can you laugh at? Woods

Life is what happens while you are busy making other plans. Lennon

L.S. Golf State Champs

Thanks Mom, Dad and Lindsey

Jake Ryder

"You will not come back to the same old thing.What you return to has changed because you have changed. Your perceptions will be altered.You will not incorporate into the same body,status,or world you left behind.The river has been flowing while you were gone.Now it does not look like the same river."

Amanda Saidnawey

I have it in me so much nearer home to scare myself with my own desert places.

Mom & Dad- Thank you for the love and support. Laynie, Greg & Dana- I'll always be here, good luck kids. Mike- You're the best friend I could ask for. Mary and Samm- Forever the most amazing influences in my life, I love you so much.

And I LOOO dowdinds!
Congrats '08

Sarah Salvia

Count your age by friends, not years count your life by smiles not tears.
Mom, Dad, Paige-io & Petie-Boy I love you! Thanks for always being there for me. I owe it all to u. To my friends you've made this journey worthwhile ~ Luvz It!
Good Luck 08!
Take the cannoli

Ryan Sanford

Love you Mom and Dad thanks for your guidance and support; Chris and Meg great memories.
"In life, as in football, the principle to follow is: Hit the line hard."
-Theodore Roosevelt
Black Shirts '08 LS14-13
To my friends, much love and I'm always here for you boys.
WWBD?
L-S bball #10-Dont hold back

Katherine Scarlata

After the game, the king and the pawn go into the same box.
- Italian Proverb

Mom, Dad & Tommy Thank you for everything, I love you
"You can't choose your family; they are Gods gift to you."

Everyone else who has helped me along the way, thank you.

Jason Schaub

Where you end up isn't the most important thing. It's the road you take to get there. The road you take is what you'll look back on and call your life.
- Tim Wiley

As I pass by my teacher, and go by my chums, look out college, here I comes.
- DK

Claudia Scholz

Well troubles, they may come and go
But good times, they're the gold
And if the road gets rocky
Just steady as we go -DMB

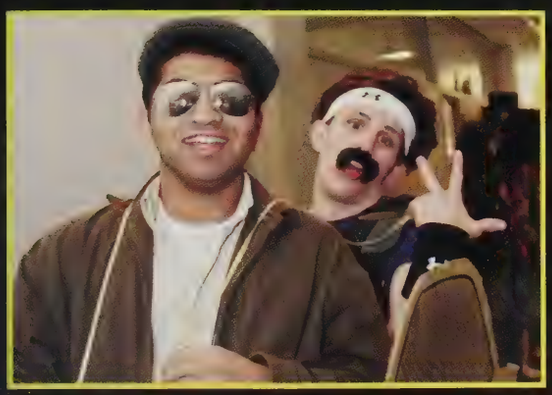
Thanks Mom, Dad and Dana for everything.
You mean the world to me.

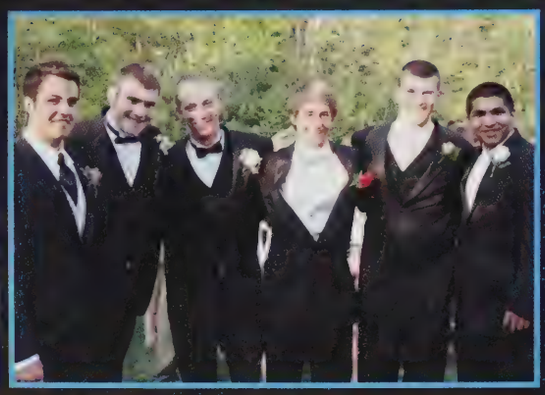
To all my friends, thanks for the amazing memories.

S

Scott Schulte

It's never too late to procrastinate.





Alexis Schwarzman

Summer 2005 was the BEST! 2 the central staff, Auntie Jeannie, Uncle Chris + Memere THXS 4 Everything I LUV YOU so much. LK, KK, JE, KC, + JA THXS 4 the GD times Luv U. I LUV U Mom. THXS 2 Every1 thats helped me thru these yrs! Lifes what you make it Thnx4thememories. GDLK class of 2008, GoodBye LS!

Phoebe Sexton

There isn't much better in this life than finding a way to spend a few hours in conversation with people you respect and love. You have to carve this time out of your life because you aren't really living without it.

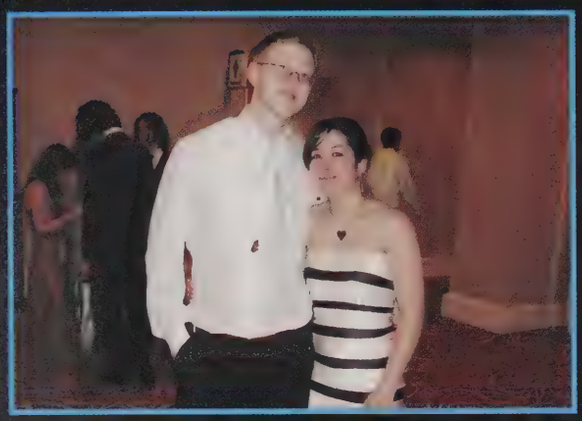
Erin Sharkey

Put your name on the line along w/place&time
Wanna stay,not2go,I wanna ditch the logical
Heres a toast2all those who hear me all2well
Heres2the nights we felt alive
Heres2the tears you knew youd cry
Heres2goodbye,2morrows gonna come2soon
<3MomDadLaurenMegSeanSamBrianTiggsShellyAngNicole&OthersThankU

Anmol Sharma

"A man's real possession is his memory. In nothing else is he rich. In nothing else is he poor."
Thanks to all my friends whom I've shared great memories with while at LS
Mom, Dad, Rohan, thanks for the love and support over the years
GoodLuck08, its been a short and sweet 4 years

LSTF,Throwers08



Jacob Shoemaker

"The greater the risk, the greater the reward"

Mom, I love you. You are my hero.
Jarrod, Jenna, Martha, thanks for leading the way. Never lose sight of your dreams, don't forget what got you to where you are; I love you.

"Dreams are wishes your heart makes"

Jared Shulman

Never open your mouth unless you are absolutely sure that nothing stupid is gonna come out.
Calvin and Hobbes

We all end in the ocean
We all start in the streams
We're all carried along
By the river of dreams
In the middle of the night
Billy Joel

Thanks to my family and my friends. Good work. Good Luck.

Rebecca Shusman

This is the first day of my life
Swear I was born right in the doorway
I went out in the rain, suddenly everything changed
They're spreading blankets on the beach

Thanks Mom, Dad, Jesse and Central Staff for
always believing in me
BAH - times to remember,
I'll remember them forever
<3
MY,SJ,CC,TQ,BMH,HL,MK,BD,
JG <3
08'

Alexandra Siega

Wisdom is a tree of life to those who embrace her; happy are those who hold her tightly.
-Proverbs 3:18
To Mom & Dad, who have put up with me through life and now have to let me go unwillingly: I love you. Really.
Thanks to all who've been with me for the randomly amazing and insane times.
Good luck!

Jacob Sillman

High school is a continuous process of learning. You make a mistake and you learn from it. These four years are the most invaluable four years of your life because every time you mess up it's not a problem, it's a learning opporutnity. I'd like to thank my parents and teachers for giving me these invaluable years of experience to learn and grow from.

Julia Singer Katz

The secret to life is enjoying the passage of time.

always

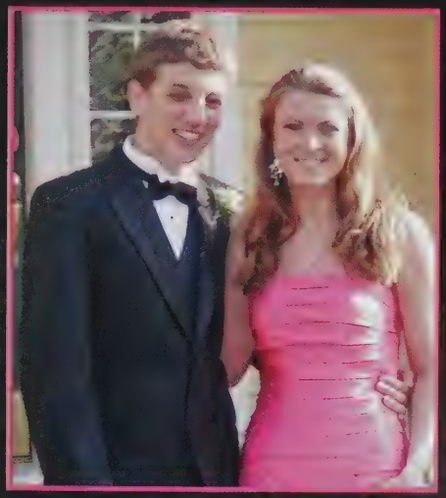
Brielle Siskin

It's not what you look at that matters, it's what you see
Thoreau

Mom, Dad, Adam-Thanks for always being there-I love you more than words can say.
My friends-always remember the fun times.
Dana: kindergarden through high school-my loser forever.
My pod: For all the times we laughed together-love you guys
LSFH

Justin Skloff

After four great years at LS, the one thing that we never learned was how to say goodbye. Thank you to mom,dad & Brett. Thanks to the LS ski team for all the good times. Thanks to my friends for the memories. Let the good times roll. (The Cars)



Andrew Sledge

If you would not be forgotten, as soon as you are dead and rotten, either write things worth reading, or do things worth the writing.

Benjamin Franklin 1706-1790

Alexandra Sliwkowski

And if you never stop when you wave goodbye, you just might find, if you give it time, you will wave hello again.

Accept no one's definition of your life; define yourself.

Jessica Smith

I just wanted to say thanks to everyone who's e helped me get through these last couple years. LB, KS, ES, AB, MB, AK, and SR; you guys have been great and you have made the last years of high school the best. Lastly, thanks to all my teachers, LS wouldn't have been the same w/out you.

Simone Smith

Teachers open the door, but you enter by yourself.

Thankx 2 my family for the love & support
Mommy - I love and miss you 4eva

U are always n my heart
I want to say thanks to: Tracie Lopez, Sue Leichtman, Joanne Poulicci, John Flynn and Tanisha Tate.

Shout outs to: VJ, VH, SF, EB, JA, SM, MC, TS, TK, CF and my cuz TA

Erica Smith

Mom&Dad-Thanks for all your love and support- I don't know what I would do without you!

Stef&Stac-You have taught me so much and have always been my best friends

To all my friends-Thanks for all the memories

The future belongs to those who believe in the beauty of their dreams.

-Eleanor Roosevelt

Nicole Solman

Take time everyday to daydream.
"Kids, you tried your best and you failed miserably. The lesson is, never try!"
-Homer Simpson

Thanks 2 my family, teachers, and friends who supported me in the last 4 years and pushed me out into the world.

Jessica Sommerville

There are things about ourselves that we need to get rid of; there are things we need to change. But at the same time, we do not need to be too desperate, too ruthless, too combative. The first thing we need to do is recognize and trust our own inner nature, and not lose sight of it.
-The Tao of Pooh

Jonathan Starr

Don't lose any sleep tonight, I'm sure everything will end up alright; to be yourself is all that you can do.

Love you Mom, Dad, Jason, James, and Julia

Daniel Steinbrook

"Sometimes you eat the bar... and sometimes the bar, well, he eats you."

-The Big Lebowski

Erika Sternburg

"Hey, hey, something's different in my world today
well they changed my traffic sign to a brighter yellow, I'm just a curbside prophet..waiting for my rocket to come.."
-Jason Mraz

Mom, Dad, & Ali I love you, thanks for always being there. And to my friends, thanks for being so amazing.

Alexander Stoner

Hate the sin, love the sinner.
-Gandhi

James Storer

Dude, we should do that again sometime.

Alexander Streisand

Thanks for everyone who helped support me through my four years at LS.

Oh YEA!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Samuel Streisand

"Two roads diverged in a yellow wood, and I took the one less traveled by, and that has made all the difference."
-Robert Frost

Aliza Strock

We're fools whether we dance or not, so we might as well dance.
Japanese Proverb

To Mom, Dad, Adam, and Jacob, I couldnt have done it without you<3
To my girls, we know theres no one like us<3
To Ben, thank you for being my rock<3

Congratulations '08, we did it!

Ashley Stubbs

"The time has come," the Walrus said,
"To talk of many things:
Of shoesand shipsand sealing-wax
Of cabbagesand kings
And why the sea is boiling hot
And whether pigs have wings."

-Lewis Carroll

Faut-il partir? Rester?
Si tu peux rester, reste;
Pars sil le faut.

-Charles Baudelaire

Alexander Stubbs

The most erroneous stories are those we think we know best - and therefore never scrutinize or question.
Stephen Jay Gould

Marian Swain

"Do not be too moral. You may cheat yourself out of much life. Aim above morality. Be not simply good; be good for something."

- Henry D. Thoreau

Theodore Sweetser

"If peace is a dream, let us all be dreamers."

Vanessa Thai

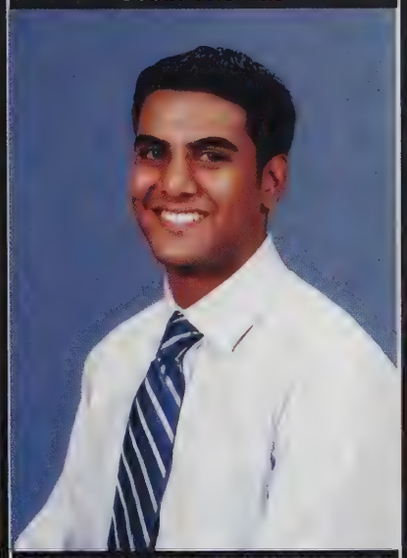
"Opportunity does not knock, it presents itself when you beat down the door."
-Kyle Chandler

I want to thank Mama, Baba, Edwin, Cecilia, Jessica, and everyone who has helped me along the way. Thanks for everything.

Brittney Thames Miller

"Nobody trips over mountains. It is the small pebble that causes you to stumble. Pass all the pebbles in your path and you will find you have crossed the mountain."
To all my friends inside and outside of METCO: "We did it!" I wish you all the best and hope that you get all you hope for in the future.
MW - my best friend, I love you! Mommy & my friends who were like family to me - I couldn't have done it with out you. Finally, Nana - your spirit is what keeps me going.

Jobin Thomas



Where you end up isn't the most important thing. It's the road you take to get there. The road you take is what you'll look back on and call your life.

Thanks to my family and all my friends for a great four years.
L-S 2008

Gillian Thompson

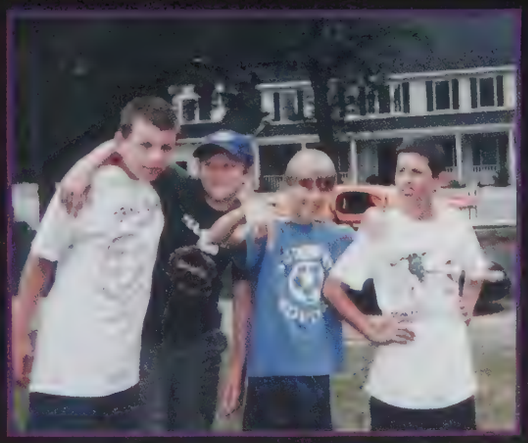
"Who let the dogs out? Who? Who? Who? Who?
....Who...? let the dogs out...?"
-The Baha Men.
We may never know.

Jennifer Thompson

Mickey: I think I know my own name.
The Doctor: You think you know your own name? How stupid are you?

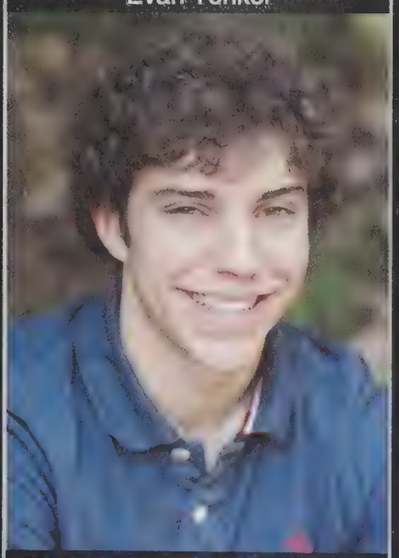
Thank you family and friends.

I suppose the best way to find out where you come from is to find out where you're going, and then work backwards.
~The Fourth Doctor



Courtland Thompson

Evan Tonkel



"If we were meant to talk more than listen, we would have two mouths and one ear".

Thanks Dirt, Stavi, Skippaah, and everyone who helped me along the way.

Sun and back

Nina Travers

Mom-its always been just me and you, and I couldn't ask for more. thank you so much

Girls- you've made these years amazing thanks for the laughs -then now and forever-

"Wherever you may be, it is your friends who make your world.." good luck 2008

Lindsey Triba

"Stood on the corner for a while to wait for the wind to blow down on me hoping it takes with it my old ways And brings some brand new luck upon me".
- John Mayer

Thanks to my family for never giving up on me, and my friends for making me laugh and standing by me through everything.
You made it worthwhile.

Alexandra Truebenbach

"Why not seize the pleasure at once? How often is happiness destroyed by preparation, foolish preparation".
-Jane Austen

Thanks to all my friends and family for an awesome four years. I love you all!

Lawrence Tse

"The mind is its own place, and in itself, can make heaven of Hell, and a hell of Heaven".
-John Milton

John Tylko III

"You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something your gut, destiny, life, karma, whatever".
-SJ

I'm really gonna miss this.

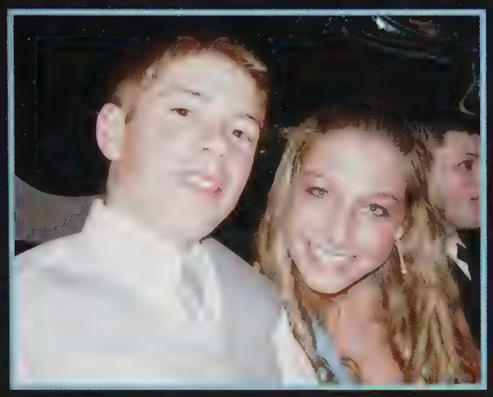
James Tyrrell

"I can accept failure, but I can't accept not trying."
- Michael Jordan

Pay no mind to taunts or aduances. I'll take my chances on everyday
- DMB

Good luck '08

Wingmen



Oren Ungerleider

Tavi Ungerleider

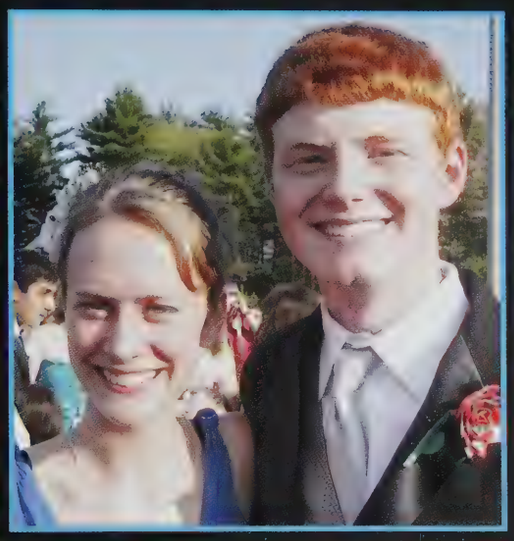
Caroline Van Wart

Dad,Mom,J-thanks for your love&support
my girls you will always have me by your side& a smile to share
boys-there was never a day I didn't laugh with you
"all that I know is that there's nothing here to run from cause yeah everybody here got somebody to lean on"
-Coldplay
Its been fun '08, Good Luck

Francis Vanaria

I think now, looking back,we did not fight the enemy.We fought ourselves, and the enemy, was in us.
-Platoon

Thanks Mom, Dad, and Vic



Andrew Vargo

"Perseverance is a constant course of action, purpose, or state, steadfast pursiot of an aim. Your Ascension work must equal the Power moving through you, and you must back it with persistence, perseverance and a continuous soul-need to move higher, reach highr, understandmore, comprehend more."

JM, RN, AS Thanks for being there guys.
Thanks Mom, Dad and Robert for being there.

Anjelica Vasquez

went to bed last night like a confused freshman then closed my eyes like an eager sophmore, and dreamt like a curious junior and woke up as an independent senior ready to move on and start opening my mind up to more dreams. thank you to my parents, and my brother and my entire family. I'm so happy you're able to see me graduate mom.
"I have lost friends, some by death, others through sheer inability to cross the street."
Thanks Guys!
JMurph!

Zachary Vennard

"A successful man wakes up in the morning and goes to bed at night, and in between, does exactly what he wants to do."
-Bob Dylan

To my Family - Keep laughing. Enjoy the brownies and the sticky pies. Thank you for everything.

To my Friends - Thanks for all the good times! Good luck!

Yuliy Vigdorchik

"We can only see a short distance ahead, but we can see plenty there that needs to be done."
- Alan Turing, Computing Machinery and Intelligence

Gregory Voyta

"The grand essentials of happiness are: something to do, something to love, and something to hope for."
-Allan Chalmers

Thanks Mom, Dad and Carolyn for all your love and support.

Hanna Wagner

"Most of the shadows of this life are caused by our standing in our own sunshine."
Emerson
M,D,A,J I couldn't have done it without your love and support
Pod thanks for always giving me something to laugh about
"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us."
Helen Keller

Jeffrey Walch

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome.
-Booker T. Washington

Mom, Dad, Kim, Jessie, thanks for your love and support.

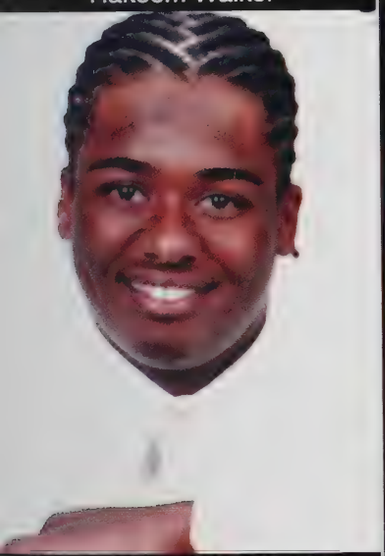
Thanks to all my friends, it's been fun.

Good Luck '08

Amy Wald

Do you believe in something beautiful? Then get up and be it.

Hakeem Walker



"Living Oppose to Existing"

Sarah Walls

The best things happen when you are having fun.
Thanks Mom, Dad, Barbara Grant and all the teachers that helped out through the years.
Love you all

Kathleen Walsh

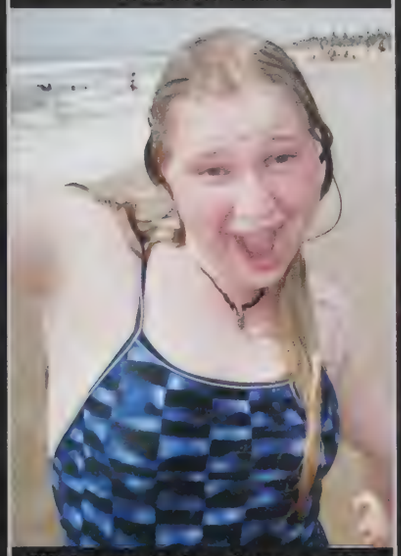
"Hello, babies. Welcome to Earth. It's hot in the summer and cold in the winter. It's round and wet and crowded. At the outside, you've got about a hundred years here. There's only one rule that I know of, God damn it, you've got to be kind."

-Kurt Vonnegut

Bryant Wang

"Only those who do nothing make no mistakes"

Shannon Ward



"Take me to the places on the Earth that teach you how to dance, the places where you can risk letting the world break your heart. And I will take you to the places where the earth beneath my feet and the stars overhead make my heart whole again and again"
-Oriah Mountain Dreamer

Lara Warrenbrand

"If you want something in life; reach out and grab it".
-Anonymous

Teachers + Friends- Thank you for your support. For the memories, laughs, and cries. Couldn't have made it without you.

To my family- Thanks for always believing in me and being there to shape the person I have become.
Class of '08- Good luck! "If you can dream it; you can do it!"
-Walt Disney

Amanda Watson

We are the music makers, and we are the dreamers of dreams.
-Arthur O'Shaughnessy

Thanks to my friends for your laughter and my teachers for your inspiration.

Jonathan Wauhkonen

"In an interstellar burst
I am back to save the universe"

Kara Weidman

"You're an18-stringed guitar
heart sparkin '
off roots dancing out of the rivers edge..."

To the five who make me laugh
And the one who set me free.
& my girls: Kat, Cristy, Wy, Em.
Nick you'll always be my number one guy
Matty you're my best friend always and forever
Mom you're my hero and everything I aspire to be
Richard I'll see you at the top of my aisle, I love you for being the source of strength in my life

Samantha Weinstein

"Go confidently in the direction of your dreams. Live the life you have imagined".
-Thoreau
True friends are hard to find. Im glad I have mine. I love you all Mom, Dad, Matt, Mama, Papa-Thanks for the love and support through the years. I love you Grandma-I love and miss you
Best wishes & good luck '08

Stephen Weiss

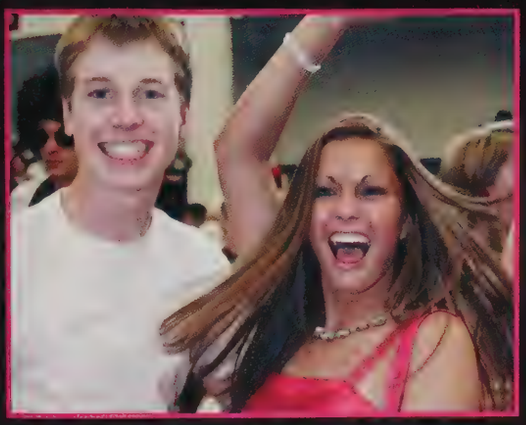
"Try not to become a man of success, but rather try to become a man of value."
-Albert Einstein
"I come to play everyday."
-David Ortiz
Thanks for everything Mom, Dad, and everyone else who has been there for me.

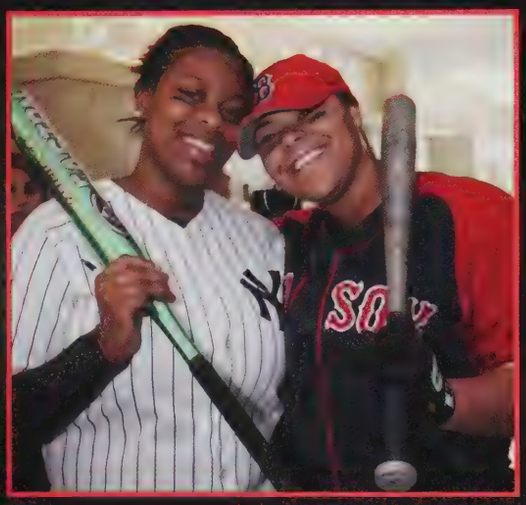
Emma Westbrook

To my wonderful parents without whom none of this could have been possible. Thank you for your continuous love and support.

Sarah-you're my best friend and truly my inspiration. I love you so much!

Thank you to the numerous other people in my life that have been there for me and kept me motivated.





Sarah Wetmore

Thanks Mom and Dad
for all your love and support

LS Basketball
State Champs
Love you Girls

Good Luck '08

Denzel White

Be the best at being yourself
And
make that money

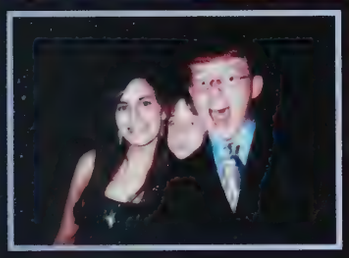
Peace

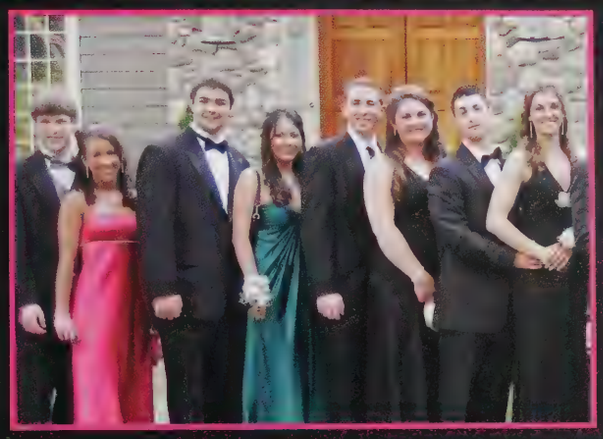
Kemisha White

Everything thats over my head is still under my feet. Nothing & no one can stop me from reaching my goals. I'm only able to speak this due to the love & support of those that helped me become the person I am today. I love you Lord, & Mom, Dad, & Nelly. Just gotta make it: 08!!Clev-TS-B.Rich-HTC!!!!

Evan White

I skate where the puck is going to be, not where it has been.-
Wayne Gretsky
Thanks Mom Dad and Kelley for everything I couldn't have done it without you. L-S Hockey and Lax thanks for the incredible times.
Rock on '08





Michelle Whitehouse

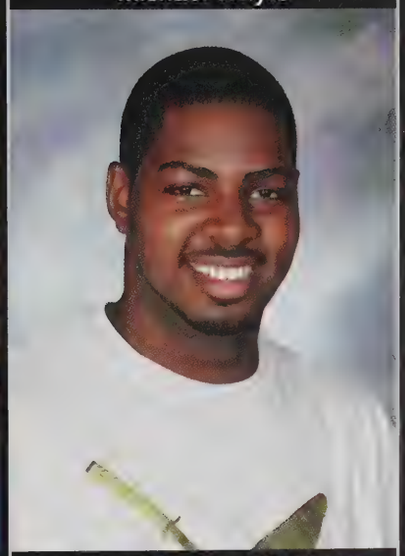
What lies behind us and what lies before us are tiny matters compared to what lies within us
Mom,Dad,Cait & Chris thanks for everything-Love you
Life is partly what we make of it and partly made by the friends we choose-Friends-forever and a day
Good Luck '08

Evan Whitney

"Age is foolish and forgetful when it underestimates youth."

Spoken by; Albus Dumbledore

Michael Whyte

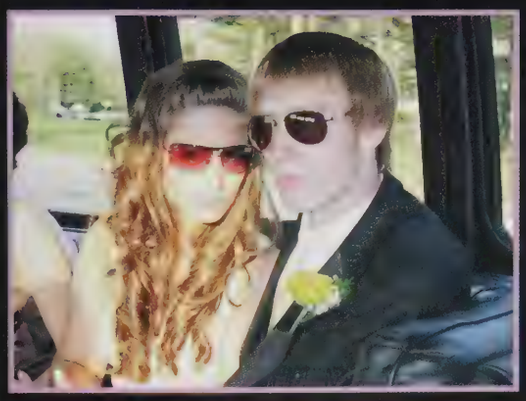


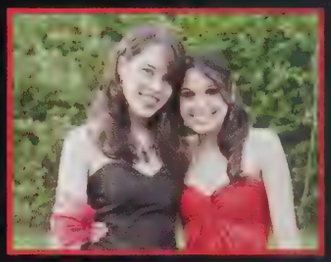
Hey look Im in a HD photo hahahaha
well everyone it's been a real slice and we did it Trixie! Hey Lois! (peter griffin laugh)
Keep moving forward
To Ms. Notaro, thank you so much for everything.
Shout out to B-Wangs mom, Tims mom and the 08 crew.
Big thanks to my family especially ma MOMMA!

Marissa Wiegel

No Matter How Careful You Are, There's Going To Be The Sense You Missed Something. There's That Fallen Heart Feeling That You Rushed Right Through The Moments Where You Should've Been Paying Attention. Well, Get Used To That Feeling. That's How Your Whole Life Will Feel Some Day. This Is All Practice. None Of This Matters. We're Just Warmng Up.

Palahniuk





Mark Wilson

Thanks to my friends, Charlie, and my parents.

"What I'd really like to do is something extrodinary. Something big. Something mega. Something copious. Something cajunga! But I'll probably end up working at Geat America, mopping up hurl and lung butter" -Wayne Cambell

Marlie Wilson

Dont bury your thoughts;
Put your vision to reality.
Wake up and live!
-Bob Marley

Patrick Wilver

Thanks to my Mom, Dad, brothers, and close friends for being there and supporting me through these last four years. You've really made a difference in this whole experience.

We are both favored and deeply flawed,
but I think I'm fine the way I am
- Say Anything

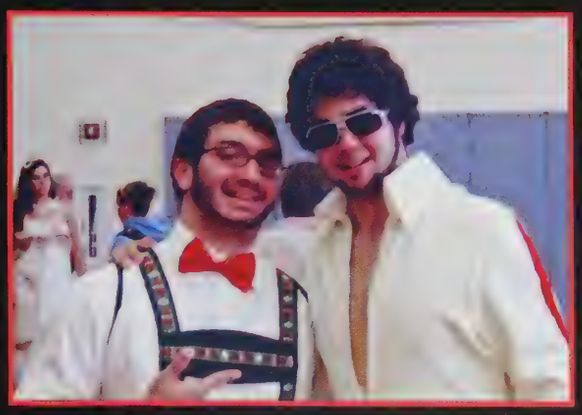
- Seniors '08 -

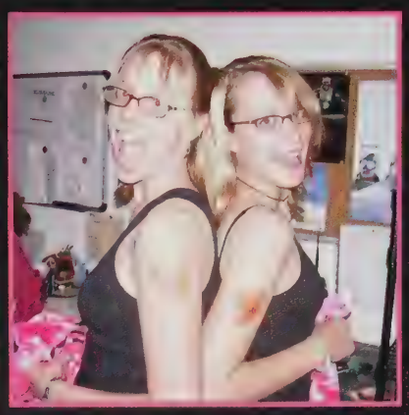
Tyler Wimberly

Take care of all your memories.
For you cannot relive them.
-Bob Dylan

Thank you to my mom and dad.

Thanks to my brothers





Melissa Winchell

The odds are few, and the few are odd. Mom, Dad, Kristin, Meggie, and everyone else who has helped me out, thank you. I love you all! Good luck grads of '08!

Michael Wright

I just wanna say thanks to my entire family,
And everyone else who has helped along the way.

Isaac Fisher - A man who truly gives more than
He could possibly take, and gets a lot out of it.
SKNAHT
I'm livin in the moment with the friends I love
-Mason Jennings

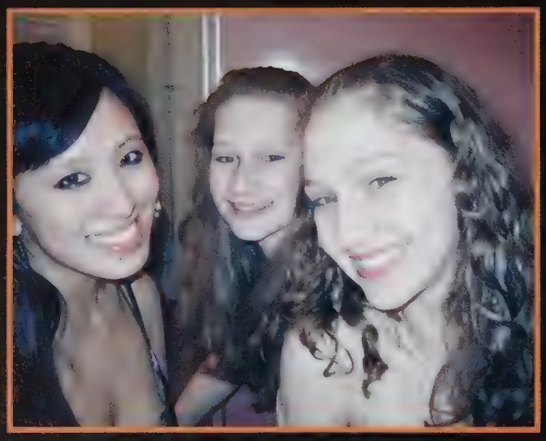
Thomas Wurm

Hey, I'm on first and first. How can the same street intersect with itself? I must be at the nexus of the universe.
-Seinfeld

Anyone can get lost, but only the strongwilled can find their way home. Thanks to my friends and family who have supported me when I was lost.

Diana Yelton

Pooh began to feel a little more comfortable, because when you are a Bear of Very Little Brain, and you Think of Things, you find sometimes that a Thing which seemed very Thingish inside you is quite different when it gets out into the open and has other people looking at it.
-A. A. Milne



Livien Yin

"In wildness is the preservation of the world."
- Henry D. Thoreau

Stephanie Zeytoonian

Enjoy the little things, for one day you may look back and realize they were the big things.
Mom&Dad I'd be nowhere without your love&support, Dre thx for being such a great sister.
I love you.
Girls thx for the memories&laughs.
SF forever friends xo
Kurt I love you.
lsxc+track love your VBs

Hannah Ziobrowski

You create your own reality.

Thanks to everyone who has helped me along the way and held me together.
Good luck '08!

LSXC love you girls.
go.for.the.gold.

"It's not whether you get knocked down, it's whether you get back up."
-Vince Lombardi

Good Luck Class of 2008

"It was awesome"
-Roger Nix

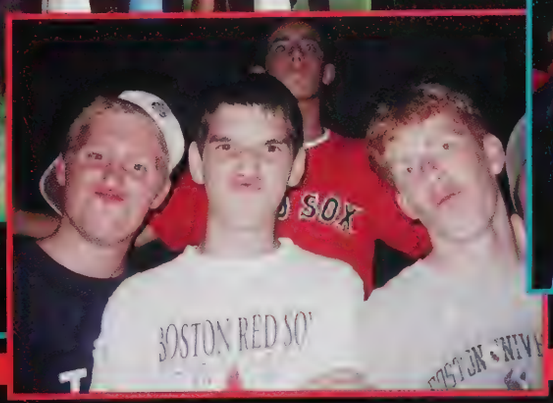
"Lincoln-Sudbury is out of control"
-Jason Roth

"Senior year has been much better than the rest. It's been more fun, we've stopped being too serious and we have relaxed."
-Tucker Krone

"It has been a great year. I like having the senior spot; a place for all the class to unite. I like the extra frees and the privileges we have."
-Jon Starr

"I reconnected with friends I had in elementary school because everyone hangs out at senior spot... Dr. Ritchie is awesome!"
-Laura Holzwasser

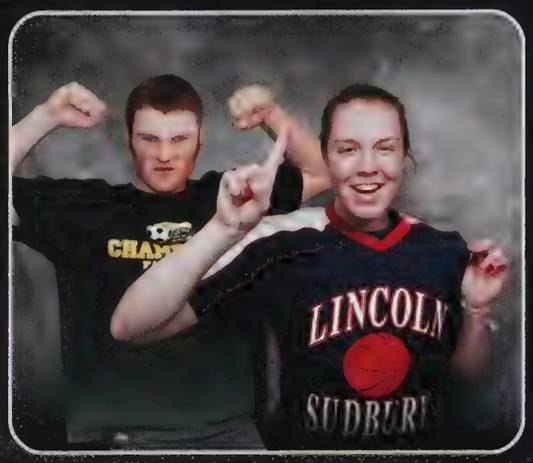
"It's been the busiest year but also the year I had the most fun."
-Ed Lee



"It went by too fast. I'm looking forward to college though." -Steven Giogetti

Senior

Best Sense of Humor
Jake Ryder and Gillian Thompson



Biggest Superfan
Jonny Rushfirth and Sarah Wetmore

BMOC/BWOC
David Rocklage and Caroline Van Wart

Environmentally Friendly
Alexander Stubbs and Marlie Wilson

Most Athletic
Jake Shoemaker and Kelly Cakert

Most Theatrical
Luke Perkins and Phoebe Sexton

Attached At The Hip
Hannah Atkins and Kathrine Briedis

Attached At The Hip
Ben DaSilva, Tim Mollen, and Patrick Wilver

Most Likely To Succeed
Faraz Butte and Allison Linke

Superlatives

Most Musical
Paul Antion and Julie Bergstein

Best Smile
Danny Letizi and Katherine Carder

Loudest
Zac Vennard and Clare Costello

Best Personality
Sam Lederman and Molly Cusano

Teacher's Pet
Jason Mariasis and Gracie Miller

Class Clown
Matt Levine and Kara Weidman

Biggest Flirt
Ryan Lesko and Amanda Saidnaway

Best Dressed
Larry Tse and Livien Yin

Most Artistic
Frankie Vanaria and Emily Kawachi

Photos By, Nate Shron and Staff

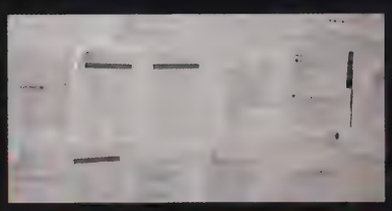
Junior

A dear friend once told me that, "You don't remember your life in days, weeks, or months; you remember them in moments". I am positive that junior year has been full of moments for each of us:

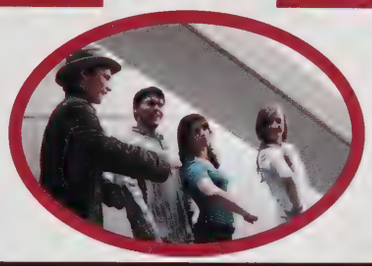
Junior year is the year that we all find ourselves under pressure and stress that we didn't know existed. We spent the year cramming and working to get the important junior grades of which colleges seem so fond. We spend our free time immersed in clubs, community service, athletics, and after school activities. We began the process of planning our futures: college. And, in what little free time we have left, we studied for the SAT's.

Just think, that this time next year we will be leaving this high school and beginning our future; so let's live up the rest of junior year and fill it with unforgettable moments!

-Junior Staff



Class of 'Oh Nine



Kevin Abend
Jesse Adams-Lukowsky
Jessica Allen
Lea Allen
Samantha Allen
Joseph Anderson

Matthew Antonellis
Michael Antonellis
Andrew Arayas
Keegan Ashley
Amanda Baillargeon
Travis Ball

Anna Balser
David Banerjea
Rebecca Banta
Taryn Beatty
David Benhaim II
Jamie Bennett

Alexander Benoit
Alexandra Berg
Aditya Bhandaru
Alice Blackwood
Alex Blake
Shameka Blake-Jackson

Connor Bodell
Samantha Boland
Bryce Boothby III
Meredith Borden
Ben Boymel
Jeffrey Bradford

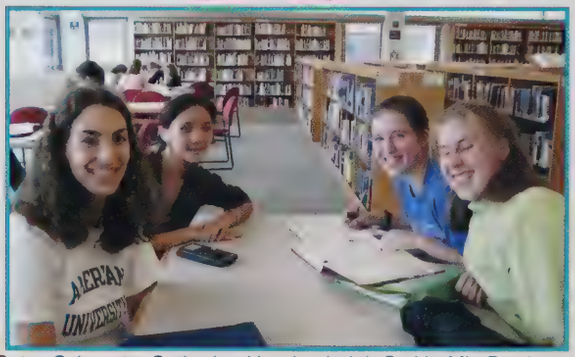
John Brainard
Tessa Brainard
Qjaquice Brantley
Megan Braun
Katherine Broecker
Julia Bronstein

Kyle Brown
Natasha Brown
Ryan Brown
Caoimhe Browne
Jacqueline Bruce
Richard Budreau

Laura Burckett-Picker
Thomas Burke
Sara Campanella
Lauren Cappelloni
Maryn Carlson
Courtney Carver

Hanging Out

Justin Gibbs



Betsy Schwartz, Catherine Hendry, Leigh Smith, Mia Borden

Sara Campanella, Masha Stine

Jane Siegel and Jay Sia

Samantha Horning, Matty Tatkow,Jessica Tocci

Hannah Gerry, Hannah Egan

Matt Hanson, Jake Kallarackal

If You Could do One Thing For The Rest of Your Life it Would be...

"To write dirty on Facebook."
-Adam Soloperto

"Be a fashion designer."
-Steph Corbett

"Exotic dancer."
-Brian Cantinella

"Be at a State Radio concert at the Avalon!"
-Lexy Roopenian

"Whisper to myself that I'm not crazy while curled up in a ball hugging my knees."
-David Lauer

"Sit on the beach."
-John Francis

Samantha Casale
Bradford Casey
Hayley Caslin
Rusulenni Castro
Brian Catinella
Danielle Cebra

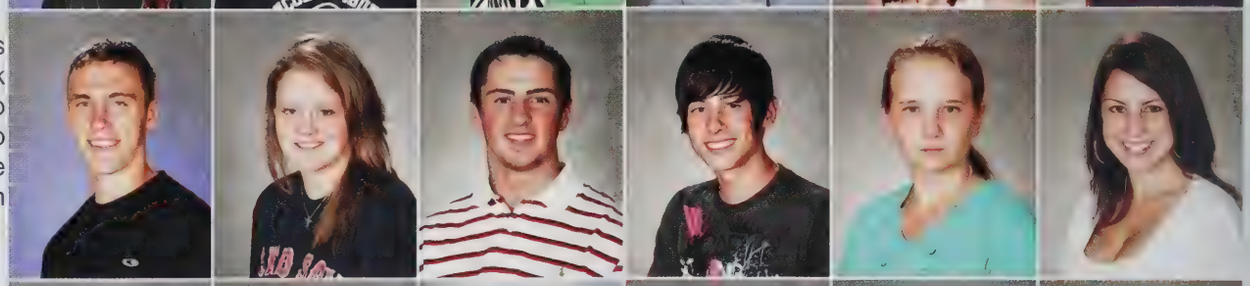
Hannah Chao
Shayna Chapel
Edmond Charrette
Kan Chen
Jordan Chen
Christine Chiao

Matthew Ciampa
Roxanne Cichowlas
Monique Clarke
Laura Close
Nicolette Cogborn
Kyle Coletti

Joseph Collura Jr
Carmelo Colon
James Coombs
Gordon Cooper
Stephanie Corbett
Tyler Coste

Ryan Cove
Parker Coyne
Emma Craig
Brent Crane
Elizabeth Crean
Kasey Cybulak

Ryan Davis
Michela Deck
Charles DeFrancesco
Michael DeMarco
Kathleen DeMarle
Hannah Dezen



Jillian DiBiase
Alana Dingman
Nathaniel Doyle
Abigail Drake
Neel Duggal
Jennifer Dumont

James Eckersley
Matthew Eckler
Cameron Edwards
Katherine Edwards
Hannah Egan
William Ehrich

What keeps you Motivated?

Jake Kallarackal - "Money I earn for receiving good grades."

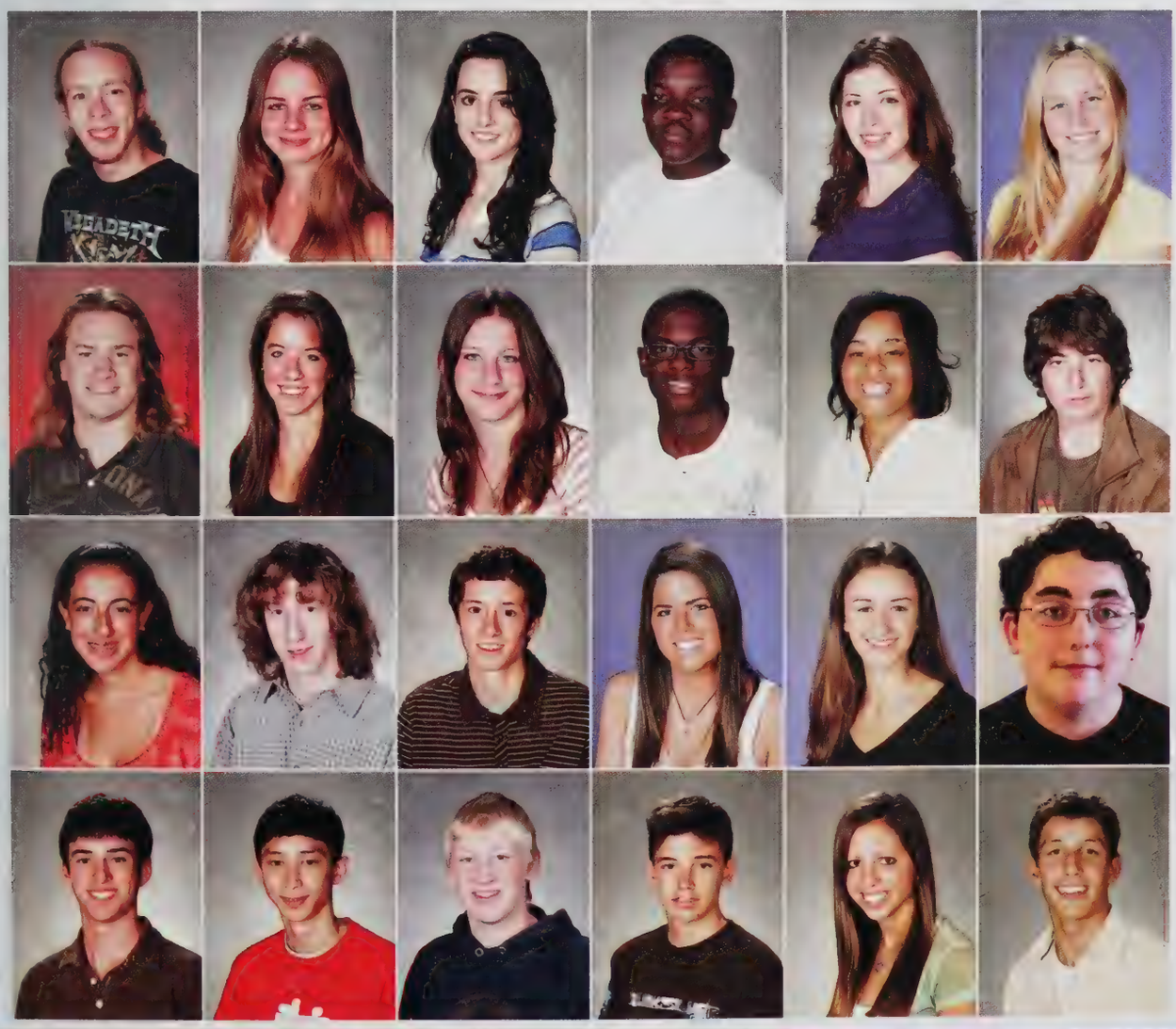
Beth Pringle - "My friends always support me and keep me going."

Sophia Woyda - "Activities like dance."

Ben Richmond - "I can keep myself motivated."

Lynne Peterson - "Thinking about college and my future."

Martin Mohlin - "I love racing and cars. Having that keeps me motivated."



Brandon Elkind-Hill
Elise Fairbairn
Ariana Familiar
Alain FanFan
Jennifer Farrell
Jamie Faulkner

Timothy Fell
Cecilia Fendrock
Julia Fenton
Adriel Ferguson
Chanel Fields
Ryan Filker

Jennifer Fishbein
Iain Fisher
Austin Flagg
Carlyle Flanagan
Margaret Fleming
Joseph Fogarty

Adam Foldi
Stephen Foley
Michael Foley
Scott Foley
Anna Forman
Benjamin Fowler

John Francis
Andrew Freedman
Sarah Freeman
Matthew Freund
Jami Friedman
Russell Gabeler-Lee

Jessica Gaines
Jennifer Gandrup
Ava Garcia
Audrey Gardner
David Garelik
Chady Gemayel

Radelys German
Hannah Gerry
Alexandria Giacalone
Louis Giannetti
Justin Gibbs
Shannon Gilroy

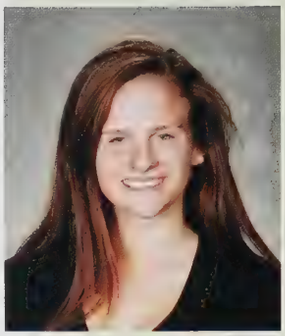
Brian Glass-Finnie
Rachel Glick
Rebekah Glickman-Simon
Basha Goldstein-Weiss
Dianna Gormley
Jennifer Gossels

POWDER PUFF 2007!

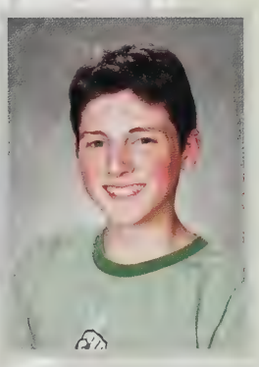
Go Juniors

Future Plans?

"Run track in college."
-Callie Pappas



Getting into college
-Steph Corbett



"NYU, hopefully."
-Hugh O'Kelley

"I hope to own my own company someday."
-Nat Shron

Doing the best I can so I feel accomplished!
-Dani McAvoy

Andrew Gould
Idelina Gray
Sophie Greenspan
Jessica Griffin
Konstantin Gutnichenko
Max Haberman

Maxwell Haines
Natalie Hall
Douglass Hamilton
Grace Hannigan
Kevin Hansen
Matthew Hanson

Brooke Hatfield
Abigail Hawkins
Tyler Haydon
Jennifer Hayes
Patrick Hebble
Reed Hebert

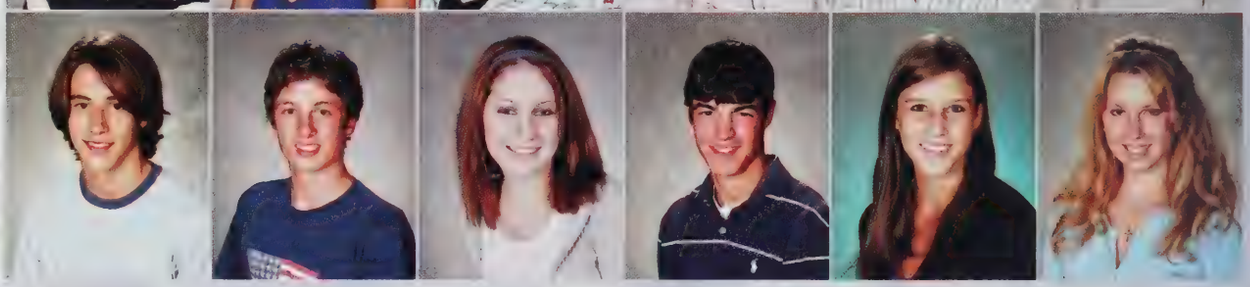
Matthew Henderson
Diana Henderson
Catherine Hendry
Jeffrey Hennessy
Zoe Herel
Taylor Herman

Killian Hiltz
Stephen Hodgetts II
Wesley Hogan
Shalei Holway
Samantha Hornung
Elizabeth Howard

Allyssa Hronicek
Daniel Hubbell
Dylan Hunt
Alexander Huntowski
Mohammed Hussain
Margaret Hutchinson

Humphrey Huynh
Ethel Hylton
Anna Isakov
Jeffrey Iuliano
David Jaeger
Timothy Jarrett

William Jenkinson
Peter Johnson
Shannon Jones
Daniel Kabat
Justine Kablack
Chelsea Kaczmarsky



You and Your Max-Ed

Where do you go now that you have your Max-Ed card?

"Starbucks or Coffee Works."
-Ariana Familiar

Saloni Mehta and Diana Henderson happily show off their Max-Ed cards!

"Sudbury Coffee, Dunkin, Starbucks, anywhere!"
-Rachel Glick

"Whistle Stop."
-Peter Rodgers

"Panera."
-Jeff Bradford

D.C. 2007

1. Diana Henderson, Jenna Romeo, Hannah Egan, Britt Morrman, Meg Hutchinson, Calli Pappas, Elise Malkin, Jess Griffin 2. Jaclyn Roberts, Garrett Moore, Racehl Glick 3. Elena Mattione, Tess Shapanka, Maggie Fleming, Nori Welles-Gertz 4. Addy Quirk, Brianna Miller, Alex Huntowski, Sarah Freeman, Tucker Kabat, Michelle Rice, Alex Benoit, Julia Prince, Teddy Landsmen 4. Andrew Freeman, Max Haines, Keegan Ashley, Derek Lowe, Jess Tocci, Christine Pierson, Ashley Norley, Hayley Caslin 6. Kathryn Nicholson, Ariana Familiar, Kristen Richards, Chelsea Kaczmarsky 7. Justine Kablack, Brit Mayer, Hugo Sousa, Kyle Ray, Roxanne Cichowlas, Anna Balser

Martin Kafina
Eli Kahn-Woods
Thomas Kalisky-Tetreault
Jake Kallarackal
Rose Kamsler
Daeyee Kang

Daniel Kaplan
Max Kaye
Emily Kelly
Ryan Kemp
Armen Keshishian
Taylor King

Oliver Kline
Maxwell Koenig
Lior Koren
Ryan Kreutz
Jared Laferriere
Edward Landsman

Eric Lane
Marie Lanza
Andrew Lasky
Jeremy Lasky
Keith Lataille
David Lauer

Mallory Laurendeau
Stephanie Lee
Victoria Lee
Ryan Leggett
Ashley Leisman
John Leonelli

Diana Lestz
Matthew Levinson
Morgan Levitt
Stephanie Lewis
Jacob Lifschultz
Kevin Linke

Niv Lipetz
Kevin Loughry
Derek Lowe
Geoffrey Lynn
Caroline Mackie
Heather MacLeish

Barbara MacNeill
Sydney Maki
Elise Malkin
Shivani Margaitis
Anthony Masotta
Tucker Matthews

What do you think the song of the year is?

David Jaegar

"Crank That" - Soulja Boy

Shayna Chapel

"Stronger" - Kanye West

"Kiss Kiss" - Chris Brown f/ T-Pain

Gracie Hannigan

"Slow Cheetah" - Red Hot Chili Peppers

John O'Connell

"Bubbly" - Colbie Caillat

James Coombs

Why are you looking forward to senior year?

"Football and fishing during free blocks with Devon Acton."

Jeff Trotsky

Lexy Roopenian

"Slacking off second semester."

"Senior frees!"

Emily Kelly

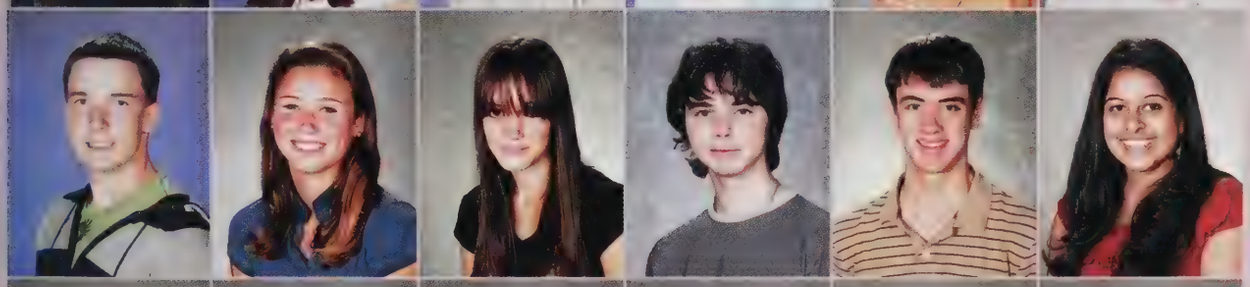
Txai Sabghir-Frota

"Livin' up my last year with my friends."

Rebecca Simon

"Independent study with Mr. Justice"

Angela Mattione
Francine Mattione
Brittany Mayer
Danielle McAvoy
James McCartney
Madelyn McGill



Julia McGrath
Aidan McGrath
Madeline McMann
Joseph McNabb
Ian McVicar
Saloni Mehta

William Mepham
Michael Merullo
Michael Merwin
Bridget Meyers
Brianna Miller
Derek Min

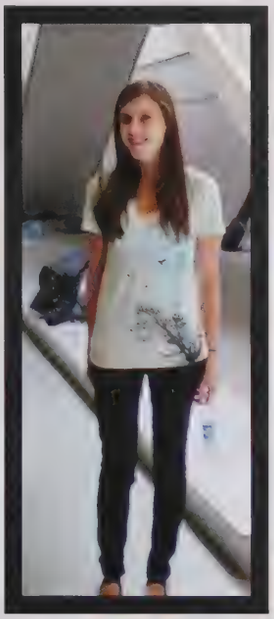
Samantha Moe
Martin Mohlin
Jeffrey Montaque
Garrett Moore
Brittany Moorman
Dante Morando

Eliot Mueller
Aya Muramtsu
Jackson Murray
Kadie Muscolo
Amy Nesky
Matt Newton

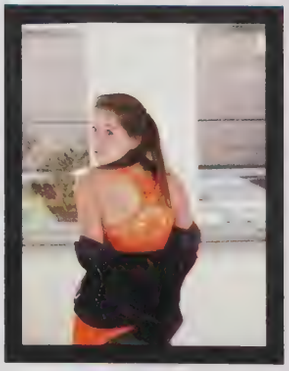
Kathryn Nicholson
Jonathan Noller
Ashley Norley
Caitlin O'Brien
John O'Connell
Hugh O'Kelly

Charlotte Odence
Amy Olson
Courtney Ostar
Megan Outly
John Papapietro
Calli Pappas

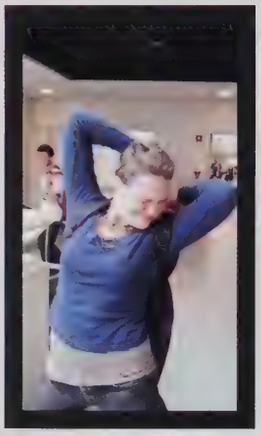
Michael Paradise
Aperahama Parangi
Jesse Pearce
David Pearson
Chinah Peele
Amanda Peery



Justine Kablak dresses for fall in chic black skinny jeans and a flowy top.



Cecilia Fendrock wears a crocheted back top in an eye-catching citris orange color



Fionnuala Seiferth rocks a layered zebra T and blue long sleeve, to combine a pattern and a solid.

Laura Burckett-Picker looks trendy in a charcoal vest and simple jeans.

Looking Fine in Oh Nine

Junior FASHION

Taylor Herman is classically preppy in plaid shorts and a collared shirt.

Adam Singer blends two diverse patterns for an eclectic look.

Tim Jarrett keeps things casual in a comfy sweater and jeans.

Christopher Pepi
Aimee Peterson
Scott Pheifer
Michael Phillips
Christine Pierson
Alison Poirier

Rachael Potter
Julia Prince
Elizabeth Pringle
Justin Quinn
Monika Quinn
Adam Quint

Ellen Quirk
Adam Raphael
Stuart Rault
Kyle Ray
Tess Rice
Michelle Rice

Kristin Richards
Benjamin Richmond
John Roach
Jaclyn Roberts
Peter Rogers
Rachel Romash

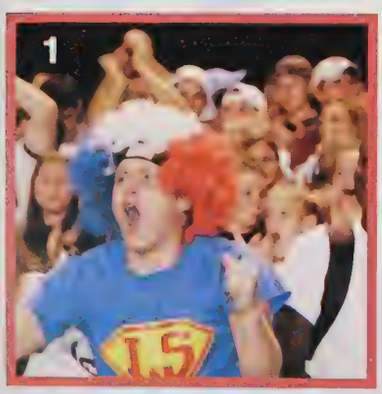
Jenna Romeo
Sophia Romeri
Alexa Roopenian
Elena Rothstein
Julien Rousson
Alexa Rozelle

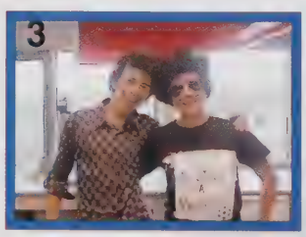
Txai Sabghir-Frota
Marlayne Saidnawey
Michelle Saint
Tramaine Sanders
Meera Santhamoorthy
Emily Sarnevitz

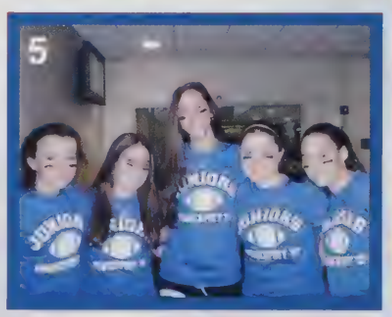
Rachel Sarnevitz
Antonique Saunders
Jazz Saunders
Rae Saunders
Elizabeth Schau
Ryan Schaub

Emily Schneider
Christian Schultz
Adam Schultz
Betsy Schwartz
Jonathan Scotti
Fionnuala Seiferth

Junior Spirit

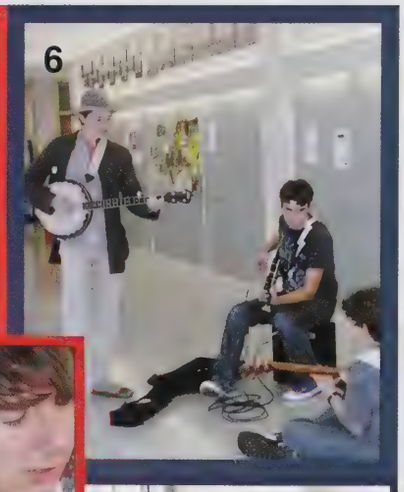


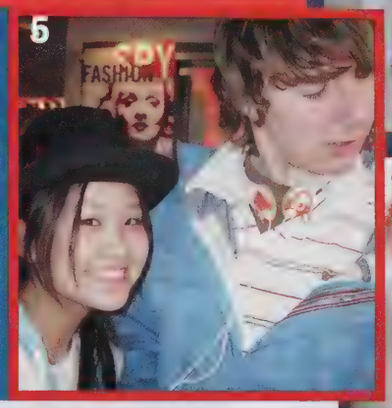




1. Jake Eckersley 2. Katie Broecker 3. Adam Singer and Britt Moorman 4. Jay Sia and Max Haines 5. Hannah Egan, Elise Malkin, Taryn Beatty, Jenna Romeo, and Diana Henderson 6. Mallory Laurendeau and Lexy Giacalone 7. Dan Kaplan, Stephen Hodgetts, Julien Rousson, and Ryan Brown

2009





1. Jenna Romeo and Britt Moorman 2. Bryce Boothby, Ali Shaw, Taylor Skelton, and Meg Hutchinson 3.Ian McVicar, Aidan McGrath, and Jake Lifschultz 4. Emily Schnider and Michelle Saint 5. Lucy Zhang and Brad Casey 6. Matt Weinburg and Jackson Murray 7. John O'Connell and Brent Crane

Alison Sesnovich
Tess Shapanka
Zachary Shapiro
Adam Sharkey
Nisha Sharma
Alison Shaw

Kelli Shay
MaryKate Shelley
Zachary Shobin
Carly Shortell
Nathan Shron
Jason Shuman

James Sia
Jane Siegel
Samuel Silton
Rebecca Simon
Adam Singer
John Sinnigen

Taylor Skelton
Krysta Smith
Leigh Smith
Austin Smith
Colby Smith
David Smith

Adam Soloperto
Justin Sorvillo
Hugo Sousa
Thomas Spiegel
Gregory Staley
Alana Stevens

Klo Stine
Christopher Stranberg
Rebecca Stubbs
Richard Sutherland
Ryan Sutherland
Nicole Swartz

Kyle Sweet
Jenna Swotinsky
Jordan Syatt
Jeffrey Sybertz
Geoffrey Tam
Matthew Tatkow

Maureen Teixeira
Edwin Thai
Lauren Thompson
Matthew Thompson
Nissa Thomson
Adam Tiberio

We Work Hard...and Still Have Fun!

1. Patrick Hebble, Mac Hussain, and David Garelik 2. Ryan Davis 3. Tess Shapanka 4. Mike Foley, Tyler Haydon, and Jess Allen 5. Martin Mohlin 6. Megan Outly, Amanda Baillageron, Marie Lanza, and Becca Banta 7. Arianna Familiar and High O'Kelley 8. Heather Wood 9. Jeff Bradford and Peter Rogers 10. Eli Kahn-Woods and Jason Shuman 11. Hannah Egan and Saloni Metha

Look How We've Changed!

Mallory Laurendeau Taylor Herman Tammy Zebian

John Leonelli Ashley Leisman Justin Gibbs

Jessica Tocci
Christopher Tripoli
Jeffrey Trotsky
Andrew Tsai
Andrew Tuxbury
Mira Vale

Michael Veling
Alesia Venuto
Nathaniel Walsh
Matthew Weinburg
Justin Weinstein
Harrison Weisberg

Carla Weiss
Ian Wetherbee
Sara Whitney
Tanya Willey
Ryan Winston
Benjamin Wolkon

Ryan Wood
Heather Wood
Jeffrey Woodard
Sophia Woyda
Samuel Wuest
Abigail Wyant

Benjamin Zackin
Tamra Zebian
Lucy Zhang
Catherine Zingale

What Do You Think About The SAT's?

Should Colleges Count Your SAT Scores?

"I think that colleges should count SAT scores because if you work hard to prepare for them and do well on them then it will end up helping you."
-Kasey Cybulak

"I actually studied the SAT this year in english and it was originally made only for very intelligent students with not a lot of money so that good colleges could give them scholarships. I think that that should still be the only way colleges count them (for underprivileged kids who are very intelligent)"
-Jordan Syatt

"Colleges should NOT count our SAT scores. The score out of 2400 shows nothing but a score. Because the test can take up to 4 hours, it becomes a matter of endurance and stamina, and that's more of a challenge than the test itself. Some students are just better test takers than others. Our SAT scores do not prove our abilities at all. Most of the math, reading, and writing materials weren't taught to us, or was taught to us years ago. And the 25-minute essay section does not give us enough time to show our writing capabilities; only enough time to cram everything in. I think that colleges should concentrate more on our overall high-school grades and just count the SAT score as any other plain old test we take."
-Lucy Zhang

What Do You Think SAT Stands For?

SAT stands for **S**cholastic Assessment **T**est

"I think SAT stands for Scoring A lot of Touchdowns because that is what is going to get me into college, not really though. "
-Wes Hogan

"Scholastic Aptitude Test"
-Ben Zackin

How Well Do You Know Your SAT Vocabulary?

Tess Shapanka
Aglet

John O Connell
Loquacious

David Lauer
Defenestrate

Amy Nesky
Obfuscate

Kathleen DeMarle
Sanguine

Adam Soloperto
Fergalicious

Jane Siegel
Deleterious

Jay Sia
Indubious

Megan Outly
Pandemonium

Match the word to it's definition

1: talkative

2: cheerfully optimistic, confident

3: deliberately make something difficult to understand

4: the plastic covering of a shoelace

5: to throw out a window

6: harmful

7: not doubting, unsuspecting

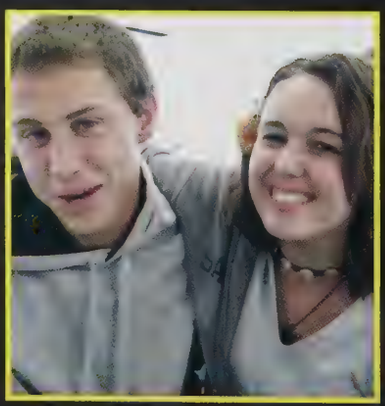
8: wild uproar or noise

9: to make them boys go loco

Answers: Aglet-4. Loquacious-1. Defenestrate-5. Obfuscate-3. Sanguine-2. Fergalicious-9. Deleterious-6. Indubious-7. Pandemonium-8.

Sophomore

We're finally sophomores! No longer are we the freshmen, the bottom of the food chain. Still unable to drive, we enter a year where we are no longer made fun of but we lack the right to make fun of anyone else. This year is spent looking forward to junior year, working our butts off and laying the groundwork for the rest of our high school careers.



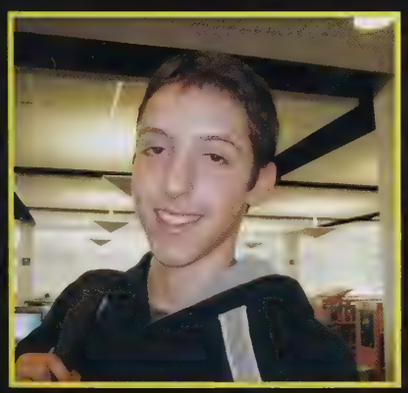
Derek Abel
Edward Acton
Shanaya Adams
Anya Aikens-Kinney
Katherine Alwan
Catrina Andrade
Emily Arista

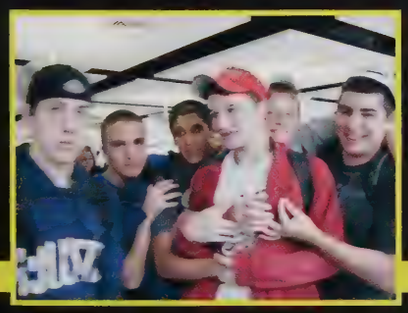
Nico Arsenault
Claire Arthur
Jessica Auger
Derek Azzolino
Seda Babroudi
David Baer
Molly Bajgot

Michael Baranowsky
Alec Barnes
Patrick Barrett
Allison Baxter
Lindsay Bender
Mark Benhaim
William Bereszniewicz

Meghan Berger
Amy Bero
Alexandra Bilbo
Daniel Birtwell
Benjamin Blanchette
Nicole Bleiler
Natasha Block

Relaxing with the sophomores...



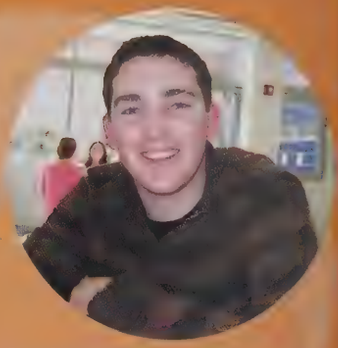


How Often Do You Crank That?

"Never"-Katy Grant

"Very Often"
-Owen Pagano

"Every time the song comes on"
-Julia Starr



"At least once everyday"
-Max Gutherz

Andrew Blohm
Scott Bluni
Whitney Boegel
Michael Bougoulas
Graham Boyd
Julianne Braden
Henry Breiter

Spencer Brightman
Brittany Brita
Jennifer Brodeur
Elena Brunner
Daniel Brusger
Ashley Brykman
Robert Bunting

Philip Burke
Alec Burkin
Christina Caffarella
Stephanos Calligas
Kristen Cantow
Alexandra Capone
Jennifer Carder

Caroline Carlson
Brendan Caslin
Kara Caso
Erica Castro
Alexander Cen
Jennifer Chan
Alexandra Chantiles

Taylor Charest
Richard Cheek
Nicole Chen
Holly Clarke
Daniel Cmejla
Benjamin Cohen
Stephen Collins

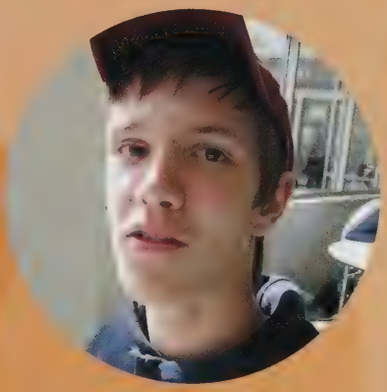
Joseph Collins
Lauren Confort
Meghan Connelly
Daniel Cooper
Ashleigh Copeland
Matthew Costa
Emma Costello

Zachary Cournyn
Kyle Croman
Millicent Croman
Sean Cronin
Patrick Crosby
Sean Cumming
Tyler Cyr

Emily DaSilva
Rachel David
Lukas DeFilippo
Molly Deneen
Jordan Desrochers
Tiffany Dessain
Jenna DiCicco

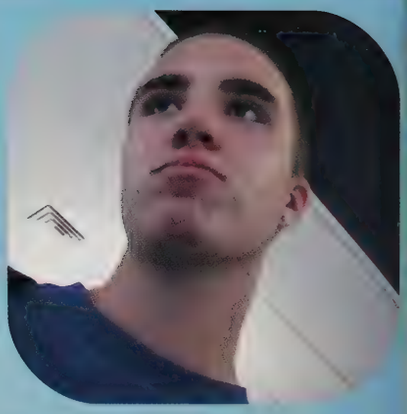
"Every other day"
-Kara Caso

"As often as possible"
-Allie Young

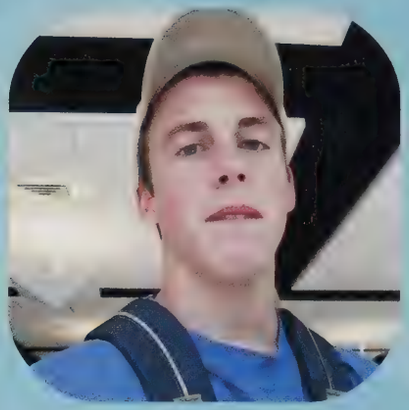


"All the time"
-Nick Serbedzija

"Everyday"
-Chris Halstead



Sophomores, why so blue?

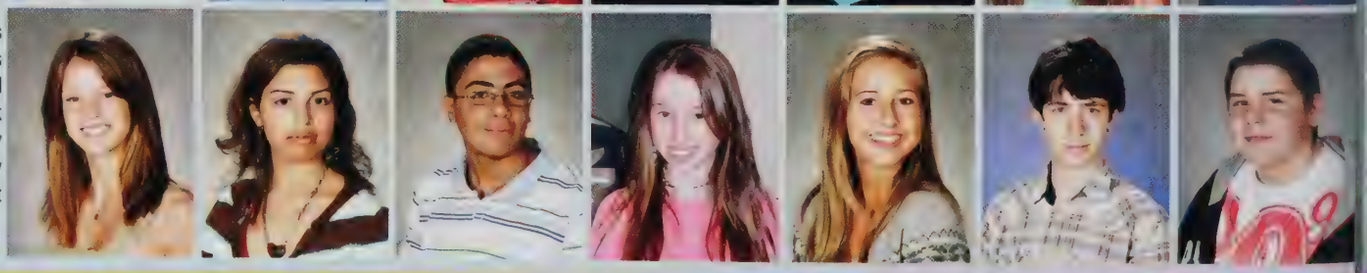


Kristine Dickinson
Hamilton Dimunah
Monica DiStefano
Kristen Doherty
Olivia Dorey
Samuel Dorfman
Richard Doty

Jeffrey Dykes
Matthew East
Hannah Ehrmann
John Ellersick
Margaret Elliston
Arelai Ephraim
Elicia Epstein

Lee Eustis
Martin Falk
Deborah Fanfan
Natasha Fee
Julia Fiske
Kellie Fitzgerald
Anthony Fitzhugh

Hannah Fitzsimons
Katerina Fontes
Samuel Fouad
Emma Franchek
Rebekah Galinsky
Nathan Gaw
Cody Geldart



Rima Gemayel
Nathan Gerry
Samuel Gifford
Shannon Gilroy
Ian Gingrich
Lisa Giorgetti
Hannah Gitlin

Amy Gleason
Matthew Gleason
Jason Goldfarb
Alex Goldman
Jaclyn Goldstein
Joshua Goldstein
Jasmine Goodrum

Daniel Gordon
Kaitlyn Grant
Claudia Grasso
Daniel Green
Jessica Greenlaw
Jessica Greenwood
Sophie Griswold

Samuel Gruber
Daniel Grunow
Amanda Guillet
Matthew Guldberg
Ariana Gunderson
Aaron Gundy
Olivia Gutowski

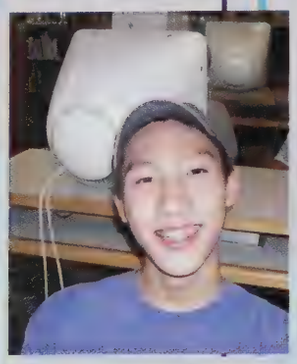
What is your dream job?

"Statistician"
-Eric Mariasis

"Superman"
-Taylor Snow

"Jack Bauer"
-Dan Sawyer

"A magician"
-Allison Rottman



"A rapper"
-Ryan Tsang

What is the most played song on your ipod?

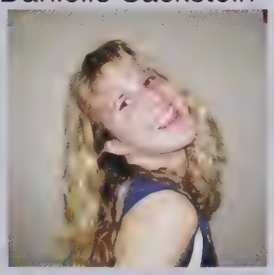
"It's Raining Men"
-Trevor Shorb

"Apologize by One Republic"
-Tiffany Dessain

"Gimme More by Britney Spears"
-Joey Organisak

"Rockstar by Nickelback"
-J.J. Desrochers

"Bubbly by Colbie Calliat"
-Danielle Sackstein



"Cyclone by Baby Bash"
-Derek Abel

"1234 by Feist"
-Felicia Patel

"With You by Chris Brown"
-Patrick Barrett

Melanie Hagarty
Merrit Hall
Katharine Halper-Bogusky
Christopher Halsted
Mark Hamel
Julia Hanson
John Harder

Whitney Harding
Dana Hareli
Paul Harlan
Nivela Hassan
Ryan Healy
Spencer Hebert
Brittany Heier

Michael Hilperts
Sarah Hodian
Isaac Hoenig
Hannah Holden
Bryan Holtzman
Graham Hotchkiss
Alexander Hovsepian

Nayja Howard
Michael Howd
Serena Huang
Anna Humphrey
Bridget Hunter-Jones
Brandon Huntowski
Rebecca Huynh

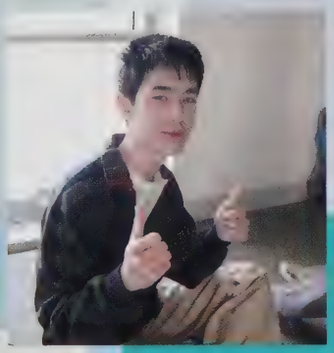
Cecilia Igwe-Kalu
Alexander Jacobs
Bry'Aun Jacques
Katrina Jandl
Faimara Jean-Baptiste
Alex Jermasek
Trevor Jermasek

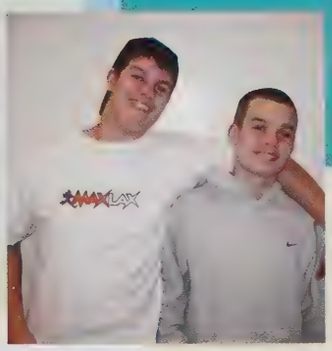
Gregory Johnson
Matthew Johnson
Nathaniel Kania
Robert Karn
Matthew Kasle
Andrew Kelly
Brendan Kelly

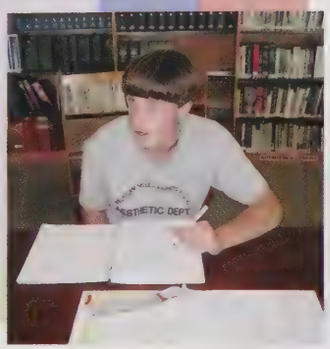
Chelsea Kelly
Emily Kempf
Alexander Kenley
Timothy Kennelly
Dong Kim
Donald Kimble Cook III
Bryan Koop

Devyn LaCamera
Eric LaRow
Andrew Lassen
Meredith Lataille
Nathan Latta
Jacqueline Laviolette
Nicholas Lawson

SO CLASSY ONCE AGAIN!







CLASS OF 2010

What do you do in your spare time?

"Sports"
-Erik Watkins

"I enjoy gardening"
-Sam Maier

"Music, Running, Friends"
-Savey Smith

"Swim"
-Graham Boyd

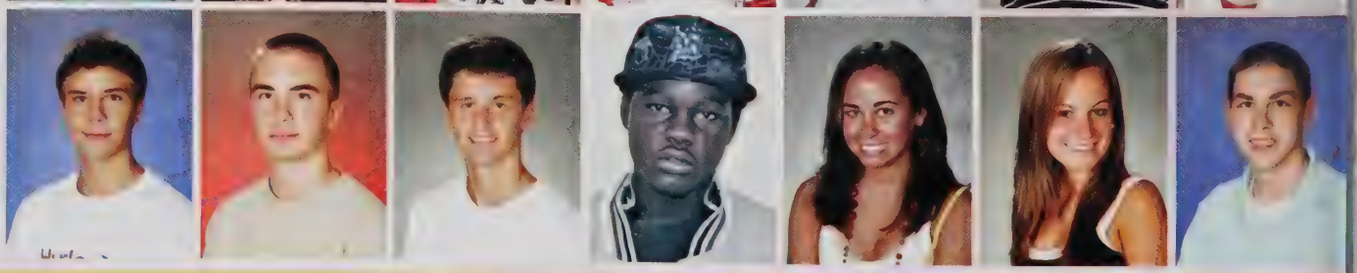
"Skate"
-Katie Halper-Bogusky

Susan Leahy
Jessica M Lee
Jessica B Lee
Anthony Leo-Mayes
Julia Levy
Jonathan Lewis
Kourtney Lewis

Joseph Libby
Benjamin Link
Kevin Liu
Andrew Luce
Maya Lund
Michael Lutz
Kristin Lynch

Jamie Lyons
Hannah Lyons
Megan MacArthur
Trevor MacKinnon
Eliza Maclean
Periklis Maheras
Kerry Mahony

Charles Maier
Samuel Maier
Gregory Majno
Mawut Makuei
Brooke Maley
Megan Maley
Christopher Manno



Eric Mariasis
Elizabeth Marshall
Lauren Matot
Ry McCahon
Christopher McDermott
Elizabeth McDermott
Kevin McDermott

Christine McEachern
Owen McGarry
Joseph McGee
Maura McGrath
Kelli McNabb
Zachary Michel
Dana Miller

Katherine Miller
Fanny Mlawer
Carter Mode
Daniel Monahan
Landon Moore
Megan Moritz
Michael Moritz

Meira Morrison
Brendan Mullin
Sean Murphy
Ronique Muse
Lior Myara
Amanda Nash
Amanda Nelson

SOPHOMORE YEAR...

...is better than

...FRESHMAN YEAR

because...

"...we get our permits!"
-Matt Trefrey

"...we get to watch freshmen get lost!"
-Snanice Washington

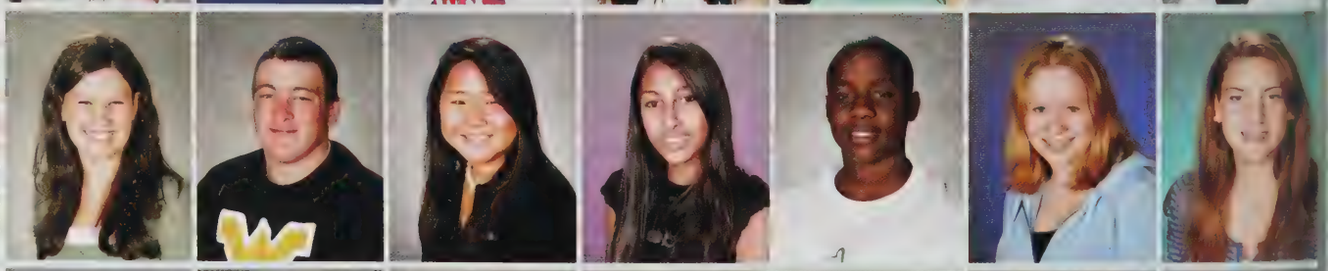
"...we get to go to Washington D.C."
-Luke Shultz

"...I know more people"
-Paul Harlan

Amanda Netburn
Elizabeth Newman
Jeffrey Newton
Charles Nichols
Christopher Nifong
Andy Nop
Victoria Noyes

Kaitlin O'Brien
Owen O'Brien
Daniel O'Donoghue
Christine Oh
Abigail Oliveira
Joseph Organisak
Reina Ostar

Michelle Pacifico
Owen Pagano
Hannah Park
Felicia Patel
Demetrius Patterson
Joy Pearmain-Hovestadt
Morgan Peck



Richard Perkins
Cassandra Perry
Emily Perry
David Piazza Jr
Graham Piercey
Thais Pinheiro
Melanie Pollock

Alexandra Prenetta
Kendall Presti
David Quinn
Connor Quinn
Callin Rader
Michael Radulski
Kiirstin Rautiola

Kevin Ravesi
Chelsea Reardon
Benjamin Reiner
Michael Restuccia
Nathalie Reyes
Sarah Richard
Jackson Rimpas

Sarah Riordan
Matthew Rizzo
Wilson Roberts
Orla Roche
Paulina Rodis
Paige Roosa
Jadellys Roque

Jennifer Rose
Daniel Rosen
Michael Rosen
Allison Rottman
Austin Rourke
Claire Rudder
Kayla Rudder

"...we get to take Outdoor Pursuits!"
-Kristin Lynch

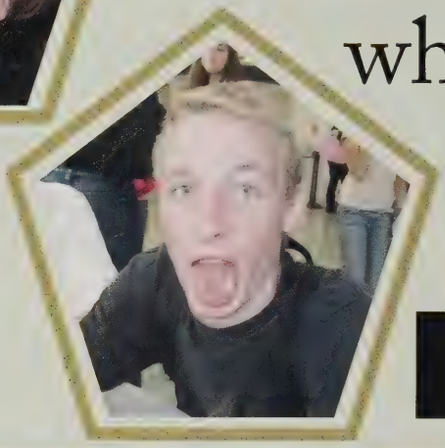
"...your mailbox is closer to the door."
-Alexandra Bilbo

"...we can get
Allemos Activity
[illegible]

"...you don't have to open
the door for everyone"
-[illegible]

"...because we're slowly becoming cool cats."
-Monica Distefano

You are what you EAT!



Benjamin Ryan
Danielle Sackstein
David Sackstein
David Sadowsky
Max Sagan-Gutherz
Hannah Salkovitz
Peter Salvia II

Jennifer Sanders
Tony Sanders
Caroline Santinelli
Andie Savel
Daniel Sawyer
William Sawyer
Leah Sax

Nico Schottenhamel
Allison Schreiber
Paul Schubert
Lucas Schultz
Andrew Schwalm
Nicolaus Serbedzija
Ivan Seto

Zaynah Shaikh
Sean Sharkey
Tessa Sheehan
Kelly Sherrer
Daniel Shimkus
Nicholas Shirley
Trevor Shorb

Amanda Shore
Alissa Shulman
Ari Sillman
Abigail Silverman
William Simon
Dareek Sims
Mohan Singh

Katherine Sisk
Malcolm Sledge
Matthew Sliwkowski
Katherine Smerlas
Savannah Smith
Benjamin R Smith
Cynthia Smith

Taylor Snow
Tory Spaziani
Andrew Staniar
Anike Staples-Martin
Julia Starr
Joshua Sternberg
Katherine Stevenson

Christopher Stock
Erica Stockwell-Alpert
Christian Stoll
Regan Stubbs
Robert Stuckey
Michael Sullivan
Michael Sylvia

Athletes of 2010, belong on...

Chris Stock

Jeff Dykes

John Ellersick

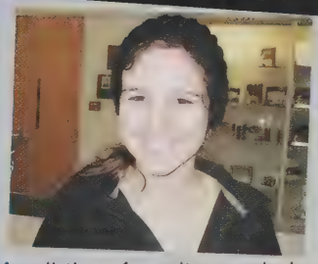
Maya Lund

Alexandra Capone

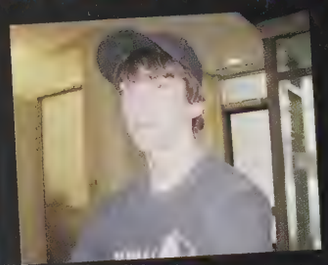
ESPN!

What is your favorite movie?

Some Other Favorites:
1. Borat
2. Anchorman
3. The Departed
4. Mean Girls
5. 300
6. Wedding Crashers
7. Finding Nemo
8. Titanic
9. Pirates Of The Carribean
10. Happy Gilmore



"My all-time favorite movie is 'Little Miss Sunshine' I love the dancing!" -Amanda Shore



"'Superbad' is the greatest movie ever. It's pretty hilarious."-Eric LaBow

"I am a huge fan of the Bourne Trilogy." -Danny Cooper

Tate Tabtieng
Rosie Tait
Jacqueline Tan
Jasmin Taylor
Savannah Tenney
Michael Terren
Jill Thompson

Stephanie Titlebaum
Arby Torossian
Matthew Trefry
Ryan Tsang
Jenna Marie Vercollone
Randy Vicente
Sabrina Volante

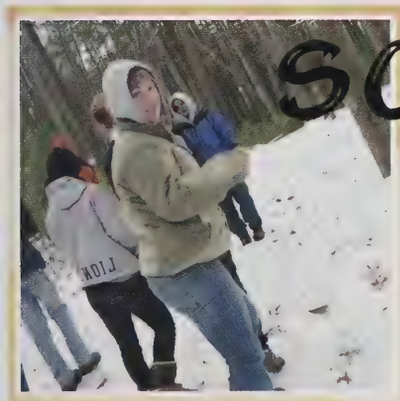
Kate Von Alt
Emily Walker
Quran Ware
Chamaine Washington
Shanice Washington
Erik Watkins
Ariel Wein

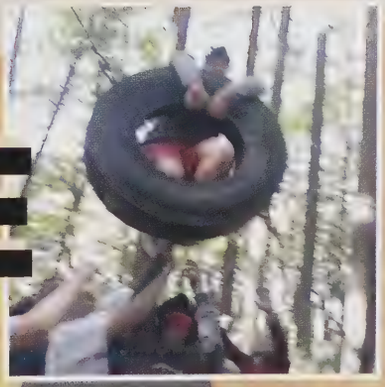
Dane Weinberger
Jonathan Weinstein
Matthew Weinstein
Shawna Welch
Julia Welsh
Katherine Welsh
Caroline Williams

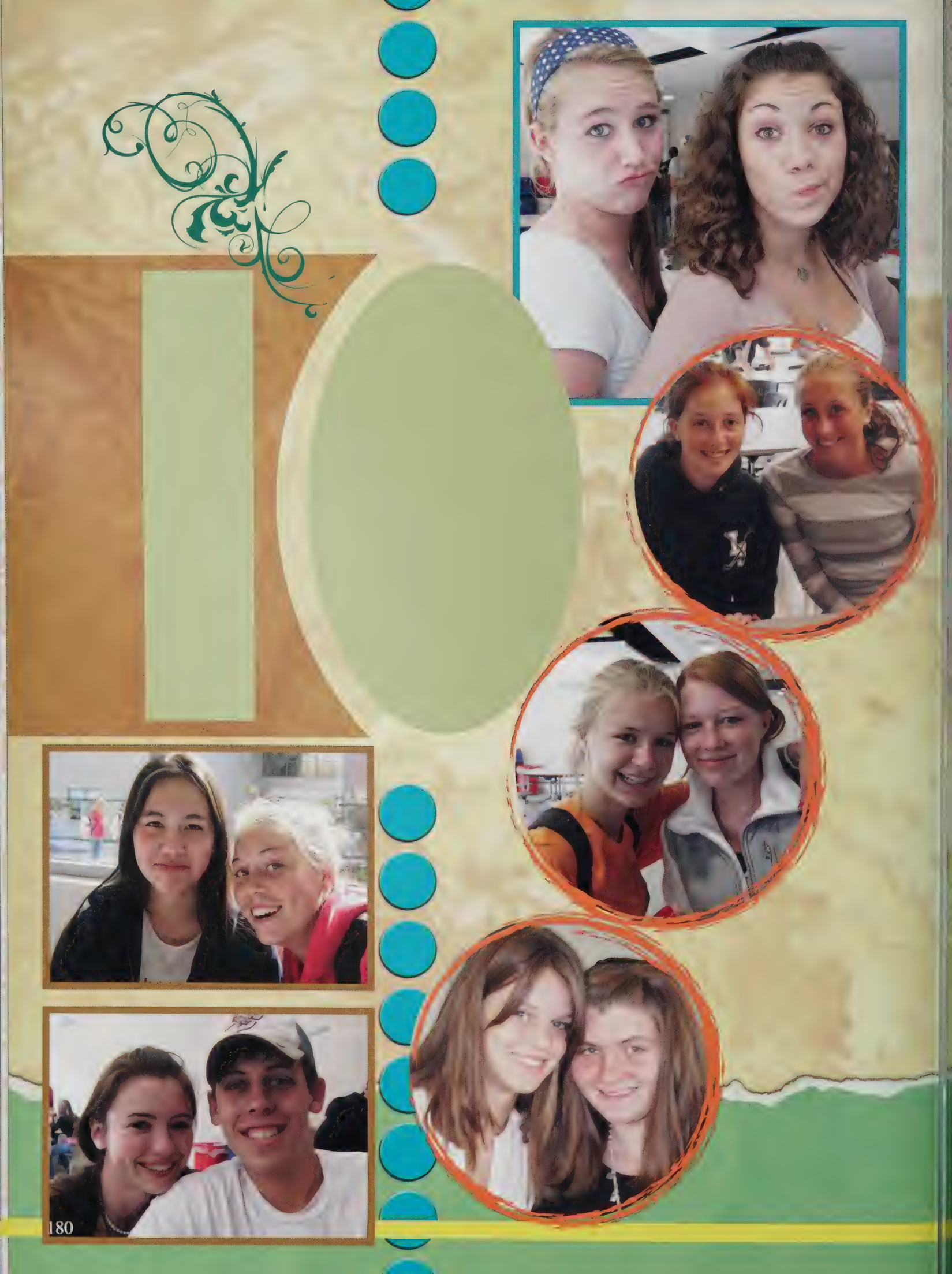
Carrissa Wilson
Charles Wilson
Taylor Witkin
Julie Woodbury
Matthew Wurm
Caroline Yang
Alexandra Young

Nevin Zais
Andrew Zieff
Nicole Zusman

SOPHOMORES LOVE OP



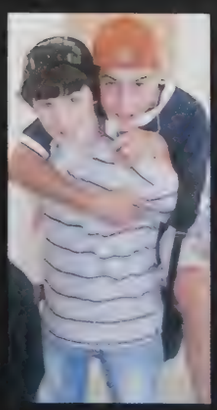




sophomore life

Freshman

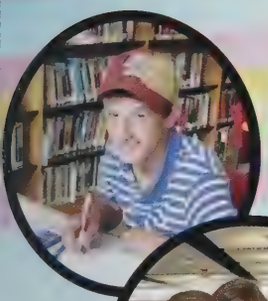
Freshman year: The year where we all come together, struggling to find our classes and having to ask the upperclassman. The year where we receive freedom and learn to use it wisely. The year where we have to be on our own, making our own choices. It was a big step but we all found our way, the places where we hang out in the mornings, and the seats we sit at for lunch. It's the year where we finally realize that school matters and we all try our hardest. It's the beginning of a new school, with new people, and new surroundings.
-Freshmen staff



My favorite place to go in the morning is...

"The cafeteria with my friends"
-Katelyn Caloiero

"Under the stairs that are next to the cafe because thats where my friends are"
-Rebecca Rose



"The library because I can get my homework done and study"
-Kathryn Coletti

"The cafe, because that's where all my friends are." -
Hailey Melamut

Adhieu Achuoth
Kenneth Adelman
Josephine Agamah
Grant Akopyan
Christopher Allen
Jacqueline Allen
Carl Anderson

Keith Anderson
Karthic Aragam
Nathaniel Arruda-Leuppert
Michael Asdot
Sean Ashe
Jessica Atkins
Nyanthon Awoul

Pierre Baize
Emily Bakacs
Emily Baker
Luke Baldwin
Madeline Balser
Jacob Banta
Jeffrey Barker

Michael Barry
Stephanie Bauer
William Beckham
Isabel Bennett
Casey Bereszniewicz
Nyah Berg
Gavin Berger

Tyler Bernard
Jennifer Bernier
Keyanna Berry
Samantha Berry
Hannah Bjornson
Joshua Bodner
Jessica Bonner

Garret Bonney
Elizabeth Borden
Stephanie Bosquet
Kathryn Boyle
Jacqueline Bramberg
Brittany Brita
John Brita

Lauryn Brown
Benjamin Budas
Christopher Burgess
Olivia Burk
John Burke
Cassandra Bursma
Andrea Butler

Dennis Cakert Jr.
Kaitlyn Caloiero
Daniel Camargo
Marina Canella
Brendan Carroll
Amanda Castagna
Priyanka Chandana

Brandon Chang
Jamie Charest
Cassandra Chin
Nicholas Chunias
Kelli Ciampa
Charles Clarke
Nidjie Clerge

TEAM SPIRIT

We Love Having Siblings at L-S Because...

They give us rides.

They make sure we don't get lost around the school.

They helped prepare us for high school.

They tell us what classes we should take.

They help us with homework.

Caitlyn Cohen
Dara Cohen
Katherine Coleman
Brian Coletti
Kathryn Coletti
Caitlin Collins
Keishana Collins

Kelsey Colpitts
Daniel Connaughton
Nicholas Connors
Olivia Coombs
Kyle Cooper
Amelia Cordischi
Shelby Crane

Hayley Cummings
Maria Cunanan
Maggie Curtis
Corey Dailey
Sajeev Daniel
Connor Davies
Eric Davis

Lauren Davis
Nyeilla Davis
Matthew Dawson
Robert Dawson
Deven Dayal
Jake Dean
Edward DeArias

Matthew DeLaney
Isabel DeMello
Cole DeNormandie
Samuel Diarbakerly
Maria DiLazzaro
Brandon Donald
Edward Donaldson

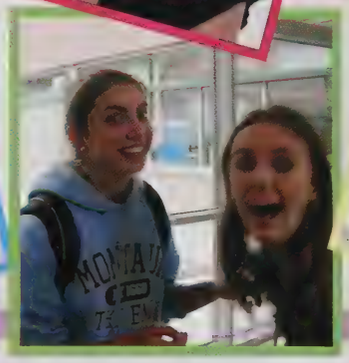
Dominic Douglas
Caroline Doyle
Thomas Driscoll
Alexander Duh
Garrett Dunne
Krystian Eaglehorse
Jacob Earle

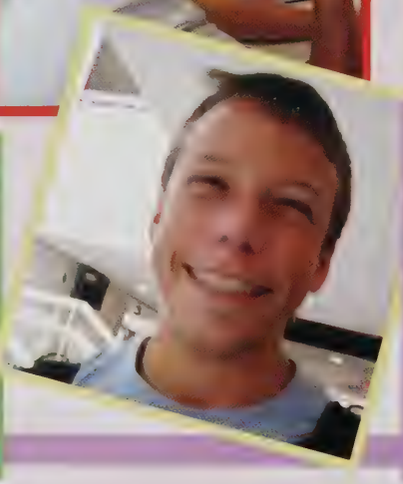
David Eckler
Jonathan Eckler
Madeline Edwards
Ian Egan
Terilyn Eisenhauer
Mary Evans
Joanna Fadden

Henry Fairbairn
Michelle Feda
Sarah Feldman
Michaela Fendrock
Rony Fernandez
Colin Finnegan
Rebecca Fishbein

Charis Flamburis
Abigail Flint
Benjamin Forman
Aaron Fox
Jesse Fox
Marisa Fragale
Krista Galligani

Freshmen Faces





iPod Nano: $250
Red Sox Tickets: $100
1 large Sudbury Pizza: $5

Freshman Year: PRICELESS!

Adriana Gallo
Eric Gandrup
Sasha Ganeles
Laura Ganio
Bryce Garcia
Gregory Gazda
Amelia Geitz

Caeleigh Georges
Noreen Gilroy
Eric Giovannetti
Alexander Gish
Max Glick
Alicia Goldberg
Alexandra Goldblatt

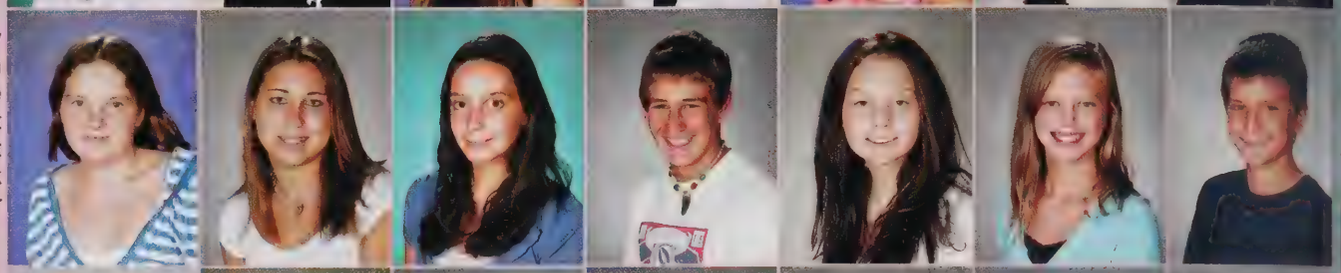
Grant Goniwich
Gisselle Gonzalez
Gillian Gordon
Michelle Gordon
Taylor Grant
Harrison Greenhouse
Elias Greenspan

Christine Griffin
Samuel Gyory
Joshua Haber
Sarah Haberman
Rachel Haggard
Connor Hall
Abigail Hanchett

Thomas Hannigan
Anna Hanson
Bryan Harding
Christopher Harding
Julian Helgeson
Marquise Henderson
Philip Hessler

Drake Higgins
Trevor Hiler
Caitlin Hocking
Adam Hodges-LeClaire
Kayla Hodgetts
George Holbrook
Zachary Holihan

Allei Holway
Nicole Horth
Elizabeth Houle
Thomas Houpt
Laura Hoyt
Rachel Hronicek
Alexander Huber



Landon Huff
Stephen Hultin
Katherine Hunt
Thomas Hunt
Greer Hunter
Christina Hurley
Antonia Hylton

Shari Idelson
Courtney Ingard
Danielle Iskandar
Lauren Jacobs
Connor Jacobson
William Jennings
Lindsey Jones

Matthew Joyner
Jenna Kabat
Brianna Kablack
Derek Kallarackal
Heechun Kang
Jeffrey Kaplan
Kenneth Kawachi

Girls...

According to a survey,

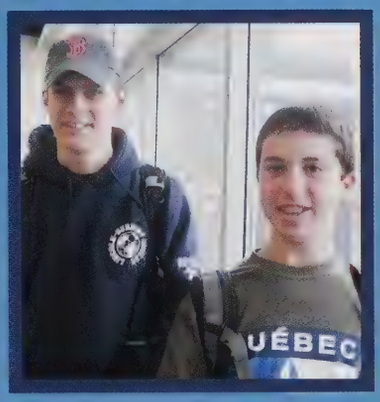
70% enjoy english class the most

60% said they enjoy watching or playing soccer

90% said their favorite electronic is a computer

80% said they enjoy spring and summer the most in the year

...and Guys!



According to a survey,

50% enjoy math class the most

50% said their favorite sport is baseball

80% said their favorite electronic is a computer

60% said their favorite season is summer

Maia Kaye
Shaquila Kearse
Olivia Keighley
Andrea Keklak
Sean Kemp
Allison Kenney
Lauren Kleifges

Samuel Klein
Peter Koekkoek
Victoria Kohler
Narvy-Lena Kol
Reut Koren
Steven Kozak
Peter Kraemer

Emily Kurtz
Lydia Kusik
Rachel Lam
Christopher Lang
Leia Lanza
Justin Leone
Brenda Lewis

Caroline Liang
Elizabeth Lo Chiatto
Katherine Lo Chiatto
Douglas Lobacki
David Lockhart
Ian Lougheed
Eric Lowry

Marco Madera
Shelby Magid
Elizabeth Maguire
Farah Mahmud
Bridget Mahoney
Clayton
Alexandra Maloof

Sina Mansouri
Allison Markowitz
Andrew Marsh
Emily Mattia
Nicholas McAvoy
Ryan McAvoy
Maia McCabe

Ann McCallum
Brendan McCann
Matthew McGavick
Hallie McGuire
David McIvor
James McMann
Devin McSheehy

Jonathan Megidesh
Reid Meier
Hailey Melamut
Jeffrey Meltzer
Daniel Mepham
Samuel Miano
Michael Miele

Matthew Migliozzi
Cordelia Miller
Daniel Mills
Ryan Min
Geoffrey Mishkin
Alexandra Missirian
Sara Mohlin

Victor Mohlin
Christopher Mollica
Emily Mollica
Sequoya Molzan
Jonathan Morely
Istvan Moritz
Jacqueline Morse

"I like L-S because there's more free time and the teachers make themselves more available for help."
-Kate Ruh

"It's more free."
-Ryan Shelley

"You have more freedom and there's more chances to meet new people."
-Trish Parneros

How is L-S different from your middle school?

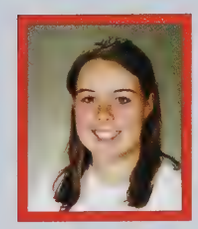
"They have light wells."
-Leia Lanza

"It's bigger, better, and you have a lot more freedom."
-Martin Quinn

"We're not wearing shackles and chains, and there are windows."
-Adri Gallo

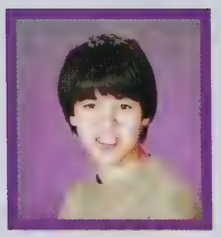
FRESHMAN QUOTES

"They have amazing cookies!"
-Rachel Lam



"I like being in class with all different people!"
-Ashley O'Donoghue

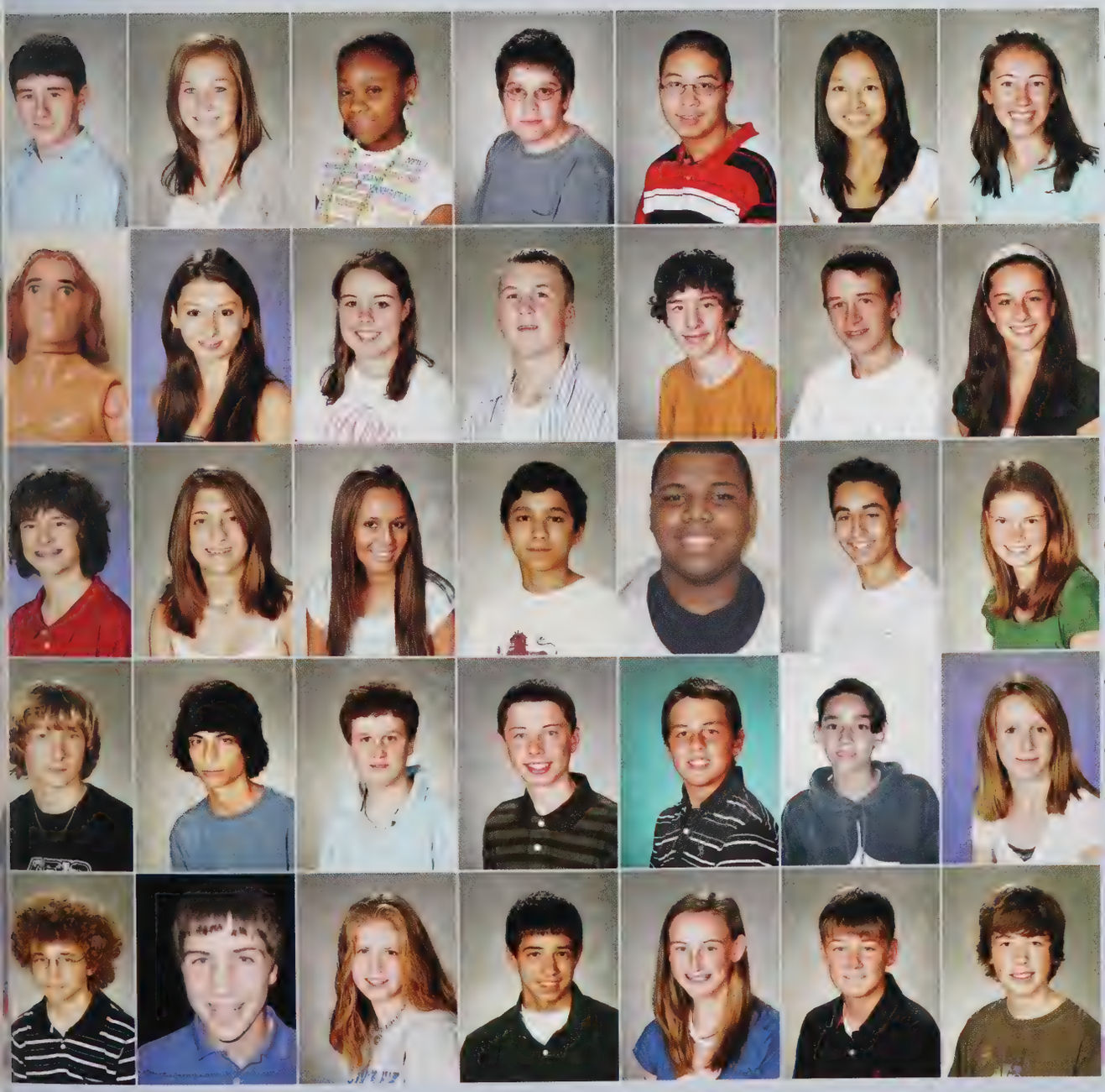
"L-S is bigger and it's more fun, you have frees. It's not as structured,"
-Kate Hunt



"I met cool people!"
-Ish Moritz

"I love lemon squares!"
-Li Goldberg

"L-S is the coolest thing since microwave popcorn!"
-Zoe Borden



Nicholas Murphy
Alison Murray
Dajanay Murray
Lyle Neustadt
Justin Ng
Kayla Ngan
Jessica Nichols

Tarzan
Melissa O'Brien
Ashley O'Donoghue
Eric Olson
Alexander Orr
Marc Pace
Nancy Pace

Michael Panetta
Patricia Parneros
Cayla Parsons
Rohan Pathak
Cesar Perez
Mitchell Perez
Hannah Perkins

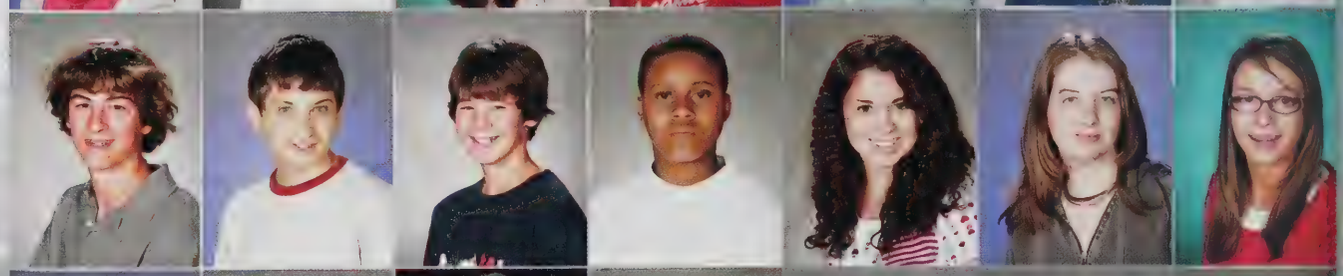
Jake Perry
Dylan Pollack
Brian Pollock
Jason Porter
Luke Prendergast
Alessandra Quadri
Iliana Quadri

Martin Quinn
Roderick Quirk
Anthea Rathjens
Adam Ravenelle
Lauren Ready
Colby Reed
Matthew Reed

Danielle Reinstein
Laura Renner
Charles Restuccia
Michelle Richard
Sophie Ritz
Mary Roach
Katherine Roche

Jacquelyn Roder
Matthew Rogers
Rebecca Rose
Adrien Rousson
Emily Rudder
Alexander Ruditsky
Katherine Ruh

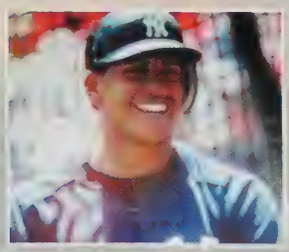
Clayton Russell
David Ryder
Gregory Saidnawey
Terrance Sanders
Lucy Santangelo
Sally Scannell
Amy Schapiro



Mark Schapiro
Catherine Schau
Jonathan Schedlbauer
David Scheff
Adam Schellenberg
Dana Scholz
Daniel Schreiner

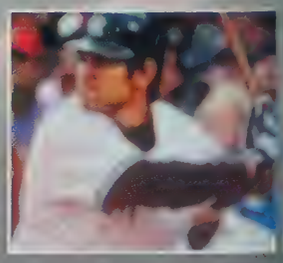
Tess Schuster
Eric Schwartz
Eliza Sefton
Samuel Seng
Emily Sexton
Claire Shapanka
Hannah Shealy

New York Yankees



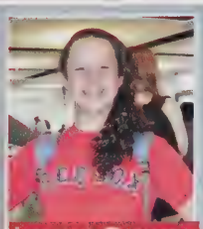
"Robinson Cano is my favorite player because he is a team player and was willing to change his number to 24 so Roger Clemens could come back to the team." -Tommy Hannigan

"I was mad that the Yankees lost in the playoffs. It is a shame that with such an incredible come back from being fourteen and a half games out of first place, the true under dogs didn't win the World Series." -Connor Jacobson



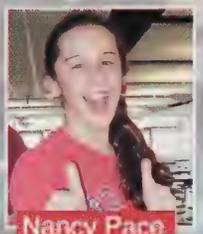
"I like the Yankees because they are a classy team that can win 26 rings without boasting about it to the Red Sox." -Bridget Mahoney

Mike Lowell, the World Series MVP, is Emily Rudder's favorite player because of his great season and his lucky number 25.



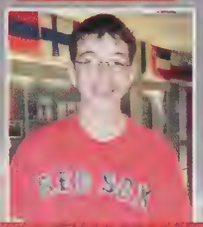
Lauren Brown

To celebrate the the World Series, Clay Russell had a family get together to watch game four and partied after Papelbon struck out the last hitter.



Nancy Pace

Nick Chunias thinks the 2007 Red Sox were better than the 2004 Red Sox because of all the rookies and the better hitting.



Harry Greenhouse

Boston Red Sox

Ryan Shelley
Kayley Sherman-Johnson
Cameron Shorb
Michael Shron
Tyler Shute
Benjamin Sia
Emily Siegel

Meagan Simons
Berkley Singer
Samya Singletary
Cameron Skarnes
Zachary Smerlas
Benjamin S Smith
Sara Smith

Molly Snell
Michela Stahl
Katherine Staley
Andrew Steinberg
Eric Steinbrook
Lawrence Stevenson
Theodore Stoddard

Timothy Storer
Andrew Stranberg
Benjamin Sugg
Kathryn Sutherland
Chloe Svolos
John Swords
Ryan Swoyer

Jessica Sylvia
Claire Tam
Gabrielle Tarini
Alisha Thomas
Natalia Thomas
Price Thompson
Theo Thompson

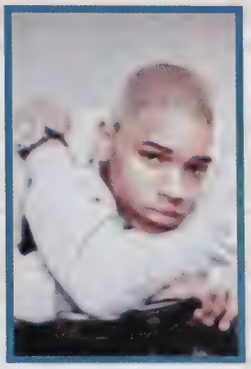
Freshman
Life
Class of 2011
SUDBURY
LACROSSE
19

Freshmen Favorites

Vacation Spot: Florida

Sports Team: Red Sox

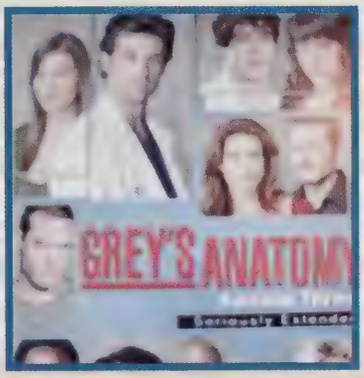
Song: Kiss Kiss by Chris Brown



Singer: Chris Brown

Store: Hollister

TV Show: Grey's Anatomy



Actor/Actress: Chris Evans

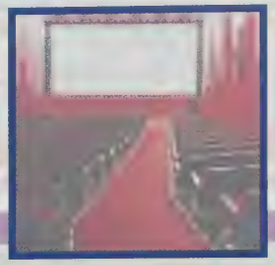
Cafeteria Food: French Fries

Band: Boys Like Girls

Movie: Superbad

Pizza Place: Sudbury Pizza

Hang out: The Movies



Sport: Soccer

Staff

Our staff. They teach us, help us, sometimes entertain us, sometimes bore us, and at a place like L-S, they can change our lives. They are an aspect most take for granted, and they are the people that we will never forget. Even after we graduate college, move on and live our lives, the L-S staff will continue to resonate in our minds, making them one of the most important parts of our high school career.

-Zac Vennard

WORLD LANGUAGES

A Message From The Coordinator

Mr. Abadia: former semi-professional soccer player, Mrs. Jarvis: former flute player, Ms. Iandoli: college basketball player, Mr. Allen: former saxophone player and veterinarian, Mrs. Thomsen and Mrs. Robertson: took an L-S group to Cuba where they saw The Buena Vista Social Club, Mr. James: drum player, cyclist and firefighter, Mrs. Campbell: worked one summer on a tobacco farm and played Mother Abbess in a high school production of "The Sounds of Music". As diverse as the background or hobbies of your language teachers, we hope that your life journeys take you to encounter new passions and opportunities. We tried to bring the world to you, now go on and embrace the world!

The Latin program at L-S is very helpful for students who are interested in law, history, science, literature, and other languages. It provides a foundation for an understanding of Western languages and literatures. We explore cultural topics such as Roman dress, food, travel, and architecture, and during the 3rd and 4th years we translate original Latin texts by such famous Romans as Caesar and Vergil while learning about historical events during their time. Each year L-S offers a trip either to Greece or Italy.

Latin

The French program at L-S offers a wide range of course offerings from slower paced courses for beginners through our advanced courses, which incorporate French cinema, history and literature. Students have many opportunities to enhance the classroom experience by participating in such activities as the exchange program with our sister school in Le Havre, France; the World Language Declamation Contest, and the National French Contest.

French

The Spanish program at L-S is the culmination of a journey you started, perhaps, as early as when you were in first grade. Some of you reached advanced levels in the knowledge of the language, while others were able to learn more about the culture and the current events in the Hispanic world through our cinema course. Others, nonetheless, made use of their language skills in helping others via service opportunities arranged by our Exploración cultural course.

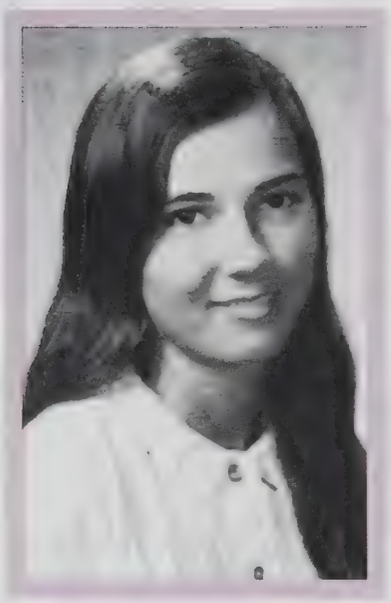
This year we established an exchange program which allows students to spend weeks living with a family in Spain. Simultaneously, the Spanish program encouraged some of you to participate in out-of-school summer programs with a wide range of learning opportunities. Spanish teachers and some of you worked together closely to create strong applications for these study abroad programs.

Spanish

L-S offers a full four-year curriculum in German and many students take the German SP exam in their fourth year. For the past 20 years, students from L-S have been traveling to and welcoming guests from Germany through the Lincoln-Sudbury Herdecke Exchange. The L-S German Club offers activities such as music, cooking, excursions to local German cultural institutions, and school-wide events such as Karneval and the Berlin Wall tear down.

German

Susan Frommer - Class of 1968



1. How has the school changed since you graduated?
"Now, there is no dress code (my class negotiated eliminating the dress code), and the senior pranks are less creative. When I was a student, as a prank, we created a student named Melvin Goombah, took the SATs for him, and applied him to Harvard. Also, the cafe now has more of a variety".

2. How has it stayed the same?
"The school is still filled with vibrant, dynamic teachers that create their own curriculum. There is still a huge social concern. The relationships between teachers and students still inspire academics and social awareness".

3. Why did you return to teach here?
"The teachers at L-S are inspiring, think independently and care for the world, all wonderful role models for students. I couldn't imagine teaching anywhere else!"

Alfonso Abadia
Debbie Aiello
Jorge Allen
Rami Alwan
Linda Anderson
Yoshitaka Ando
John Ansty

Nathaniel Armistead
Beth Armstrong
Karen Arsenault
Kristen Atwood
Gail Baker
Ned Banta
Robert Barnes

Lois Bartee
Marilyn Beaven
Leslie Belcher
Judith Belliveau
Chris Belmont
Antoinette Benhaim
Caileen Bernardi

Bethany Bernasconi
Kate Berry
Jim Berry
Caroline Berz
Debra Bieler
Virginia Blake
David Bloom

Maureen Bolton
Mary Buonamico
Eleanor Burke
Tracy Burke
Patricia Burkhardt
Amy Butler
Vicky Caburian

Donna Cakert
Marjorie Callahan
Elizabeth Campbell
Joan Campbell
Nancy Carbutt
Lynn Carlson
Scott Carpenter

Rebecca Carr
Aimee Castonguay
Janette Cavallo
Nancy Childress
Brian Cochran
Ann Cohen
Dan Conti

Shawn Cramer
Joanna Crawford
Sandy Crawford
Alison Cutler
Karen DAmore
Daniel Damelin
Thomas Danko

1. How has the school changed since you graduated?
- One of the biggest differences is the schedule. We had every block each day, but most classes (even the academic ones) were given one free per week.
-There were no cell phones, no email, and hardly any computers.
-In the four years I was in school, there was a fair amount of Superintendent turnover: two different superintendents while I was in school and they were looking for a third during my senior year.
-There was no Senior Spot, no last day countdown and no organized Senior Dress Up Day.
-Central wasn't Central, it was West, and it was off campus.

2. How has it stayed the same?
-Tradition of academic excellence.
-Tradition of athletic excellence.
-Tradition of excellence in, and availability of, a broad range of elective, extra-curricular, and alternative programs.
-Tradition of student choice, freedom, and independence.
-Tradition of strong student-teacher relationships.

Jim Berry - Class of 1989

3. Why did you return to teach here?
"L-S feels like home. I love the culture".

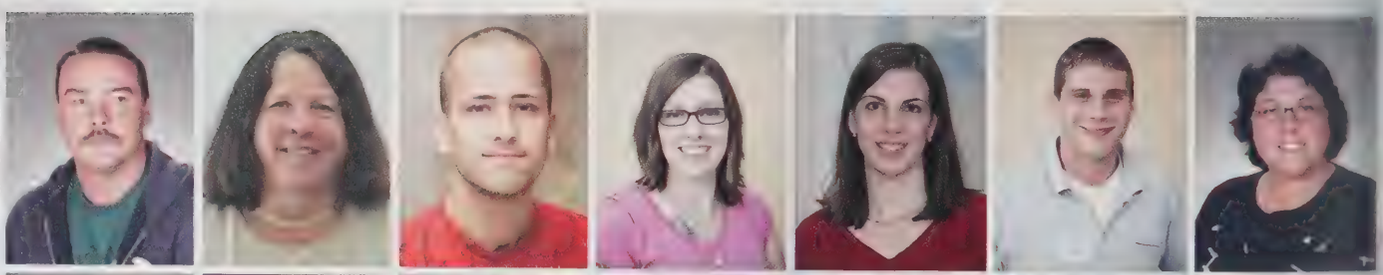
Brandon Dorey - Class of 2003

1. How has the school changed since you graduated?
"Many new faces in the building. Obviously the students are different, but there are many new teachers and staff. For some reason, the biggest change that sticks out in my mind is the technology. Cell phones and iPods: practically unheard of back in my day. I didn't own a cell phone until I graduated high school. We were only allowed to listen to CD players (remember those?) in the cafeteria. Now some teachers will even let you listen in class. Where I student taught, if I saw an iPod I had to confiscate it. As for sports, one thing jumps out: turf fields. My senior year we drove every day to Haskell for soccer practice, and Feeley for baseball".

2. How has it stayed the same?
"Many of the same teachers are in the building (which isn't too surprising, since it has only been 5 years). 3 out of 4 of my math teachers are still in the department. You still find some creative clubs. My personal favorite from my day was the Bob Dylan club, where students would meet, and listen to his music. I'm hoping Senior Dress-Up Day is still taken as seriously as it used to be. My senior year I dressed up as Apollo Creed and performed a perfectly choreographed combination of the Rocky I and II fights. I can't wait to watch during lunch this year. The rivalry with A-B sure doesn't seem to be going anywhere".

3. Why did you return to teach here?
"You hear it all the time, that there is no school quite like L-S. You don't realize how true that is until you leave, and in my case teach in different schools during my time at BC. The relationships you build with teachers last a lifetime, and I can still remember specific lessons and jokes that were made in every class. Even in subjects that weren't my favorite I worked hard. Why? Not because I was worried about my GPA, but instead because of the respect I had for my teachers. I didn't want to let them down, because it was so clear that they cared about their students and took pride in their job. Simply put, at L-S teachers love their students and vice versa. It is a dynamic that is appealing to anyone in the profession. I couldn't be happier working here".

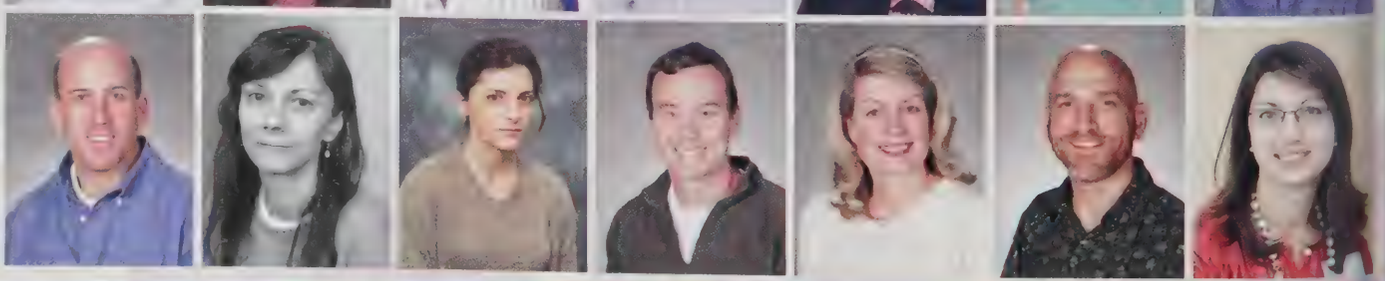
Bill Davison
Joanne Delaney
Charles Despotopulos
Laurie Despotopulos
Nicole Digenis
Brandon Dorey
Roz Drawas



Fred Egizio
Peter Elenbaas
Cynthia English
Nancy Errico
Carly Evans
Cyndy Falwell
Andrea Falzones

Brian Fauvel
Sara Fine-Wilson
Isaac Fisher
John Flynn
Donald Foss
Nicole Frattaroli
Peter Frederickson

David Fredrickson
Susan Frommer
Marie-Josee Galano
Greg Gammons
Joan Gaunmitz
John Germanotta
Ponokah Gillespie



Joshua Gilman
Patricia Gogan
Nancy Goldstone
Melvin Gonsalves
Cristina Gonzalez
Kimberly Goodwin
David Grace

Debbie Grace
Mary Ann Grady
Patricia Graham
Thomas Grandprey
Barbara Grant
Douglas Grant
Leslie Gray

Sarah Greeley
James Greer
Donna Guarino
Caroline Han
Nancy Hart
Ruth Hartt
Linda Hawes

Fred Hernandez
Lorraine Hodin
Sarah Hogan
Anita Honkonen
David Hosford
Lynne Hunter
Angella Iandoli

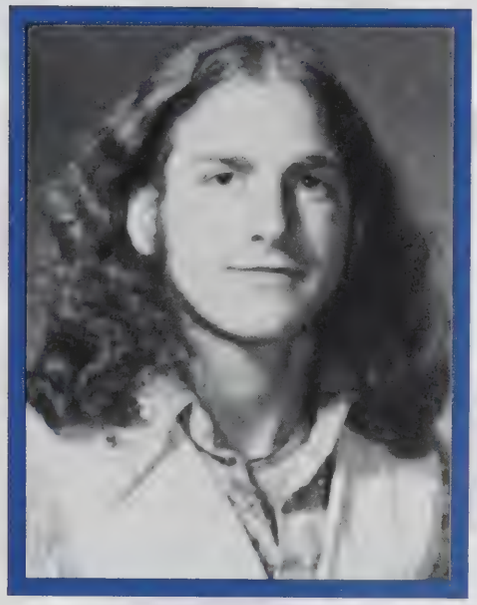
1. How has the school changed since you graduated?
"The schedule, what is an ACA block??? Mandatory 15 hours of community service in order to graduate, the food, prices & service in the cafe".

2. How has it stayed the same?
"The Max Ed cards, the L-S way of being "a different kind of place", the togetherness in sports, continuous support from their teachers".

3. Why did you return to teach here?
"Being a former METCO student I felt like I had something to offer back especially to the METCO student, as to once being where they currently are. I like the opportunity of being back where I graduated from. It has given me the pleasure to make a connection with some of the resident students as well. By coaching and being a class advisor I have met and made some really nice relationships with students and parents. However, most importantly being here will now give my daughter the opportunity to attend and graduate for L-S and that itself is priceless.....Mother & Daughter together as Lady Warriors!"

Tanisha Tate - Class of 1990

John Germanotta - Class of 1977



1. How has the school changed since you graduated?
"There have been quite a few changes. The schedule has changed dramatically. I remember when I was a student I was able to be involved in many more activities simultaneously. I was in the play, a drama course, orchestra, select chorus, special chorus & civic orchestra, all in the same semester! Now it is very difficult to do this, due to the schedule change as well as the state requirements to graduate. There was no MCAS to distract teachers from teaching. I remember walking through the glass corridor in the old school, making my way through crowds of kids hanging out there smoking. It was the smoking area then. Now, of course, there is no smoking on school grounds. Also, because there were so many students then (2000), there were more students hanging out everywhere. I remember walking down blue hall, stepping over people's legs the whole way down".

2. How has it stayed the same?
"What has stayed intact, thank goodness, is the general philosophy of the school. The open-campus, the idea that it is a community which supports personal accountability by giving the students freedoms which most other public schools do not. I learned much about being a responsible young adult, which, as I recall, prepared me well for the step into college life. I remember when I went off to school it was fairly easy to adjust".

3. Why did you return to teach here?
"When I decided to change my career and move on to teaching, this was the first place I thought of because I knew that it was a great community with the kind of educational philosophy that I wanted to be a part of. I can't imagine teaching in a public school with bells to tell you when to go to class, or hallways with no students walking around or hanging out".

Philip James
Kurt James
Alissa Jarvis
Timothy Jason
Susan Johnson
Shea Justice
Shoshi Kahn-Woods

Judy Katalina
Diane Kaufman
Erin Kent
Ken Kimura
Leslie Kmiec
Leslie Knight
Anne Kramer

Denise Lawhorn
Jeff Leichtman
Susan Leichtman
Michele LePietre
Paula Leporati
Ann Marie Lesniak-Betley
Carol Lewis

Dan Lewis
Darci Lipka
Nancy Lopez
Tracie Lopez
Lisa Lupinacci
Tracey Lyon
Nancy Malloy

Michael Malone
Charli Mancini
Beth Mangano
Harry Martinez
Mark Mason
Michael Mayer
Kelly Mazza

Elizabeth McClung
Matt McCormick
Douglas McCraith
Jason Medeiros
James Merkle
Shireen Meskoob
Paul Miceli

Bruce Millet
Katie Mooney
Jane Murphy
Dale Myers
James Newton
Bouke Noordzij
Heather Norton

Meghan Notari
Annalisa Notaro
Gail Nozik
Tara ODonnell
Nancy O'Neil
Anne O'Reilly
Lisa Olsson

1. How has the school changed since you graduated?
"There was a different block schedule. We had blocks one through seven every day, but they only met four times a week, so we had a free period for each block, each week! There were no graphing calculators, no cell phones, no internet and no email! Ernie used to check for underclassmen leaving campus, but now there is now Ernie. There was no Senior Spot. We had Four Corners and I think we did the countdown there on our last day, but that wasn't the only spot seniors hung out".

2. How has it stayed the same?
"Bill Schechter. There are still excellent athletic programs; there had always been a strong tradition and a high standard to be held if you want to call yourself an L-S Warrior. There is still the same commitment to a strong student-teacher relationship. Senior Dress-Up Day, although, we didn't have the lunch block routine... Seniors just came to school dressed up. Students choose their own classes and there are so many interesting classes from which to choose. Students have a lot of freedom and a lot of responsibility".

3. Why did you come to teach here?
"What do you mean? There are other schools? ;)"

Kate Berry - Class of 1994

Kate Mooney - Class of 2002

1. How has the school changed since you graduated?
"Now that I'm experiencing L-S from a staff perspective, it's like a whole different world; so in a personal sense it has changed. In general though, I've noticed a lot of class spirit, and there seems to be a lot more parking spaces. The term "Senior Spot" is different than I'm used to as well, but it's the same idea as Four-Corners".

2. How has it stayed the same?
"In so many ways... The student-teacher interactions, competitive sports, the freedom, and the student leadership... they make L-S what it is so it's nice to see those elements haven't changed".

3. Why did you return to teach here?
"It's just a great place to belong to. I loved going to school here so I figured I'd love going to work here too".

Joseph Pacenka
Carol Padden
Samantha Parker
Connie Patten
Lisa Peck
William Pegram
Mark Perec

Suanne Peterson
Dennis Phillips
Emily Phillips
Shara Pilch
Judy Plott
William Plott
John Plunkett

Julie Preston
Deborah Proctor
James Raffel
Hanka Ray
William Ray
Jennifer Reen
Rebecca Reitz

Allison Richardson
Francesca Ricker
Anthony Rigoli
Casey Riley
John Ritchie
Silvana Robertson
Michelle Roderick

Steven Roderick
Naomi Rosenthal
John Rossley
Kevin Rossley
Iain Ryrie
Barbara Salzman
Alison Sanders-Flemming

Mark Santoro
Paul Sarapas
William Schechter
Carol Schroeder
Kim Schultz
Jean Sheehy
Irene Sheldon

Melisa Shen
Susasn Shields
Pam Shreve
Caroline Singler
William Snow
Mark Sobkowicz
Helen Sotiriou

Marty Spence
Muriel Stern Riseman
Nicole Stewart
Marcelyn Stoda
Tanisha Tate
Joanne Thompson
Karen Thomsen

1. How has the school changed since you graduated?
"It's hard to say what has changed. I haven't really noticed all that much of a difference as I haven't been working here for very long".

2. How has it stayed the same?
"A lot of things seem to have stayed the same. The atmosphere I remember is still here. The relationship between the faculty and students is still the combination of friendliness and respect I witnessed while here. The students still seem to enjoy and prosper from free time given to them".

3. Why did you return to teach here?
"I loved my time here at L-S as a student and I agree with the teaching practices of the school. I also think L-S does a great job preparing its students for college".

Brian Cochran - Class of 2000

Nicole Digenis - Class of 1992

1. How has the school changed?
"The student population has pretty much doubled in size so that has changed a lot of things about the feel of the school. I knew every person in my class and a good percentage of people in classes above me".
The schedule was very different. We had seven blocks a day of 50 (?) minutes each and most classes met 4 times a week so one of the meeting times was always a free. There was no scheduled lunch block. You either ate during frees or in class. We had a "homeroom" block. School started at 8am".

2. How has it stayed the same?
"The focus on close relationships between students and adults in the building is similar, though there is less free time in the schedule to facilitate these relationships. The way adults try to treat students as individuals and as human beings is similar. The guiding philosophy and feeling is the same though I think it is getting more difficult to maintain given the large size of the school".

3. Why did you return to teach here as opposed to some where else?
"It's a great place to teach! Not many places have the same philosophy about how to treat students. Additionally, teachers here are treated as professionals and invested decision-makers by school administration and leadership. Lastly, my colleagues are great people who love what they do and who are great to collaborate with".

Edward Trunfio
Linda Twomey
Munya Upin
Diana Vayda
Michael Vayda
Anne Walker
Dave Walsh

Mary Beth Walsh
Mary Jane Walsh
Brian Ward
Beverly Weinberg
Lisa Weiss
Seth Weiss
Danielle Weisse

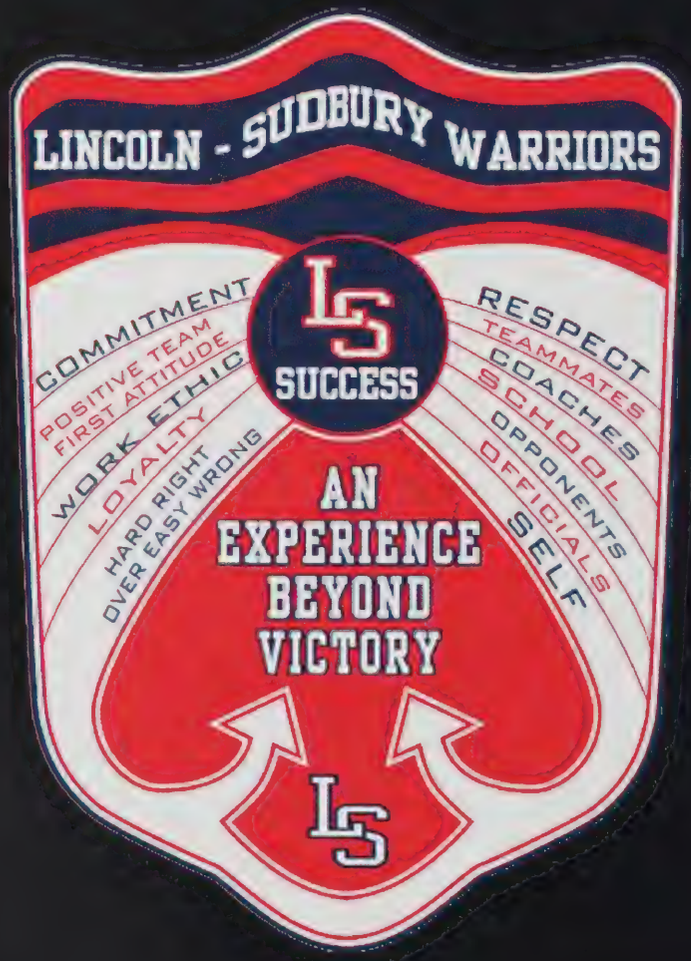
Erica Wilsen
Rick Wise
Jaime Wong
Kathryn Worth
Julianne Yazbek
Jane Young
Richard Young

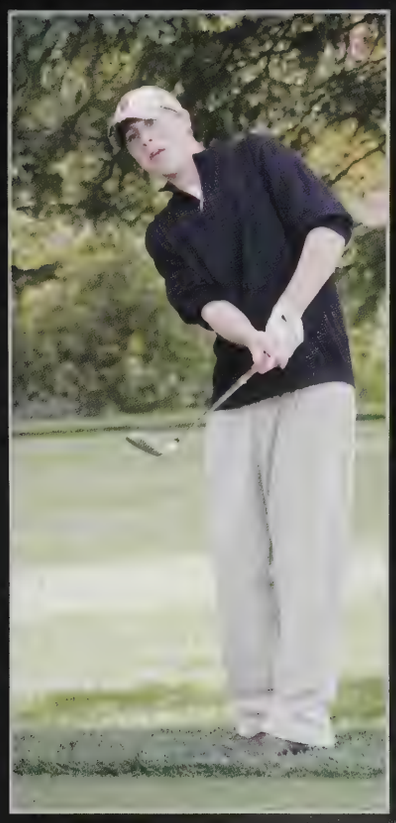
Irene Yunchia Rideout
Francis Zingale

STAFF LIFE

Sports

Here at Lincoln-Sudbury athletics are a large part of the lives of many students. There are many student-athletes here who continue their sports careers into college and beyond. This makes it quite important to have a dedicated and knowledgable staff to help coach these talented athletes through the infancy of their careers. As many people know the Lincoln-Sudbury Warriors have held many state titles over the years, proving the dedication of the coaches and staff. Thank you for helping us with this great success and lets keep up the good work and earn more titles in the upcoming seasons.





Photos By Nate Shron

Boys Cross Country

Skyler Aikens-Kinney, David Alderman, Alec Barnes, Jeffrey Bradford, Stephanos Calligas, Kyle Coletti, Daniel Cooper, Sean Cronin, Benjamin Cutting, Deven Dayal, Jeffrey Dykes, John Ellersick, Martin Falk, John Francis, David Froot, Andrew Gentile, Isaac Hoenig, Alexander Huber, Stephen Hultin, Joseph Iskandar, Jacob Lifschultz, Alexander Linden, Eric Mariasis, James McCartney, Michael Moritz, Jeffrey Palin, Michael Ravesi, David Scheff, Nicolaus Serbedzija, Jacob Shoemaker, Cameron Shorb, Tyler Shute, Daniel Steinbrook, Christopher Stock, Andrew Stranberg, Christopher Stranberg, James Jr Tyrrell, Benjamin Zackin

Captains

Jake Shoemaker, Jimmy Tyrrell, Ben Cutting, and Mike Ravesi

Seniors

Skyler Aitkens-Kinney, David Alderman, Benjamin Cutting, David Froot, Andrew Gentile, Joseph Iskandar, Alexander, Linden, Jeffrey Palin, Michael Ravesi, Jacob Shoemaker, Daniel Steinbrook, James Tyrrell Jr.

Girls Cross Country

Captains

annah Ziobrowsk, Molly Binder

Elizabeth Albanes, Claire Arthur, Seda Babroudi, Mary Binder, Natasha Block, Holly Clarke, Kathryn Coletti, Emma Costello, Abigail Drake, Hannah Egan, Charis Flamburis, Rima Gemayel, Jennifer Gossels, Jessica Griffin, Abigail Hawkins, Katherine Hunt, Ethel Hylton, Dana Jamieson, Andrea Keklak, Victoria Kohler, Hannah Lyons, Caroline Mackie, Barbara MacNeill, Ann McCallum, Grace McDermott, Emily Mepham, Calli Pappas, Rachael Potter, Monika Quinn, Olivia Reed, Katherine Ruh, Danielle Sackstein, Michelle Saint Lucy Santangelo, Mary-Kate Shelley, Erica Stockwell-Alpert, Stephanie Zeytoonian, Hannah Ziobrowski

CHEERLEADING

Jessica Allen, Samantha Boland, Heather Daly, Hannah Dezen, Melissa DiStefano, Monica DiStefano, Rebecca Earle, Brianna Felici, Rebekah Galinsky, Kayla Hodgetts, Allison Kenney, Claire Rudder, Cynthia Smith, Alana Stevens, Kathryn Sutherland, Alesia Venuto, Samantha Weinstein, Michelle Whitehouse, Lucy Zhang

Golf

Captains
Austin Smith, Patrick Ryan, and John McGinnis

Alexander Benoit, Alex Blake, Andrew Freedman, Taylor Herman, Dylan Hunt, David Jaeger, Daniel Kabat, Benjamin Link, John McInnis, Timothy Mollen, Patrick Ryan, Andie Savel, Austin Smith, Adam Wilver, Alexander Huntowski, Samuel Diarbakerly

Girls Soccer

Captains

Kelly Cakert, Michelle Meager

Varsity

Kelly Cakert, Maryn Carlson, Hayley Caslin, Kathleen Davis, Jenna DiCicco, Whitney Donaldson, Alexandra Georges, Molly Irving, Anna Konopacz, Lexy Koop, Michelle Meagher, Brianna Miller, Brittany Moorman, Elizabeth Newman, Jennifer Reiner, Leah Sax, Katherine Sisk, Jenna Marie Vercollone

Junior Varsity

Lindsay Bender, Samantha Berry, Whitney Boegel, Jennifer Brodeur, Cassandra Bursma, Kasey Cybulak, Noreen Gilroy, Shannon M Gilroy, Kaitlyn Grant, Courney Ingard, Heather MacLeish, BrookeMaley, Maura McGrath, Alison Murra, Chelsea Reardon, Eliza Sefton, Julia Star, Carla Weiss

Freshmen

Jennifer Bernier, Elizabeth Borden, Lauryn Brown, Kelsey Colpitts, Joanna, Fadden Caeleigh, Georges Laura Hoyt, Rachel Hronicek, Maia Kaye, Jessica Nichols, Nancy Pace, Lauren Ready, Michelle Richard, Jacquelyn Roder, Kayley Sherman-Johnson, Berkley Singer, Molly Snell, Katelyn Wright

Boys Soccer

Captains

Jeffrey Walch, Michael Crosby, Nicholas Addeo

Varsity

Nicholas Addeo, David Banerjea, Daniel Birtwell, Brendan Caslin, Michael Crosby, Ryan Davis, Cole DeNormandie, Maxwell Haines, Sander Idelson, Erik Kazior, Kyle Kemp, Ryan Kemp, Aidan McGrath, Michael Miele, Garrett Moore, David Neiterman, Adam Quint, Txai Sabghir-Frota, Andrew Schwalm, James Sia, Jeffrey Walch, Stephen Weiss, Jonathan Westling

Junior Varsity

Carl Anderson, William Bereszniewicz, Aditya Bhandaru, Alec Burkin, Dennis Cakert Jr., Jason Goldfarb, Matthew Guldberg, Max Kaye, Donald Kimble Cook III, Nathan Latta, Gregory Majno, William Mepham, Joseph Organisak, Clayton Russell, Ryan Schaub, Nico Schottenhamel, Daniel Shimkus, Benjamin Sia, Matthew Sliwkowski, Charles Wilson,

Freshmen

Michael Barry, William Beckham, Casey Bereszniewicz, Brendan Carroll, Nicholas Chunias, Matthew Dawson, Edward Donaldson, Thomas Driscoll, Jacob Earle, Eric Gandrup, Adam Hodges-LeClaire, Connor Jacobson, Matthew Joyner, Samuel Klein, Daniel Mepham, Geoffrey Mishkin, Christopher Mollica, Martin Quinn, Matthew Rogers, Andrew Steinberg, Eric Steinbrook, James Wagner II,

Seniors

Jeffrey Walch, Sander Idelson, Stephen Weiss, Kyle Kemp, Erik Kazior, Michael Crosby, David Neiterman, Nicholas Addeo

Field Hockey

Varsity

Captains

Hanna Wagner, Amanda McGavick

Katherine Broecker , Lacey Cumming, Anna Forman, Jessica Gaines, Hannah Gerry, Lisa Giorgetti, Jennifer Hayes, Maya Lund, Megan Maley, Amanda McGavick, Carolyn Ruffolo, Tess Shapanka, Jane Siegel, Brielle Siskin, Alexandra Sliwkowski, Hanna Wagner

Junior Varsity

Andrea Butler, Molly Deneen, Tiffany Dessain, Laura Ganio, Jessica Greenwood, Greer Hunter, Bridget Hunter-Jones, Katrina Jandl, Jenna Kabat, Mallory Laurendeau, Julia Levy, Lauren Matot, Abigail Oliveira, Kendall Presti, Kiirstin Rautiola, Stephanie Titlebaum, Caroline Williams, Alexandra Young

Freshmen

Isabel Bennett, Hannah Bjornson, Terilyn Eisenhauer, Krista Galligani, Alexandra Goldblatt, Nicole Horth, Danielle Iskandar, Maia McCabe, Hailey Melamut, Hannah Perkins, Claire Shapanka, Michela Stahl, Chloe Svolos, Gabrielle Tarini, Kathrine Wetherbee

Seniors

Alexandra Slikowski, Hanna Wagner, Carolyn Ruffalo, Amanda McGavick, Brielle Sisken, Lacey Cummings

grays

grays

grays

MALIK
grays

grays

Football

Varsity/Junior Varsity

Derek Abel, Edward Acton, Matthew Antonellis, Michael Antonellis, Keegan Ashley, Andrew Baldwin, Michael Baranowsky, Michael Bougoulas, Brian Catinella, Stephen Collins, James Coombs, Darren Cromwell Jr, Patrick Crosby, Charles DeFrancesco, Cyrus Elias, Juvone Freeman, Samuel Gifford, Michael Gigliotti, Jared Goldstein, Joshua Goldstein, Daniel Green, Max Haberman, Matthew Hanson, Jeffrey Hennessy, Stephen Hodgetts II, Mark Hogan, Wesley Hogan, Alexander Hovsepian, Brandon Huntowski, Jeffrey Iuliano, Alex Jermasek, Trevor Jermasek, Gregory Johnson, Robert Karn, Andrew Kelly, Bryan Koop, James Lagarce, Edward Landsman, Anthony Leo-Mayes, Ryan Lesko,Derek Lowe, Michael Lutz, Jamie Lyons, Periklis Maheras, Joseph McGee, Ryan McManus, Michael Merwin, Ryan Mulvehill, Jeffrey Newton, John O'Connell, Owen Pagano, John Papapietro, Andrew Parneros, Jesse Pearce, Michael Phillips, David Quinn, Michael Restuccia, Matthew Rizzo, David Rocklage, Kurt Rogers, Adam Roose, Jason Roth, David Sackstein, Peter Salvia II, Ryan Sanford, Jonathan Scotti, John Sinnigen, Adam Soloperto, Ryan Sutherland, Kyle Sweet, Michael Sylvia, Matthew Tatkow, Jeffrey Trotsky, Randy Vicente, Hakeem Walker, Michael Wright

Seniors

Andrew Baldwin, Darren Cromwell Jr., Cyrus Elias, Juvone Freeman, Michael Gigliotti, Jared Goldstein, Mark Hogan, James Lagarce, Ryan Lesko, Ryan McManus, Ryan Mulvehill, Andrew Parnaros, David Rocklage, Kurt Rogers, Adam Roose, Jason Roth, Ryan Sanford, Hakeem Walker, Michael Wright

Captains

Mark Hogan, David Rocklage, Darren Cromwell

Freshmen

Keith Anderson, Michael Asdot, Luke Baldwin, Jeffrey Barker, Benjamin Budas, Brian Coletti, Daniel Connaughton, Edward DeArias, Matthew DeLaney, Krystian Eaglehorse, Colin Finnegan, Benjamin Forman, Aaron Fox, Jesse Fox, Eric Giovannetti, Grant Goniwich, Harrison Greenhouse, Elias Greenspan, Thomas Hannigan, Thomas Houpt, Derek Kallarackal, Jeffrey Kaplan, Justin Leone, Matthew McGavick, David McIvor, Matthew Migliozzi, Marc Pace, Charles Restuccia, Mark Schapiro, Adam Schellenberg, Samuel Seng, Michael Shron, Zachary Smerlas, Lawrence Stevenson, Ryan Swoyer, Theo Thompson, Mark Vogel, Paul Winschel, Leon Yin

Volleyball

Varsity

Lindsey Jones, Ashley Norley, Megan Braun, Gracie Hannigan, Caoimhie Brown, Alexa Rozelle, Jenna Rose, Elana Mattione, Carly Shortel, Andrea Ravenelle, Danielle Cebra, Elizabeth Bakacs

Captains

Ondrea Ravenelle, Elizabeth Bakacs

Junior Varsity

Nyah Berg, Millicent Croman, Kristie Dickinson, Olivia Gutowski, Bridget Mahoney, Amanda Nash, Kayla Ngan, Lindsey Jones, Felicia Patel, Morgan Peck, Emily Rudder, Emily Siegel, Meagan Simons

Freshman

Olivia Coombs, Taylor Grant, Tina Griffin, Elizabeth Lochiatto, Katherine Lochiatto, Sara Mohlin, Alex Quadri, Iliana Quadri, Annie Rathjens, Sarah Smith, Jessie Sylvia, Carolyn Voyta

10
4
23
17
2
LINCOLN

Boys Basketball

Varsity

Captains

Paul Antion, Ryan Sanford

Paul Antion, Michael Antonellis, Alexander Benoit, Daniel Birtwell, Samuel Finn, Colin Murphy, Tyler Murphy, Graham Piercey, Lucas Rathjens, Ryan Sanford, Jeffrey Walch

Junior Varsity

Matthew Antonellis, William Bereszniewicz, Stephen Collins, Ryan Davis, Lee Eustis, Brandon Huntowski, Matthew Kasle, Brendan Kelly, Demetrius Patterson, Trevor Shorb, Dareek Sims

Carl Anderson, Karthic Aragam, Casey Bereszniewicz, Dennis Cakert Jr., Daniel Connaughton, Brandon Donald, Rony Fernandez, Marquise Henderson, Daniel Mepham, Geoffrey Mishkin, Eric Olson, Mitchell Perez, Adam Ravenelle, Jonathan Westling

WARRIORS
20

WARRIORS
24

WARRIORS

WARRIORS
31
Wilson

WARRIORS
10

Girls Basketball

Captains

Sarah Whitmore, Whitney Donaldson, Shatasia Kearse

Varsity

Katherine Broecker, Kelly Cakert, Whitney Donaldson, Sarah Dowling, Lindsey Jones, Shatasia Kearse, Allison Linke, Bridget Mahoney, Brianna Miller, Alison Murray, Elizabeth Newman, Sarah Wetmore

Seniors

Sarah Wetmore, Kelly Cakert, Alisson Linke, Sara Dowling, Whitney Donaldson, Shatasia Kearse

Junior Varsity

Kathryn Coletti, Maggie Curtis, Christine Griffin, Courtney Ingard, Elizabeth Lo Chiatto, Alessandra Quadri, Anthea Rathjens, Michelle Richard, Lucy Santangelo, Kayley Sherman-Johnson, Meagan Simons

Freshmen

Nyah Berg, Kathryn Boyle, Olivia Dorey, Noreen Gilroy, Shannon M. Gilroy, Shaquila Kearse, Katherine Lo Chiatto, Kayla Ngan, Iliana Quadri, Julia Starr, Katelyn Wright

WARRIORS
32

24

WARRIORS
32

14

Boys Hockey

Varsity

Kyle Croman, Charles DeFrancesco, John Ellersick, Patrick Hebble, David Hopland,Daniel Kaplan, Robert Karn, Jonathan Lewis, Liam Martens, Liam McInerney, Garrett Moore, Connor Quinn, Julien Rousson, Daniel Sawyer,Ryan Sutherland, Evan Tonkel, Evan White

Captains

Garret Moore, Evan White, Even Tonkel

Junior Varsity

Sean Ashe, Michael Barry, John Burke, Daniel Cooper, Jake Dean, Henry Fairbairn, Connor Hall, Trevor Hiler, Peter Kraemer, Daniel Monahan, Luke Prendergast, Roderick Quirk, Michael Restuccia, Jackson Rimpas, Adrien Rousson, Gregory Saidnawey, Jonathan Schedlbauer, John Swords

Girls Hockey

Captains

Hanna Wagner, Molly Irving, Marlayne Saidnaway

Jamie Charest, Taylor Charest, Millicent Croman, Isabel DeMello,Sarah Haberman, Molly Irving, Maia Kaye, Danielle McAvoy, Amy Nesky, Marlayne Saidnawey, Molly Snell, Abigail Titlebaum, Stephanie Titlebaum, Jenna Marie Vercollone, Hanna Wagner, Tanya Willey

Boys Skiing

Derek Azzolino, Connor Bodell, Henry Breiter, Edmond Charrette, Thomas Driscoll, Garrett Dunne, Jeffrey Dykes, Ian Egan, James Ellersick, Colin Finnegan, Gregory Gazda, Daniel Green, Merrit Hall, Mark Hamel, Ryan Healy, Isaac Hoenig, Nicholas Holden, Stephen Hultin, Peter Koekkoek, Samuel Koekkoek, Eric LaRow, James McCartney, Kyle McDonald, John McInnis, Istvan Moritz, Michael Moritz, David Scheff, Eric Schwartz, Nicolaus Serbedzija, Nathan Shron, Justin Skloff, Christopher Stock, Christopher Stranberg, Benjamin Sugg,Price Thompson, Taylor Witkin, Jeffrey Woodard, Benjamin Zackin, Nevin Zaisx

Captains

Justin Skloff, William McCartney, Samuel Koekkoek, Nicholas Holden

Girls Skiing

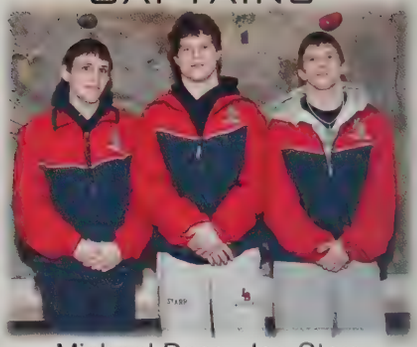
Kelsey Azzolino, Kathrine Briedis, Kelsey Colpitts,Clare Costello, Emma Costello, Hannah Egan, Jessica Gaines, Krista Galligani, Amelia Geitz, Sophie Greenspan, Nicole Horth, Alissa Long, Eliza Maclean, Farah Mahmud, Megan Moritz, Jessica Nichols, Hannah Perkins, Chelsea Reardon, Jenna Romeo, Lindsey Ryan, Danielle Sackstein, Tess Schuster, MaryKate Shelley, Berkley Singer, Katherine Sisk, Katherine Smerlas, Amanda Watson

Captains

Alissa Long, Clare Costello, Amanda Watson

WRESTLING

CAPTAINS



Micheal Pace, Jon Starr, Micheal MacKinnon

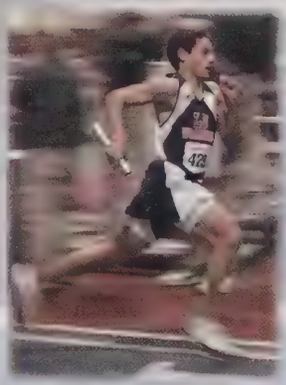
Luke Baldwin, Mark Benhaim, William Binder Raymond Bores, Daniel Cmejla, Corey Dailey, Eric Davis, Matthew DeLaney, Cyrus Elias, David Garelik, Justin Gibbs, Max Glick, Harrison Greenhouse, Matthew Hardardt, Mohammed Hussain, Jeffrey Iuliano, Sean Kemp, Jeremy Lasky, Anthony Leo-Mayes, Douglas Lobacki, Christopher MacKinnon, Trevor MacKinnon, Jeffrey McKinnon, Carter Mode, Nicholas Murphy, Owen O'Brien, Marc Pace, Michael Pace, Scott Pheifer, Jason Shuman, Zachary Smerlas, Thomas Spiegel, Jonathan Starr, Lawrence Stevenson, Christian Stoll, Andrew Stranberg, Jordan Syatt, John Tylko III, Mark Vogel

GYMNASTICS

Amy Bero, Samantha Boland, Rachel Braunstein, Marissa Dolan, Caroline Doyle, Nivela Hassan, Sarah Holbert, Laura Holzwasser, Morgan Levitt, Amanda Nash, Courtney Ostar, Reina Ostar, Lauren Ready, Sarah Richard, Orla Roche, Erin Sharkey, Jenna Swotinsky

Boys Track

David Alderman, Christopher Allen, Alec Barnes, Ryan Cove, Benjamin Cutting, Matthew Dawson, Deven Dayal, Cole DeNormandie, Jacob Earle, John Francis, Christopher Halsted, Thomas Hannigan, Wesley Hogan, Bryan Holtzman, Sander Idelson, Kenneth Kawachi, Erik Kazior, Kyle Kemp, Ryan Kemp, Donald Kimble Cook III, Colin Kleeman, Sean Kleeman, John Leonelli, Alexander Linden, Jamie Lyons, Andrew Marsh, Ryan McAvoy, Jordan McCarthy, William Mepham, Michael Miele, Roger Nix, David Piazza Jr, Martin Quinn, Michael Ravesi, Kyle Ray, Colby Reed, Adam Roose, David Sadowsky, Samuel Seng, Anmol Sharma, Tyler Shute, Benjamin S Smith, Matthew Thompson, Lawrence Tse, James Jr Tyrrell, Andrew Vargo, Robert Vargo, Bryant Wang, Michael Whyte, Charles Wilson, Samuel Wuest



Captains

Adam Roose, Benjamin Cutting, Sander Idelson, Sean Kleeman, Bryant Wang

Girls Track

Catherine Albanese, Elizabeth Albanese, Lea Allen, Claire Arthur, Nicole Attale, Mary Binder, Alexandra Capone, Hayley Caslin, Jordan Chen, Holly Clarke, Shelby Crane, Abigail Drake, Carlyle Flanagan, Margaret Fleming, Sara Forino, Sarah Freeman, Sasha Ganeles, Caeleigh Georges, Alexandria Giacalone, Jasmine Goodrum, Michelle Gordon, Jennifer Gossels, Jessica Griffin, Anna Hanson, Hannah Holden, Elizabeth Houle, Ethel Hylton, Cecilia Igwe-Kalu, Dana Jamieson, Andrea Keklak, Leia Lanza, Jessica Marsh, Emily Mepham, Megan Outly, Calli Pappas, Patricia Parneros, Rachael Potter, Monika Quinn, Ellen Quirk, Olivia Reed, Emily Rudder, Michelle Saint, Leah Sax, Emily Schneider, Carly Shortell, Julia Singer Katz, Katherine Stevenson, Jessica Tocci, Samantha Weinstein, Sara Whitney, Abigail Wyant, Stephanie Zeytoonian, Hannah Ziobrowski

Captains

Jessica Marsh, Dana Jamieson, Emily Mepham, Elizabeth Albanese, Julia Singer-Katz

Boys Swimming

Captains

Thomas Wurm, Alexander Boyd, Jacob Shoemaker

Pierre Baize, Alexander Boyd, Graham Boyd, Stephanos Calligas, Scott Ehrmann, Scott Foley, Joseph Iskander, Matthew Johnson, Martin Karina, James Krone, Jacob Lifschultz, Charles Mayer, Owen McGarry, Matther Newton, Patrick Ryan, Luke Schultz, Ryan Shelly, Jacob Shoemaker, Timothy Storer, Stephen Weiss, Ian Weatherbee, Matthew Wurm, Thomas Wurm

Girls Swimming

Captains

Abigal Hanson, Katherine Carder, Jennifer Reiner

Natasha Block,Megan Braun, Lauryn Brown, Jennifer Carder, Katherine Carder, Heather Daly, Abigail Hanson, Julia Hanson, Anna Heffernan-Fagone, Rachel Hronicek, Christina Hurley, Danielle Iskandar, Emily Kelly, Caroline Mackie, Julia McGrath, Victoria Noyes, Nancy Pace, Cassandra Perry, Jennifer Reiner, Claire Rudder, Caroline Santinelli, Rachael Weiss, Kathrine Wetherbee

Baseball

Varsity

Captains

Adam Ravenelle, Michael Baranowsky, William Bereszniewicz, Erik Watkins, Michael Antonellis, Charles DeFrancesco, Louie Hayes, Derek Lowe, Garrett Moore, Justin Quinn, Jeffery Sybertz, Matthew Tatkow, Ryan Wood, Samuel Finn, Mark Hogan, Jordan McCarthy, Mark Robson, Jason Roth

Junior Varsity

Carl Anderson, Trevor Hiler, Benjamin Smith, Derek Abel, David Baer, Daniel Birtwell, Stephen Collins, Brandan Kelly, Joseph Libby, Michael Lutz, Connor Quinn, Andrew Schwalm, Matthew Antonellis

Freshmen

Keith Anderson, Michael Barry, Casey Bereszniewicz, Dennis Cakert Jr, Edward DeArias, Edward Donaldson, Jacob Earle, Bryce Garcia, Bryan Garcia, Christopher Harding, Matthew McGavick, Mitchell Perez, Roderick Quirk, Michael Shron, Ryan Swoyer, Adam Wilver

Softball

Varsity

Emily Arista, Julianne Braden, Kara Caso, Jennifer Dumont, Amy Gleason, Shari Idelson, Emily Mattia, Sara Mohlin, Kayley Sherman-Johnson, Mira Vale, Kate Von Alt, Ariel Wein

Captains

Anna Balser, Jennifer Brodeur, Lacey Cumming, Anna Forman, Lisa Giorgetti, Rebekah Glickman-Simon, Diana Henderson, Laura Matot, Christine McEachern, Amanda McGavic, Maura McGrath, Elizabeth Newman, Felicia Patel, Courtney Wood

Junior Varsity

Madeline Balser, Olivia Burk, Kaitlyn Caloiero, Kathryn Coletti, Hayley Cummings, Krista Galligani, Sasha Ganeles, Christine Griffin, Allei Holoway, Sequoya Molzan, Alison Murray, Michelle Richard, Michela

Freshmen

Boys LaCrosse

Varsity

Derek Azzolino, Benjamin Blanchette, John Burke, Alec Burkin, Jason Goldfarb, Connor Hall, Andrew Kelly, Benjamin Link, Brendan Mullin, Jeffery Newton, Marc Pace, Graham Piercy, Jackson Rimpas, Matthew Rizzo, David Sadowsky, Adam Schellenburg, Andrew Staniar, Nevin Zais

Captains

Edward Acton, David Alderman, Keegan Ashley, Thomas Burke, Brian Katinella, Matthew Dacey, Andrew Freedman, David Jeager, Daniel Kabat, Robert Kaarn, Samuel Koekoek, Gregory Majna, Jonathin McIvor, Ryan McManus, Michael Philips, David Rocklage, Trevor Shorb, John Sinnigen, Adam Soleperto, Christian Stoll, Ryan Sutherland, Jeffery Trotsky, Stephan Weiss, Even White

Junior Varsity

Freshmen

Michael Asdot, Sean Ashe, Brendan Carroll, Nicholas Connors, Jake Dean, Cole DeNormandie, Henry Fairbairn, Benjamin Forman, Aaron Fox, Grant Goniwich, Jeffrey Kaplan, Peter Koekkoek, Steven Kozak, David McIvor, Matthew Migliozzi, Luke Prendergast, Adrien Rousson, Gregory Saidnawey, John Swords

Girls LaCrosse

Varsity

Captains

Christina Burke, Kelly Cakert, Danielle Cebra, Jordan Chen, Shannon Gilroy, Jessica Griffin, Jennifer Hayes, Jenna Kabat, Natalie Kerns, Katherine MArriott, Brianna Miller, Ashley Norley, Monika Quinn, Ellen Quirk, Jennifer Reiner, Alexa Rozelle, Tess Shapanka, Stephanie Zeytoonian

Freshmen

Jessica Bonner, Elizabeth Borden, Lauryn Brown, Maggie Curtis, Joanna Fadden, Kayla Hodgetts, Allison Kenney, Elizabeth LoChiatto, Katherine LoChiatto, Ann McCallum, Jacquelyn Roder, Eliza Sefton, Claire Shapanka, Kathryn Sutherland, Gabrille Tarini, Rachael Weiss, Kathrine Wetherbee

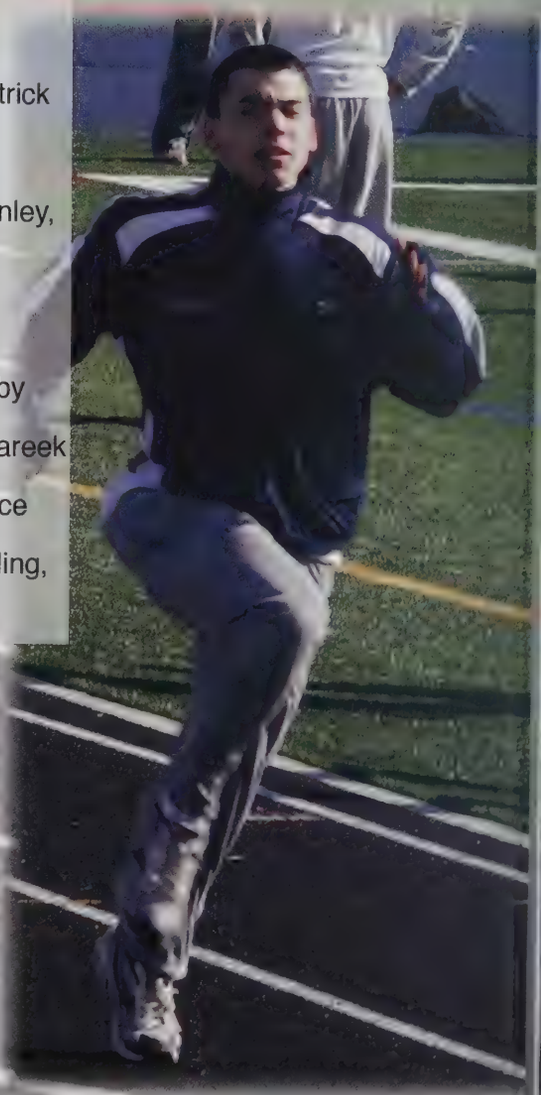
Junior Varsity

Samantha Berry, Kathryn Boyle, Andrea Butler, Laura Ganio, Noreen Gilroy, Kaitlyn Grant, Taylor Grant, Olivia Gutowski, Greer Hunter, Katrina Jandl, Maia Kaye, Chelsea Kelly, Maya Lund, Brooke Maley, Megan Maley, Julia Starr, Katelyn Wright

Boys Track

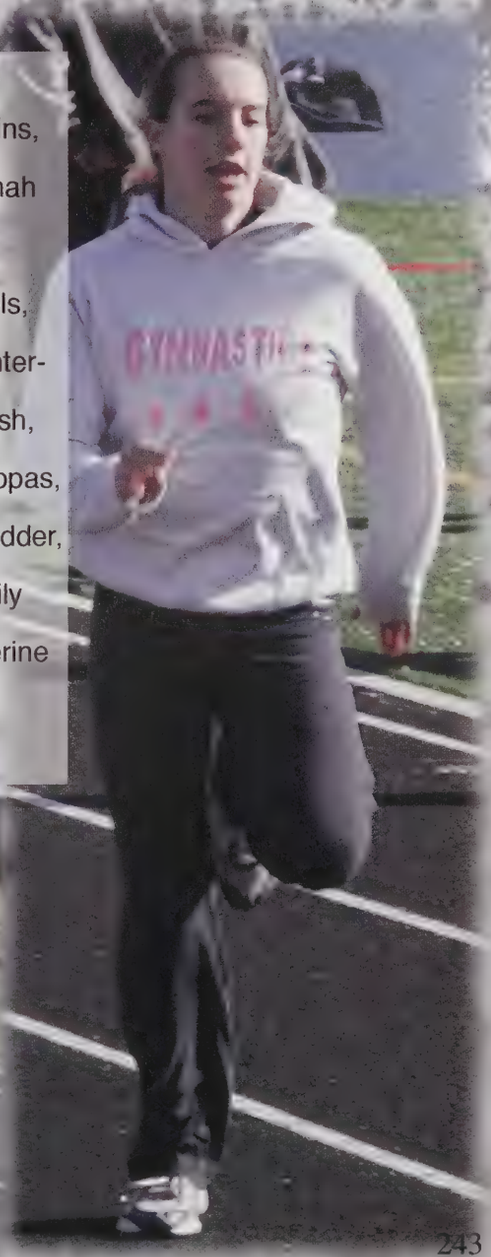
Captains

Alec Barnes, Jeffrey Bradford, Brandon Chang, Benjamin Cutting, Deven Dayal, Thomas Driscoll, Jeffrey Dykes, James Eckersley, Scott Ehrmann, John Ellersick, Adam Foldi, Eric Gandrup, Patrick Gogan, Daniel Green, Chistropher Halsted, Patrick Hebble, Drake Higgins, Isaac Hoenig, Bryan Holtzman, Stephen Hultin, Brandon Huntowski, Alexander Jacobs, Kenneth Kawachi, Kyle Kemp, Ryan Kemp, Ian Kenley, Colin Kleeman, Sean Kleeman, Samuel Klein, Seth Lampert, Jacob Lifshultz, Alexander Linden, Eric Mariasis, Daniel Mepham, William Mepham, Christopher Mollica, Roger Nix, David Piazza Jr., Martin Quinn, Michael Ravesi, Kyle Ray, Colby Reed, Clayton Russel, Nicolaus Serbedzija, Anmol Sharma, Jacob Shoemaker, Dareek Sims, Matthew Sliwkowski, Austin Smith, Taylor Snow, Andrew Stranberg, Lawrence Tse, James Tyrrell Jr., Andrew Vargo, Robert Vargo, Bryant Wang, Jonathan Westling, Samuel Wuest



Girls Track

Catherine Albanese, Lea Allen, Claire Arthur, Seda Babroudi, Mary Binder, Natasha Block, Whitney Boegel, Alexandra Capone, Hayley Caslin, Holly Clarke, Caitlin Collins, Kelsey Colpitts, Emma Costello, Shelby Crane, Abigail Drake, Rebecca Earle, Hannah Egan, Carlyle Flanagan, Margaret Fleming, Sara Forino, Sarah Freeman, Jessica Gaines, Caeleigh Georges, Alexandria Giacalone, Michelle Gordon, Jennifer Gossels, Anna Heffernan-Fagone, Hannah Holden, Elizabeth Houle, Laura Hoyt, Bridget Hunter-Jones, Ethel Hylton, Cecilia Igwe-Kaiu, Andrea Keklak, Victoria Kohler, Jessica Marsh, Emily Mepham, Dana Miller, Amanda Nash, Jessica Nichols, Megan Outly, Calli Pappas, Morgan Peck, Rachael Poter, Lauren Ready, Olivia Reed, Sophia Romeri, Emily Rudder, Katherine Ruh, Danielle Sackstein, Michelle Saint, Lucy Santangelo, Leah Sax, Emily Schneider, Tessa Sheehan, MaryKate Shelley, Julia Singer-Katz, Sara Smith, Katherine Stevenson, Erica Stockwell-Alpert, Sara Whitney, Alexandra Wuest, Abigail Wyant, Hannah Ziobrowski



Boys Tennis

Captains

Eric Brown, Scott Schulte, Jacob Sillman, Bryce Boothby, Ryan Brown, Taylor Herman, Alex Huntowski, Spence Brightman, Sean Cronin, Lee Eustis, Dylan Hunt, Landon Moore, Ari Sillman, Taylor Witkin, Ken Adelman, Karthic Aragam, Josh Haber, Andrew Marsh, Sam Seng, Theodore Stoddard

Girls Tennis

Emily Baker, Hannah Bjornson, Kathleen Davis, Rachel Glick, Jillian Graham, Kathleen Higgins, Anna Isakov, Lauren Jacobs, Stephanie Lee, Victoria Lee, Kourtney Lewis, Elise Malkin, Alexandra Maloof, Amanda Nelson, Cayla Parsons, Christine Pierson, Jaclyn Roberts, Emily Siegel, Jane Siegel, Abigail Silverman

Boys Volleyball

Varsity

Andrew Corwin, Ian Engler, Nick Holden, Edward Lee, Daniel Letizi, Lucas Rathjens, Zack Reed, David Roussel, Max Haines, Tim Jerrett, Will Jenkinson, Oliver Kline, Stuart Rault

Captains

Junior Varsity

Eli Kahn-Woods, Tucker Matthews, Sam Silton, Greg Staley, Eric LaRow, Dan Shimkus, Tommy Houpt, Connor Jacobson, Matt Joyner, Victor Mohlin, Eric Steinbrook, Nick Churias

RUGBY

BOYS

Pierre Baize, Andrew Baldwin, Luke Baldwin, William Beckman, Scott Bluni, Ray Boras, Owen Boyle, Joseph Collins, Matthew Delaney, Alex Derochers, Garrett Dunne, Cyrus Elias, Ian Egan, Tim Fell, Anthony Fitzhugh, Joseph Fogarty, Michael Freund, Nathan Gerry, Michael Gigliotti, Matthew Gleason, Matthew Hardardt, Tyler Haydon, Michael Hilperts, Steven Hodgetts II, Sander Idelson, Jake Kallarackal, Bryan Koop, Ryan Lesko, Charles Maier, Nick Murphy, John O'Connell, Andrew Parneros, Jesse Pearce, Adam Raphael, Matthew Reed, Michael Restuccia, Alexander Roberschotte, Wilson Roberts, Adam Roose, David Rowe, Johnathan Rushfirth, David Sackstein, Schwartz Eric, Tommy Spiegel, Geoffrey Tam, John Tylko III, Ian VanDijk, Nate Walsh, Tyler Wimberly, Michael Wright

GIRLS

Nicole Attale, Jess Cavallaro, Megan Collins, Kaitlin Jones, Liz Longo, Evan Pagano, Sue Pickering, KC Rudolph, Hanna Wagner, Amanda Baillagereon, Becca Banta, Lisa Bossman, Shayna Chapel, Steph Corbett, Alana Dingman, Katie Edwards, Arianna Familiar, Gracie Hannigan, Shannon Jones, Taylor King, Callie Mackie, Sydney Mackie, Danni McAvoy, Amy Nesky, Lynne Peterson, Julia Prince, Michelle Rice, Laynie Saidnaway, Tramaine Saunders, Heather Wood, Lucy Zhang, Katherine Alwon, Milli Crownman, JJ Desrochers, Rima Germal, Jess Breenlaw, Joy Hovedstadt, LizMcDermott, Kendal Presti, Chelsea Reardon, Sara Richard, Paulina Rodis, Croline Santinelli, Jackie Tan, Emily Walker, Caroline Williams, Allie Young, Jamie Charest, Maddie Edwards, Michaela Fendrock, Sarah Haberman, Nikki Horth, Brenda Lewis, Hallie McGuire, Allie Murray, Trish Parneros, Rae Saunders, Abbie Titlebaum, Logan Tsugita, Carolyn Voyta

SAILING

Nathaniel Arruda-Leuppert, Kyle Berkowitz, Andrew Blohm, Samanda Casale, Taylor Charest, Clare Costello, Ryan Cove, James Ellersick, Julia Hanson, Ryan Healy, Colleen McInnis, Amanda Netburn, Andrea Ravenelle, Nathan Shron, Nicole Solman, Samuel Streisand, Kyle Walker

Frisbee

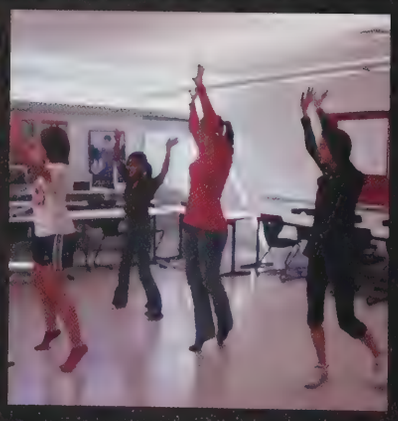
Captains

Zach Baldassini, David Banerjea, David Benhaim, Mia Borden, Kan Chen, Dan Cmejla, Andrew Cogan, Ben DaSilva, Emily DaSilva, Ian Engler, Scott Gardner, Chady Gemayel, Max Koenig, Jared LaFerrierre, Will Marshall, Aidan McGrath, Ian McVicar, Ben Richmond, Ben Rifkin, John Roach, Molly Roach, Matt Rogers, Peter Rogers, Adam Schultz, Hugo Sousa, Daniel Steinbrook, Becca Stubbs, Tate Tabtieng, Matt Thompson, Patrick Wilver, Matt Wurm,Tom Wurm, Drew Zieff

Activities

Every club at LS is like a piece of art. Each one has its own character, intent, and purpose. In this year's DYAD, we have displayed all of the school's diverse activities, whether it range from doing a favorite activity, supporting a cause, or participating in the arts. Over the years, the clubs may grow or fade, but each one has its own unique importance to the L-S community. Without our activities and ACA block, the experience here at Lincoln-Sudbury would be completely different. We hope you enjoy this years actvity section and see yourself in there!

-Nicole Greenhouse



Asian Cultures Club

Advisors: Jaime Wong and Vicki Caburian

Jess Sommerville, Kaitlin Jones, Jenn Thompson, Jazz Saunders, Gareth Perkins, Kadie Muscolo, Jillian Thompson, Anna Humphrey, Emily Kawachi, Amy Cui, Cassie Schau, Caroline Liang, Emily Mollica, Rachel Haggard, Nidjie Clergy, Justin Ng, Chris McDermott, Katie Smerlas, Julia Fiske, Jessica Lee, Kadie Muscolo

Environmental Club

Advisors: Alison Sanders-Fleming and Leslie Knight

Alex Siega, Lara Parvinsmith, Sarah Neurath, Marissa Wiegel, Tory Kittelsen, Ben Rifkin, Neel Duggal, Shalei Holway, Andrew Parker, Laura Burkett-Picker, Saloni Mehta, Geoffrey Tam, Madeleine O'Neill

MLK Action Project

Advisors: Jo Crawford, Susan Frommer, Danielle Weisse, and Tom Danko

Brett Basarab, Julie Blouin, Faraz Butte, Molly Case, Neel Duggal, Grace Gunderson, Diana Lestz, Megan Moritz, Lara Parvinsmith, John Roach, Katie Scarlata, Brielle Siskin, Erica Smith, Geoffrey Tam

Student Senate

Advisors: Bill Ray and Hanka Ray

Michael Miele, Clay Russell, Karthic Aragam, Jonathan Westling, Dave Sadowsky, Trevor Shorb, Allie Young, David Sackstein, Wilson P. Roberts, Leah Sax, Danielle Sackstein, Elizabeth McDermott, Cali Rader, Stephen Collins, Josh Goldstein, Brianna Miller, Jessica Allen, Jaclyn Roberts, Sarah Freeman, Ellie Hylton, Danielle Cebra, Addy Quirk, Max Kaye, Martin Kafina, Molly Binder, David Neiterman, Tim Mollen, Laura Holzwasser, Tejas Pathak, Chelsea Gilroy, Alex Loomis, Nabeel Ali, Sara Fonno

Martial Arts Club

Advisor: Shawn Cramer

Alex Jacobs, Ian Fisher, Justin Gibbs, David Garelick, Jordan Syatt, Dan Shimkus, Jake Kallaracke, Skyler Aikens-Kinney (President)

Math Team

Advisors: Brendan Dorey

Will Ehrlich, Daniel Steinbrook, Kaitlin Jones, Anna Brunner, Amy Cui, Ed Lee, Chris Pepi, Nicole Solman, Edwin Thai, Rohan Pathak, Vanessa Thai, Andrew Tsai, Alec Barnes, Alex Loomis

Dance Troupe

Advisors: Joan Campbell and Jaime Wong

Alex Truebenbach, Aissa Shulman, Alli Kenney, Allie Young, Amanda Watson, Amy Gleason, Anna Hanson, Ariana Gunderson, Ashleigh Copeland, Ashley Stubbs, Ava Garcia, Caitlin Collins, Caitlyn Cohen, Carolyn Voyta, Chelsea Reardon, Chloe Svolos, Christine Oh, Chris Burgess, Claire Rudder, Danielle Reinstein, Dara Cohen, Diana Yelton, Elizabeth Marshall, Elizabeth Mcdermott, Emily Haartz, Emily Kawachi, Emily Rudder, Emily Walker, Gillian Gordon, Grace Gunderson, Hannah Chao, Hannah Gitlin, Heather Macleish, Jen Carder, Jess Sommervile, JJ Desrochers, Julie Woodbury, Kaitlin Jones, Kate Ruh, Katie Roche, Krissy Houpt, Krista Galligani, Kristen Lee, Lauren Confort, Lauren Kleifges, Lauren Rechel, Lindsay Bender, Lora Miller, Madeleine O'Neill, Marina Ramsay, Megan Macarthur, Meghan Berger, Meghan Connelly, Melanie Pollock, Melissa Winchell, Mia Borden, Michelle Gordon, Michelle Pacifico, Molly Roach, Nicole Solman, Paulina Rodis, Regan Stubbs, Sabrina Volante, Sandra Volante, Sarah Neurath, Sarah Richard, Sequoya Molzan, Shari Idelson, Shawna Welch, Shelby Crane, Terilyn Eisenhauer, Alex Siega, Lauren Reed, Alyssa Kretzle

Philosophy Club

Advisor: Phillip James

Alex Loomis, Ted Sweetser, Clare Costello, Morgan Davies, Mara Hileman, Nicole Greenhouse, Wil Marshall, Alex Stubbs, Zoe Fang, Scott Gardner, Daniel Steinbrook, Adam Singer.

Culinary Club

Advisors: Nancy Lopez and Vicky Caburian

Katie Coleman, Hannah Perkins, Marina Canella, Kathleen DeMarte, Hannah Garry, Hannah Wagner, Betsy Schwartz, Brielle Siskin, Sarah Riordan, Alexis Tonkel, Amanda Castagna, Savannah Tenney, Hannah Lyons, Alexandra Berg, Amelia Cordisohi, Jessica Nichols, Will Mepham, Olivia Burk, Gabrielle Tanni, Sasha Ganeles

Web Team

Advisor: Nancy Errico and Jim Berry

Julie Braden, John Tylko, Yuliy Vigdorchik, Ian Wetherbee, Evan Hodges-LeClaire, Jeff Walch, Ian Kenley, Chris Stock, Seda Babroudi, Diana Kindlon, Matthew Ciampa, Eric Lane, Ben Cohen, Corey Thompson, David Scheff, Jon Westling, Jon Starr, Mike Miele

STAND

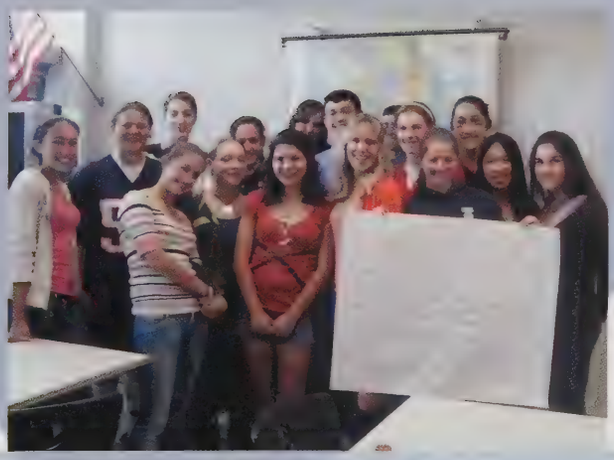
Advisor: Caroline Han

Marlie Wilson, Shannon Ward, Lauren Manchester, Mary Doyle, Abby Silverman, Hannah Lyons, Sam Silton, Savannah Tenney, Claire Tam, Callie Mackie, Laura Burckett-Picker, Shelby Crane, Fionnuala Seiferth, Claire Shapanka, Mary Panetta

Invisible Children

Advisor: Caroline Berz

Maura McGrath, Tasha Block, Danielle Sackstein, Rima Gemayel, Ariel Wein, Millicent Croman, Elizabeth Newman, Morgan Peck.



Robotics Club

Advisor: Rick Wise

David Benhaim, Abraham Parangi, Chady Gemyal, Justin Flagg, Nick McAvoy, Joey McNabb, Matt Packer, Sajeev Daniel, Alex Gish, Lyle Neustaot, Jason Porter, Aaron Gundy, Sean Sharkey, Joe McGee, Tory Spaziani, Nico Arsenault, Nick Fuchs, Nick Lawson, Bridget Myers, Owen McGarry, Samantha Allen, Matt Hanson, Matt East, Charlie Nichols, Dave Lockhart, Nicole Rosen

Fantasy Sports Club

Advisor: Brian Fauvel

Jason Abend, Kevin Abend, Sam Dorfman, Dan O'Donoghue

Relay For Life

Advisor: Tom Danko

Mike Howel, Jess Greenwood, Hannah Holden, Hannah Sodkowitz, Felicia Patel, Kristine Dickinson, Rose Kamsler, Kendall Presti, Christine McEachern, Jess Greenlaw, Sara Campanella, Emily DaSilva, Taylor Charset, Tess Shapanka

Nouveaux Classique

Advisor: Thomas Grandprey

Ariana Familiar, Tim Jarrett, Sam Sitton, Jackson Murray, Justin Surville, Adam Raphael

DOE Science Bowl Team

Advisor: Caroline Singler

Ed Lee, Warren Porter, Dan Steinbrook, Alexander Stubbs, Adu Bhandaru, Neel Duggal, Abraham Parangi, Andrew Tsai, Nicole Chen, Hannah Ehrmann, Graham Hotchkiss, Martin Falk, Tate Tabtieng, Jonathan Weinstein, Alex Duh, Ashley O'Donoghue, Rohan Pathak

L-S Ballroom Dancing

Advisor: Helen Sotiriou

Chirs Burgess, Terilyn Eisenhauer, Greg Weintraub, Kyle Ray, Alice Blackwood, Anna Isakov, Katie Edwards

Colors

Advisors: Phillip James and Bill Ray

Anmol Sharma, Neel Duggal, Marian Swain, Tejas Pathak, Livien Yin, Sarah Park, Cecilia Hylton, David Alderman, Mike White, Dana Jamieson

L-S Fashion Show

Advisor: Kelly Mazza

Don Monahan, Katie Halper Boguaky, Kate Von Alt, Katherine Weish, Eliza MacLean, Jake Eckersley, Alissa Snulman, Hannah Gillan, Hannah Park, Michelle Pacifico, Shelby Crane, Laura Gano, Kelsey Colpitts, Katie Roche, Isabel Bennett, Alexis Tonkel, Sasha Goldblatt, Allie Wuest, Elizabeth Houle, Sara Smith, Sasha Ganeles, Jess Auger, Monica DeStefano, Bryant Wang, Sean Kleeman, Collin Kleeman

National Ocean Sciences Bowl

Advisor: Douglas Grant

Ken Chen, Ian Gringrich, Kelvin Linke, Lukas DeFlippo, Michael Veling, Hannah Chao, Amy Cui, Tate Tabtieng, Anna Brunner, Ashley O'Donoghue, Daniel Schreiner, Jason Porter, Caroline Liang, Ishvan Moritz

2010 Steering Commitee

Advisors: Tom Danko, Ned Banta

Chris Rudder, Jess Lee, Maura McGrath, Fanny Mlawer, Ariana Gunderson, Tasha Block, Jill Thompson, Kristie Dickinson, Olivia Gutowski, Alissa Shulman, Sarah Riordan, Devyn Lacamera, Kellie Fitzgerald, William Sawyer, Ben Ryan

Best Buddies

Advisors: Maureen Bolton, Jennifer Reen

Leandra Charsky, Amy Wald, Julia Singer-Katz, Stephanie Burger, Alex Robershotte, Sean Murphy, Shima Mobtaker, Lior Koren, Lindsey Triba, Jessica Flavin, Melissa Grasso, Ryan Kemp, Jason Abend, Kevin Abend, Caroline Dawson

2009 Steering Commitee

Advisors: Leslie Grey, Tracy Burke, Karen Arsenault, Bev Weinberg

Ariana Familiar, Jessica Allen, Jamie Bennett, Beth Pringle, Lior Koren, Kristin Richards, Ben Fowler, Ben Wollion, Rebecca Banta, Mark Lanza, Kevin Abend, Callie Mackie

2011 Steering Commitee

Advisors: Tanisha Tate, Shea Justice

Edward DeAnas, Lauren Kleifges, Lauryn Brown, Caitlin Collins, Allison Murray, Emily Rudder, Logan Tsugita, Claire Shapanka, Caitlin Cohen, Anna Hanson, Danielle Iskander, Cassie Bursma, Kathrine Wetherbee, Dara Cohen, Halley Melamut, Alex Malool, Danielle Reinstein, Reut Koren, Katie Roache, Emily Bakacs

German Club

Advisor: Joan Campbell

Nicole Greenhouse, Mara Hileman, Katie Edwards, Ariana Gunderson, Molly Case

2008 Steering Commitee

Advisors: Leslie Knight, Ali Cutler, Kelly Mazza

Michelle Ackerman, Traci Kaplan, Ashley Kogutkiewicz, Elizabeth Bakacs, Ian Engler, Samantha Weinstein, Sharie Regensburger, Grace Gunderson, Zoe Fang, Jason Abend, Nicole Solman, Lara Warrenbrand, Andrea Ravenelle

Students Against Drunk Driving

Advisor: Karen Arsenault

Whitney Boegel, Jaclyn Goldstein, Katy Grant, Dana Miller, Melanie Hagarty, Sam Maier, Tessa Sheehan, Jenna Rose, John McInnis, Natalie Kearns, Amanda McGavick, Sam Lederman

Speech and Debate

Advisor: Tom Danko

Alex Loomis, Alexander Stubbs, Becca Stubbs, Morgan Davies, Mara Hileman, Tejas Pathak, Neel Duggal, Brandon Cohen, Shalie Holway, Alec Barnes, Adam Singer, Katie Edwards, Scott Gardner, Natalie Hall, Ally Hroenicek

Youth Action Commitee

Advisor: Jessica Bendel

Sue Pickering, Carly Lieberman, Gillian Thompson, Zaynah Shaik, Lise-Ann Caldera, Jake Ryder, Julia Jennings, Kevin Loughery, Chelsea Gilroy

Model UN

Advisor: Lori Hodin

Morgan Davies, Clare Costello, David Banerjea, Ben Richmond, Dylan Hunt, Stuart Rault, Tucker Matthews, Masha Stine, Eli Kahn-Woods, Bryan Glass-Finnie, Amanda Watson, Mara Hileman, Teddy Landsman, Kelsey Berkowitz, Amanda Peery

Amnesty International

Advisor: Sandy Crawford

Jane Siegel, Justine Kablack, Emily Siegel, Peter Rogers, Fionnuala Seiferth, Maggie Curtis, Rebecca Simon, Katie Brocker, Geoff Tam, Neel Duggal, Alex Barnes, Farrah Mahmud, Laura Burkett-Picker

Ski and Snowboard Club

Advisors: Mark Sobkowicz, Alison Sanders-Fleming

Joe McGee, Nick Serbedzia, Aaron Fox, Allie Chantilles, Emily Sexton, Hannah Shealey, Ben Sugg, Dan Rosen, Andrew Lassen

Change A Life

Advisor: Tom Danko

Jaclyn Goldstein, Elise Malkin, Rachel Glick, Alec Burkin, Melanie Hagarty, Addy Quirk, Keegan Ashley, Jenna Romeo, Dana Miller, John O'Connell, Whitney Boegel, Lindsey Boegel, Jenna Rose, Ali Shaw, Tessa Sheehan

Spanish Club

Advisor: Linda Twomey

David Banerjea, Mira Vale, Hayley Cummings, Aaron Vale, Emily Kurtz, Lindsay Bender, Radelys Germán, Allie Young, Emily Sexton, Hannah Gerry, Sam Miano, Liz McDermott, Jonathan Noller, Shalei Holway

Accent A Capella

Advisor: Ruth Hartt

Alex Muri, Sam Casale, Maia Majumder, Haley Riemer-Peltz, Michael Merullo, Allie Post, Geoff Lynn, Lucy Zhang, Martin Kafina, Jared Laffaire, Julie Bergstein,

Musical Diversity Club

Advisor: Anita Honkonen

Ashley Brykman, Faye Miller, Meredith Lataille, Martin Falk, Fanny Mlawer, Dana Hareli, Ashleigh Copeland, Molly Deneen, Abby Oliveria, Thais Pinero, Ariana Gunderson, Katie Fontes, Natalie Reyes, Jackie Laviolette, Hannah Ehrmann, Liz Marshall

Astronomy Club

Advisor: Samantha Parker

Nyanthon Awoul, Seda Babroudi, Julie Braden, Rebecca Fishbein, Mark Hamel, Jacqueline Morse, Laura Renner, David Scheff, Aaron Vale

Dungeons and Dragons

Advisor: Lisa Lupinacci

Ryan Winston, Andrew Aragas, Killian John Hiltz, Richard-Alexander Sutherland, Joey McNabb, Ben Resner

Gay Straight Alliance

Advisors: Muriel Stern Riseman and Michael Clark

Natalie Hall, Hannah Atkins, Nicole Chen, Marina Camilo, [illegible] Goldberg, Tarolyn Eisenhauer, [illegible] Stepanka, Amanda Sachs, Molly Case, Mia Vale, Dani McAvoy, Elizabeth Maguire, Emily Kelly, Emily Siegel, Sam Moe, Carolyn Voyle, Caroline Drisle, Mandy Belsen, Ilana Quader, Bridget Mahoney, Andrew Tse, Max Kaye, Jenna Swotinsky, Julia McGrath, Eli Kahn-Wocus, Cameron Shore, Anna Isakov, Sydney Maki, Amy Olson, Layne Saidnawey, Amy Nesky, Marina Canelle, Brianna Mahlack, Derek Miles, Aaron Vale, Shalei Holway, Neel Duggal, Dasha Goldstein Weise

Africa Action

Advisor: Caroline Han

Masha Stein, Marian Swain, Natalie Hall, Shala Haloway, Neel Duggal, Beth Pringle, Lior Koren, Ari Silliman, Rebecca Simon, Amanda Peery

Outdoor Club

Advisor: Shara Pilch

Brett Basarab, Li Goldberg, Cameron Shorb, Katie Ruh, Kristen Lee, Madeleine O'Neil, Lara Parvinsmith, Sarah Neurath, Alexander Stubbs, Mia Borden, Molly Cusano, Nicole Solman. Danielle McAvoy, Gareth Perkins

The Fountain

Advisor: Bill Ray

Morgan Davies, Katie Walsh, Mara Hileman, Alex Siega, Sue Pickering, Emily Gazda, Tejas Pathak, Sarah Park, Kelly Sherrer, Lucy Weltner, Anna Humphrey, Diana Yelton, Ali Missirian, Carly Lieberman, Chelsea Grater-Cafiero, Maddie McGill, Jen Fishbein

S.T.E.P.

Advisor: Tom Danko

Maya Lund, Hannah Fitzsimons, Kerry Mahony, Lindsay Bender, Shannon Gilroy, Emily DaSilva, Jess Greenwood, Kara Caso, Hannah Salkovitz, Christine Mceachern, Kendall Presti, Amanda Nelson, Julie Woodbury, Julia Welsh, Rosie Tait, Savey Smith, Kate Stevenson, Nicole Bieller

French Club

Advisor: Michael Clark

Madeleine O'Neill, Ashley Stubbs, Zoe Fang, Amanda Watson, Alexandra Berg

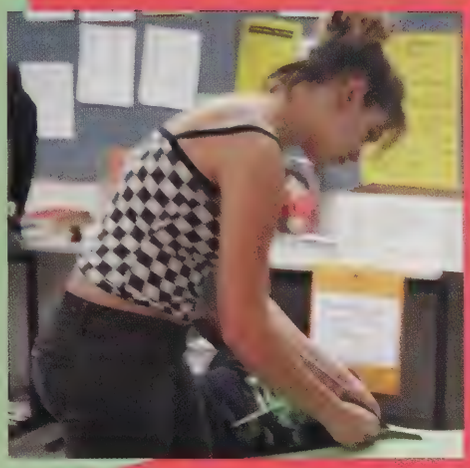
Young Republicans

Jason Roth, Will Binder, Bryan Koop, Parker Storiar, Mike Prestuccia, Mark Hogan

Breaking Barriers

Advisors: Ann Kramer

Grace Gunderson, Adam Schultz, Mira Vale, Amy Gleason, Matt Gleason, Stephanie Lee, Vicky Lee, Dani McAvoy, Maura McGrath, Lior Myara, Molly Roach, David Sackstein, Zaynab Shaikh, Will Simon, Jenna Swotinksy, Shannon Ward



Choral

Vocal Jazz

Haley Riemer-Peltz, Nicole Zusman, Jamie Faulkner, Samantha Casale, Brooke Hatfield, Maia Majumder, Will Sawyer, Martin Kafina, Michael Merullo, Hugh O'Kelly

Coro de Chicas

Haley Riemer-Peltz, Samantha Casale, Arianna Gunderson, Brooke Hatfield, Julia Bronstein

Chamber Singers

Chelsea Grater-Cafiero, Amy Olson, Phoebe Sexton, Anna Humphrey, Cordelia Miller, Julia Bronstein, Neel Duggal, Martin Falk, Will Sawyer, Chris Stock, Michael Merullo, Hugh O'Kelly

Women's Chorale

Phoebe Sexton, Cecilia Hylton, Caitlin O'Brien, Jamie Faulkner, Nicole Zusman, Chelsea Grater-Cafiero, Becca Stubbs, Maia Majumder, Hannah Bjornson, Brooke Hatfield, Cordelia Miller, Amy Nesky, Antonia Hylton

Advised by Ruth Hartt

Mixed Chorus

Choral President: Haley Riemer-Peltz
Choral Secretary: Jamie Faulkner
Choral Librarian: Amy Nesky

Instrumental

Concert Band

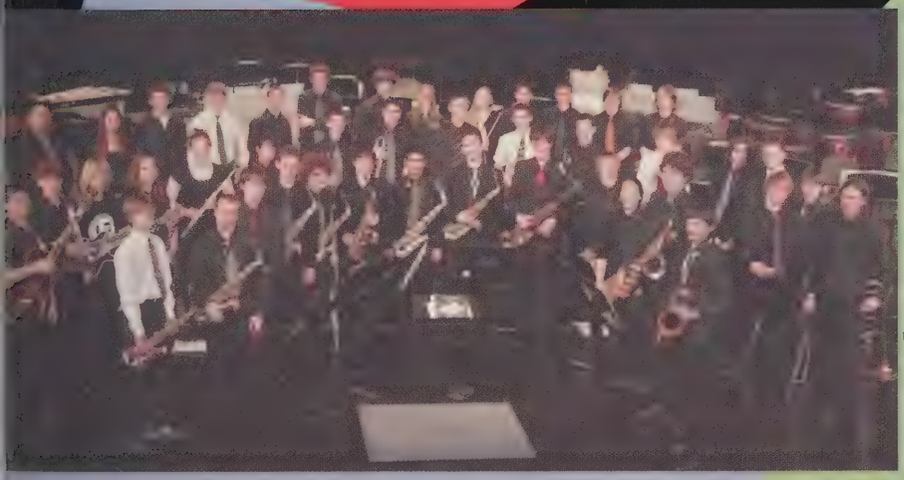
Jacqueline Allen, Kathleen Davis, Fay Miller, Mia Borden, Bryan Harding, Clare Costello, Daniel Shimkus, Jennifer Fishbein, Kendra Elliston, Kate Hunt, Jonathan Wauhkonen, Emily Lyons, Patrick Hebble, Jackson Murray, Jacqueline Morse, Max Koenig, Christine Oh, Megan Moritz, Michelina Pallone, Zach Bernstein, Danielle Sackstein, Garrett Dunne, Amanda Watson, Jeremy Lasky, Ethan Holbrook, John Swords, Jarred Lafferriere, Aaron Vale, Christopher Nifong, Neel Duggal, Rima Gemayel, Will Marshall, James Ellersick, Parker Coyne, Abigail Oliveira, Ian Engler, Sophie Greenspan, Megan Outly, David Pearson, Julia Starr, Dan Steinbrook, Patrick Barrett, Mira Vale, Zach Baldassini, William Beckham, Stephanie Zeytoonian, Zo Borden, Hannah Chao, Cassie Chin, Charles Clarke, Scott Ehrmann, Tyler Coste, Molly Denethen, Matthew Gleason, Connor Davies, Alex Goldman, Adriel Ferguson, Nicholas Holdenlain Fisher, Christopher Harding, Erik Kazior, Grace Gunderson, Andrew Luce, Evan LeBlanc, Berkley Singer, Jake Lifschultz, Paul Antion, Chris Mollica, Pierre Baize, Eli Mueller, Russell Gabeler-Lee, Gavin Berger, Adam Quint, Patrick Gogan, Prescott Blackler, Marina Ramsay, Mak Hussain, Matthew Johnson, Mike Rizzo, Martin Quinn, Will McCartney, John Roach, David Scheff, Jon Schedlbauer, Adam Sharkey, Michael Radulski, Andrew Lasky, Nevin Zais, Samuel Streisand

Flute Choir

Jacqueline Allen, Meredith Borden, Nicole Chen, Jennifer Fishbein, Katherine Hunt, Emily Lyons, Jacqueline Morse, Christine Oh, Michelina Pallone, Marina Ramsay, Danielle Sackstein, Amanda Watson

Select Jazz Combo

Paul Antion, Patrick Hebble, Prescott Blackler, Adam Quint, Zach Bernstein, Jonathan Wauhkonen, Mike Rizzo



Jazz Band

Paul Antion, Zach Baldassini, Jonathan Wauhkonen, Pierre Baize, Cassie Chin, Russell Gabeler-Lee, Scott Ehrmann, Bryan Harding, Matthew Gleason, Parker Coyne, Mak Hussain, Alex Goldman, Sophie Greenspan, Martin Quinn, Erik Kazior, Megan Outly, David Scheff, Adam Quint, Gavin Berger, Patrick Hebble, Prescott Blackler, Marina Ramsay, Max Koenig, Matthew Johnson, Megan Moritz, Will McCartney, Andrew Lasky, Grace Gunderson, John Swords, Evan LeBlanc, Aaron Vale, Chris Harding, Jake Lifschultz, John Roach, Mia Borden, Zach Bernstein, Nevin Zais, Garrett Dunne, Patrick Gogan, Megan Outly, Ethan Holbrook, Dan Steinbrook, Christopher Nifong

Jazz Warriors Combo

Russell Gabeler-Lee, Matt Gleason, Andrew Lasky, Martin Quinn, Pat Gogan, Alex Muri, Alex Goldman, Adam Raphaeln

Advised by Thomas Grandprey

Orchestra

Sarah Park, Emily Haartz, Eli Kahn-Woods, Katherine Alwan, Andrew Blohm, Alexandra Berg, Sara Campanella, Christina Caffarella, David Sackstein, Christine Chiao, Maggie Curtis, Millicent Croman, Caroline Doyle, Hannah Ehrmann, Rebecca Fishbein, Dan Letizi, Caroline Liang, Ken Kawachi, Nate Arruda-Leuppert, William Sawyer, Stephanie Lee, Graham Hotchkiss, Claire Tam, Vicky Lee, Thomas Hunt, Vanessa Thai, Edwin Thai, Christopher Manno, Alex Muri

K.A.M.E.O. Fusion Quintet

Mak Hussain, Max Koenig, Megan Outly, Eli Kahn-Woods, Adriel Ferguson

Sisters Jazz Combo

Marina Ramsay, Megan Moritz, Megan Outly, Mary Panetta, Kendra Elliston, Grace Gunderson

Advised by Thomas Grandprey

Goodnight Desdemona (Good Morning Juliet)

Constance Ledbelly.....ARIANA GUNDERSON
Desdemona.....MARIAN SWAIN
Juliet.....DANA LOUCAS
Othello.....JOHN ROACH
Iago.....BEN RICHMOND
Romeo.....LUKE PERKINS
Tybalt.....NATHAN GERRY
Mercutio.....SAM COURNYN
Juliets Nurse.....KARA WEIDMAN
Professor Claude Night.....JUSTIN SORVILLO

Speaking (Greek) Chorus.....STEPH CORBETT
HALEY RIEMER-PELTZ
MOLLY ROACH
PHOEBE SEXTON

Student.....KRISSY HOUPT
Ramona.....MARLIE WILSON
Soldier.....RYAN McCAHON
Servant.....HUGH O'KELLY
Ghost.....BEN RIFKIN

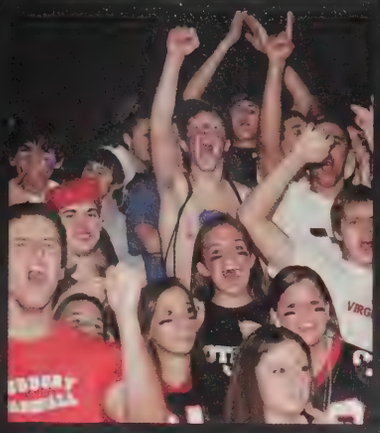
Dancing Chorus

CHRIS BURGESS
SAMMY CASALE
TERILYN EISENHAUER
ELICIA EPSTEIN
JEN GANDRUP
JESS GREENLAW
GRACE GUNDERSON
MICHAEL MERULLO
SHANICE WASHINGTON
CAITLIN O'BRIEN
RIAN POLLOCK
ELANIE POLLOCK
HANNAH SHEALY
AMANDA SHORE
JULIA WELSH

Lilli Vanessi.....MAIA MAJUMDER
Fred Graham/Petruchio.....JOHN ROACH
Lois Lane/Bianca.....PHOEBE SEXTON
Bill Calhoun/Lucentio.....LUKE PERKINS
1st Man.....MICHAEL MERULLO
2nd Man.....BRIAN POLLOCK
Hattie.....JULIE BERGSTEIN
Paul.....GEOFF LYNN
Harry Trevor/Baptista.....SAM COURNYN
Gremio.....BEN WOLKON
Hortensio.....CHRIS BURGESS
General Harrison Howell.....JUSTIN SORVILLO
Ralph.....BEN RICHMOND
Ma.....MICHELA DECK
Cab Driver.....ARIANA GUNDERSON
Nathaniel.....HUGH O'KELLY
Gregory.....NEVIN ZAIS
Philip.....CHRIS BURGESS
The Haberdasher.....ELICIA EPSTEIN
General's Driver.....STEPH CORBETT
General's Aides.....HUGH O'KELLY, BEN WOLKON

Ensemble....ALEX BILBO, ALICE BLACKWOOD, JESS BONNER, KATHERINE CARDER, SAMANTHA CASALE, AMELIA CORDISCHI, JAMIE FAULKNER, KATIE FONTES, JEN GANDRUP, CHELSEA GRATER-CAFIERO, JESS GREENLAW, BROOKE HATFIELD, KRISSY HOUPT, CHELSEA KACZMARSKY, EMILY KURTZ, DANA LOUCAS, LIZ MARSHALL, CORDELIA MILLER, FANNY MLAWER, CAITLIN O'BRIEN, CHARLOTTE ODENCE, ALLIE POST, HALEY RIEMER-PELTZ, MOLLY ROACH, KATIE ROCHE, HANNAH SHEALY, KELLY SHERRER, CLAIRE TAM, KARA WEIDMAN, GREG WEINTRAUB, JULIE WELSH

Kiss Me Kate



CONGRATULATIONS, BEN!!!

SUCH A DISTANCE YOU'VE TRAVELLED!
So Ably With and Without Us!

The Jewel, Overdale boats, Lady Lair from Blackfoot,
Shadow Lake (argh!). Big Hawk, Allagash (twice!),
Philmont
Cabina Dos, Gatun peacocks, rafting Chiriqui Viejo &
North Fork!

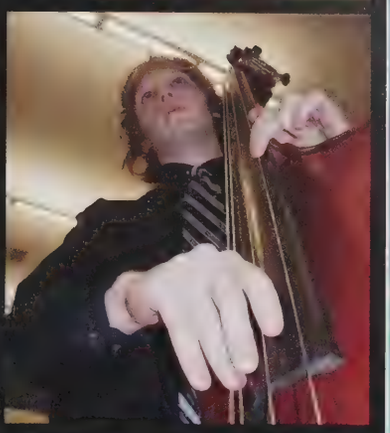
Track, M&TSI, youngest SPL, Racing the Smooch to
breakfast
Magic Garden & Mrs. Wishy Washy
Bell/Crowley to Mr. Eddy and Speevy
Turtle Pond and throwing the "Cuttster"

And such a distance you've yet to go!

We think you're equipt!!
You grew up with Harry Potter

You got roots & You got wings

Love, Dad, Mom & Walker



Danny,
We know you will succeed in whatever you decide to do, efficiently!
We Love You,
Mom, Dad, and John

WISHING THE CLASS OF 2008
A BRIGHT FUTURE!

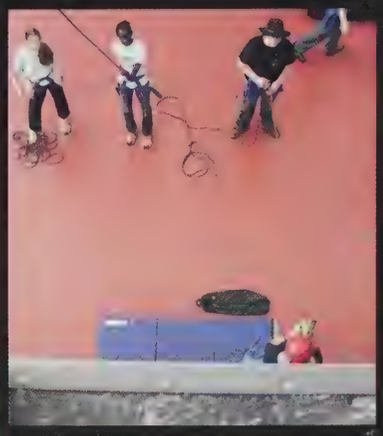
PHOTOS BY PAIGE

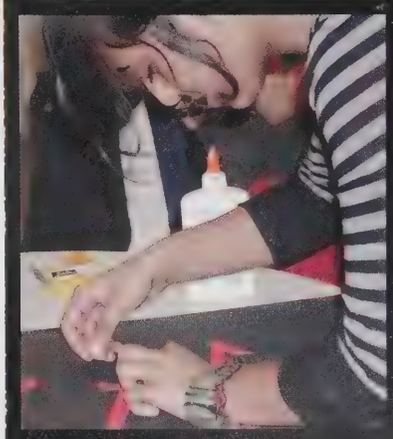
Pgilbertgo@aol.com
978-443-0074

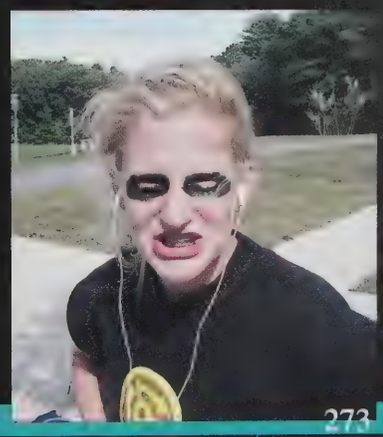
Senior Portraits, Families, Pets,
Celebrations, Proms, Events & Slideshows

Mary,
We are so proud of the beautiful young wo
you have become. With your wonderful se
of humor and eternal optimism great thin
are bound to happen. We love you so much

Mom, Dad, Ka
and Jacks







GRACE HAPPENS !

Congratulations, Grace!

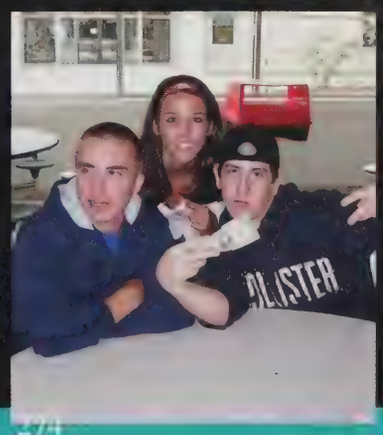
Take pride in all you have accomplished. Have faith in what is yet to be. Remember we love you - to the moon and back again. Grateful for the gift of Grace, for the gift of You!

Love, Mom & Dad

Sis -

Your Boots are made for walking...right into a fabulous future! I love you with all of my heart!

Ariana



ZACHARY MICHAEL VENNARD
MAY
24
1990

REGISTERED
NO. 2 of 4

PASSIONS: Architectural History • Volunteering • Travel

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Mark Twain

With much love,
Mom, Mike, Matt, Brooke and Ben

ACTIVITIES:
Steering Committee
Yearbook
Food Bank

amazing
fun
extraordinary
{ZAC}

Natalie
(LAX Goalie Girl)

Congratulations!

We are proud of you.
Follow your dreams and above all
be happy.

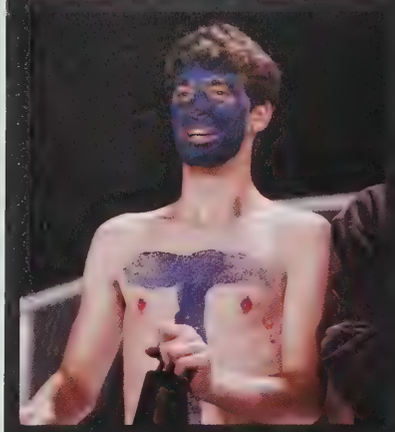
Love,
Mom, Dad, Amanda and Nikki

That was us then...

This is us now...

Hey, Ryan

You are the best... and deserving of your accomplishments.
Let your confidence and values guide you.
Love,
Chris and Meghan



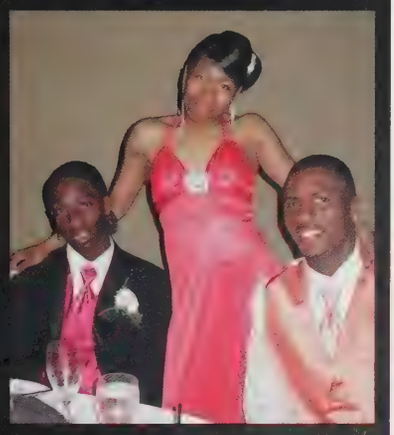
ANDREW

Where did the time go?

Continue to be the incredible young man that makes us so proud.

Congratulations!

Love, Mom, Dad & Madeline

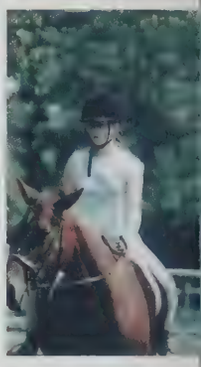


Jennifer

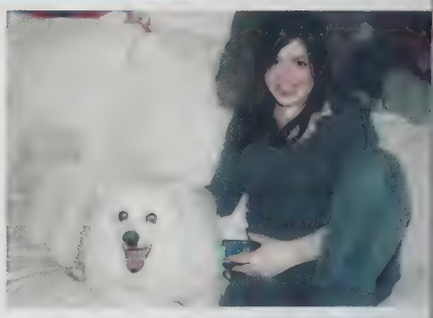
Of all your achievements, we are most proud of your ability to do what you believe is right regardless of the consequences. You have all our love, respect and admiration for the beautiful person you are.

May you live as long as you want, and never want as long as you live.
God Bless! Love, Mom and Dad

You've overcome every obstacle in your path with tremendous success. Now you can reach for the stars in your future. A world of hugs!
Love, Grandma and Grandpa



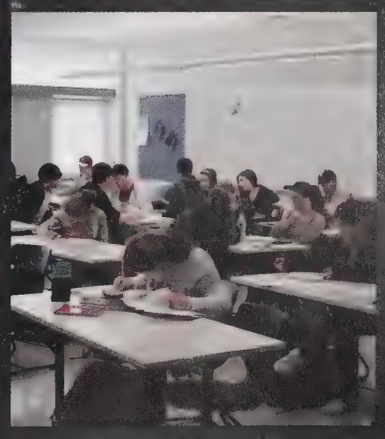
You've always been a loving sister and have grown into a great friend. You are a born leader. Continue to follow the right path over the easiest path and I know you will go on to great things. Know that I am always there for you. (Unless the Patriots are on.)
Love, Kevin



Congratulations, Emily!
May you find as much happiness in your adulthood as we have found in your childhood.

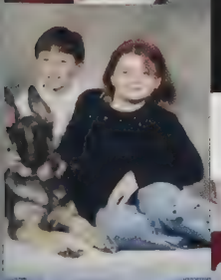
Love,
Mom and Greg

"There's just one other thing
You ought to do,
To thine own self be true."



Congratulations Michael!

You bring joy to our lives everyday.
Thank you.
Love, Mom and Dad

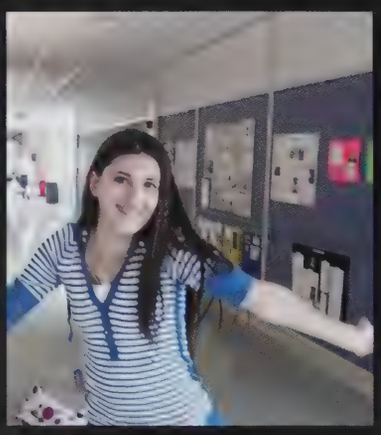


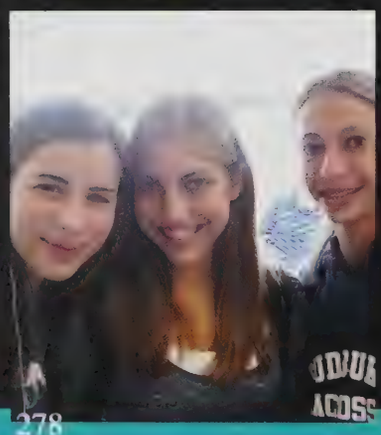
Thanks for the car.
Love, Kerry

CONGRATULATIONS ADAM!!

You have pointed the way and inspired our whole family with your bravery, grace, compassion, and intellectual curiosity. We wish you the best of luck in college.

All our love, Mom, Dad, Dan and Nick

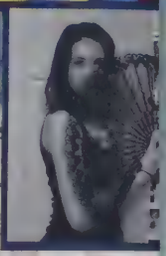


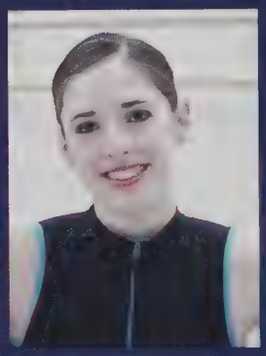


MEGHAN

We will love you forever in all space and time continuums!

Love, Mom, Dad, Christopher & Matthew



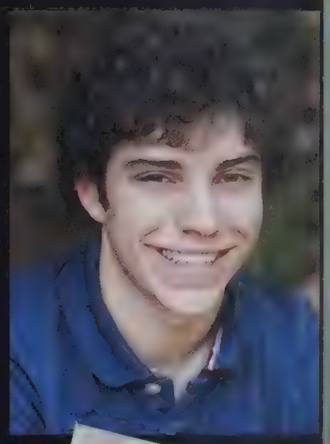


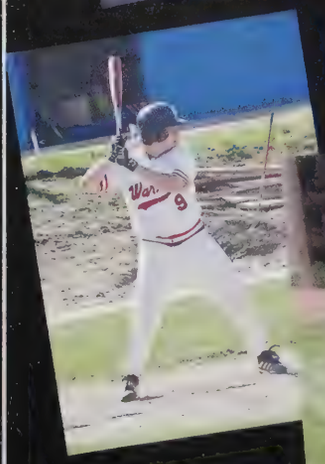
EVAN

May your life be filled with
love and laughter,
health and happiness,
friendship and success!!

Believe in yourself
and follow your dreams!!
"Shoot for the moon, if you miss
you will be among the stars"

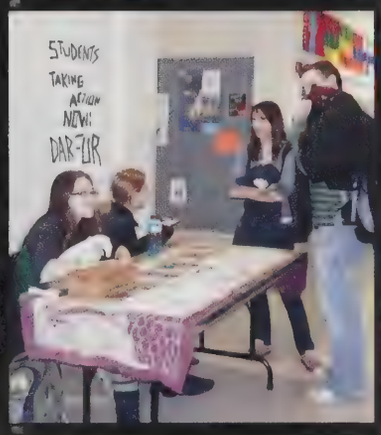
We are so proud of you!!
Love you!!
Mom, Dad and Lex

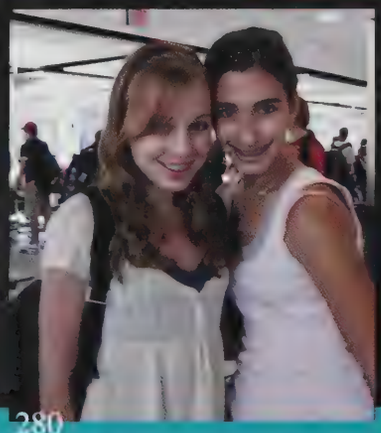




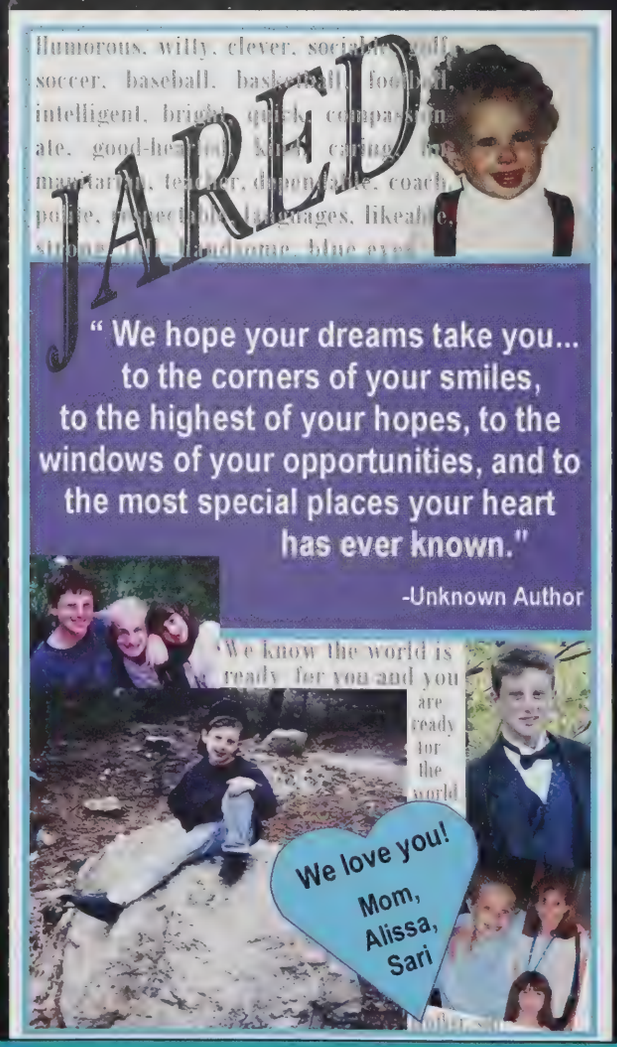
We are so proud of all you have done Michael.
You are a wonderful, kind, caring young man.
You bring love, laughter and happiness to us!
We love you very much. Remember:NNQ!!!
Love, Mom, Dad, Sean, Katelyn and Brady xox

And will you succeed?
Yes! You will indeed!
(98 and ¾ percent guaranteed.)
KID, YOU'LL MOVE MOUNTAINS!
-DR. SEUSS





Abigail and Clare
Celebrating friendship K-12.
With love and best wishes for the future.
The Costello and Hanson Families



JESSICA

The world is a be
place with you in

We love you!

Dad, Mum and J

Carolyn

Behind you, all your memories...

Before you, all your dreams...

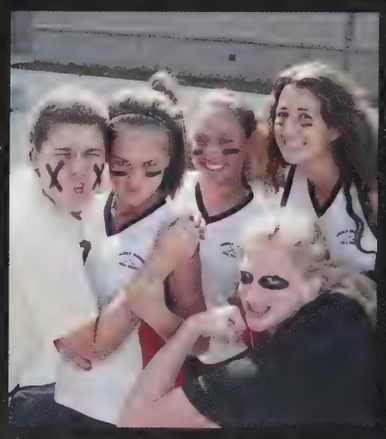
Around you, all who love you...

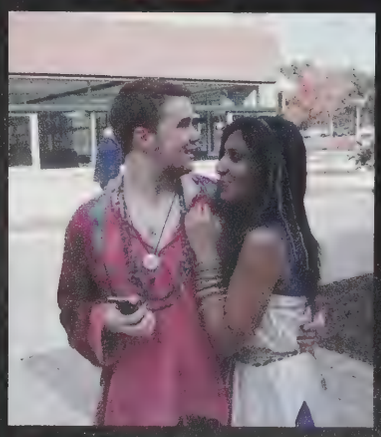
Within you, all you need...

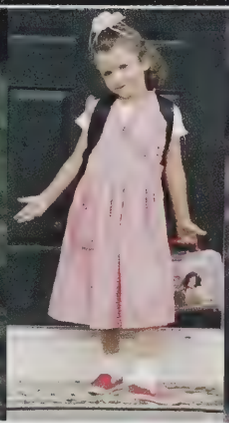
We are so proud of you.

All our love,

Mom, Dad, David and Kathryn







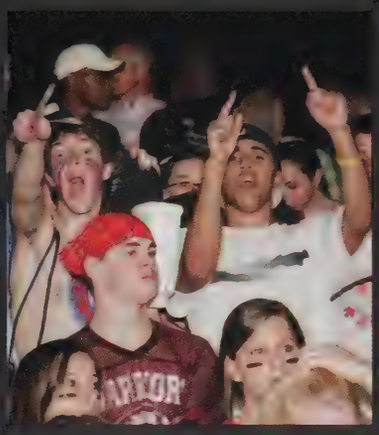
Phoebe,

Words can not describe the joy and pride you have brought to us over the last eighteen years, while we have watched you grow into the beautiful, accomplished young woman you are. We admire your talents, your enthusiasm, your daring, and most of all, your math skills. Your singing and laughter fill our lives with happiness and we know that you will achieve anything you set your mind to.

Anything's possible if you've got enough nerve -J.K. Rowling

We love you so much and hope all your dreams come true!

Mom, Dad and Emily



Ryan,

We are very proud of who you are...
Know that we will always be there
for you along the way...
May God Bless You.

Much Love,
Mom and Dad

To our "Big" Little Bro. Chris

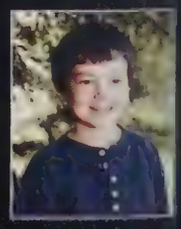
We are so proud of you and all that you have accomplished.
We've had lots of laughs together.
Love from your biggest fan club....
Linds, Jib, and Trev
(Izzy, Mugsey and the Dough Boy)

Molly,

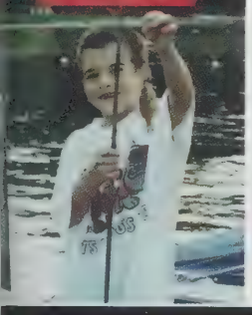
You are a terrific daughter. Never lose your spirit, out goingness, and zest for life. It will carry you far.

Love
Mom + Dad

EVAN



Congratulations Evan!
We love you
Mom, Dad & Adam



Christopher Michael Mackinnon

Beef...Crispy...Cosey...Christo...**CB**

In the blink of an eye you grew from a beautiful baby boy,
into a caring determined young man.
You have made us so proud!

The sky is the limit, follow your dreams, keep your "inner child" and always remember that whatever you do, wherever you travel, we will always be here for you!
Love ya - Mom and Dad

ie de Vivre

Creatures Great and Small

Tucker

Success is a journey, not a destination.

Love and Congratulations,
Mom, Dad, Tyler, and Roxy

Cool Swimming

At Your Service

Kathleen--Congratulations! Where has the time gone? It seems like yesterday that you were our special Christmas present and now you're heading off to college. We are so proud of you and know your future will be filled with great joy and success. Love you so much. Mom, Dad, Jim and Em

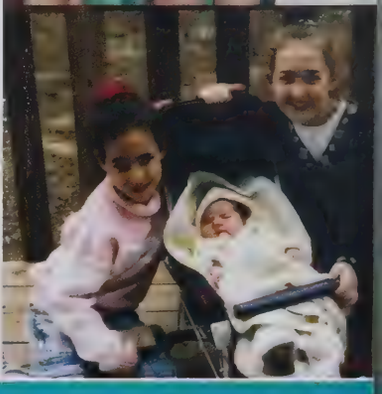
Alyssa,

We're so proud of everything you've accomplished so far and of all you will achieve in the future.

Remember to always believe in yourself and your dreams. When you do, only good things will come your way. You never know what you can achieve or how far you can go until you try.

We love you so much - now and always!

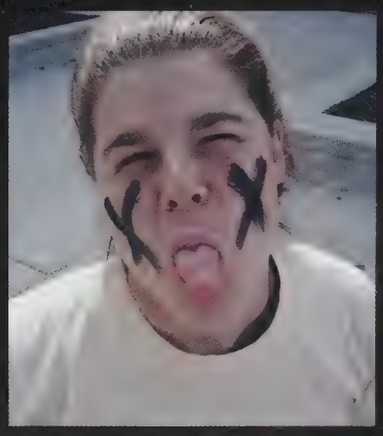
Love,
Mom, Dad, Laura, Kristen, Kelsey, and Lexie



Marissa

You are the light of our lives.
We will always be there for you.
We love you.

Mom and Dad

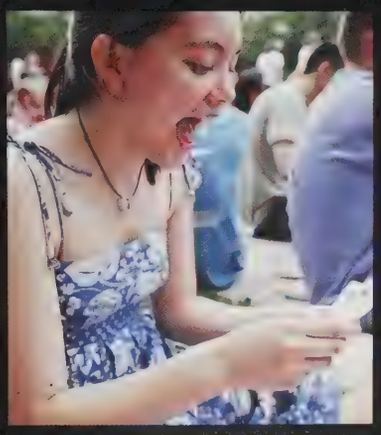


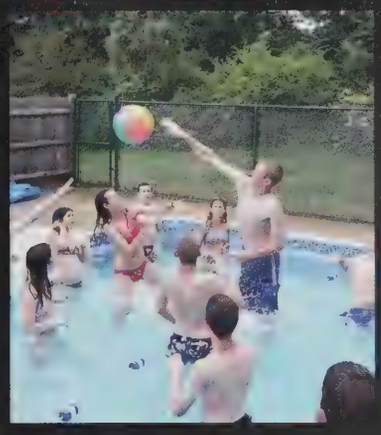
Congratulations! Your achievements have been beyond our expectations! Continue to dream big!
Love, Mom & Dad

Congratulations Christina

We are very proud of the incredible young woman you have become. Thanks for all the joy you bring to our lives and for the great memories, with more to come. We Wish you the best of luck.

We Love you very much,
Mom, Dad and Perry



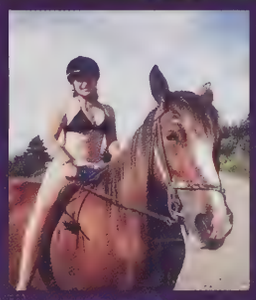


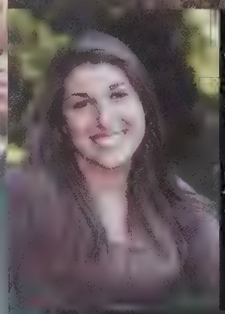
KELSEY

Congratulations!
To our dear Kelsey,

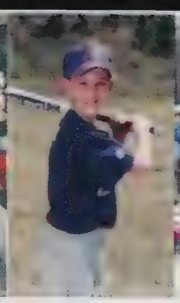
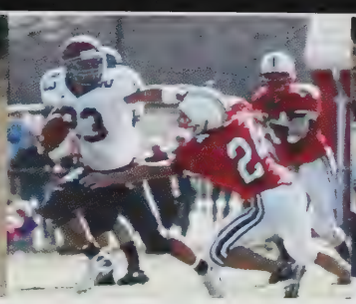
so much to say...so much to say...
an amazing, wonderful daughter...
a fun awesome sister...
We are so proud of you for your diverse talents - dancer, athlete, creative poet, writer and artist - for your style and witty charm, spirit and sensational humor, independence and strength and most of all your courage and gritty determination which will serve you well in life. One is not born a woman, one becomes one. We love the woman you are becoming!

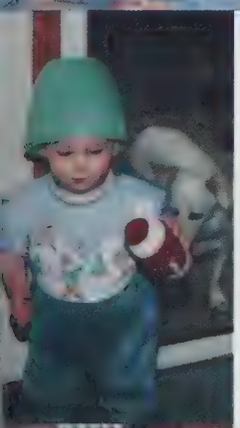
Our special Love,
Mom, Dad & Derek





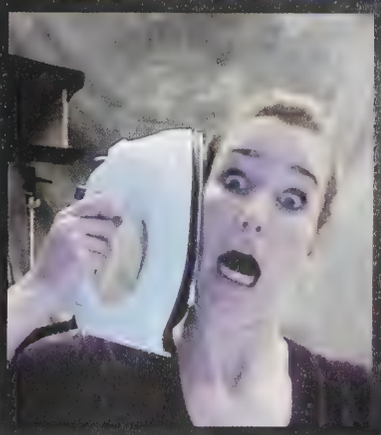
Brielle,
We are so proud of the person you have become. Your poise and confidence will take you far. Always believe in yourself and enjoy the bright future ahead of you.
We love you very much,
Mom, Dad, Chelsea and Brendan



Congratulations Mark!
You have worked very hard and we are so proud of you. We love you very much. Always remember Proverbs 3:5-6. Love, Mom and Dad

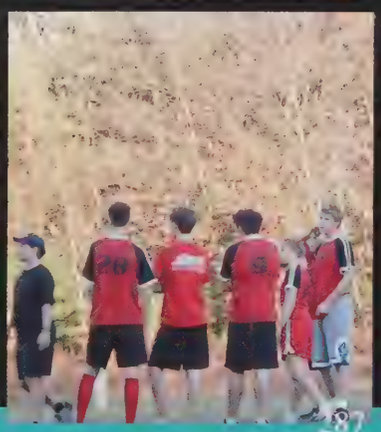
I always have and always will look up to you, I'm gonna miss you next year. Good luck. Love you bro,
-Wes
I couldn't have asked for a better big brother. You always make me laugh, love you,
-Laura
Thank you for coaching me in basketball. -David

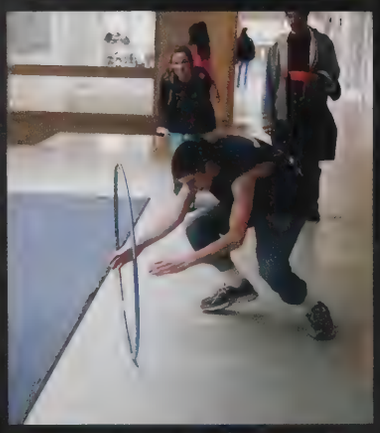


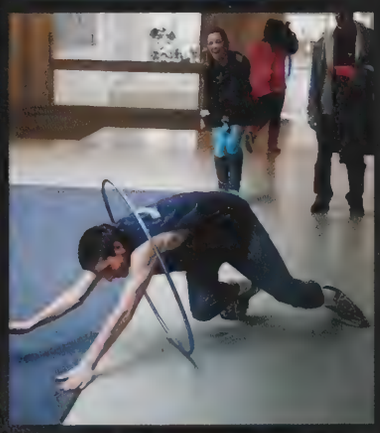
Dear Jessica,
You are everything we could have hoped for in a daughter! You fill our hearts with love and pride. Congratulations on this wonderful accomplishment.

We love you so much!

Mom, Dad, Josh, and Charlie





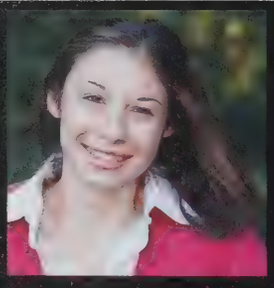


Alexandra,

Congratulations!

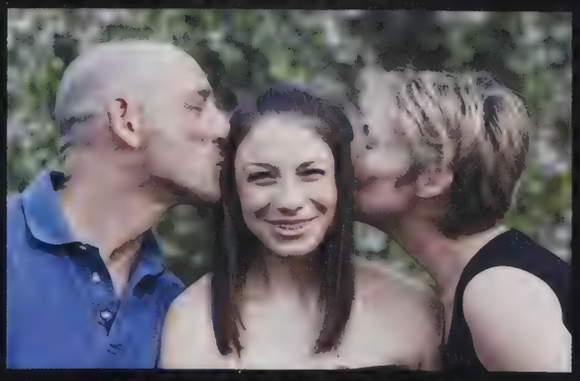
"May your day be filled with blessings
Like the sun that lights the sky,
And may you always have the courage
To spread your wings and fly!"

Love always,
Mommy, Daddy, Brendan,
Alanna, Caeleigh, Wylie,
Marshall, and Murphy



The Message came before you were born...

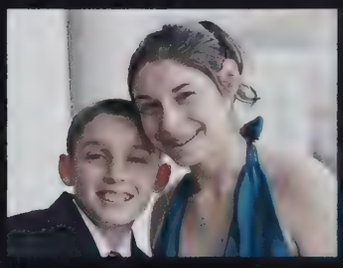
"An old soul,
A great deal of wisdom,
A wonderful sense of humor.,
Definitely feminine,
and my name is Gracie!"



We'd only add one thing...
and you will change the world!
Love, Mom and Dad

GRACIE

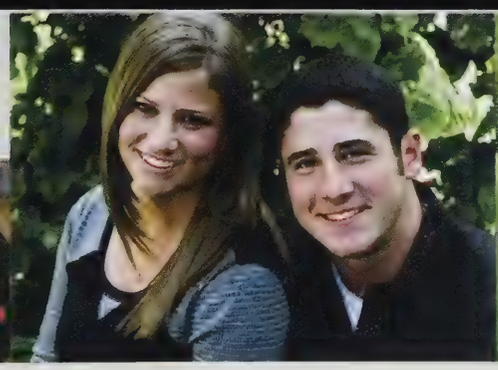
To the one I see
everyday.
The one who paves
the way,



Thanks,
for the laughs,
the rides,
the stories
and the advice!

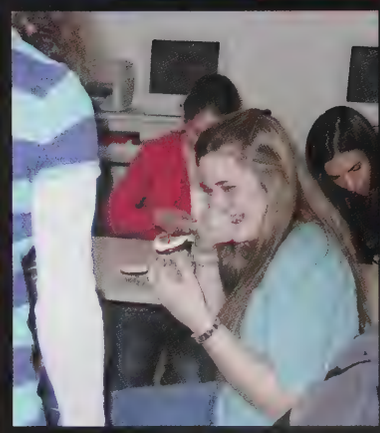
Congratulations
on your
Graduation.

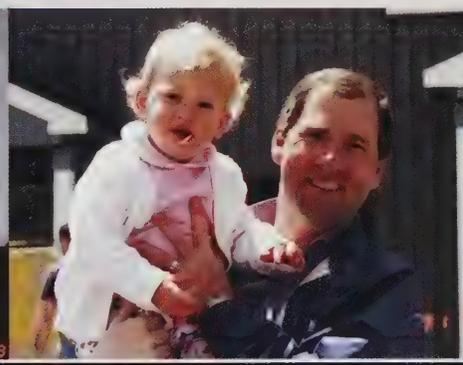
Love, Sam

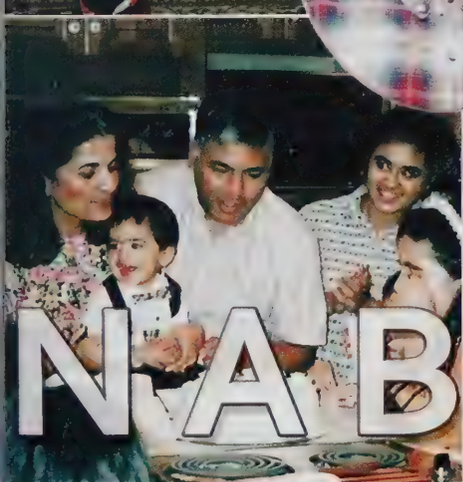


Samm

You have brought such joy and happiness into our lives . We are so proud of you and all that you have accomplished.
We love you!
Mom, Dad and Adam



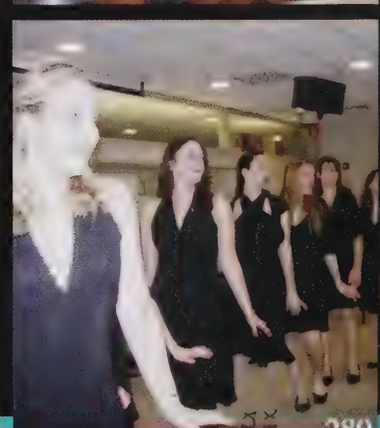


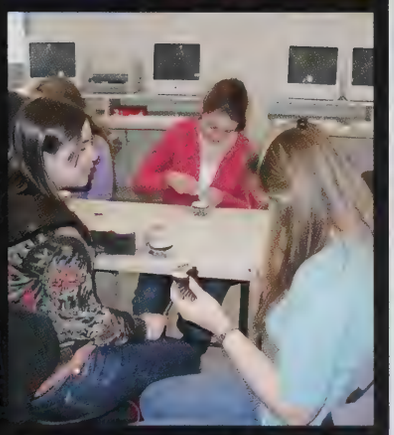


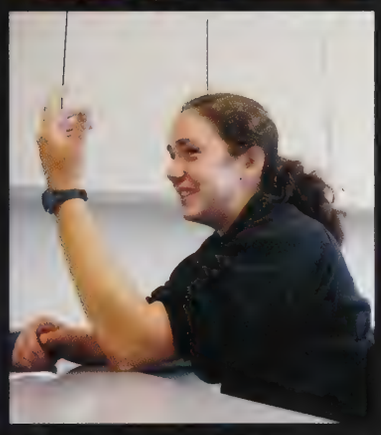
NABEEL

We're so proud of you and we know you'll go far!

Love,
Mom, Dad, Sarah, Azum, Sonia, Salim, Yaseen & Sulayman





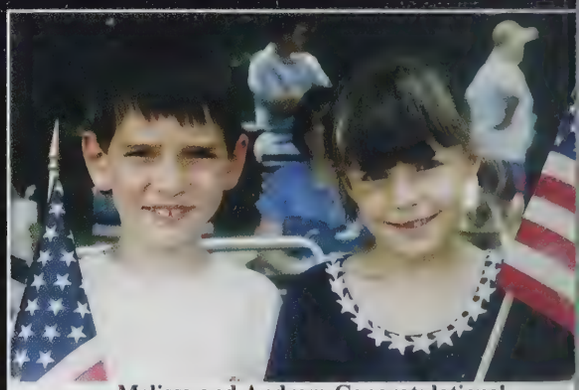


Congratulations, Evan!

You have brought so much love, laughter and music into our lives. May you continue to have all of these in your future.

We are so proud of you!

With our love,
Mom, Dad, Jeremy
and Ben



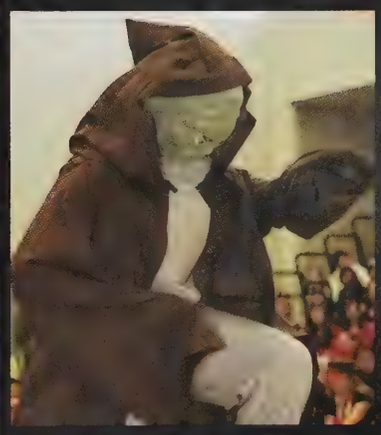
Melissa and Andrew, Congratulations!
We've been through it all.
Keep the good times rolling!
Love, Your Big Sisters
P.S. Geri would be proud

Congratulations Tory!

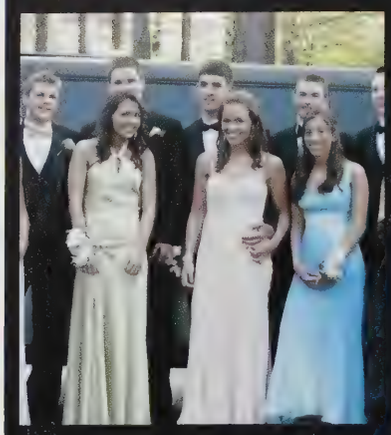
Congratulations Tory! We're proud of you!

Love, Mom, Dad & Kerry!

Alex. we are proud of all that you have accomplished in school, in relationships, and in using your talents and gifts. More importantly, though, we are proud of who you are as a person of character, values, intellect, honesty, kindess, and patience. "nobody's going to kill your dreams, or tell you how to live your life. There will always be people to make it hard for a while, but you'll change their heads when they see you smile!" Dream Big, because you can and you deserve great things!
We love you- Mom, Dad, Leilani, and Megan



Allison



May you always have
enough happiness to keep you sweet;
enough trials to keep you strong;
enough success to keep you eager;
enough faith to give you courage;
and enough determination to
make each day a good day.

~Irish Blessing

We are so proud of you and
all you've accomplished.
The best is yet to come.

We love you always,
Mom, Dad and Kevin

Jason

Congratulations!
Enjoy the ride, for the best ha
yet to come. We are so
proud of you. Play on...

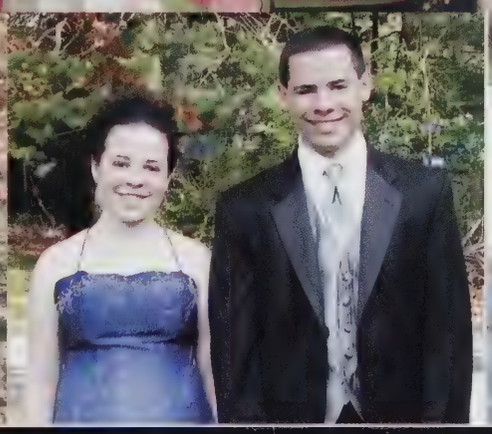
Always and Forever,
Mom, Dad & Sarah

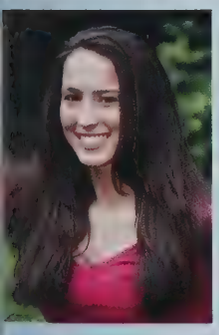
Melissa
You have gone from 0-18 and now ready to go off to colleg
Where has the time gone?
Follow your dreams into life's journey and may your heart a
success make this world a better place. Always remember
where you came from and knowthat we are proud of you!
Congratulations!
All our love,
Mom, Dad, Monica, Joey, Julia & Mark

K2

You've brought us twice the joy, and now you're making us twice as proud. May you continue to be there for each other, just as you always have.

Happy graduation, love, Mom, Dad, and Jared

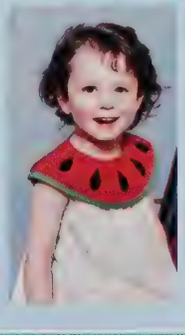




Rebecca

We are so proud of you and all your accomplishments!

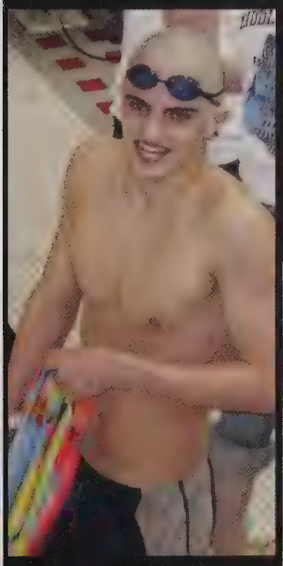
Congratulations!
We love you!
Mom, Dad & Jake

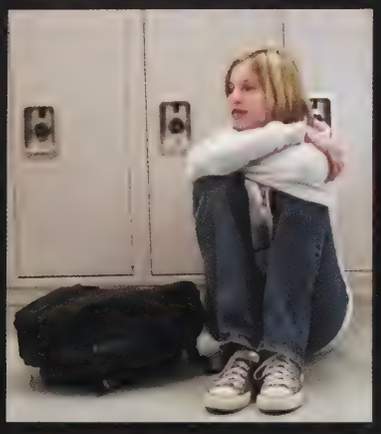


Congratulations Joseph!

From power rangers to college, the years have flown by! We are so proud of you and all of your accomplishments. Your kindness, calm perseverance and sense of humor will serve you well. Life is a daring adventure, enjoy the ride!

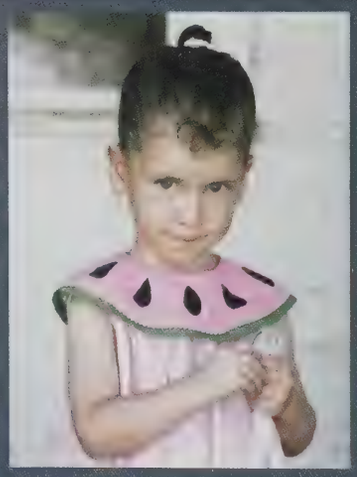
We love you,
Mom, Dad,
Danielle and Michelle
(and K & M)





SuperSnapshots.com

CONGRAT'S '08 !



Sara

We are so proud of the exceptional person you are.

Your ability to see good in people, your kindness,
your faith in God, your love of music,
and your sense of humor
are qualities that set you apart.

As a sister you have been an
outstanding example.

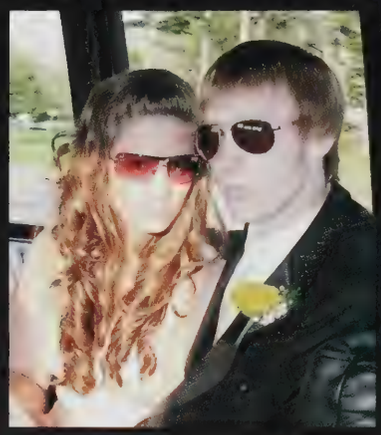
As a daughter you have filled
our lives with joy, laughter and pride.

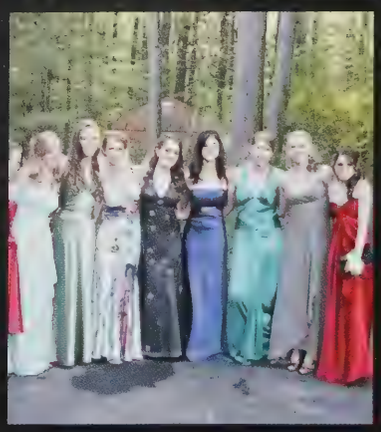
We love you.

Dad, Mom, Madeline, Davis, and Scout

(Proverbs 3:5-6)

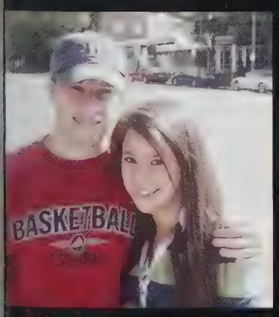
You've come a long way, David!
Congratulations!!!
Love, Mom, Dad & Mark

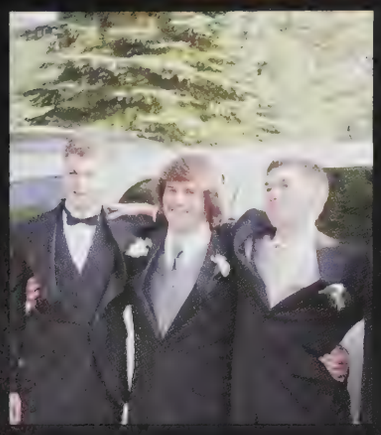


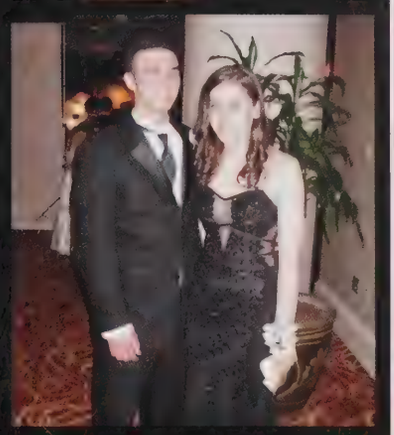


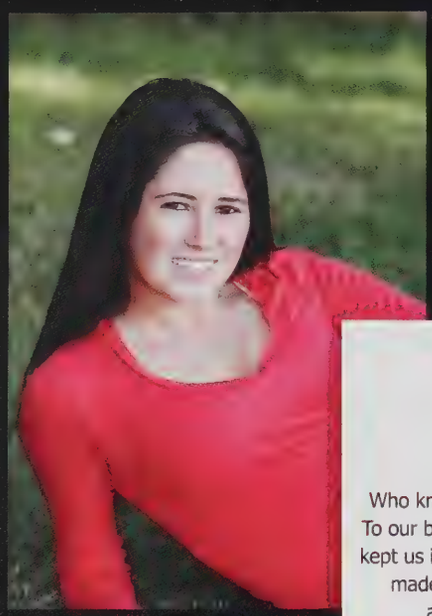
Rachel

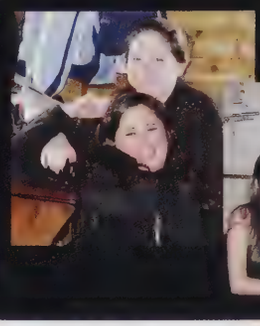
May all your dreams come true tomorrow.
And if not tomorrow, then the next day.
We love you more...
Mom, Dad and Daniel











Lacey

Who knew that 18 years could pass by in an instant?
To our beautiful daughter, who always stood her point,
kept us in line and on our toes, taught us how to shop,
made us worry and proud in the same moment,
and always managed to make us laugh.
You are the best Lace. We love you.
Mom, Dad, Cait, Sean and your friend Noah

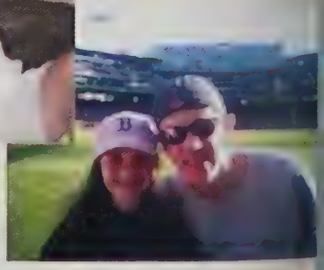
James

You've come a long way and accomplished much.

Congratulations!

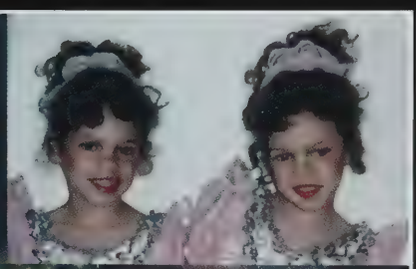
With love from
Mom, Dad,
John & Stevie

Jason

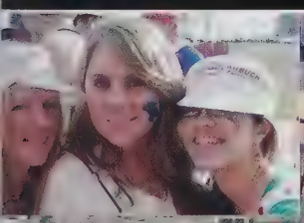


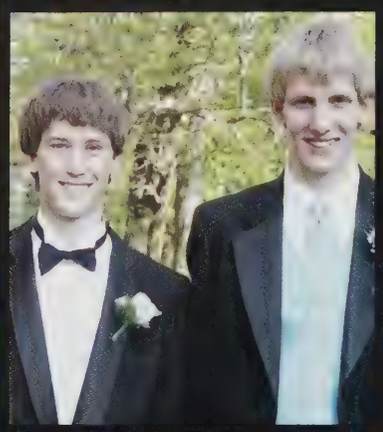
We're the best of friends!

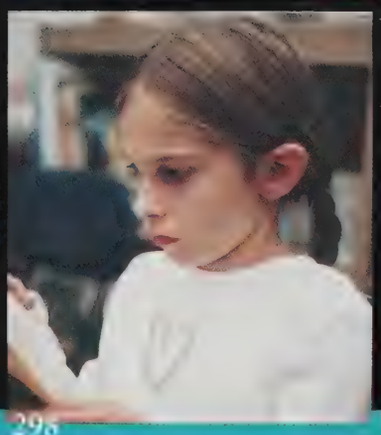
Good luck at school.
I'm going to miss you!
Love you,
Sarah



Lindsay and Kim-
Although you may go your seperate ways, you will never lose that special bond. You will always be so precious to us, and we love you both very much. As you travel through life, think of others often, but always be true to yourselves. We wish you fantastic adventures, exciting intellectual pursuits, and an abundance of love and joy. You will see...the best is yet to be!!
Love,
Mom, Dad and Keith







We chose these two pictures because they show you taking in the world. Now as a beautiful, self-assured young woman, you're getting ready to take on the world. Set your goals, set them high and use your many talents to reach them.

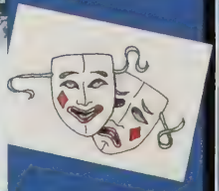
We're very proud of you and love you always-
Mom, Dad and Jesse.

SAM

Congratulations! We are so proud of you! You have grown to be an amazing young man. Continue to follow your dreams, Stand strong in you beliefs and good luck!

Love,

Mom, Dad & Zach



You've come a long way...and the journey has only begun. Travel wisely, with joy in your heart, curiosity in your mind, and love in your actions. But most importantly – remember this: you're never too old to hug your mother!
We love you: Mom, Dad, Becca, Meghan, B, D & O

Heather,
We are so proud of all that you have accomplished and who you have become. With endless love,
Mom, Dad, and Alex

"No well behaved woman ever made history"
-Francis Murphy 1912

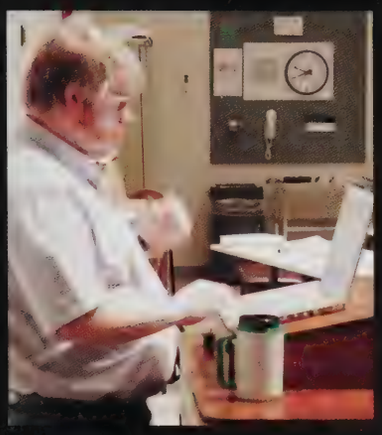
Sam, go out into the world; work hard, take risks. Explore!
Most of all remember we will always be there for you. We are so proud of who you are
Lots of love
Mom, Dad, Toby, Stacey, Pring, Marley, and Watson

Colleen,

Congratulations! We are so proud of you. "Let the music move you, let the moment take your hand, let it lead you into the middle of the dance floor and embrace you, dive off the high board, ride with the top down, thrive like a wildflower, and sing with a voice all your own."

We love you,

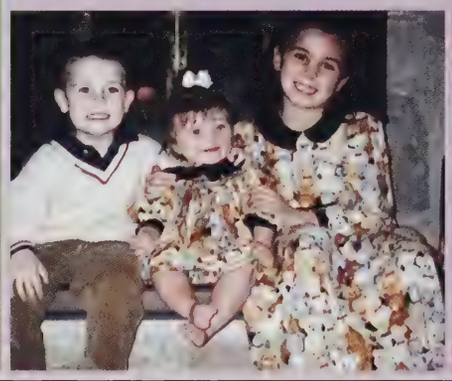
Mom, Dad, John, Sarah & Bailey



Congratulations Amanda!

We are so impressed with all you have accomplished and mor importantly the person you have become. You could not have made us more proud. Congratulations on the next stage of your journey as a Crusader. And remember...you'll always be our baby.

With all our love, Mom, Dad, Matt, and Molly



DAVID
You have always made us so proud.
You're the best!
Love, Mom, Dad, Daniel and Calvin
CONGRATULATIONS!

To our sweet Molly...

As you ride forth on your chicken...pway on and on!!!
A wise and amazing daughter, a cool and fantastic sister...
... We're so proud of you!
We love ya, we kiss ya, we already miss ya!

Mom, Dad and Emma

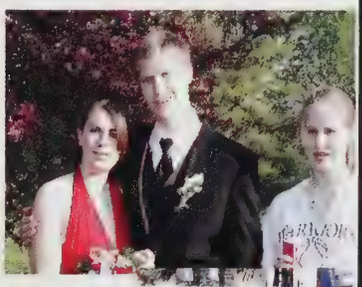
CAS,

Always keep your center of gravity...

but aim high.

Look sharp...

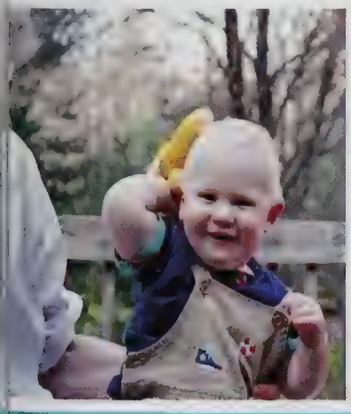
keep good company...



bake lots of cookies....

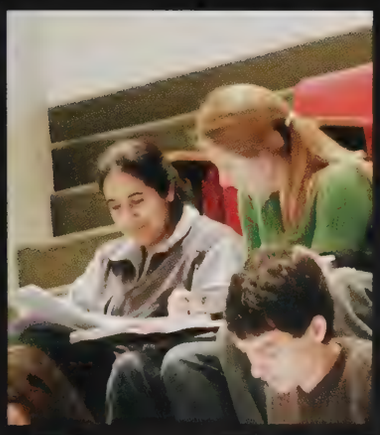
and read the classics.

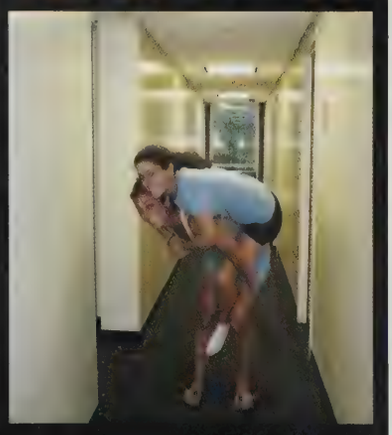
Keep your dad and Winnie the Pooh close by.



Congratulations to our superman!

We are so proud of you - Love, M, D, J, A, & K (and all of your pets)

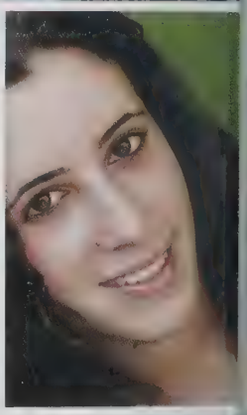




Brielle

To our sweet wonderful daughter-
It has been a joy watching you grow up.
We wish you a future filled with happiness, laughter and love.
Always be your beautiful self and remember how proud we are of you.

Love you forever,
Mom, Dad, and Adam



Congratulations Hanna!!!

You are a caring daughter and sister, and a special friend to so many!!
Know our love and support will follow you always.
We Love You,
Mom, Dad, Ashley and James

Alexandra

We are not just proud of what you have done, but more importantly, we are proud of who you are, and anxiously await to see what you will become. Your view of life, your leadership, your passion and your independent thinking are simply amazing. Whether or not you will ultimately "change the world", you have definitely "dented the universe"...
Love, Mom & Dad

Congratulations and thanks for the car!
Love, Matt

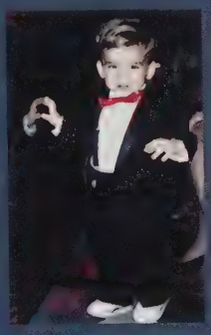
JUSTIN

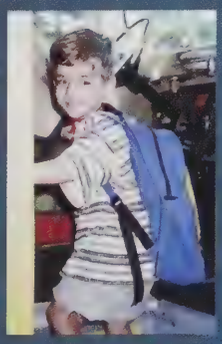
Live, Love, Laugh and Ski as much as you can. Most of all, be happy and follow your dreams. Whatever you need, wherever you go, we are always here for you.

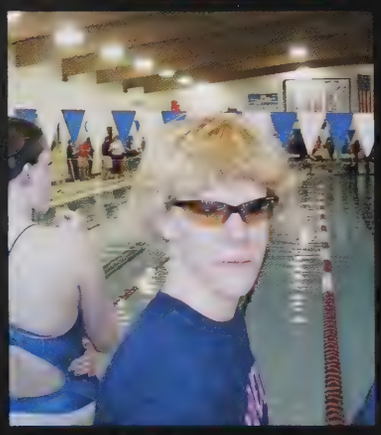
Congratulations!

We love you so much!

Mom, Dad, Brett,
Duchess & Daisy







Congratulations class of 2008!

DYAD hopes your dreams continue to come true.

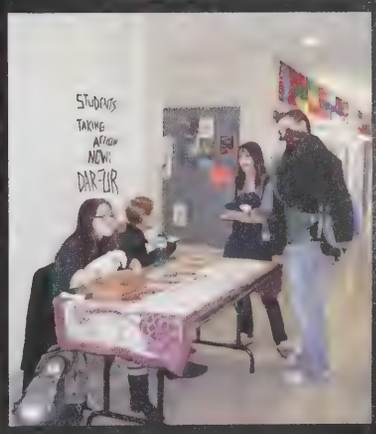
Emma

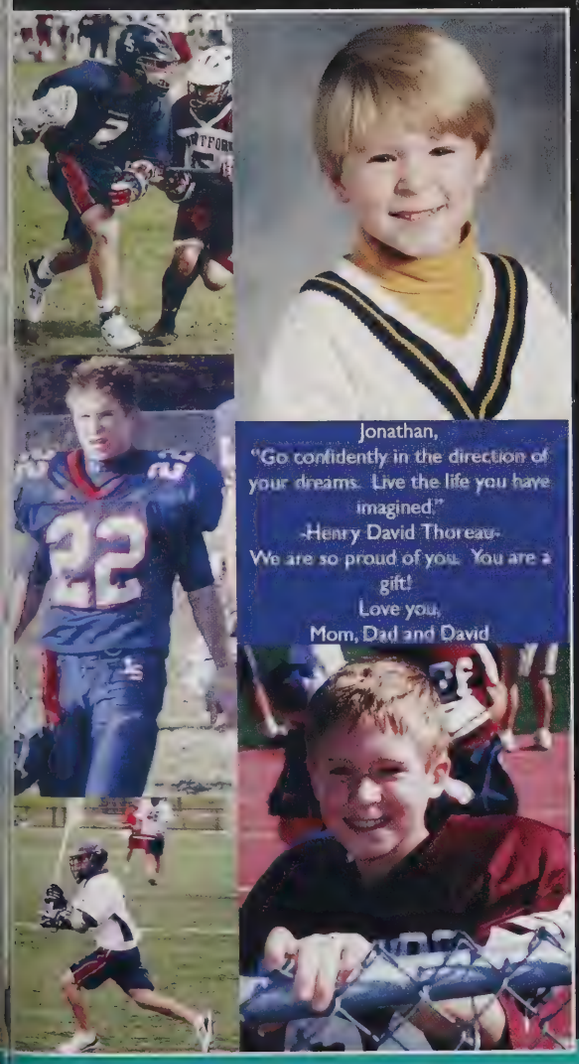
From...
Belle to Buffy,
Chicken nuggets to tofu,
Soccer cleats to high heels,
and Do-Do to the Audi...

Every exit
is also an entrance!

...one thing that will
never change is how
proud we are of you!

Love,
Mom, Dad,
Sarah and Dusty



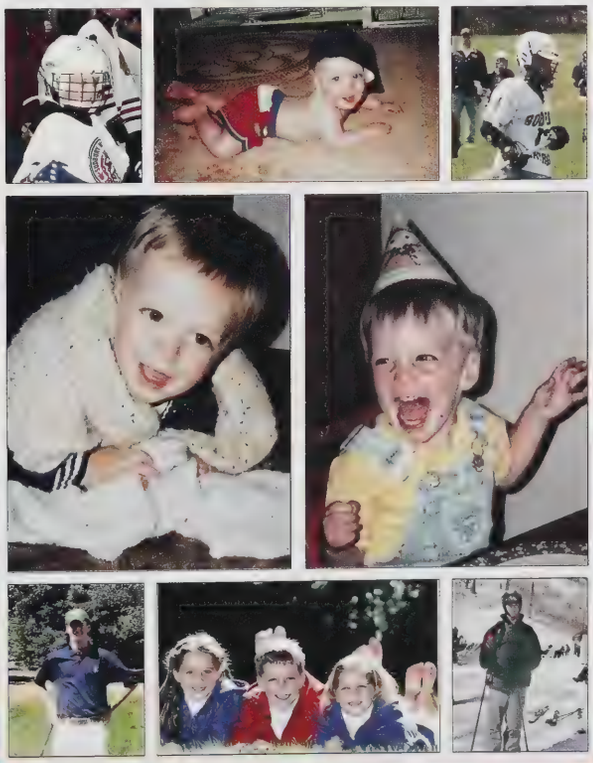


John,

Congratulations! We are so proud of you. We hope that you never cease to be amazed, believe that tomorrow could be a better day, and know that you'll always get a second chance, that you will make a difference and that you matter!

We love you,

Mom, Dad, Colleen, Sarah & Bailey



The

LSPO

LINCOLN SUDBURY PARENT ORGANIZATION, INC.

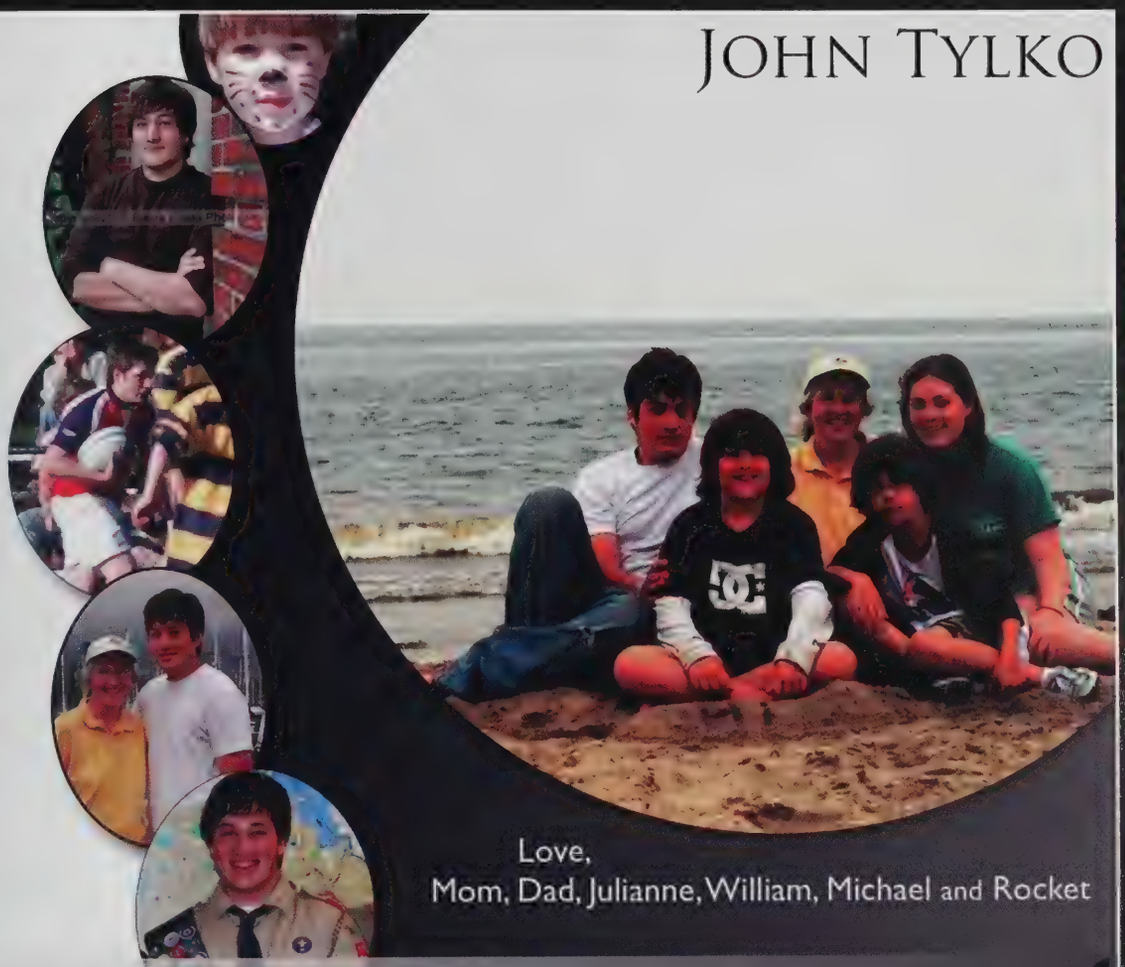
wishes the Class of 2008
all the best
as you embark on
life's next adventure!

Our dear Molly from L-S will grad,
We hope that she will not feel sad,
Smart, beautiful and warm,
She'll take her new world by storm,
Love from E J D G and from Mad !

WE'RE SO PROUD OF
YOU....CONGRATULATIONS...
XOXOXO

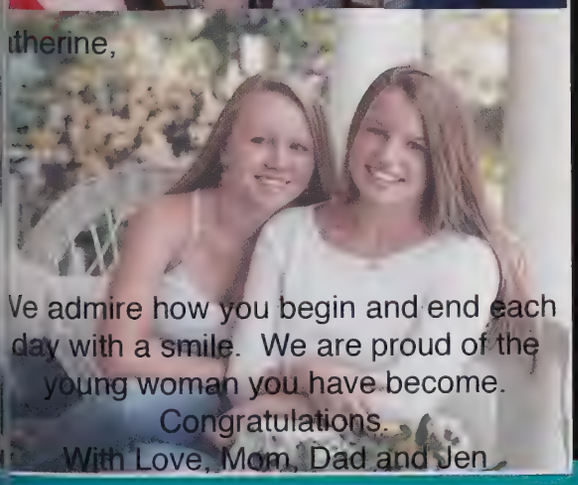
The best smile in the world...it's contagious. Congratulations Sam! You are just beginning Your Life's journey, and with that smile and what's behind it, we know you will go far! We're so proud of you and love you, Mom, Dad, and Max

JOHN TYLKO



Love,
Mom, Dad, Julianne, William, Michael and Rocket

CONGRATULATIONS!



atherine,

We admire how you begin and end each day with a smile. We are proud of the young woman you have become. Congratulations.
With Love, Mom, Dad and Jen

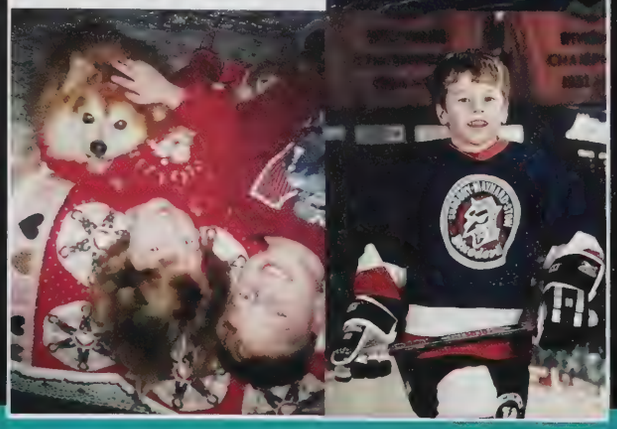
Congratulations, Alex!

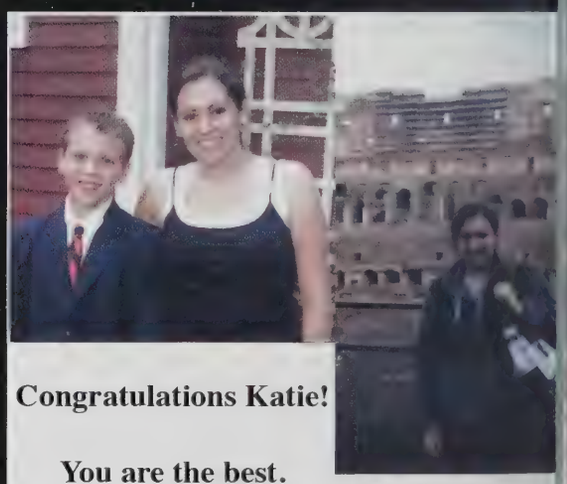
We love and admire you so much, Mom, Bernard Nat & Nick

Kathrine

Congratulations !!!
We are very proud
of you.
Believe in yourself.
Dare to trust.
Love and wishes for
Interesting adventures
Warm friendships
Happy times.
We love you !!!
Mom and Dad
Jay and Julia

Congratulations Evan!
We couldn't be more
proud of the man you
have become. We wish
you love and happiness
wherever life leads you.
Mom, Dad and Kelley

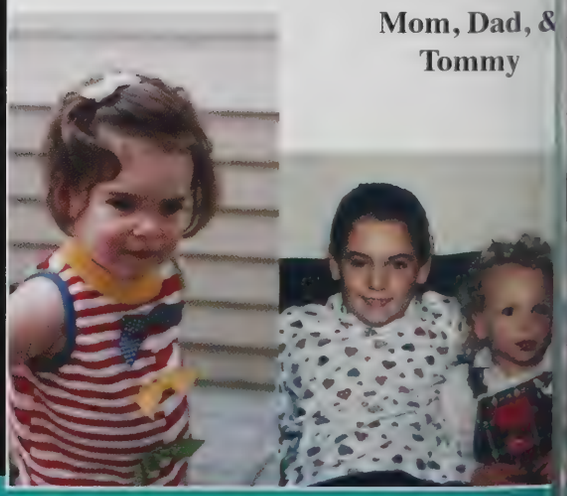




Congratulations Katie!

**You are the best.
We are so proud of
you!**

**Love,
Mom, Dad, &
Tommy**



Congratulations Eric

We know you will do great wherever you go and in whatever you do. We will always be there for you and we will never give up!

With Love,
Mom, Dad, Ryan,
Rachel, and Cassie

OWEN,

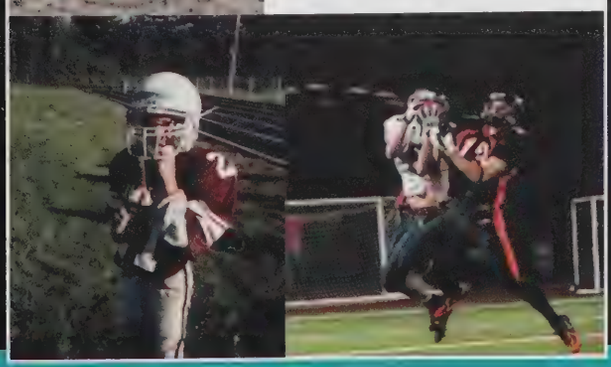
Congratulations!

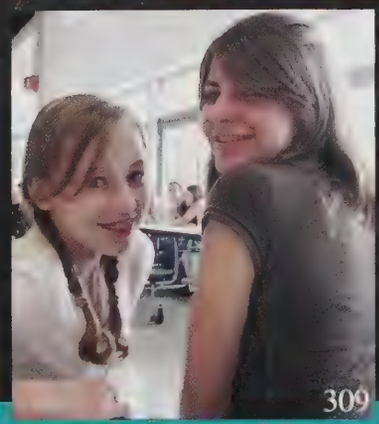
Love, Mom, Dad, Conor and Katy

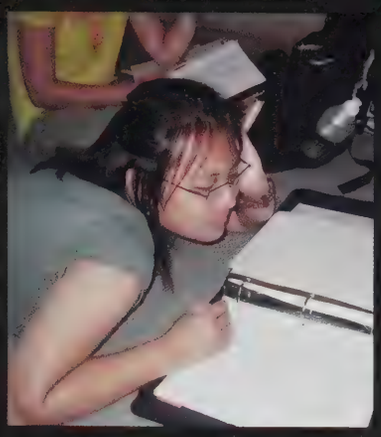
Kurt

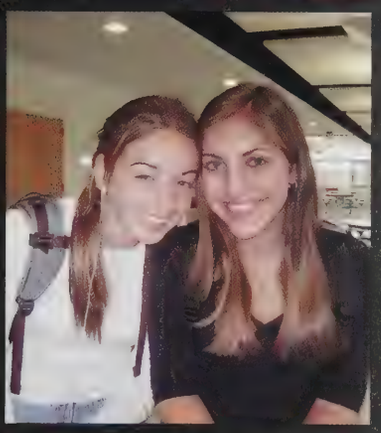
Congrats! I know whatever path you choose in life, you will do great. You are an amazing brother and an amazing friend. I can truly say that I am proud to be your big sister.
Love always,
Audrey

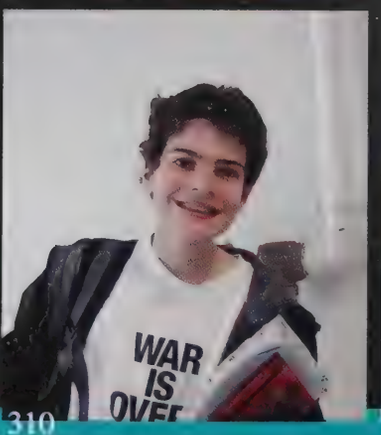
You are capable of accomplishing anything.
Reach high!
Love,
Mom, Tom and Jason







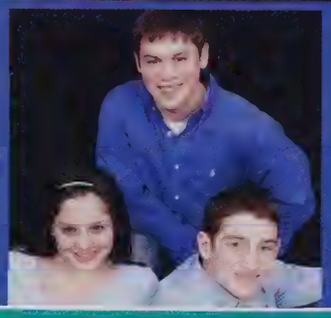




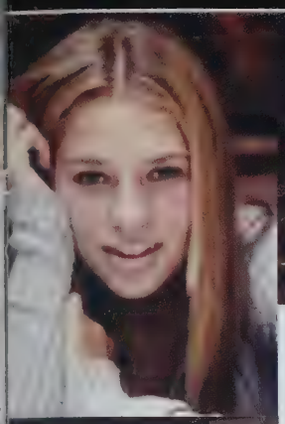
Jared,

Follow your dreams with passion. May you always have as much happiness as you have brought us.
We love you to pieces!
Love,
Mom and Dad

I am so lucky to have you as my big brother. The house will not be the same without you next year.
Love,
Jaclyn



I will miss you a lot next year, we have had the bes times together. Thanks fo being such a great brothe and friend.
Love,
Josh



LEXY

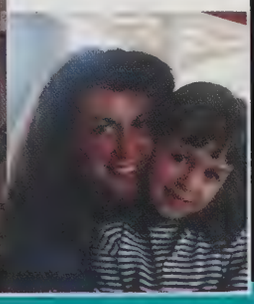
Congratulations our sweet Lexy Lou!
May your life be filled with the same happiness, love and laughter you have given all of us.
We love you!
Mom, Dad, Kendra and Bryan

JESSICA

The world is a better place with you in it.

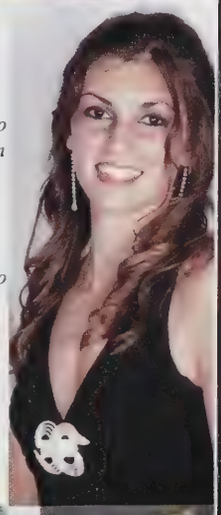
We love you!

Dad, Mum and Jay



Congratulations, Samantha!

It has made us proud to observe the enthusiasm and pasion you've shown in all your accomplishments. Staying just the way you are will lead you to a bright and happy future. You're the daughter of our dreams.
Love, Mom, Dad & Matthew



Jamie

Congratulations! We are so proud of who you are and all that you have accomplished. You were the best Chrismas present ever. We love you tons. Mom, Dad, Tim, and Danny

You have gathered
the many powers,
You have clasped
them now
like necklaces unto
your breast.

Enheduanna

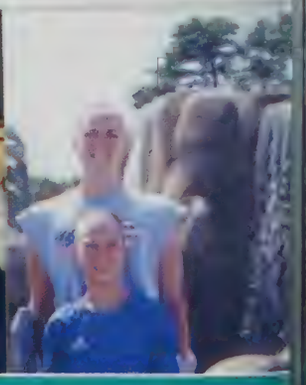
Let's dare to be ourselves,
for we do that better than
anyone else can.

Shirley
Briggs

JORDAN

Congratulations

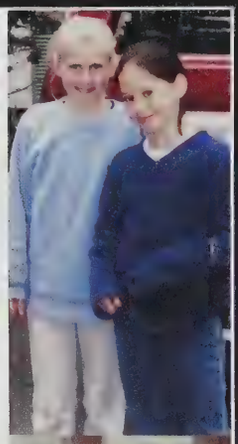
We are so proud of what y
have accomplished alread
and know there's much m
in your future! We love y
Mom, Dad & Tyler

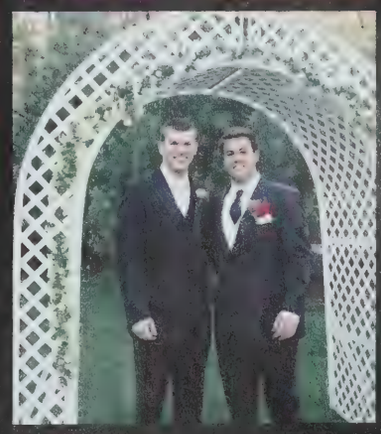


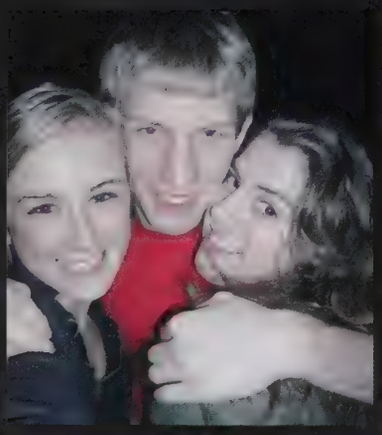
Stephanie

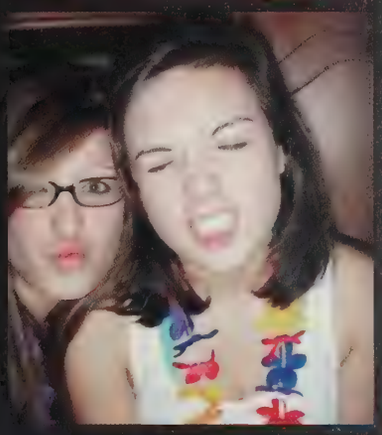
Live your dreams and "make it happen." You are so special to us and we love you just the way you are!

Love,
Dad, Mom, and Andrea

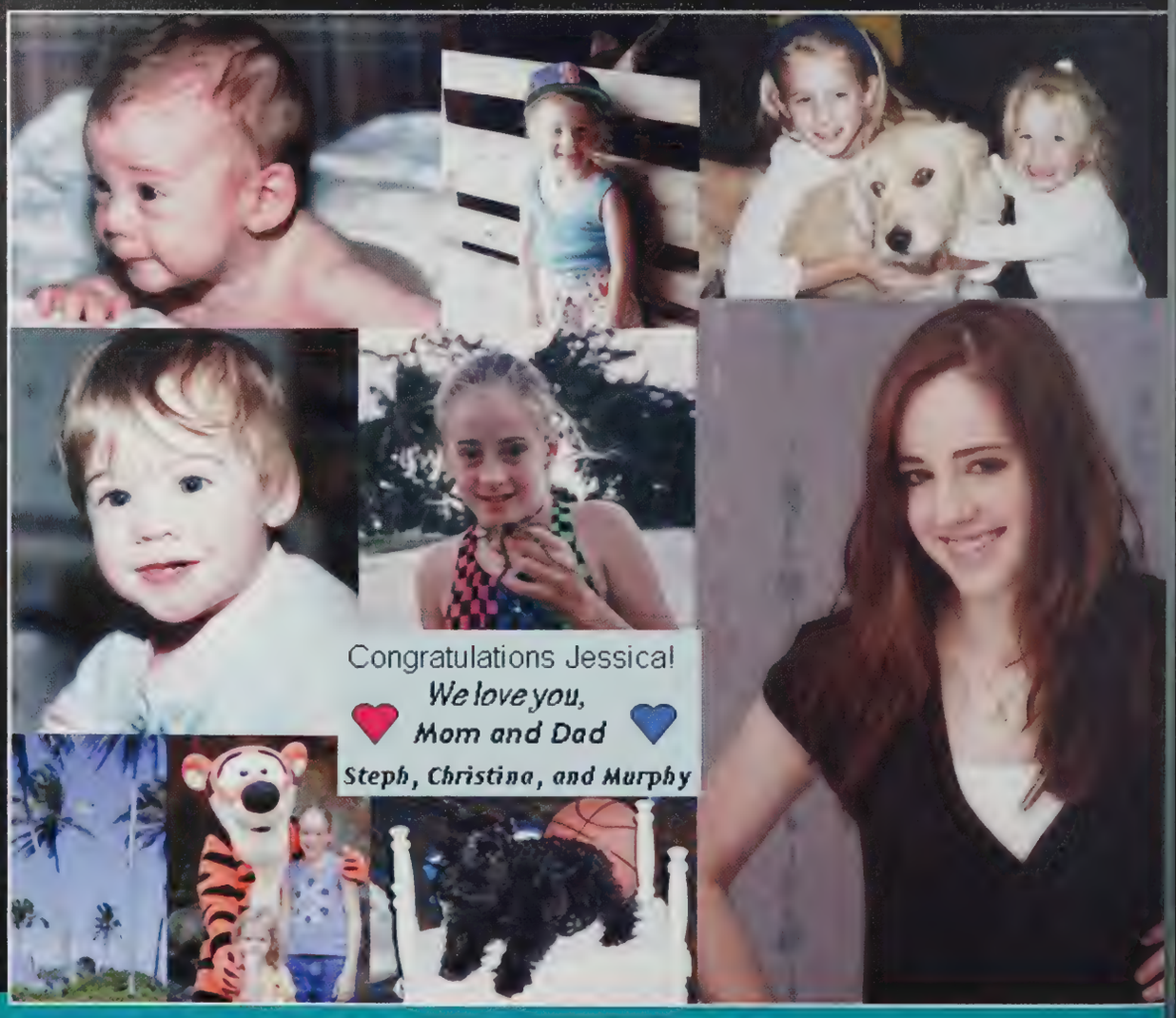








David,
You have been an amazing son, brother and boy!
You have "rocked" our hearts with love and joy.
From "hat tricks", pancakes, cross-checks, tackles and scores
We have relished your successes and much, much more!
Now you go off to become a man
Know we will always be your biggest fans!
Each adventure we are apart
We will be with you tucked away in your heart.
You will "rock" the world in some good way.
Just enjoy the journey every day!
Love,
Mom, Dad, Andrew, Matt, Mel and Bailey!

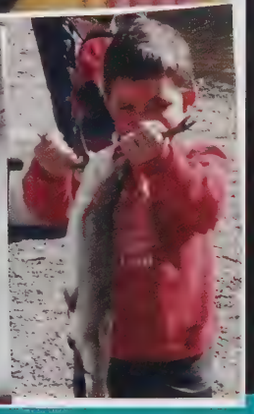


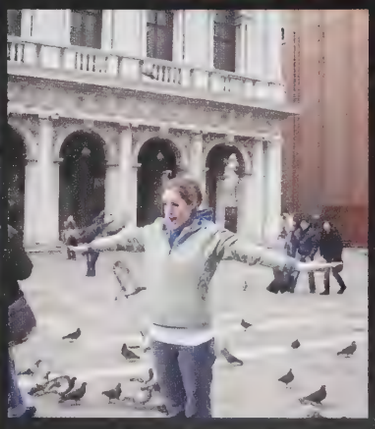
Congratulations Jessica!
We love you,
Mom and Dad
Steph, Christina, and Murphy

We are very proud of both of you. Looking back, we hope you will remember all the adventures you have experienced. Looking ahead, we hope you continue to be happy and courageous and strive for the best in all you do.
We love you very much,
Mom and Dad

Sam ,
Your love of life, optimism, perseverance and compassion for all those you meet are true strengths.
Continue to follow your passion and pursue your dreams.
You are an inspiration to all of us.
We are so proud of you.

Love,
Mom, Dad, Sarah and Alex.



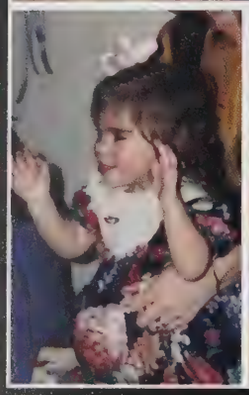


Congratulations Erica!

You have always been so true to yourself and have such an independent spirit. I am so proud of you and all of your achievements!
Love, Stef

I am so proud of your accomplishments. Your perseverance, passion and kindness will truly take you far in life - the best is yet to come!
Love, Stacie

We couldn't be prouder!
We Love You
Mom and Dad



Julie Rose, From Your Head To Your Toes,
We Love You,
Mom, Dad, Laura and Colby

A sister by blood. A friend by choice.
Gracie-
Congratulations! You should be so proud of what you have accomplished!
We couldn't ask for a better little sister or best friend.
Enjoy the years to come, they'll be gone before you know it.
Love you sister bear,
Brigie And Tara

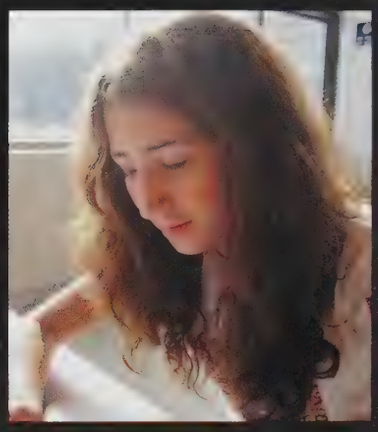
Jason

Congratulations Jason on achieving this milestone. Your perseverance has taken you far. Remember with hard work, determination and enthusiasm you can do anything you want!

Congratulations
and Good Luck!

Love,
Mom, Dad,
Kevin,
Danny

(& Shina)



Nick

What lies behind us and what lies before us are tiny matters compared to what lies within us.

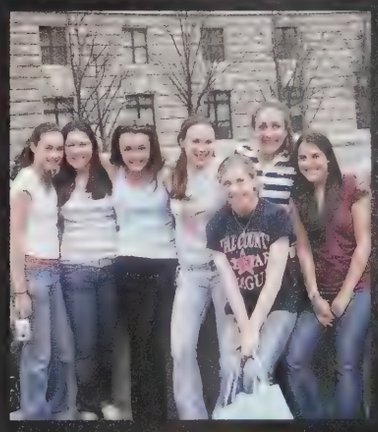
Ralph Waldo Emerson

Boo, you have always made us laugh with your great sense of humor and warmed our hearts with your unending affection. We have loved raising you and guiding you these past 17 years. We have been so blessed with you in our family.

We are so proud of you and we know that you are ready for your next step. Be happy, laugh and give it your all. We will always be here for you. God bless.

Congrats Nick...the last P to graduate from L-S. Good luck in college and remember school work comes first!!
Love, Dan

Nick, great job. Your hard work paid off. You are going to love college.
Love, Jon



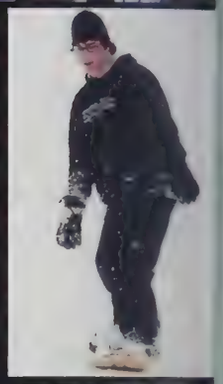
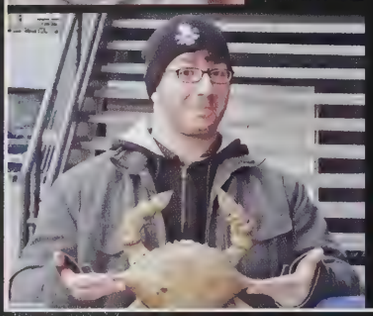
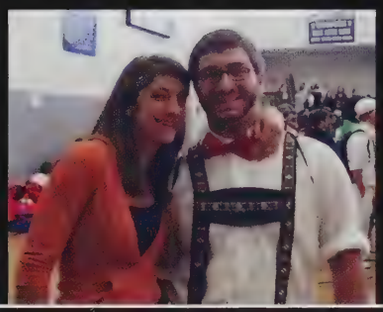
Sapere aude!
Mom and Dad

Good luck in college!
Julia

Andrew

Congratulations! You will take away great memories, lifelong friendships and the LS experience. We are so proud of you and love you very much.

Mom, Dad and Trish

Jillie,

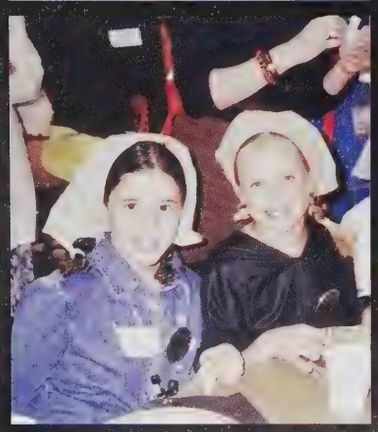
May the sun shine all day long and everything go right.
May those you love bring love back to you and may all the dreams you wish come true.

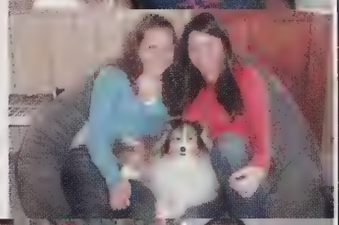
Mom and Lauren

MICHELLE

Watching you grow and sharing the past seventeen years of your life has given us so many wonderful memories. Some leave us laughing while others make us proud. The journey has posed its challenges for you; however, you have faced them and become a stronger more independent young woman.

All along the way you have set goals and have worked hard to successfully achieve them. As you continue your life's journey and meet new challenges, know that we will always be there to help and support you.



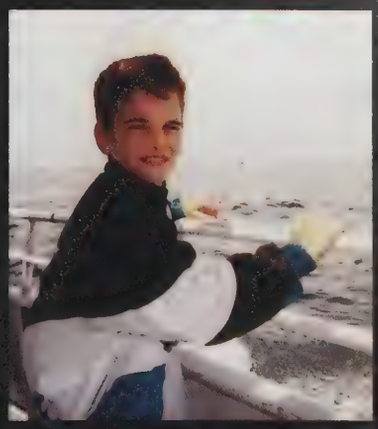


We love you and are very proud of you.
Love,
Mom, Dad, Maddy, and Bailey

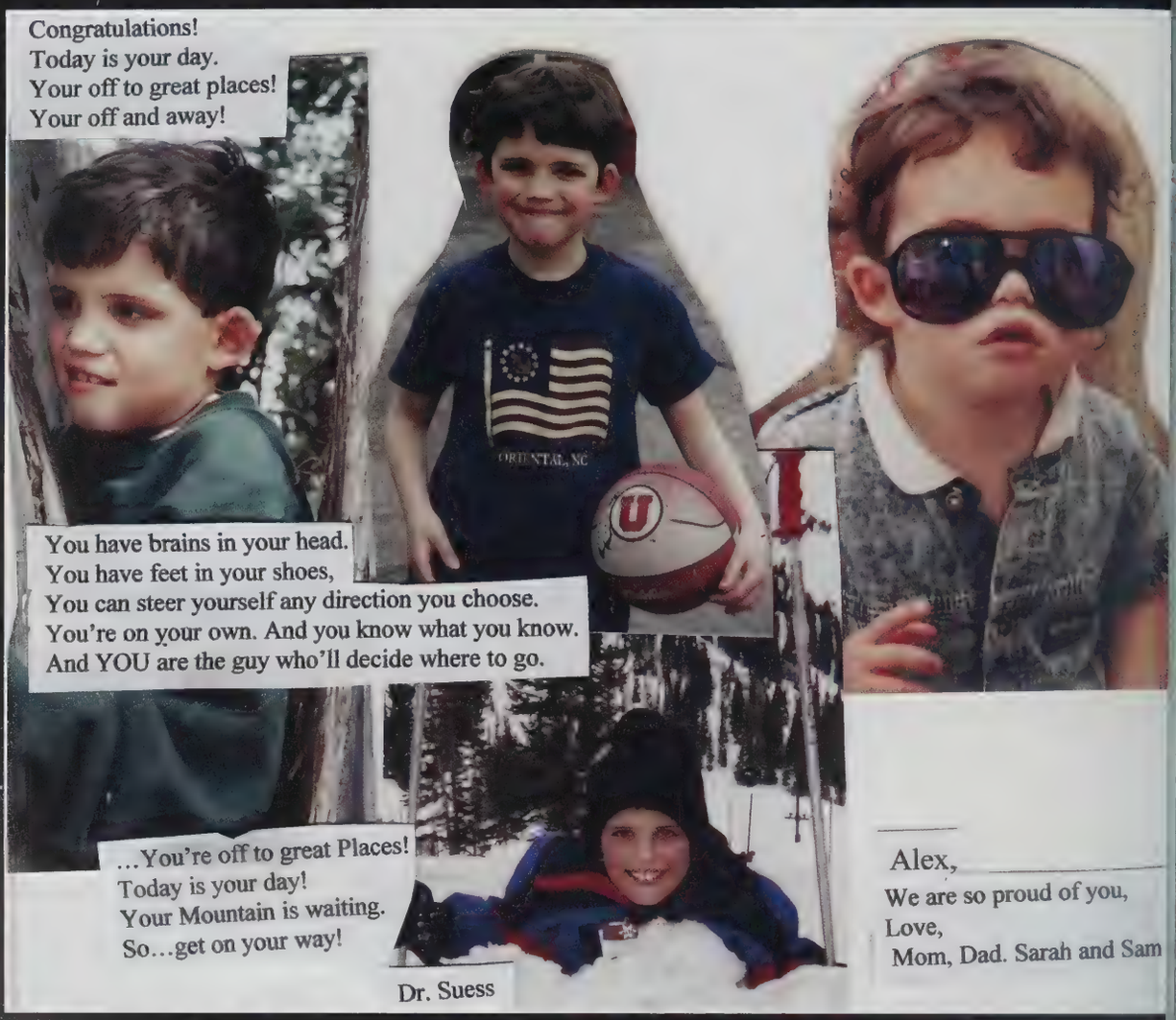
Dear Ryan,
We are so proud of you. The intensity and focus you show in life, along with your great sense of humor, make you a joy to be around. You are a wonderful son and brother. We love and support you always.

Congratulations Major!

Love,
Mom, Dad, Jimmy, and Justin



Congratulations!
Today is your day.
Your off to great places!
Your off and away!



You have brains in your head.
You have feet in your shoes,
You can steer yourself any direction you choose.
You're on your own. And you know what you know.
And YOU are the guy who'll decide where to go.

...You're off to great Places!
Today is your day!
Your Mountain is waiting.
So...get on your way!

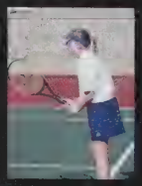
Dr. Suess

Alex,
We are so proud of you,
Love,
Mom, Dad. Sarah and Sam

JENNIFER

Dear Jennifer,
Congratulations! We are so proud of not only what you have achieved in school and sports, but of the person that you have become. You are a person of great faith, integrity, discipline, strength and courage. Thank you for bringing much joy into our lives these past eighteen years! We love you lots!

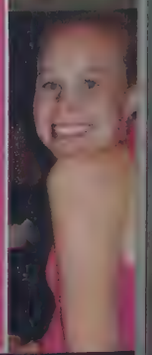
Love, Mom, Dad
Amy & Grace



We will miss you Elizabeth!

Life is a journey enjoy the ride!

Love,
Mom, Emily and Sara

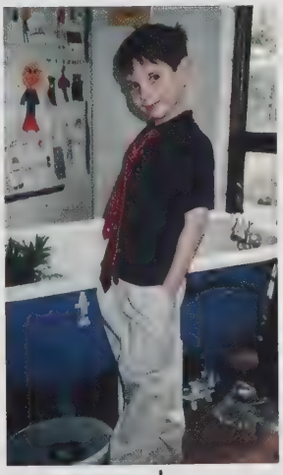


As you dance into the next chapter of your life,
we wish you success, happiness and lots of love.
We are so proud of you!
Love,
Mom, Dad and Adam

Lauren

Congratulations Andrew!

We are so very proud of you! We wish you a life of continuing growth and understanding, full of the love of your family and friends, and challenges met. May all your dreams come true!



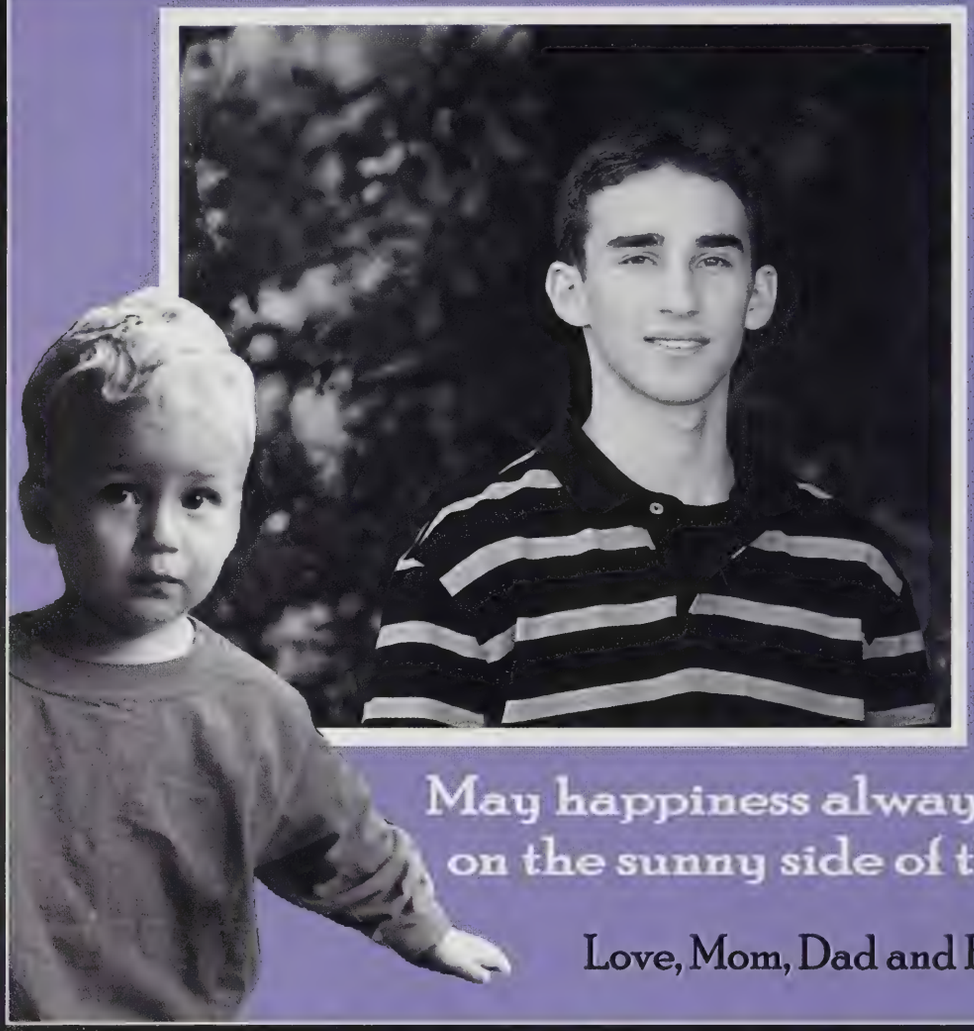
We love you very much,
Mom, Dad, and Sara

Finally Finished?? No, Kemo Sabe,
This is Just the Beginning!!

Keep your nose to the grindstone,
your hands on the keys,
with a place in your heart for your past
and your feet firmly planted in your
present.

As you are our present...
our gift...
to each other
and
the world...

We expect great things from you!



PAUL

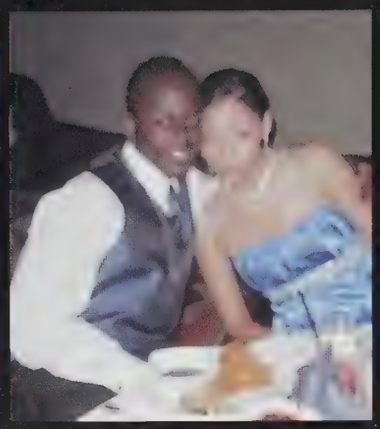
May happiness always find you
on the sunny side of the street!

Love, Mom, Dad and Rachel

Amanda

Cherish all your happy moments. Leave any regrets behind. You will succeed in whatever you chose. Explore, Dream and Discover with enthusiam.
Love always,
Mom, Dad, John, Paul, Mike, and Axel

ANDREW



Congratulations!
We love you buddy!
Love, Mom, Dad, Luke and Cynthia

Laura

We are so proud of you and are sure with your love of life, good heart, positive attitude, and determination the best is yet to come. Remember we are your biggest fans and will always be here to support you. We love you so much!
Mom, Dad, Julia, and Scott

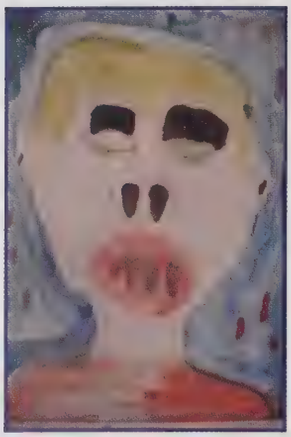
"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." -Dr. Seuss

Claudia

We are so proud of who you have become - you make us smile. Have a fantastic journey, and know that we will always be there, wherever the road may lead.

Lots of love... Mom, Dad & Dana

Enjoy the ride!



Self-portrait, 1996

Dear Ray,

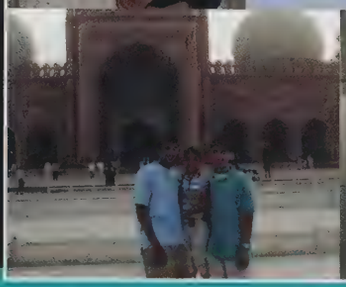
As we stand back and admire your development over the years, we celebrate an ending as we look forward to a new chapter.

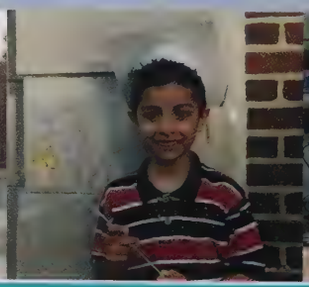
We love you! Mom, Dad, Sam, Rocco and Chloe.

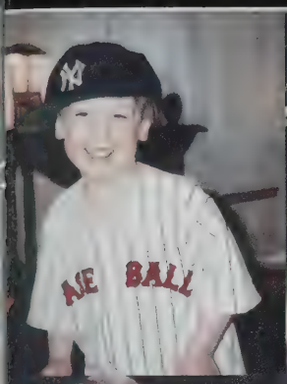
Self-portrait, 2006

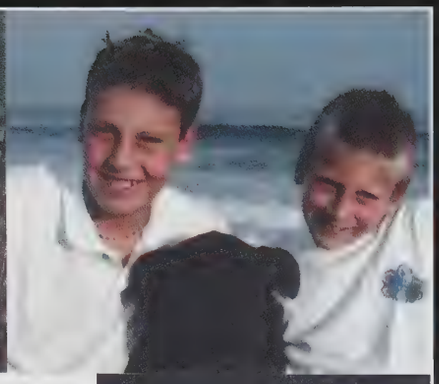
Faraz,
Congratulations! We are all very proud of you and know that whatever field you decide to educate yourself in college you will put your heart and soul into it, you should be proud of your accomplishments. Always remember, "Luck is when preparation meets the opportunity."

With Love,
Mom, Dad, Kiran and Shawn



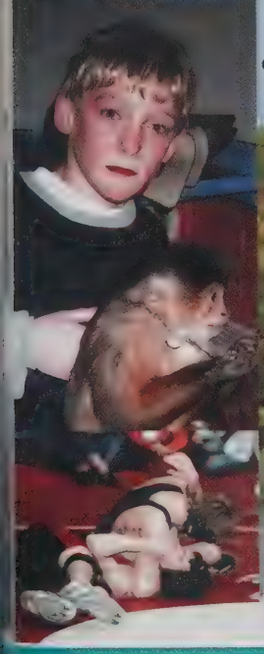






Congratulations Alex
Since the day you were born you've brought immeasurable joy into our lives. We are inspired by your spirit, enthusiasm for life, resiliency and sense of humor. We know these gifts will enable you to reach all your goals. We are your biggest fans and you will always have our love and support. Work hard, swim fast and always remember we are here for you and are so proud of you!
We love you very much,
Mom, Dad, Graham and Maggie

Congratulations Evan!
We're very proud of you and we admire you for your honesty and kind hearted nature. You're an outstanding person. Much love and good luck to you.
Love, Mom, Dad & Maddie



Michelle -
We are so proud of you and your accomplishments. As you move forward to the next stage of your life we wish you happiness, love and success.
Love, Mom, Caitlin & Chris

Twenty years from now you will be more disappointed by the things you didn't do than by the things you did. So throw off the bowlines, sail away from safe harbor, catch the trade winds in your sails.

Explore. Dream. Discover.

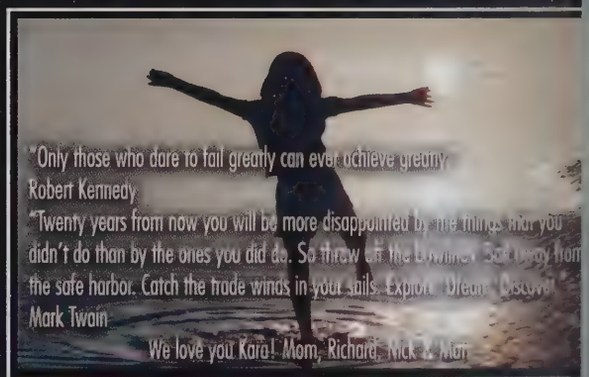
We love you always,
Koby, Mom, and Dad

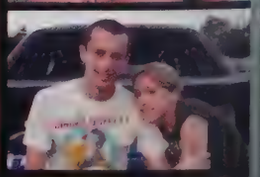
NINA

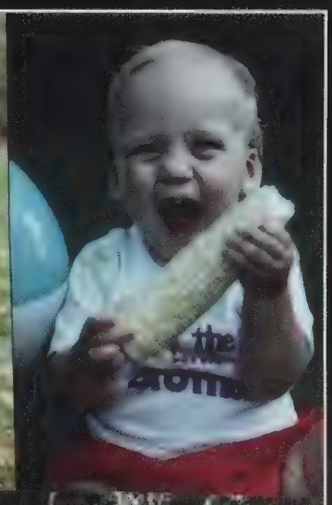
You are my sunshine...

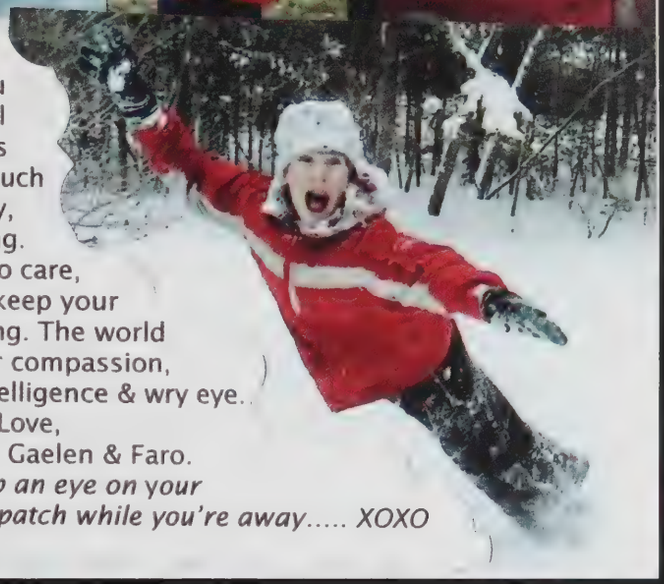
You are everyone's bright light...

Love, Mom xxoo

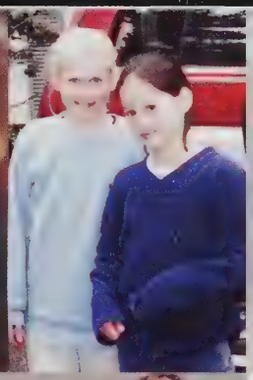






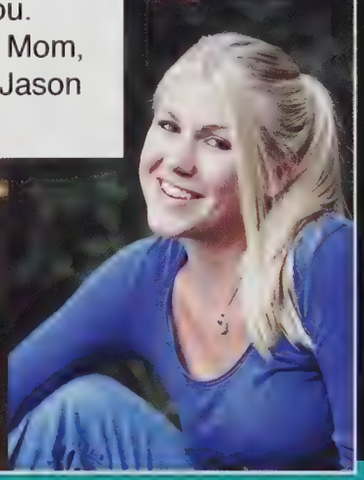


Ian,
Having you at home all these years has been such a gift, a joy, & a blessing. Continue to care, wonder & keep your light shining. The world needs your compassion, humor, intelligence & wry eye.
Oceans of Love,
Mom, Dad, Gaelen & Faro.
PS- I'll keep an eye on your raspberry patch while you're away..... XOXO



"It's only with the heart that one can see rightly; what is essential is invisible to the eye."
-The Little Prince

Sara,
Always remember our love is with you.
Love, Mom, Dad, Jason



Steve

Congratulations!

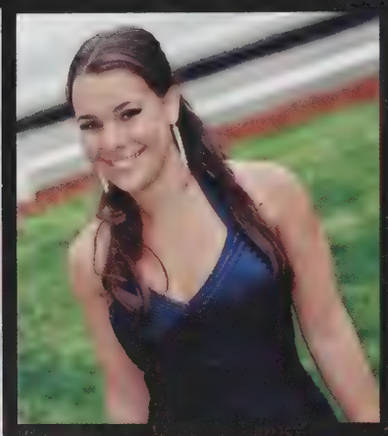
Your laughter and sense of humor have kept us smiling. We are so proud of all you have done and all you will do in the future!

Love,

Mom, Dad, Dan and Lisa

Jake, our happiest moment was when you came into ou lives. We are so proud of th person you have become, an wish you only joy and succes in all you pursue.

Love, Mom, Dad, Hannah and Sarah



Mom, Dad, Brendan, Shannon and Connor

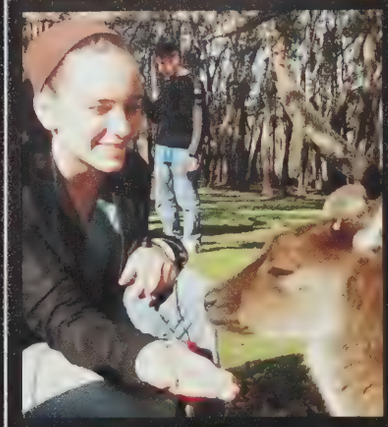
We love you, Chelsea!

"Where are you goin'
My little one, little one,
Where are you goin'
My baby, my own?

Turnaround
and you're two,
Turnaround
and you're four,
Turnaround
and you're a young girl
Going out of the door...."

We are so proud of you!

Love always,
Mom & Dad



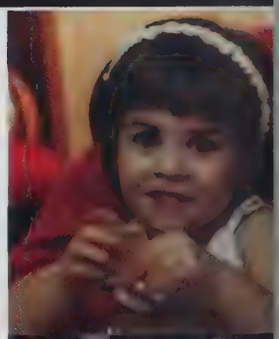
Sarah Louise

Mike,

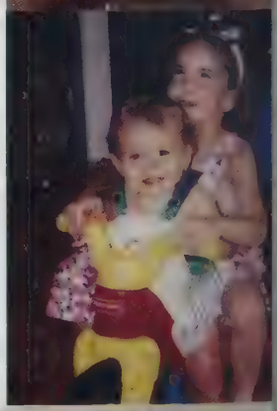
Congratulations on your achievements. We look forward to great things from you as you build your life and career. Go forth and set the world on fire!

You're always in our hearts and we love you,
Mom, Dad, Marc, and Natalie

"Live well, laugh often, love much and always remember how much you are loved."



Elizabeth,
We are so proud of the beautiful, giving young woman you have become. Go out and enjoy each day.
Love, Mom & Dad



Congratulations Jessica!

We are so proud of everything you have accomplished and the wonderful young woman you have become. You have brought us endless joy! We wish you happiness, success and peace as you follow your dreams.

Love,
Mom, Dad and Andrew

Hannah
We are so proud of you!
We love you very much,
Mom, Dad, and Ben

Sarie, I'll always be there to talk.

I could not be more proud of you.
BIG HUG, Paigie

Nothing great was ever achieved without enthusiasm.
Follow your spirit, Jonny
With our love,
Mum, Dad, Katherine and Amy

Grace

Grace, we miss you already……face the future with joy
And remember we are all your biggest fans.
Love, Mom, Dad, Brigit, Tara, Jack, Sam and Rose

Destiny is not a matter chance,
it is a matter of choice." W.J. Bryan

Dear Traci,
Continue to live your life with enthusiasm.
Stay loyal to your friends and family.
You will go far and do well in life
just being who you are.
We are so proud of you and
all that you have accomplished!
Congratulations!
We love you,
Mom, Dad & Jeff

Congratulations, Tim

We are so proud of all you have accomplished. You can achieve whatever you set your mind to.
Enjoy your time in college.
Love,
Mom, Dad, Emily and Erin

Evan-
For the joy you bring
to our lives,
we thank you!

With love & congratulations,
Mom, Dad, Owen & Jeremy

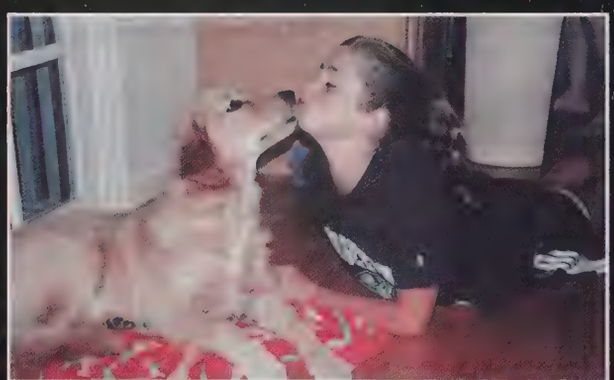
Congratulations Allie!

Kiddie Corner seems like yesterday...

The past 18 years have flown by and we're so proud of all you've accomplished!

We can't wait to see what's yet to unfold and know that the best is yet to come!

Love You,
Mom, Dad, Brian & Biscuit



Jenny

Congratulations!

We love you and are so very proud of you,

Mom, Dad & Erica

SHARIE

Senior Dress-Up Day,

Hair for locks of love,

Acceptance into American University,

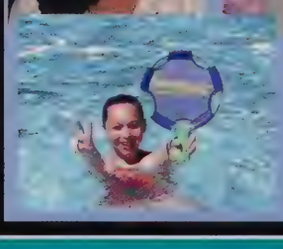
Really great friends,

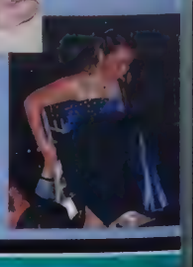
Israel and Italy,

Extra special memories.
and still...

The Best is yet to come!

Love,
Mom,Dad
& Debra





YOU WERE QUEENS FOR THE DAY BUT YOU'LL ALWAYS BE ACES WITH US!

LOVE THE

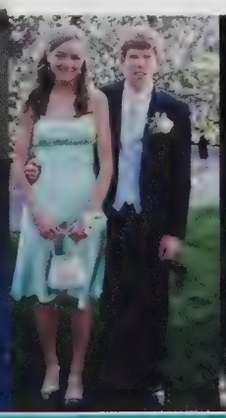
REGENSBURGERS
BAKACS
KAPLANS
ACKERMANS

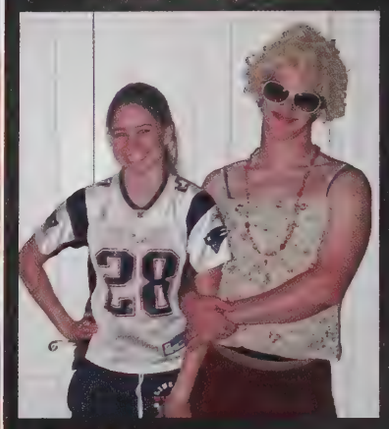
Jimmy

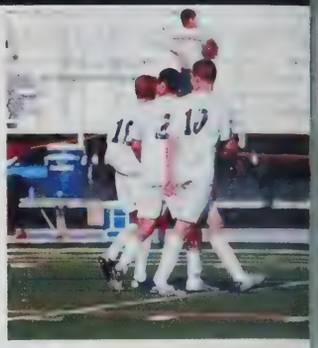
We love you
We are proud of you

Congratulations!

Mom, Dad, Allie, Kerry & Baily







Congratulations Nick.
We hope you've had the
time of your life! The
best is yet to come...
We love you,
Mom, Dad & Meg

Molly

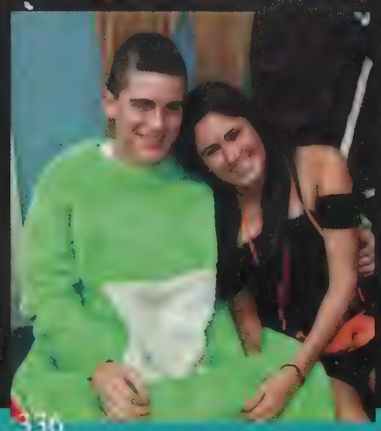
Congratulations on achieving success in
your own style.

Love,
Mom, Dad, and Emily

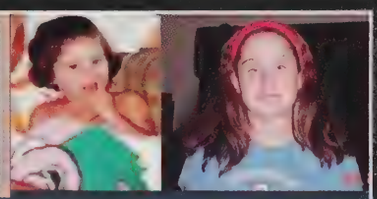
Congratulations Janelle

Keep reaching for the stars. We are so
proud of all you've accomplished. Keep
working Janelle and nothing can stop you

All our love, Mom, Dad and Scott



Double Trouble... Double Pleasure!

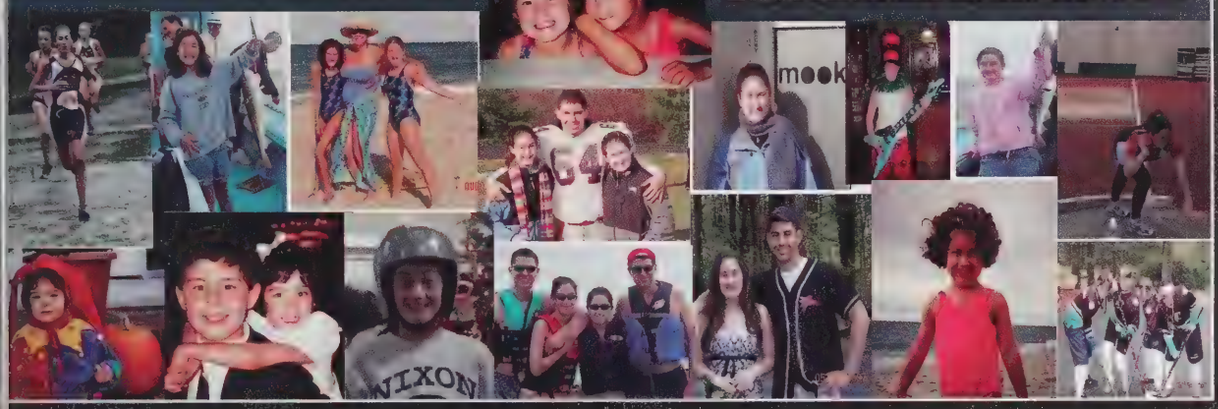


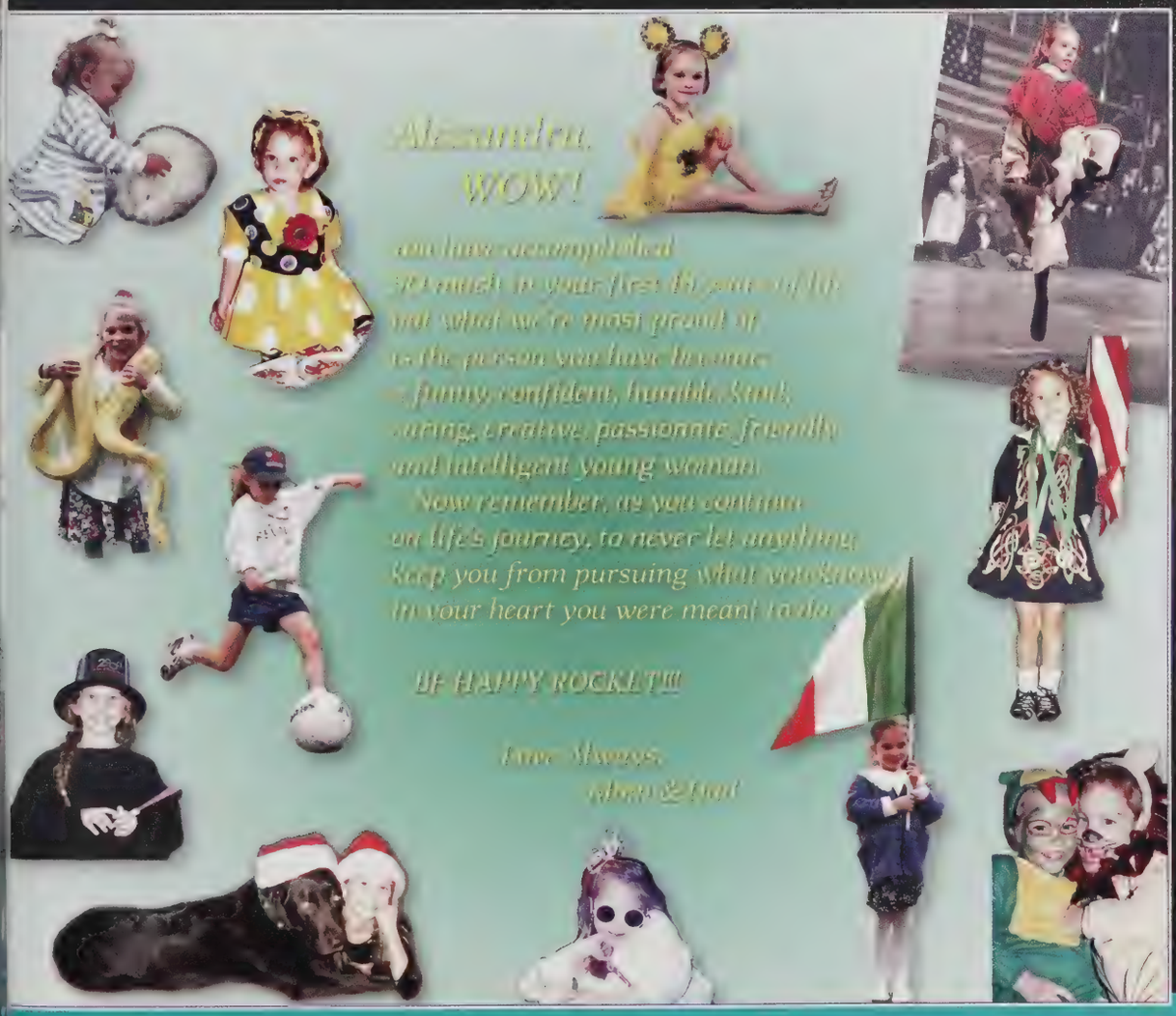
Miss Liz,
The job is finished and what an amazing result! Your strength of character & kindness will guide your solo ride to success!

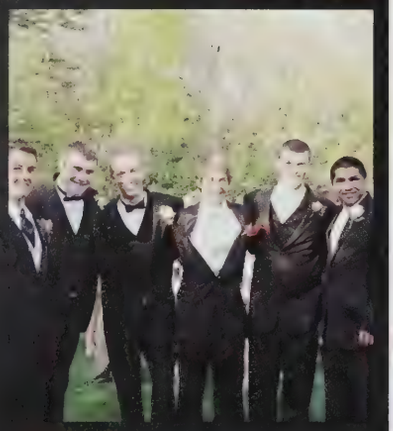
We love you Wizzie,
Dad, Mom, Jon & Caaaatie!

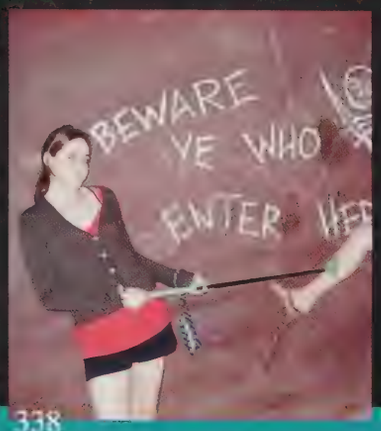
Catie-Girl,
You growed up beautifully! Your gentle soul and generous heart will guide your solo ride to success!

We love you Miss Mook,
Dad, Mom, Jon & Wiz!



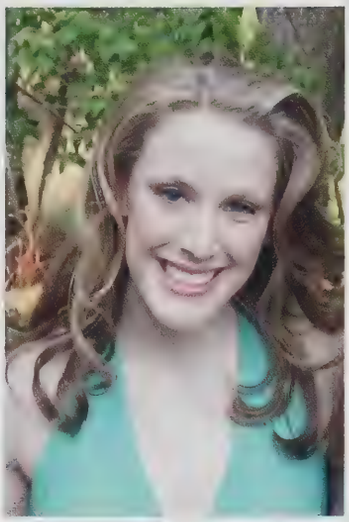


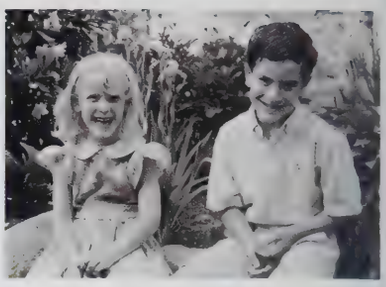




Amy,

From Noyes to Loring to Curtis to L-S, you have always risen to the challenge. Continue learning, growing, making new friends and taking risks.





Love, Dad, Estelle, Dan, Dave and Leah

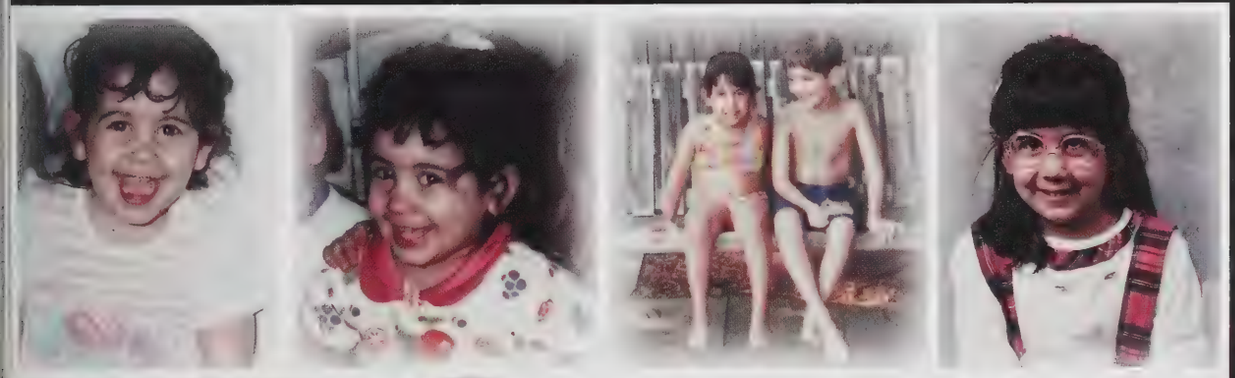
Sarah,

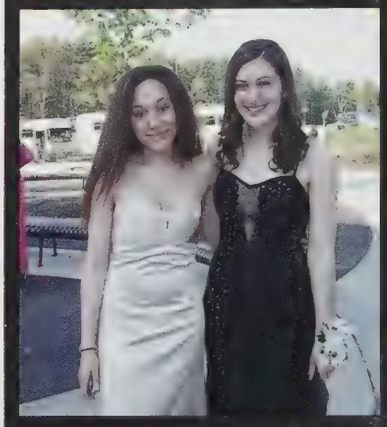
We are so proud of you, Scooche. You will forever be our princess. Live your dreams and let your heart guide yo
Your passion, dedication, and courage will take you wherever you want to go. Iyeiyei!
Love you always and forever, Mamma, Daddy, Paige and Peter Michael

Congratulations Lara, you made it!

Words cannot express how proud we are of all you've accomplished and the wonderful young woman you've become. As you move on remember to live life, have fun and always wear that beautiful smile.

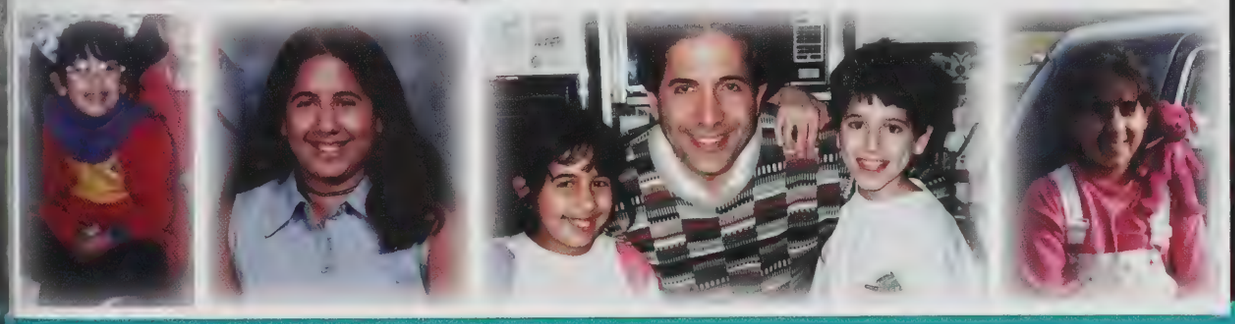
We love you forever,
Mom, Dad, Mia, Sofie,
Henry, Sid and the Pups

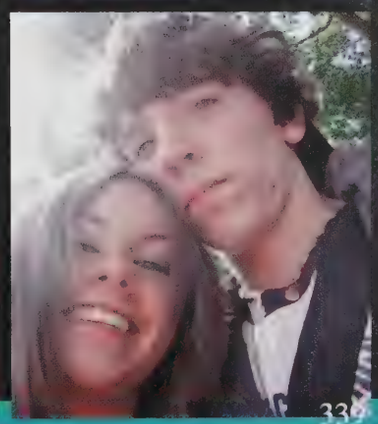


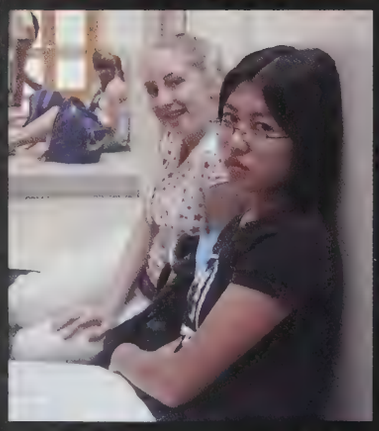


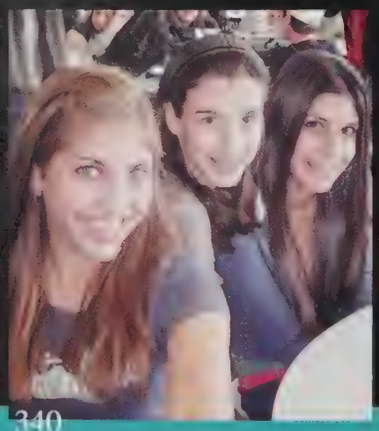
Michelle

Congratulations- You're amazing!
Follow your dreams with passion.
Never lose your kind heart, warm smile, and enthusiasm.
Believe in yourself.
Love you,
Mom, Dad, Jeff, Harley, and Sly





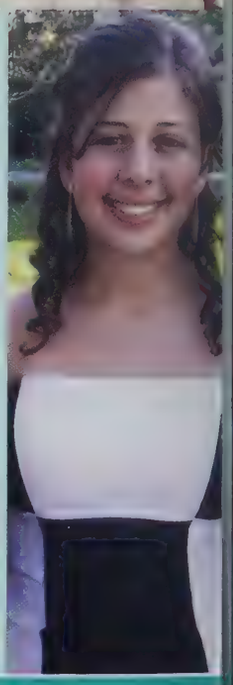




Congratulations KC!

We wish you a happy and successful future.

We love you, Mom and Dad John, Lee, David, and Enzo

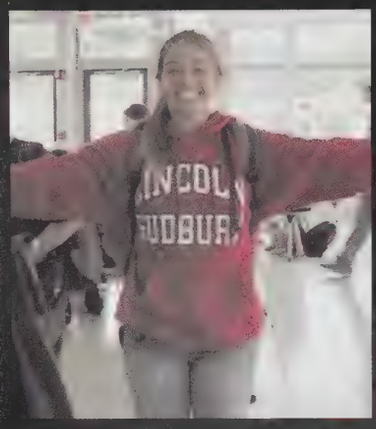


Leandra

We are so proud of your accomplishments. Your caring nature, determination and sense of humor will serve you well as you set out in search of your dreams. We love you and wish you much success and happiness in the future.

Love,

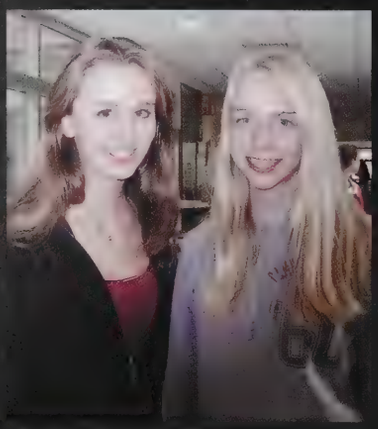
Dad, Mom, Alyssa and Mark



PATRICK WILVER

Congratulations Patrick !!!

You have provided so much joy and sunshine to our lives. Now it is time for you to shine in college and beyond. We are so proud of you.
You are an awesome son, brother and friend.
We love you so much!
Love,
Mom, Dad, Brian and Adam



Dear Superman comes to being a superman
You will always be our hero
Always, you will always have our respect and admiration
A pleasure to have as a son, fun to have as a brother
Just go 4 it

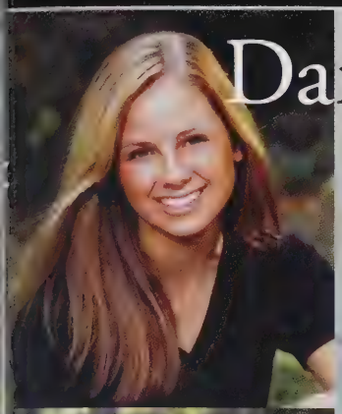
Love, Mom, Dad, Jenny and Kevin

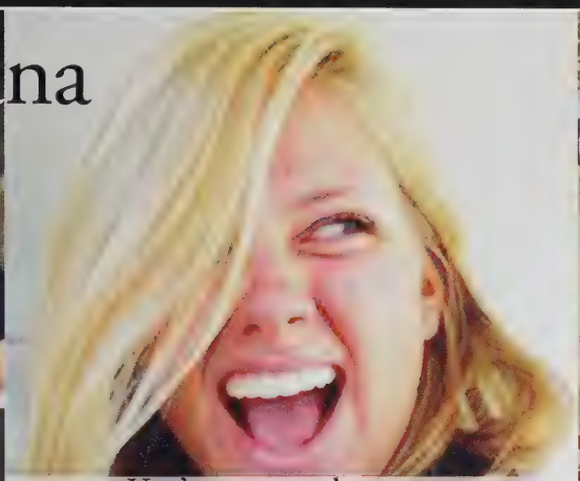
Ashley

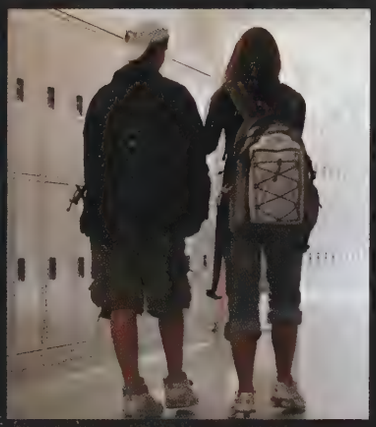
We have watched you grow from a sweet little girl into a confident and beautiful young lady. Your warmth, kindness, and positive attitude will take you far as you follow your dreams. We are so proud of you!

Love, Mom, Dad, Tony, and Sophie

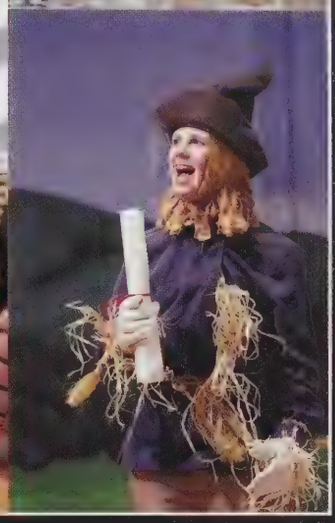
Dana

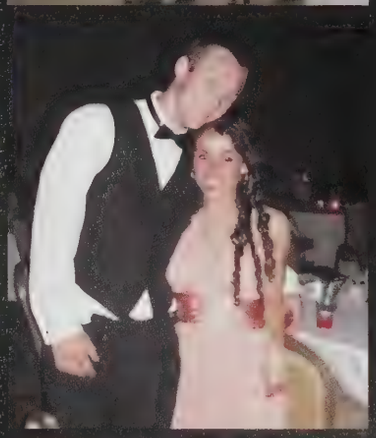






You've come a long way
from being our
"little loaf of bread"
We are so proud of you, and we
love you very much.
Love, Mom, Dad, Greg, and Molly too!





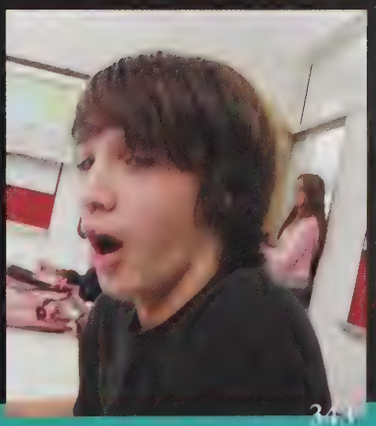
Sam

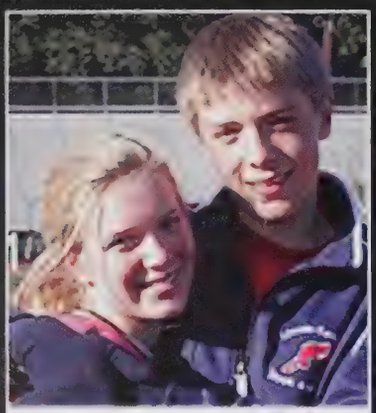
We are so proud of you!
The Journey has just begun.
Live Love and Learn
You have your roots
And now your wings.
Love,
Mom, Dad and Emily

Dear Jennifer,
You bring love and joy
into our lives. We are
very proud of you!
Love Always,
Mom, Dad, and Matthew

Mazel Tov, Nicole!

How fast time goes! You've become a strong, independent, fun-loving, warm-hugging, German embracing, duct tape-creating, Harry Potter obsessing, terrific friend, student, sister and daughter.
Love, Mom, Dad, Harry and Geoffrey





Despite the miles, I will always be here when you need me!

I guess now it's my turn to look up to you!

You have a WINNING smile and sense of humor

ERIK: you are a class act in many ways: son, brother, friend, student, musician and athlete. You are an awesome young man!
We love you.
Dad, Mom, Kathryn, Tiger and Charlotte

E
R
I
K

Congratulations Marissa!

From the moment you were born, we knew that we were blessed with a special daughter. Your character, creative spark, wit, altruism and dedication to higher causes are powerful attributes that will make a difference in the world. We are so very proud of the fine young woman you have become.

Love, Mom and Dad

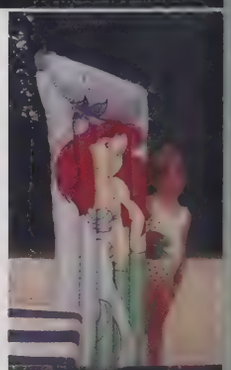
I have mixed emotions about you going to college. I'm happy for the exciting experience that awaits you, yet sad that I will be losing half my wardrobe.

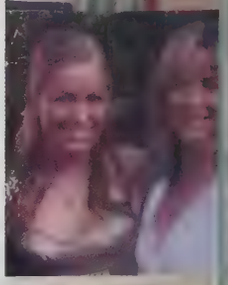
Love, Vanessa

Lindsay

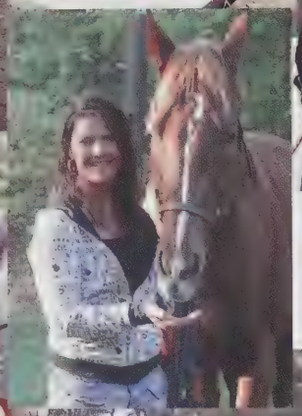
We are so proud of you. You are everything one could wish for in a daughter and big sister. Always stay true to yourself. Keep smiling. Your greatest accomplishments are yet to COME!

Love,
Mom, Dad, Whit & DeDe





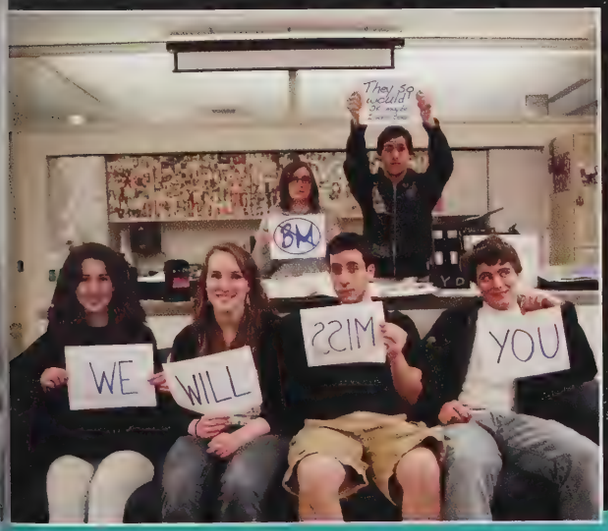
Believe in your dreams and they will come true...



You have filled our hearts with pride and joy. Love Mom, Dad, Chrissie, Jamie and Geoff

Sarah (a.k.a. Pinkey) -
You just love life, don't you? Keep up that great spirit. We are so proud of all you have accomplished and the person you are becoming. Congratulations and good luck in all you do! We love you a bushel and a peck!

Mom, Dad and Julia



Congratulations Teddy!

We're immensely proud and devoted to you
XXOO

Dad, Mom, Meg and Will

THE FORUM

The Student Newspaper of Lincoln-Sudbury Regional High School

◆ 'Think for Yourself, *But* Think of Others' ◆

Hey everyone!

We wanted to thank you for a great year of hard work and dedication. Despite the late nights, unfinished pages and dates in the middle of pictures, it was all worth it. Along the way, we popped enough popcorn to feed a small country, filled an entire board with quotes that will keep us laughing for years to come and most importantly put out fantastic issues we should all be proud of. Thank you Mr. Schechter for your years of encouragement and inspiration. Your hard work will forever leave its mark on the school and us.

See you in the office,
ALFA

THE FORUM

The Student Newspaper of Lincoln-Sudbury Regional High School

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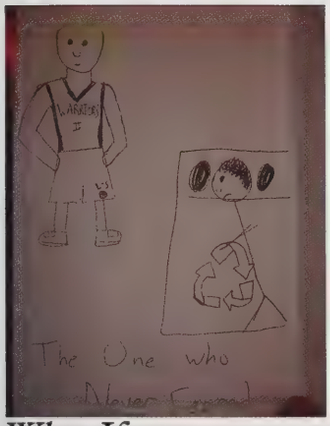
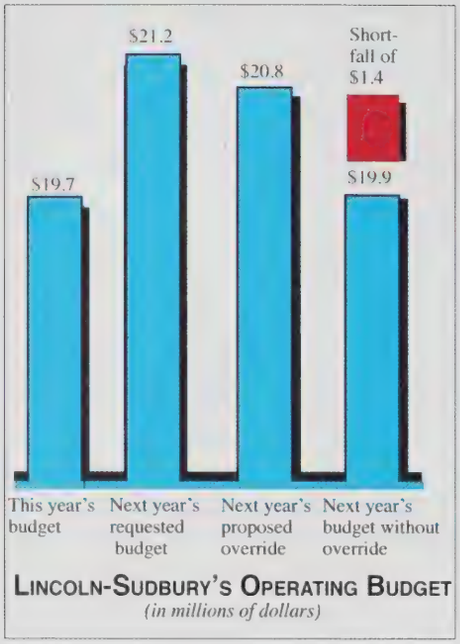


What If...

...we knew how to turn off the lights?
...the beach ball wasn't anti-Semitic?
...we actually sent Philip a basket of food for Christmas?
...that was the reason he left us?
...Schechter knew people on the staff?
...Schechter was ever in the office?
...Morgan didn't work at Verrill?
...editors actually knew how to format?
...Schechter wasn't ever hungry or cranky?
...Allison didn't fire half the staff?
...Faraz didn't stalk a certain someone?
...Alex's boyfriend didn't look like a 30-year-old man?
...Lindsey wasn't funny?
...the EICs didn't rig the Secret Santa drawing?
...we ate healthy food?
...we didn't have a microwave?
...we actually met deadlines?
...the couches were actually toxic?
...we didn't have Fletcher?
...Eli didn't have to schlep matzah down to New Orleans?
...we didn't have to harass/bribe people to open the office for us?
...we actually worked?
...our quotes were actually funny?

L-S faces major budget crisis

Million dollar shortfall could mean severe cuts across board



By Faraz Butte

Lincoln-Sudbury Regional High School now faces one of the largest budget crises in memory as a result lower than expected revenues from town of Sudbury,

The school's budget for the 2007-2008 year was $19,696,031. To keep school the same next year, with the higher student population, the budget would have to increase to $21,165,669. However, due to reduced funding, the school budget for 2008-2009 without an override would be $19,949,071, leaving a shortfall of $1.4 million.

These budget problems would mean significant and possibly drastic changes for the L-S and its programs, according to Superintendent/principal John Ritchie. He divides the expenses of the school into three categories: Supplies/Activities, Non-teaching faculty, and teachers.

"The key is to create a balance," Dr. Ritchie said. There will be cuts made all across the board, but the exact numbers are still being debated among school committee members. Most of the cuts are likely to come from activities, such as sports programs and club stipends, as the administration is trying to keep class sizes low and enough teaching staff. "These cuts would be felt immediately," Finance Director Nancy Belliveau was quoted in the Sudbury Town Crier as stating that the cuts would be "absolutely devastating."

An taxpayer override in the spring in Lincoln and Sudbury could partially relieve this financial crisis. Sudbury town selectmen will have to decide if there should be an override and how much it should be for. "Even if they do an override," Belliveau points out, "we do not know if there will be support for it and how much it will be for." If the selectmen propose a new budget that is too large, it may not pass, but if they propose one that is too small, it may not make a real difference, according to Dr. Ritchie.

A multitude of factors came together to cause the lower than predicted town revenues and needed budget cuts. The 2007-2008 budget included one-time income, from housing and development, for example, creating $1.9 million in revenue. For next year, $800,000 in contingency funds was predicted; however, only $400,000 will be realized. "A multitude of somewhat related events all came together," Ritchie said. "It's like a perfect storm."

Ritchie explained that the cuts would be felt immediately, in all aspects of the school, because recent budgets have kept up with enrollment, and staffing is already strained. "I am deeply concerned about the financial situation we all face," he said.

Wellness set to end credit option; many athletes cry foul

By Maryn Carlson

In a controversial move that has outraged many students and parents, the Lincoln-Sudbury Regional High School Wellness Department has decided to eliminate the Alternate Activity Program that allows in-season student athletes to place out of Wellness classes and still receive credit.

For a maximum of two quarters per year, student athletes have free blocks when they would normally have wellness classes, which many athletes believe is essential for time management.

The Wellness Department stressed that the program was originally implemented in 1993 as a cost-efficient device to reduce spending in the physical education program. However, incorporating the 14.3% of students currently involved in alternate activity back into the full year wellness schedule would be a cost-neutral decision, department members assert.

In 1993, the department's course offerings were limited to organized sports offered as after school activities. In many cases, students played a sport in physical education class only to practice the same sport after school. Today, the wellness department asserts that the variety of classes offered provides the opportunity for any individual to benefit, regardless of involvement in after school athletic activities.

In offering classes such as yoga, golf, and badminton, the department believes that it provides students with lifelong sports and activities with lasting benefits.

Department coordinator Susan Shields also noted the immense amount of time she spends organizing the necessary paperwork for alternate activity students, time that she said could have been spent teaching.

The wellness staff also sought to address the possible unfairness of granting athletes exemption from two quarters of Wellness while students involved in after school activities other than athletics do not benefit from any such program. In eliminating alternate activity, the wellness department hopes to diminish the 'better than/less than culture of athletics versus other student activities.'

The department also explained that students involved in alternate activity do not comply with the Massachusetts statute requiring 990 hours of structured learning time each year. However, the department plans to continue granting alternate credit to students involved in athletics who are also enrolled in an extra class that would then take the place of the Wellness block.

The decision to eliminate Alternate Activity has been met with significant opposition among student-athletes, many of whom utilize the free time to complete homework or relax amid the rigors of a demanding academic and athletic schedule.

"Athletes need time to do their homework because of the time taken up by sports in the afternoon. But the program should be expanded to students involved in other activities like theater," said John Francis, a junior.

A parent present at a recent Department meeting said "L-S does not recognize the structural pressures on students," addressing the epidemic of overscheduled and intrinsically overstressed teenagers.

Another parent highlighted the concern that depriving athletes of this free block would only compound stress due to packed schedules and workload, perhaps diminishing the possibility of time to diffuse on week nights and engage in an activity unrelated to academics.

"This is one department thinking for itself, rather than thinking of the whole school," another parent remarked.

Other students, however, are okay with the decision. One student, who chose not to be named, said "I just think a lot of people abuse the ability to have alternate activity. Some people say they do many more hours of physical activity a week just to have a free every day."

Music Box: Lincoln-Sudbury band scene unseen

By Ben Richmond

The L-S music scene got off to a slow start at the fall coffee house. When I arrived in the cafeteria at 8:00 p.m., I could not count more than fifty students. A wide assortment of bands played, but they never got the crowd involved. I spent my Friday night listening to similar bands playing mediocre Red Hot Chili Pepper songs.

Something has gone wrong with the L-S music scene. Two years ago, almost the entire school drank from the Lady Shaped Lobster's goblet of rock, head banging every time Billy Collins screamed into the microphone. Currently, half the school doesn't even know what a coffee house is. It remains to be seen whether this year's bands will revitalize the L-S music scene. Part of the problem is that there are no senior bands. Speakeasy, Dmitri Mitzubishi, The Lady Shaped Lobsters, Rift and Schnorgasm used to draw huge crowds to concerts. They were always the final act at a show; they were the bands that everyone knew and loved. Yet this year, there are no senior bands. A band called The Attractions, an L-S band with a singer from Lexington High School, has the potential to become the new senior band, but they are still relatively new. To my knowledge, they have not even performed yet. Unfortunately, music fans must turn to younger bands to restore the glory of the L-S music scene. While there are many good junior bands at L-S, none have been able to build up a fan base that rivals that of a senior band. Horseshoes and Handgrenades, Nandric, WOOJ, Shaken not Stirred, and In for Service (aka In For Lasky) have all had strong performances in the past. Yet none of them have built up a contingency of devoted fans. Other bands, such as Banana Hammock, are extremely talented but do not play rock music, and therefore have had a hard time becoming big acts at coffee houses. Also, there are so many junior bands that many draw attention off of each other, preventing one band from dominating. Furthermore, junior band members often bicker with each other, creating bad vibes during shows.

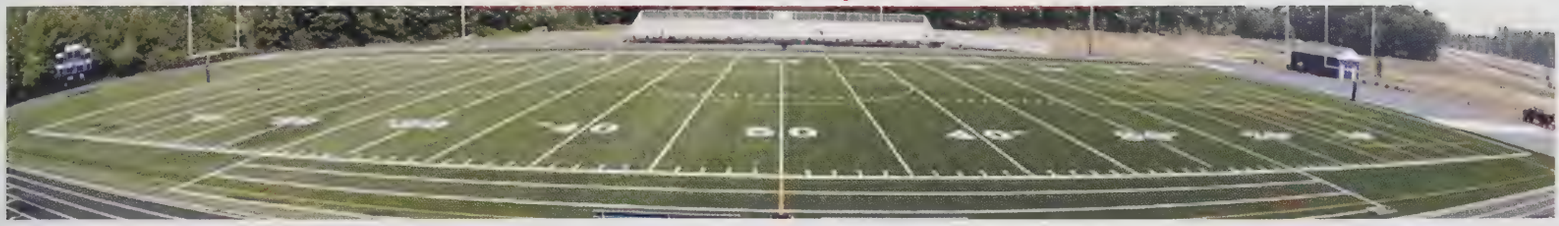
> The L-S bands need to revitalize the music scene by drawing bigger crowds to concerts and improving their performances.

The sophomore bands seem to be organized and successful, but still have not been able to dominate the music scene. Lanolin puts together tight, exciting sets, and although junior bands don't want to admit it, they are the most talented rock band at L-S. Unfortunately, the juniors who run the music scene do not allow Lanolin to perform last in shows, preventing them from becoming the main attraction at coffee houses. Scand-Q, a trio resembling Guster or Dispatch, puts on incredible acoustic performances as well. As for their last coffee house performance, let's just say its members need to decide which instruments they play.

Last but not least, there are the freshman bands. Freshman bands are cute. They play songs that they like, not their audiences. I wish the Zama JyJys, Get Lucky, and all the other freshman bands the best of luck for the future.

The bands at L-S need to revitalize the music scene by drawing bigger crowds to concerts and improving their performances. However, because there is no dominate band as in years past, and bands keep fighting instead of working to improve their shows, a music scene renaissance is going to be a challenging feat.

Take a seat in the new L-S football stadium...



Calling out the real 'misogynistic rapscallions'

By Alex Loomis

To those in the Lincoln-Sudbury community who were offended by Senior Dress-Up Day, in the words of EPMD, "You got's ta chill."

During the past two years, there have been articles published condemning Senior Dress-Up Day skits in general, arguing that the majority of skits are "degrading to women" and "highly offensive." In reality, this contention is probably true. But before we start to take any retrograde action against the skits, let's just "sit back, relax, and strap on [our] seat belt"

First of all, in regards to the argument that Senior Dress-Up Day is "degrading to women," let's examine who is responsible for these types of skits. I believe one such example that was used last year was the admittedly tasteless and boring "Sexy Nun" skit, in which a number of male sports players tore off their habits to reveal tight "Hooters" apparel. This skit involved men cross-dressing, which I (as well as most of the school population) view slightly differently from "imitating women." All that these types of skits show is how dazzlingly unoriginal high-schoolers can be if given the opportunity. I admit to having found similar skits mildly amusing when I was a freshman, but in all honesty, when every single sports player cross-dresses, all they are doing is making fools of themselves.

Lastly, I would like to point out that many people also complained that the Sexy Nuns' shorts were too tight and as such revealed a bit more than is proper for "women of the cloth." My question is this: doesn't this go to show even more that they are not real women and just cross-dressing? This skit was offensive to cross-dressers maybe, but I have yet to hear that criticism.

Next, let's look at the girls who did the "London Bridge" skit last year. Now, I'm not going to deny that that skit may have crossed a line or two. Yes, it definitely was degrading to women, no question about it. Now, let me point out that it was women who were doing the degrading. I realize this is no excuse for these actions, but it discredits the argument that the school is horribly sexist towards women when one realizes that women are equally (if not more) responsible for buying into stereotypes.

Yes, dressing sluttily is hardly appropriate in school, but it's not as though a lack of appropriateness stops girls from doing that every other day of the school year. In all honesty, all Senior Dress-Up Day does in this regard is remind us who likes to show off their body (except they have a larger audience).

Is this the school's fault? Well, maybe it could be argued that there should be a dress code, but I'd rather go to the root of the problem: the parents. It has been alleged that parents would be appalled if they saw much of the nonsense that goes down at Senior Dress-Up Day--the same parents who let their kids go to school in ridiculously short skirts and low cut tops every day?

However, I must admit, these are not the only parents who have children at L-S; there are many very strict parents who constantly worry about their kids' whereabouts and the substances they consume.

Unfortunately, I am personally of the opinion that other people's parents should not regulate my morality nor the morality of other students. Yes, perhaps parents would be offended if they knew what their kids were seeing, but based on my experience with parents (including my mother, who is a vehement feminist), many will not care. As such, I would view it as a constraint on my freedom of choice if other people's parents started lecturing me on morality. Indeed, one could almost see it as an attack on freedom of religion and morals themselves.

However, I do acknowledge the fact that parents should have the right to restrict their own kids from seeing these bacchanalian performances if they so wish. Thus, in order to bring the parents back in control of their kids' morality, I have a simple solution. If parents are worried about their kids seeing a cornucopia of body parts (that they probably have already seen on their computer and television screens), I recommend they send a note to school asking the administrators to detain their kids during the skits to protect their modesty. Only then will these children be completely safe from this orgiastic ritual.

I personally like the Senior Dress-Up Day skits in spite of the lewd majority. Every year, there is at least one clever skit, and it is worth dealing with everyone's ridiculously low taste in order to get that one genuine laugh.

In short, the degradation of women is a societal problem. As such, we need a solution relevant to society, not simply Senior-Dress-Up Day. As such, I propose we eradicate the misogynistic rapscallions who run Fox, Vogue, and Time Warner. They are the ones who choose to degrade women; they are the ones responsible for millions of victims of eating disorders; they are the ones responsible for an marked increase in promiscuity. Defenestrate these obese, cigar-smoking white men! Women, you have nothing to lose but your chains; you have a world to win! ¡Que viva la revolución!

After trip to Nationals, girls X-C returns in the top ten

EIGHTH IN THE U.S! AWESOME! All team members finished in the top 110 at Nike Team Nationals.

By Hannah Ziobrowski

The dream of the Lincoln-Sudbury Regional High School girls cross-country team came true on December 1, 2007. After a long season, from the beginning of training in June to the finish line in December, the girls were able to overcome adversity and prove their strength at the Nike Team Nationals in Portland, Oregon.

In order to be invited to this meet, the girls had to place either first or second at the Northeast Regional Meet the previous week. Despite being ranked third in the meet and not being expected to move on to Nationals, the girls surprised everyone by winning the Championship Race and qualifying for the Nike Team Nationals.

Even though Nike Team Nationals was the ultimate goal for the season, it was not an immediate one. The girls still had to focus on their DCL rivals, Newton-South, who posed a true threat to the team most of the season.

The L-S girls first tied them at the Brown Invitational in Rhode Island, then beat them in the regular season and the DCL Championship Meet, yet lost to them at the Eastern States Meet.

L-S came back to crush Newton-South at the Division 1 All-State Meet and take home Lincoln-Sudbury's first ever cross-country championship. However, the girls were still not completely confident that they could qualify for the national championship meet. After all, only the top two teams in all of Massachusetts, Maine, Pennsylvania, New Jersey, Rhode Island, Delaware, New Hampshire and Vermont qualified.

So was extending their already long season two more weeks really worth it? Absolutely. The girls of the Wicked Track Club, who are Lincoln-Sudbury's top seven girls, consisted of Andrea Keklak, Claire Arthur, Dana Jamieson, Ellie Hylton, Rachael Potter, Holly Clarke, and Emily Mepham.

Nike Headquarters flew them to Oregon the Thursday prior to the meet, where they were treated like professional athletes for the weekend. They received free warm-ups, uniforms, shoes, gloves, hats, bags, and almost anything else they needed.

Additionally, they got to meet some of Nike's most elite athletes and got to be around forty-one other amazing boys and girls cross-country teams from around the country.

The actual race took place on Saturday morning, at the Portland Meadows Race Track, where it was twenty degrees and snowing outside. The course was made into a true cross-country course by the addition of obstacles.

The track was first made extremely muddy, the runners also had to hurdle sets of hay barrels twice, and run over small sets of hills three times. These conditions made the course one to two minutes slower than usual, and they helped show who the toughest and strongest teams really were.

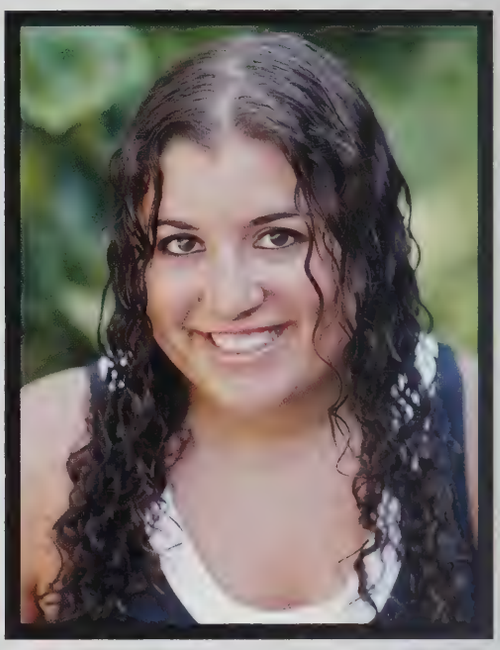
The girls' first finisher was their sensational freshman Andrea Keklak, who came in 21st place. The next finishers for L-S were Claire Arthur (39), Dana Jamieson (43), Ellie Hylton (46), Rachael Potter (101), Holly Clarke (105), and Emily Mepham (110).

While the girls' fifth runner is usually close to, if not right with, their fourth runner, the girls were unable to have a strong fifth runner due to the harsh conditions. Instead, fifty-five points separated their fourth and fifth runners, which is a point difference that could potentially have moved them up four spots. Despite this, the girls still managed to finish in eighth place in the entire nation.

Making it to Nike Team Nationals was a phenomenal landmark for Lincoln-Sudbury girls cross-country. It was not only an amazing experience, but also a tremendous accomplishment. They return five of the top seven runners next year, and seven of the top nine.

If all goes well, the L-S girls could have yet another shot at the National title next year. Congratulations, to the girls cross-country team for representing Lincoln-Sudbury so well.

DYAD 2008



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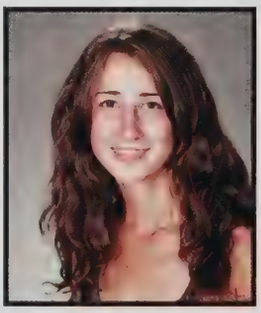

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DYAD fam,
We would like to thank you all for your hard work and dedication this year. Despite the BMs, big pens, getting kicked out of the ODR, the photobooth distractions, the constant abbrevs, and frequent trips to Mel's, the book is finally done! It's been great! We wish you all the best of luck in the years to come.
We'll miss you!
-T, Chards & Ackers

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Remembering Our Classmate

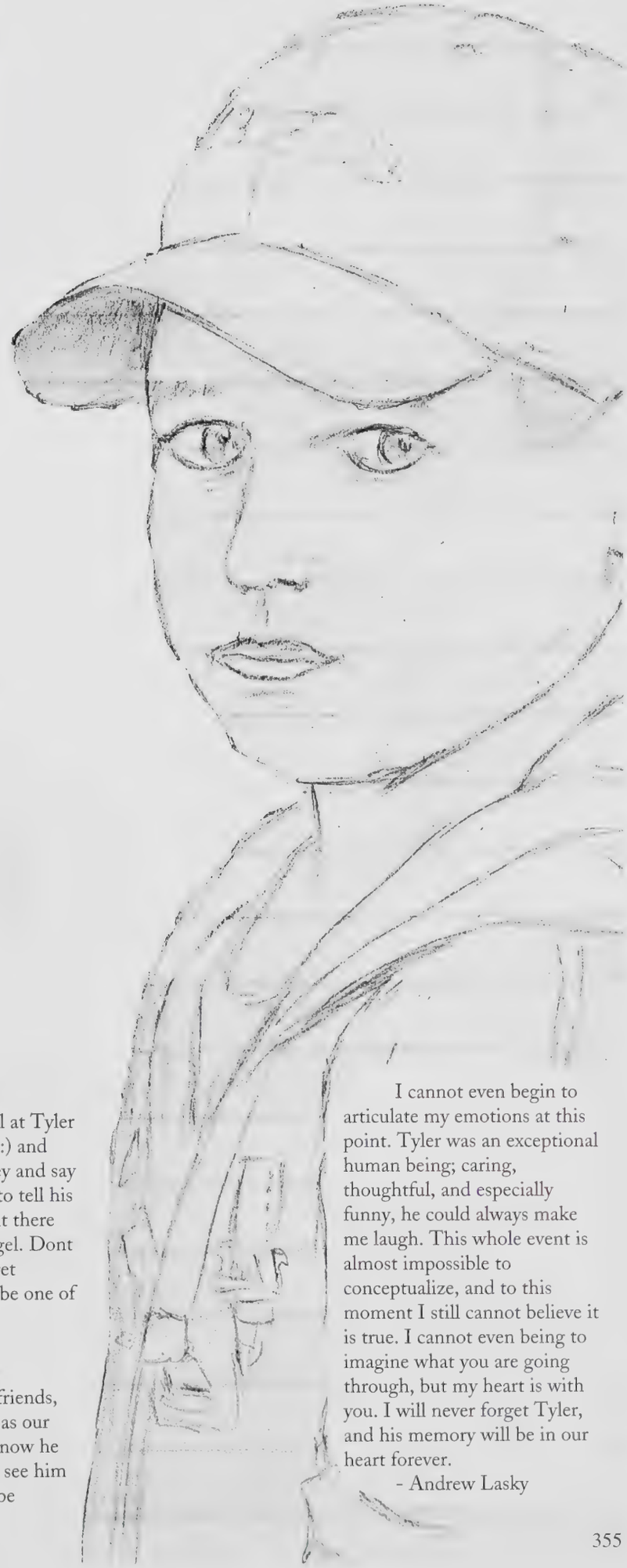
Tyler Cyr

Class of 2010

The Commonality of Parks
(in memory of Tyler Cyr)
Loss is not a window onto truth,
Nor a hook on which to hang our grief,
Nor the glass from which our best selves look,
But the sound of commonality of parks.
It rattles with the first fall leaves and whispers
Down the slides of every childhood,
Telling us that in this common park,
To listen is the most we have of good.
So, with spring far off, we listen still,
Feet drumming soft the community of bleachers,
And from the next park over, which is this park,
We hear a ball leave a bat with a song like thunder.
- Mike Malone, math dept.

I still cant believe it. Never again am I going to be able to yell at Tyler because he is being a dumb boy which was pretty much all the time :) and never will I ever be able to hug him good bye or borrow lunch money and say that I will pay him back but I never do and then have him threaten to tell his mom. You know that no matter where you go he will always be right there beside you, and its comforting to know that you have a guardian angel. Dont worry about forgetting him, there is no way that you could ever forget someone as amazing as Tyler! No matter where he is he will always be one of my very best friends.
- Sarah Richard

Its sad to think that he is gone now, but I, and all of Tylers friends, know that he is in a better place and we will see him again. As long as our memories of him are alive in our minds, he is alive in our hearts. I know he is up there looking down on all of us, watching over us until we will see him again. Tyler was an amazing friend and a joy to be around. He will be deeply missed by all who knew him. May he rest in peace.
- Anya Aikens-Kinney



I cannot even begin to articulate my emotions at this point. Tyler was an exceptional human being; caring, thoughtful, and especially funny, he could always make me laugh. This whole event is almost impossible to conceptualize, and to this moment I still cannot believe it is true. I cannot even being to imagine what you are going through, but my heart is with you. I will never forget Tyler, and his memory will be in our heart forever.
- Andrew Lasky

2007-2008

Lincoln-Sudbury

This has been the forth year in the new building, and everything is running smoothly. Although, many still miss the old building, the spirit has moved here. Despite a few hard events and adjustments, the school has still remained a unified group. Many important events happened this year, within pop culture, the news, and L-S itself.

L-S Budget Crisis

This year, the school budget was $19,696,031. In order to keep the school the same for next year the budget would have to increase to $21,165,669. At the beginning of April, the town voted for the override. There were three options. The first being for a $1.8 million override, the second being for a $2.8 million override, or the third which was no override. If the smaller override passed then L-S would lose four teaching positions, and there would be large cuts for many activity's budgets. If neither override passes, seven L-S teaching positions will be eliminated and sports teams such as cheerleading, JV Boy's Ice Hockey, Gymnastics, JV Boys and Girl's Tennis, Ski Team, and sailing will be cut. The fee for sports teams will also increase. This is a very important issue that has been thought about and debated a lot. On the other hand, if the override does pass, this will increase the taxes in Sudbury and Lincoln, which may pose many problems for the older taxpayers of the two towns who do not have students in Lincoln-Sudbury.

L-S Student Wins Canon Photo Contest

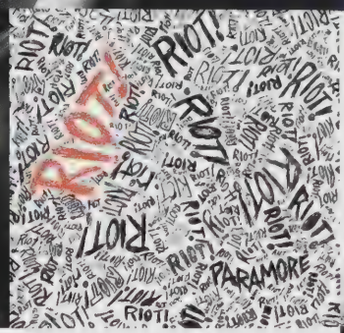
Nathan Shron, a junior at L-S, won a Canon Football Photo Contest. The photo that took first place was of Ryan Sanford flying through the air, called "Cruising Altitude". For winning the competition, Nate's picture will be displayed in the Pro Football Hall of Fame in Canton, Ohio and was at the NFL Experience tent outside the Super Bowl in Glendale, Arizona. They also gave him 4 tickets to the Superbowl and he will also go to the 2008 Pro Football Hall of Fame induction ceremony in August.

Pop Culture >

Sports

In October 2007, The Red Sox defeated the Rockies to win the World Series in four games.

In February 2008, despite an 18-0 record, the New England Patriots lost to the New York Giants with a final score of 17-14.



Top Songs

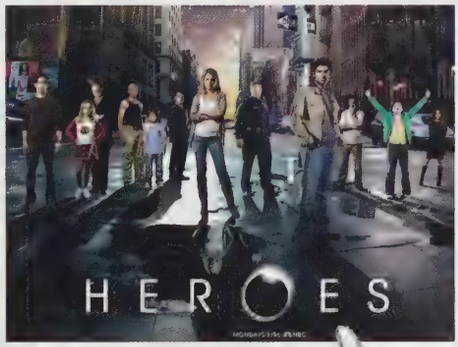
"Rehab" Amy Winehouse
"Umbrella" Rihanna
"Hey There Delilah" Plain White T's
"Apologize" One Republic
"Teardrops on My Guitar" Taylor Swift
"Crank That (Soulja Boy)" Soulja Boy Tell 'Em

Top TV Shows

The Office
Lost
The Hills
Grey's Anatomy
24
Scrubs
Family Guy
One Tree Hill
Entourage
Heroes

Top Movies

Juno
Across the Universe
No Country for Old Men
The Bourne Ultimatum
Hairspray
Knocked Up
Superbad
Atonement
Little Miss Sunshine



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